St. Patrick Catholic Church

San Francisco's Historic Landmark #4 Founded in 1851

756 Mission St. (between 3rd and 4th Streets)
San Francisco, CA 94103
Tel (415) 421-3730 ~ Fax (415) 512-9730
www.stpatricksf.org

Pastoral Staff

Rev. Andrew Spyrow - Pastor

Rev. Teodoro "Fr. Ted" P. Magpayo - Parochial Vicar

Rev. Patrick Okoye - Parochial Vicar

Deacon Ferdinand Mariano - OCIA Coordinator

Rachelle Morales and Nenette Murata -

Religious Education Coordinators

Charles Corpus - *Music Coordinator* Virginia Dilim - *Wedding Coordinator*

Nora Regaspi - Office Manager

Camelle Sudario - Parish Receptionist

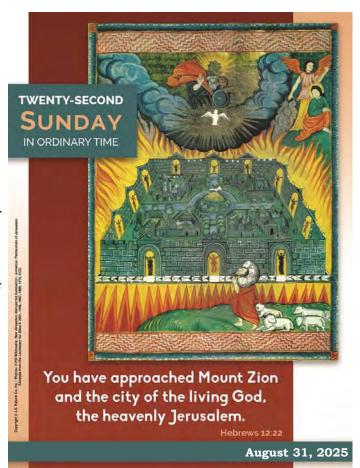
Emy Pasion - Bookkeeper

Mass Times

Monday - Friday: 7:30 a.m., 12:10 p.m., 5:15 p.m. Saturday: 7:30 a.m., 12:10 p.m 5:15 p.m. Vigil Mass Sunday: 7:30 a.m., 9:30 a.m., 12:00 p.m., 5:15 p.m. Tagalog Mass: 1st Sunday at 2:00 p.m.

Family Mass: 2nd Sunday at 12:00 p.m.

Charismatic & Healing Mass: 3rd Sunday at 2:00 p.m.



August 31, 2025 - Twenty-second Sunday in Ordinary Time

You have approached Mount Zion and the city of the living God. ~ Hebrews 12:22a



August 31, 2025 ~ Twenty-second Sunday in Ordinary Time ~ Year C

Sir 3:17-18,20,28-29; Ps 68:4-7,10-11; Heb 12:18-19,22-24a; Lk 14:1,7-14

Humility and self-knowledge go hand in hand. Those who conduct their affairs with humility (1) shall be exalted, while those who exalt themselves shall be humbled (3). The humble shall rejoice and exalt before God (Ps) in the assembly of the heavenly Jerusalem (2).

Humility

Today's readings praise the virtue of humility and offer concrete ways for us to become more humble. The Book of Sirach suggests a practical reason for acting with humility: humble people are more likeable than the arrogant. Even God "finds favor" with those who humble themselves. In Luke's Gospel, Jesus provides real-world suggestions for growing in humility and teaches us never to assume we are better than others. His words change our outward behavior and expand our hearts and minds to care about people we might have dismissed before. This practical, almost "folksy" wisdom about humility helps us behave better in daily life and makes our lofty goal of eternal life more accessible. Our reading from Hebrews affirms that heaven is indeed approachable. The personal love and sacrifice of Jesus have opened "the city of the living God" to us. Humility prepares us for paradise.

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Treasures From Our Tradition

The readings today center on mindfulness, awareness of where we stand in God's plan. The mountain of Sinai carries a message of the majesty and distance of God, while Jesus' presence as host of the banquet speaks of intimacy and mystery. September's shadow calls us all to mindfulness as we prepare to return to life outside of summer. The Christian life holds these two places of knowledge of God in careful balance. Even in the accounts of the Passion we see the table of the upper room in balance with the Mount of Olives.

Altar means "high place," yet it is also a table. The former liturgy of the Latin Rite began with the priest bowing at the foot of the altar's three steps, chanting Introibo ad altare Dei, or "I will go to the altar of God," followed by the altar servers' response, "The God who gives joy to my youth." Many parishioners can recall and recite this scene by heart. As with so many things in liturgy, there are layers of meaning in our worship. The altar table evokes memories of the high places once reserved for encounter with the holy, and the intimacy of the table where hospitality draws us to share food and drink.

~ Rev. James Field, Copyright © J. S. Paluch Co.

Thank You, St. Patrick

The Spiritans (officially Congregation of the Holy Spirit) send their thanks for the generous response by the people of St. Patrick Parish to their mission-sharing visit on the weekend of August 16-17, 2025 and for the gracious welcome given to Father Joseph Glynn, CSSp, representing the Spiritans. Be assured of the prayers of the Spiritans worldwide for you, and for your intentions, and we ask for your continued prayers for us and for our shared ministries to God's people everywhere. Do please continue to keep the missions of the Church in your hearts, the work of the Spiritans in mind, and the never-ending need to proclaim and witness to the Gospel in your own lives.

Labor Day Prayer

God our creator, we are the work of your hands. Guide us in our work, that we may do it, not for self alone, but for the common good. Make us alert to injustice, ready to stand in solidarity, that there may be dignity for all in labor and in labor's reward.

Grant this through Christ our Lord.

R. Amen.

V. Joseph, patron of laborers,

R. pray for us.

from Catholic Household Blessings and Prayers

Labor Day Holiday Mass

There will be only *one Mass* celebrated here at St. Patrick on Monday, September 01, Labor Day, at 9:00 a.m.. The office will be closed all day and the Church will be closed after the Mass. *Have a safe and blessed holiday!!*

Workers

The workers are the saviors of society, the redeemers of the race.

~ Eugene V. Debs

Patrician Meeting

Join us this Sunday for the monthly Patrician Meeting, a Catholic discussion group sponsored by the Legion of Mary. This month's topic is...

The Virtues of Mary

Speaker ~ TBD

Date ~ Sunday, August 31, 2025 at 1:30 p.m.

McKenna Hall

Join us for a lively discussion and share your thoughts and experiences with other Catholics just like you.

Happy Birthday!!

Happy Birthday to our Parishioners celebrating a birthday this week.

| celebiai | mg a ont | ilday ulis week. | |
|-------------------|----------|--------------------|-----|
| Raymond Magpantay | 8/31 | Elyse Bledsue | 9/3 |
| Lester Ibarra | 9/2 | Ross Adolfo Pelaez | 9/3 |
| Thomas Lukacovic | 9/2 | Raquelito Sonza | 9/3 |
| Lydia Pantig | 9/2 | Judy Labaria | 9/5 |
| Erlinda Parnay | 9/2 | Lorenzo Listana | 9/5 |
| | | | |





Please Pray for Pope Francis' Intention for August

<u>Pope's Intention:</u> For mutual coexistence. Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious, or ideological reasons.

Religious Education Classes

The staff and catechists of St. Patrick Church are dedicated to helping your children grow in faith and be closer to God. As parents, you are the primary educators of your children and are their best teachers. Your children learn the most from the example you set when you pray together and actively participate in Mass and the sacraments as a family.

Our Religious Education Program is designed to assist you in the faith formation of your children. Enroll your child after all Masses every Sunday in August. First-time students must provide a valid baptismal certificate. Classes begin on Saturday, September 6th and run through May. Class hours are from 9:45 - 11:00 a.m.

Are You Someone or Do You Know Someone Who...

- ...has expressed an interest in becoming Catholic?
- ...has a child over the age of seven who has not been baptized?
- ...was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

The Order of Christian Initiation for Adults (OCIA) is an opportunity for you to come together in a small group to learn more about the Catholic faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights, and your faith story in a warm accepting setting. For information please contact the parish office during normal business hours.

St. Patrick Children's Choir

Children of all ages are welcome to join the St. Patrick Children's Choir. Members will have the opportunity to learn to read music, sing in harmony, practice vocal techniques, and develop cantoring skills. We encourage parents and guardians to participate, as they serve as important role models for children. Registration forms are available in the office and at the back of the church. For more information, please contact the Parish Office.

A Humble Person

That man is truly humble who converts humiliation into humility.

~ St. Bernard

Pride

The proud hate pride—in others.

~ Benjamin Franklin



Saints & Special Observances

Monday: Labor Day Holiday Wednesday: Memorial ~

St. Gregory the Great, Pope, Doctor opf the Church TWENTY-THIRD SUNDAY IN ORDINARY TIME

Readings for the Week

Monday: 1 Thes 4:13-18; Lk 4:16-30 Tuesday: 1 Thes 5:1-6,9-11; Lk 4:31-37 Wednesday: Col 1:1-8; Lk 4:38-44 Thursday: Col 1:9-14; Lk 5:1-11 Friday: Col 1:15-20; Lk 5:33-39 Saturday: Col 1:21-23; Lk 6:1-5

TWENTY-THIRD SUNDAY IN ORDINARY TIME Wis 9:13-18b; Ps 90:3-6,12-17; Phlm 9-10,12-17; Lk 14:25-33

Today's Readings

First Reading — Brothers and sisters of every race and language will be brought to Jerusalem (Isaiah 66:18-21).

Psalm — Go out to all the world and tell the Good News (Psalm 117).

Second Reading — Strengthen your drooping hands and your weak knees (Hebrews 12:5-7, 11-13).

Gospel — People from east and west, north and south recline at table in the kingdom of God (Luke 13:22-30).

The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Prayer of the Week

Twenty-second Sunday in Ordinary Time

God of might, giver of every good gift, put into our hearts the love of your name, so that, by deepening our sense of reverence, you may nurture in us what is good and, by your watchful care, keep safe what you have nurtured. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Reflection question:

Toward what or whom should I have a sense of reverence?

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Saint of the Week



Gregory, † 12 March 604; prefect of Rome; O.S.B.; papal legate to Constantinople; as pope, noted for liturgical reform and chant; sent missionaries to England; wrote on many morla and theological subjects (e.g. his *Moralia* on Job, *Dialogues* and *Pastoral Rule*); one of the four great doctors of the Latin Church; called himself the "servus servorum Dei (servant of the servants of God)"; patron saint of music.

Burned

Who sacrifices the conscience burns the picture to obtain the ashes.

~ Chinese proverb

Mass Intentions for Aug 31 - Sep 06

| y o 1 | | |
|-----------------|---|--|
| Date | Time | Intention |
| Sunday 31 | 7:30 a.m. 9:30 a.m. 12:00 p.m. 5:15 p.m. | SI Florentina Palacio SI Jesus,Jr & Malu Paningbatan † Rene Perez SI Jun & Emy Pasion |
| Monday 01 | 9:00 a.m. | † Maria Teresa Frasco & Rito Ceballos <i>Labor Day</i> <i>Holiday</i> |
| Tuesday 02 | 7:30 a.m. 12:10 p.m. 5:15 p.m. | † Jason Sawal † Poor Souls In Purgatory SI Marie |
| Wednesday 03 | 7:30 a.m. 12:10 p.m. 5:15 p.m. | BD Antonio Macatangay SI Family & Friends Of Martin Villar SI Kenneth Kirby'S Grandkids |
| Thursday 04 | 7:30 a.m. 12:10 p.m. 5:15 p.m. | † Marilyn Sumulong FH David Sun SI Luna |
| Friday 05 | 7:30 a.m. 12:10 p.m. 5:15 p.m. | † Souls In Purgatory BD Stella Marie Esguerra SI Alicia |
| Saturday 06 | 7:30 a.m. 12:10 p.m. 5:15 p.m. | † Lorenzo Sumulong † Anita & Melchor Salvador BD Jim Neary |

Parish Schedule

Parish Office Hours

Monday through Friday 9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 5:00 p.m.

Sacrament of Reconciliation (in the Rectory)

(appointments are preferred) Monday through Thursday 9:00 a.m. - 11:30 a.m. and 2:00 p.m. - 4:00 p.m.

Novena to Our Mother of Perpetual Help

Every Tuesday after the 12:00 p.m. Mass

Sto. Niño Devotion

Every Friday after the 12:00 p.m. Mass

Sacred Heart

First Friday of the month at 11:00 a.m.

Communion in the Home

Extraordinary Ministers of Holy Communion are available to bring Communion to those who are unable to attend Mass. Please call the office at 415-421-3730 for more information.

An expanded color version of our printed bulletin, with online-only content, is available on our website: www.stpatricksf.org

St. Patrick Church Lifetime Donors

You can still make a donation by going to our parish website: www.stpatricksf.org. On our homepage scroll down and click Online Giving. Create an account if you don't have one. Once you have created an account, please choose the Lifetime Donor option. We are asking a Lifetime Donor to donate a minimum of \$20 a week or \$80 a month. Your privacy and financial information are safe with us. And we recommend that you use your credit card for an easier and faster transaction.

> Thank you for your generosity and support. For more information, email us at information@stpatricksf.org or call us at 415-421-3730

We have 93 Lifetime Donors as of 14 August 2025

In Memory of Nicomedes & Juanita Abello Kusina ni Tess Judy Neri Labaria Cristina Agbayani Marilou Alegre Tita Labaria Corazon M. Ambata Dan And Annie Lacap Roberto Andrey Eleanor Lawsin Perla Ardanas Felicitas Locsin Fernando Balbuena Merly Lorete Joy, Jen & Jackie Bandelaria Fe Macatangay Valente Banez Beltran C Marces Eufemia Barcelona Corazon Mariano Evelyn Bird Loren Masangcay

Dr. Beverly Lynn Bolinger † Dionisio Mendaros, SI Cora Cuison

Maria Bravo Evelyn Mendoza Mercedita Cadiz Rachelle Morales Jeff & Nenette Murata Mamerto (MC) Canlas John & Judith Casper Vilma Nangca Sandra Cea Glorina Ochangco Derrick Chang Florentina Palacio Felix Chang Jesus & Marilu Paningbatan

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Josefa Gonzales Victoriano & Carmen Uchi & Family

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Georgina Jose Edwin, Rosalie, Krista, Ezra & Juliana

Kaiser PermanenteSF, 4Center & Oncology Cielito Littaua Yoma Agnes Kumi † Charlie A. Yparraguirre

Relevant Radio

Tune your radio to 1260 AM or 101.7 FM for 24-hour broadcasts concerning Catholic teachings and prayers.

LEGION OF MARY - ST. PATRICK CHURCH

JOIN THE LEGION OF MARY, OUR LADY OF MT. CARMEL PRAESIDIUM

Meeting - Sunday at 1:30 p.m. in Bitanga Hall



The Legion Family Worldwide On all continents In over 170 countries 4 million active members 5 million auxiliary members



The Founder Frank Duff 1889 - 1980

Legion of Mary's History

The Legion of Mary was founded in Dublin, Ireland on the 7th of September in 1921.

It is a lay Catholic organization giving service to the Church on a voluntary basis in

almost every country. Legion of Mary's Aim

The object of the Legion of Mary is the glory of God through the holiness of its members

developed by prayer and active co-operation in Mary's and the Church's works.

Legion of Mary's Unit

The unit of a Legion of Mary is called a praesidium, which holds a weekly meeting where prayer is intermingled with reports and discussions. Persons who wish to join the Legion must apply for membership in a praesidium.

Legion of Mary's Active Works

The Legion sees as its priority the spiritual and social welfare of everyone. The members participate in the life of the parish through visitation of families, the sick, both in homes

and hospitals and through collaboration in every apostolate and missionary undertakings

sponsored by the parish. The works are more of spiritual works of mercy.

Legion of Mary's Active Membership

This membership is open to all faithfully practicing Catholics. Members attend weekly meetings and engage in prayers and active works. Candidates under 18 years of age can be received in a Junior Praesidium.

Humility

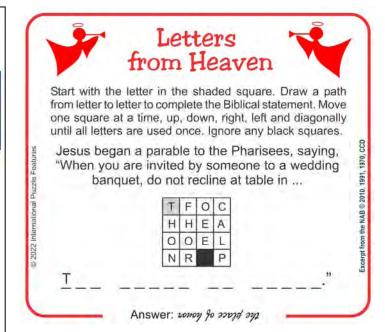
Humility is a virtue we don't see much in our times. It seems that bragging, swaggering, and arrogance dominate our fashion for everything and our Internet conversations. Who hasn't been irritated by the "trolls" who try (usually with bad grammar and poor spelling) to start an online fight with those whose opinions do not align with theirs? Our stores, catalogs, and online shopping sites are full of useless items geared in use and price to the very rich, as ordinary, useful things seem to fade off the sales scene. As the rich get richer, the poor get poorer and the middle class is fading away. What is the antidote to this? Humility is a good place to start. Devotion to God is worth more than riches. "The father of orphans and the defender of widows is God in his holy dwelling. God gives a home to the forsaken; [God] leads forth prisoners to prosperity."

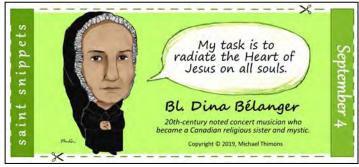
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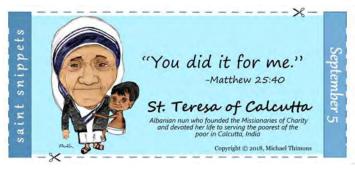
Living God's Word

In our Gospel today Jesus states, "Those who exalt themselves will be humbled and those who humble themselves will be exalted!" How can you humble yourself this week for the sake of another?

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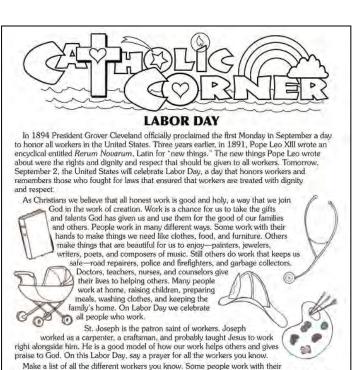


No Surprises

We are told by all spiritual writers that one important point to bear in mind, as we seek to attain humility, is not to be surprised by our own faults and failures.

~ François Fénelon, archbishop of Cambrai



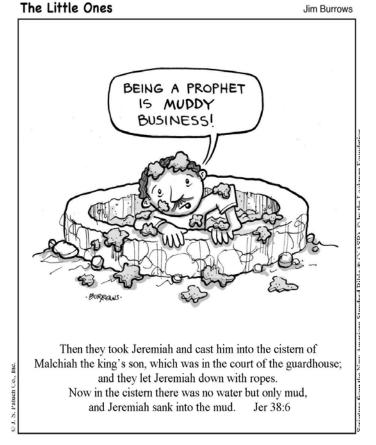


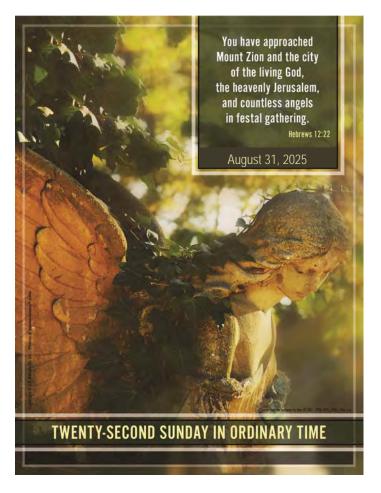
hands, some work with their minds, some with their voices. Don't leave anyone out. What work

St. Joseph, model of all workers, pray for us.

These are some of the workers I know. This is the work they do.

would you like to do when you grow up?







Humility

Have you ever been in a group of people—maybe on a tour, at a social gathering, or at church—and discovered that you have just been talking with a well-known author, corporate CEO, great scholar, or politician? Your first thought is the hope that you didn't say anything to embarrass yourself; but your second thought is how much they seemed like such "regular" folks. What is it that makes people seem so "regular"? Today's readings give us a clue when they stress the importance of humility.

It is so hard for us not to tell the first person who will listen how busy we are, how hard we work, how much money we donate, and how important our job titles are. We think these accolades make a difference to people, and if we don't tell them, how will they ever know? But if our actions demonstrate our values, people will recognize our worth on their own. The words of Jesus show us how much better it is to let someone else recognize our worth than to be embarrassed because someone did not.

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Treasures From Our Tradition

Perhaps the most familiar traditional symbol that identifies bishops is the crosier that they carry. We see the shepherd's staff and immediately rich images from scripture come to mind, as well as the recollection that the first to respond to Christ's presence in our world were the shepherds. The staff is more than a walking stick; its crooked top is useful in snaring errant sheep but also in keeping the flock united. Bishops carry the curve outward, indicating their ministry to the wider flock, while abbots (and some abbesses, too) carry the crosier with the curve pointing in, indicating that their ministry is to the monastery alone.

The crosier was once also carried by the pope, but was phased out centuries ago. You may recall that in pre"popemobile" days, the pope was often carried around on a portable throne called a *sedia gestatoria*. Since he didn't do much walking, the need for a crosier was minimal. Pope Paul VI introduced the innovation of a walking staff in the 1960s, and everyone remembers Pope John Paul II's walking staff, not a crook, but a delicately sculptured crucifix. Thus, the pope carries a "pastoral staff" rather than a crosier. Precisely because the pope's ministry is universal, to the whole world, popes will likely leave crosiers in the hands of the bishops they commission for care of specific flocks.

~ Rev. James Field, Copyright © J. S. Paluch Co.



Table Manners

Lest we think that today's Gospel passage is a primer on how to host a dinner party, we need to remember that the image of the banquet—particularly in Luke's Gospel—is a primary way Jesus illustrates the reign of God. Meals of all sorts, from the most commonplace to the most festive banquet, were a social phenomenon that his listeners understood. Being at table was an important means of communication for them. This is why Jesus got in so much trouble for dining with sinners: his critics wouldn't dine with them, believing they would never dine at the banquet set by God Almighty. Today we still are uncomfortable being at a meal table with those we do not like or of whom we do not approve. So Jesus used table images to upend many of the expectations about order and place cards that were common in his day. Such is the upended table he describes today, where the puffed-up guest gets deflated, where the guest who is seated quietly at the foot of the table is brought to the place of honor by none other than the host himself.

Earthly Tables, Heavenly Tables

To get ready for the upending we'll experience at the heavenly banquet, Jesus tells us to use the tables of our daily living. We ought not invite those we know or are related to; they may repay us and therefore we will not actually have extended any hospitality at all. Rather, look to those who cannot repay the hospitality. Issue the invitation to anyone who does not have the means to return one; bring all who are not able to get to the table by themselves. Be their nourishment, be their strength. Then you will join the feasting of the resurrection of the righteous. And what a gathering the Letter to the Hebrews describes! Infinite angels partaking in the festivities of the heavenly Jerusalem, all who have become the firstborn to heaven in Christ their firstfruit assembled there, all the rejoicing spirits of the just ones, now made perfect, joined with Jesus. Then our joy will not be in the feasting or our particular place at the table, but in our oneness in the covenant of eternal life won for us by the blood of Christ.

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Reflecting on God's Word

The story is told of a priest who was a brilliant scholar and an extraordinary lecturer. His one concern in life was the position he would hold at God's eternal banquet. One night, in a dream, an angel revealed that he should expect to be seated next to the butcher from Regenberg. The priest was aghast. Surely a mistake, he thought. He decided to set out for Regenberg to see the man who would be his companion for eternity. As he traveled, he thought to himself that perhaps this butcher was really a man of great distinction who had fallen on hard times and was temporarily forced to cut meat for a living. With that thought, he tried to console himself.

In Regenberg, the priest found the butcher working quietly at his trade. He asked him if he had been a butcher all his life. The butcher replied, "Yes, I have, my good man, but I'm a second-rate butcher. You see, I have not had much time to devote to my trade. I have two elderly parents and they are very helpless in the daily tasks of life. As a result, much of my time is consumed in their care. Every day I must bathe them, clothe them, and feed them. And there's the cleaning and washing of clothes."

The priest, with tears in his eyes, knelt down, kissed the rough hands of the butcher, and thanked God for giving him a place in heaven next to a man of such great distinction.

~ Rev. Richard Zajac Copyright © 2012, World Library Publications. All rights reserved.

Twenty-second Sunday in Ordinary Time

Humility is a virtue we don't see much in our times. It seems that bragging, swaggering, and arrogance dominate our fashion for everything and our Internet conversations. Who hasn't been irritated by the "trolls" who try (usually with bad grammar and poor spelling) to start an online fight with those whose opinions do not align with theirs? Our stores, catalogs, and online shopping sites are full of useless items geared in use and price to the very rich, as ordinary, useful things seem to fade off the sales scene. As the rich get richer, the poor get poorer and the middle class is fading away. What is the antidote to this? Humility is a good place to start. Devotion to God is worth more than riches. "The father of orphans and the defender of widows is God in his holy dwelling. God gives a home to the forsaken; [God] leads forth prisoners to prosperity."

The Pleasure of Your Company

Today's Gospel relates the story of a rich Pharisee who has invited Jesus to his home for a banquet. Jesus teaches him and his guests a lesson in humility. Take the lowest place and do not exalt yourself. "Then you will enjoy the esteem of your companions at the table." We see in the papers stories about lavish banquets, "fund-raisers" for good causes. Some of these are little more than the social life of the rich, raising a small percentage of their cost for the poor and needy, and giving glory to their organizers. People pay hundreds of dollars per person to attend these functions, tens of thousands on gowns and clothing of every kind. Often they include auctions of donated, extravagant trips, the use of yachts and private planes that go for donations of tens of thousands of dollars. These events often raise fifty to one hundred thousand dollars for the cause, while costing a million dollars to stage and attend. To this, Jesus might say, "When you hold a lunch or a dinner, do not invite your friends or your brothers or your relatives or your wealthy neighbors, in case they may invite you back and you have repayment."

Humility

Contrast this with the people who work hard to feed the hungry at food banks, minister to the homeless and lonely at lunches and dinners at church halls, and prepare lunches to be distributed to the homeless. These actions get no coverage in the society sections of newspapers, yet they are more valuable to God than all the lavish banquets of the rich. "When you hold a banquet, invite the poor, the crippled, the lame, the blind; blessed indeed will you be because of their inability to repay you. For you will be repaid at the resurrection of the righteous."

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Just Punishment

The punishment of the wise who refuse to take part in government is to live under the rule of the foolish.

~ Plato



Looking Good

While the first reading from Sirach and the Gospel focus on humility ("Humble yourself . . . and you will find favor with God" [Sirach 3:18] and "go and take the lowest place" [Luke 14:10], with a surprise reversal of the humble being exalted), the reading from Hebrews surprises us in a different way. The author uses apocalyptic imagery to show how much the relationship between God and humanity has changed. He starts with images of fire, storms, and trumpet blasts—images that may remind you of an erupting volcano: something you want to view from very far away. Even God's words brought fear and trembling.

It may not be surprising that God is beyond human comprehension, but Hebrews says no. God doesn't want to be so far beyond us that we only approach in fear. Using more images from the end-time, the author gives us a picture of the baptized partying with angels and all the just who have died. And of course God is the host. Let's look at some of those images to see how our relationship with the Lord has grown.

The heavenly Jerusalem reminds us that the Church is our home—not just our parish church building but the whole community of faith. How "at home" are you with your fellow parishioners? Do you regularly gather with that family for prayer? A church community can be a place to support those who are sick or jobless or depressed. It is also a place to be supported, to see God's love in action. The angels in Hebrews may be a symbol of that support.

The "firstborn" and "spirits of the just" could remind us of those who went before us and now rest in the Lord. They had their own struggles in life, and now live in glory. They help us to keep our true goal in mind, to remember the real meaning of life, and to look forward to eternal life with hope.

Jesus came to show us how much God loves us and how close God can be. When he shed his blood on the cross (the final sign in our reading), he renewed the covenant with God's people. So we no longer have to accomplish our salvation; it has already been offered to us by Jesus' death and resurrection. We accept that gift not just by a verbal statement of faith, but by a life lived as Jesus showed us, in love of God and our neighbor.

Tom Schmidt, Copyright © J. S. Paluch Co.

Saint Gregory the Great (540-604) September 03

Imagine, fourteen hundred years after death, boasting a bestselling CD! Yet outside the Church and within, "Gregorian" chant is enjoying a renaissance. Still, the timeless sacred music that bears his name is but part of Gregory's legacy. Renouncing civic service for monastic life, Gregory's administrative and diplomatic skills prompted continual summons from the cloister. Papal ambassador and advisor, he was eventually elected pope himself, renowned as a wise steward of the Church's material possessions, generous benefactor of the poor, sponsor of missionaries, and promotor of monasticism. His liturgical enrichment of the Church endures not only in Gregorian chant, but in eloquent homilies still gracing the Liturgy of the Hours, the "Gregorian Canon" (Eucharistic Prayer I), and his spiritual classic, Pastoral Care, once presented to new bishops at ordination. Of countless impressive papal titles—Supreme Pontiff, Vicar of Christ, Successor of Saint Peter, Prince of the Apostles—the title still so cherished that it heads official documents is the one Gregory coined to describe his papal ideal: Servant of the Servants of God. Together with being designated "the Great," a fitting epitaph.

~ Peter Scagnelli, Copyright © J. S. Paluch Co., Inc.

True Winners

Versions of this little test have circled around the Internet for some time. You don't actually have to take the quiz. Just read straight through it, and you'll get the point. Without looking up any answers—no cheating—see if you can name the following:

- 1. The five wealthiest people in the world.
- 2. The last five Heisman trophy winners.
- 3. The last five winners of the Miss America contest.
- 4. Five Nobel or Pulitzer Prize winners.
- 5. The last five Academy Award winners for best actor and actress.
- 6. The last decade's World Series winners.

How did you do? Were you stumped in some or all of the categories? The point is, none of us remember all the headliners of yesterday. They are the best in their fields, but the applause dies, awards and medals tarnish, achievements are forgotten, and tributes and certificates are buried with their owners.

Here's another quiz. See how you do on this one. The answers for these questions are uniquely yours. List the following: 1. Four teachers who aided you most on your journey through school.

- 2. Three friends who helped you through a difficult time.
- 3. Four people who have taught you something worthwhile.
- 4. Six people who have made you feel loved and appreciated.
- 5. Five people you enjoy spending time with.
- 6. Six saints or heroes whose stories have inspired you.

Easier? Maybe once you got started you could list more people than the number asked for. This small exercise shows that the people who make a difference in our lives are not the ones with the most credentials, the most money, or the most awards. They are the ones who care about us and show it. Their actions speak louder than their words.

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Litany of Humility

O Jesus! meek and humble of heart, Hear me. From the desire of being esteemed,

Deliver me, Jesus.

From the desire of being loved... From the desire of being extolled ... From the desire of being honored ...

From the desire of being praised ...

From the desire of being preferred to others...

From the desire of being consulted ...

From the desire of being approved ...

From the fear of being humiliated ...

From the fear of being despised...

From the fear of suffering rebukes ...

From the fear of being calumniated ...

From the fear of being forgotten ...

From the fear of being ridiculed ...

From the fear of being wronged ...

From the fear of being suspected ...

That others may be loved more than I,

Jesus, grant me the grace to desire it.

That others may be esteemed more than I ...

That, in the opinion of the world, others may increase and I may decrease ...

That others may be chosen and I set aside ...

That others may be praised and I unnoticed ...

That others may be preferred to me in everything...

That others may become holier than I, provided that I may become as holy as I should...

> Rafael Cardinal Merry del Val (1865-1930), Secretary of State for Pope Saint Pius X



EMBER DAYS

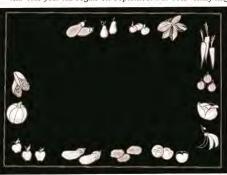
Some older faith traditions that were once more meaningful might not be practiced regularly today. One of these traditions is the observance of Ember Days.

Ember Days are days set aside four times a year to mark the turning of the seasons. They are a time to pray in thanksgiving for all God's gifts. They remind us that we are called to be stewards of God's creation and not just consumers.

The fall Ember Days are the Wednesday, Friday, and Saturday of the week after September 14, the feast of the Exaltation of the Holy Cross

On these days we are encouraged to be more aware of the bountiful harvest of good things God has given us. We are encouraged to pray. In some countries, priests are invited to bless the harvests of the local farmers.

Choose a day this week to celebrate the changing of the seasons from summer to fall. This year fall begins on September 22. Your family might shop together to



buy some of the abundant foods that are available at the end of the harvest season. If a farmers' market is nearby, consider visiting the stalls and talking with the farmers. Use the food you buy to prepare a festive family meal.

As a family, create a meal blessing prayer. You might already say a family prayer: you can choose to use that one or the traditional grace before meals. Cut a piece of cardstock or poster board

to use as a placemat. Decorate the edges with pictures of harvest foods. In the center very neatly write your family prayer. You might want to laminate the paper or cover it with clear contact paper so it won't get stained.

Twenty-second Sunday in Ordinary Time August 31, 2025

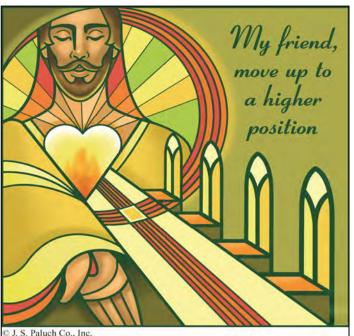
You have approached Mount Zion and the city of the living God.

~ Hebrews 12:22a

Living Stewardship Now

Pay it forward! Give to people in your life who cannot possibly return your good deeds.

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J. S. Paluch Co., Inc.

"Do everything for the glory of God."



YOUR GIFTS CHANGE LIVES

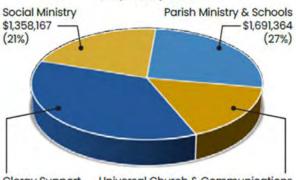
Your gift to the Archdiocesan Annual Appeal allows us to provide ministries, programs and services that benefit parishes and people throughout the Archdiocese of San Francisco. The Annual Appeal is an opportunity for all in the Archdiocese to come together as one community to support one another and everyone we serve.

"For almost a quarter of a millennium, the Church in San Francisco has been a beacon of hope, spreading the light of Christ to all in our community. I ask you to be generous with your prayers and with your material support for the mission of the Church here in our Archdiocese."



ARCHDIOCESAN ANNUAL APPEAL 2025 GOAL:

\$6,400,000



Universal Church & Communications Clergy Support \$2,331,813 (36%) \$1,018,656 (16%)

CHANCERY BUDGET FOR 2025 SOURCES OF INCOME: \$17,200,000

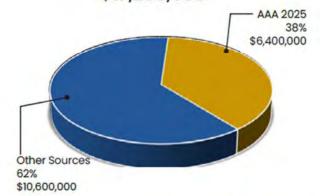










Photo by Dennis Callahan

Photo by Dennis Callahan

Photo by Christina Gray Photo by Dennis Callahan

PARISH MINISTRY & SCHOOLS

The Archdiocese provides additional funding for its parish schools, varied educational programs, and financial aid. Supported offices and ministries include: Department of Pastoral Ministry, Faith Formation, Youth & Young Adult, Office of Worship, Marriage and Family Life, Teacher Incentive Grants, Alliance for Mission District Schools and Child and Youth Protection.

22,950 Catholic School Students • 2,576 Teachers & Staff • 70 Teacher Incentive Grants • Premarital & Marriage Support . Office of Faith Formation . Office of Worship

CLERGY SUPPORT

Clergy Support helps those who care for us. It supports priests, deacons and seminarians in their ministry. This ministry includes: Council of Priests, Vicar General, Vicar for Clergy, Clergy Education, Priests' Education Fund, Permanent Diaconate, Diaconate Formation, Office of Consecrated Life, Office of Vocations, Priests' Retirement Fund, Serra Clergy House and Priests' Elder Care.

Active Priests' Support • Retired Priests' Support • Seminarian Formation • Diaconate Formation

SOCIAL MINISTRY

Through its variety of social ministries, the Archdiocese is able to thoughtfully engage with its diverse communities. Supported offices and ministries include: Hospital Chaplains, the Tribunal, Youth and Young Adult Ministries, Human Life & Dignity, Prison Ministry, Ethnic Ministry, Chinese Ministry, Ministry for the Spanish Speaking, Filipino Ministry, Ecumenical and Interreligious Programs.

Hospital & Prison Chaplains . Office of Youth & Young Adult Ministries · Respect Life · Restorative Justice · Ecumenical & Interreligious Programs . Ministry Support in 22 Languages

UNIVERSAL CHURCH & COMMUNICATIONS

The Universal Church supports the larger work of the California Conference of Catholic Bishops, the United States Conference of Catholic Bishops and the Holy See. The Office of Communications provides internal constituent communications and external communications that fund media relations, public information and special projects.

The Holy See . Catholic San Francisco . San Francisco Católico • SFArchdiocese.org & Social Media . California Catholic Conference of Bishops . U.S. Conference of Catholic Bishops

IMMIGRANT KNOW YOUR RIGHTS



IN THIS COUNTRY, EVERY INDIVIDUAL HAS RIGHTS, REGARDLESS OF THEIR COUNTRY OF ORIGIN, RACE, LEGAL STATUS, NATIVE LANGUAGE, RELIGION, SEXUAL ORIENTATION, OR GENDER IDENTITY.

- 1. THE RIGHT TO NOT OPEN THE DOOR
 Ask for warrant under the door; verify details first.
- THE RIGHT TO REMAIN SILENT Give only your name; speak with an attorney present.
- THE RIGHT TO MAKE A PHONE CALL
 Call your attorney or family; keep a number ready.
- THE RIGHT TO A HEARING BEFORE A JUDGE You can ask for a judge to hear your case.
- THE RIGHT TO HAVE YOUR PHYSICAL INTEGRITY RESPECTED
 No one can abuse you physically or verbally.
- 6. THE RIGHT TO NOT SIGN ANY DOCUMENTS Only sign documents with attorney approval.
- THE RIGHT TO EVALUATE WHETHER YOU QUALIFY FOR ANY IMMIGRATION PROCESS Ask an attorney if you qualify for relief program.

ADDITIONAL RIGHTS

There are additional laws and policies in place for Immigrant Tenants and Workers in CA. To learn more, please contact us!



SCAN THE QR CODE TO LEARN MORE ABOUT YOUR RIGHTS AND RESOURCE INFORMATION FOR SUPPORT.



Considering being a...

Host Home for Refugee Youth

Refugee Foster Care is looking for kind-hearted individuals to open their homes and provide a room to youth (18yo+) in our program.

These young adults are ready to take on the challenge of independent living with just a bit of guidance.

Contact us to learn more!

Kimberly Lozano

408-325-5107

klozano@ccscc.org

www.CCSCC.org/Refugee-FosterCare



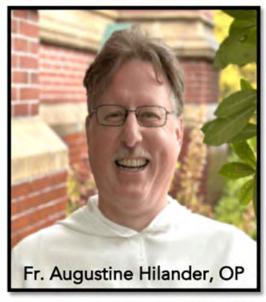


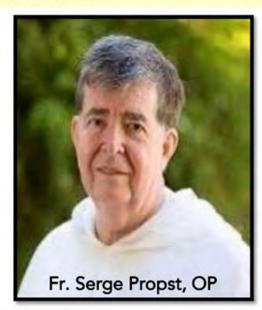
Women's Silent Retreats September 5-7, 2025 September 19-21, 2025

Meditations on The Last Discourse of Jesus

Join us in the Upper Room with Jesus and His disciples.

Let us prayerfully relive some awesome events that took place there: the Last Supper, where Jesus gave His Last Discourse, an appearance of the Resurrected Jesus to his disciples, and the Descent of the Holy Spirit. We will focus on this teaching of Jesus and enter into the fullness of life.







St Clare's Retreat 2381 Laurel Glen Road Soquel, CA 95073 831-423-8093

www.stclaresretreat.org





A-Cross America Relay for Pro-Life!



September 5th - October 25th

Course launches from New York City, San Francisco, Fargo, Austin... and for 51 days teammates will walk/run 5K legs to make a Cross over America. All In Christ!

Register at liferunners.org/across



POLICE- FIRE - SHERIFF MASS

Archbishop Salvatore J. Cordileone, celebrant with Police and Fire Chaplains Reception to follow

SEPTEMBER 7, 2025, 9:30 AM ST. CECILIA CATHOLIC CHURCH

2555 17TH AVE, SAN FRANCISCO









The Police-Fire Mass originated as an annual way to honor the firefighters who lost their lives during the 1946 Herbert Hotel Fire and continues to honor all of our first responders. The Mass is sponsored by the San Francisco Fire Department, San Francisco Police Department, San Francisco Sheriff's Office, San Francisco Park Rangers, and the Archdiocese of San Francisco.

If going or questions check in with Remee Vargas for more details

Vargasr@sfarch.org 415-614-5595





ESSAY CONTEST ON-SITE

Express, Lead & Inspire!



HIGH SCHOOL:

1ST PRIZE: \$800

2ND PRIZE: \$500

3RD PRIZE: \$300

MIDDLE SCHOOL:

1ST PRIZE: \$500

2ND PRIZE: \$250

3RD PRIZE: \$150

Open to all Middle School and High School students in the San Francisco Archdiocese

HOPE: THE ENDURING VIRTUE OF FILIPINO SAINTS

Competition Date: September 13, 2025

Time: 8:30 AM - 1:00 PM

Location: Star of the Sea Church Auditorium

4420 Geary Blvd., San Francisco

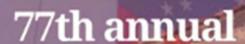
(Parking on 8th Ave. between Geary and Clement Sts.)

The winners will be announced at the San Francisco Archdiocese Filipino Ministry Gala on October 5, 2025. The 1st prize winners will be invited to the gala to read an excerpt from their winning essays.



REGISTRATION IS OPEN: MAY 5 - AUGUST 30, 2025

Send email inquiries to: FMCBEssay@gmail.com



POLICE- FIRE - SHERIFF MASS

Archbishop Salvatore J. Cordileone, celebrant with Police and Fire Chaplains Reception to follow

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Archdiocese of San Francisco Catholic Charismatic Renewal

28th Annual Holy Spirit Conference



Cathedral of
St. Mary of the Assumption
1111 Gough Sreet
Patrons Hall
San Francisco, CA 94109

Doors Open 8:00 am Holy Mass 4:00 pm (Vigil)

Recitation of the Holy Rosary, Praise & Worship, Exposition of the Blessed Sacrament, Confession, Baptism in the Holy Spirit, Healing Service, Holy Mass

TALKS IN ENGLISH, SPANISH, VIETNAMESE & YOUTH PROGRAM

Contact:

Danny Garza 650-270-8065 Sally Yeo 650-400-4825



SAVE THE DATE

SFSpirit.com



and



invite you to the EUCHARISTIC CELEBRATION HONORING SAN LORENZO RUIZ DE MANILA



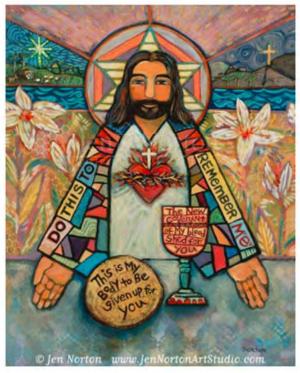
WEDNESDAY | SEPTEMBER 24, 2025 | 5:00 PM ST. PATRICK'S SEMINARY & UNIVERSITY 320 Middlefield Rd, Menlo Park, CA 94025

Procession of the statue of San Lorenzo Ruiz and reception at SPSU's Refectory to follow after the Mass. RSVP by September 15 for food headcount. Contact Estrelle Chan at 415.336.9193.

www.filipinoministrysf.org | filipinoministrysf1@gmail.com



Love the art? Meet the artist!



Come to "Creativity is the Language of God," and hear Jen Norton, whose work celebrates the traditions of Catholic faith with a contemporary twist.

Learn how she uses painting as a form of prayer, and then in an easy workshop after her presentation she will guide you on how to hear God through creative expression.

Thursday, Sept 25 7:00 pm

Our Lady of Angels Gym 1721 Hillside Drive Burlingame, CA 94010







Invite family and friends

See Jen Norton LIVE!

Hear her inspirational story and participate in an easy, hands-on workshop

ARCHDIOCESE OF SAN FRANCISCO RESPECT LIFE CONFERENCE

THE ABORTION PILL: DANGERS, REMEDIES, AND LEGAL CHALLENGES

Chemical abortion is now the most common method of abortion in the U.S., often carried out with little or no medical oversight or patient care. Learn from top experts in medicine and law about the current landscape in California and across the nation.

Our Speakers:



Dr. GEORGE DELGADO

Founder of the Abortion Pill Reversal Program; Medical Director, Culture of Life Family Services



TAMMY MAHANEY

Doctor of Nursing Practice; Family Nurse Practitioner, Real Options & Bella Primary Care



PETER BREEN

Executive Vice President and Head of Litigation, Thomas More Society

SEPTEMBER 27, 2025 8:30 AM - 2 PM

STAR OF THE SEA PARISH 4420 GEARY BLVD SAN FRANCISCO, CA 94118 For questions, contact us at lifeanddignity@sfarch.org or call 415-614-5571.

To RSVP, visit: sfarchdiocese.org/event/sfrespect-life-conference/









2025 White Mass for Medical Professionals

Doctors, nurses and healthcare professionals are invited to the Archdiocesan White Mass for Medical Professionals.

A White Mass, so-named for the traditional color of physicians' coats, is a way to honor and pray with and for all those who serve in the medical professions.

All are welcome to participate.

Organized by Office of Human Life & Dignity

Sponsored by Catholic Medical Association San Francisco Guild, Order of Malta Northern California Clinic, and Bella Primary Care.

2025 White Mass for Medical Professionals

October 3, 2025 6:00pm

St. Dunstan Church

1133 Broadway Millbrae, CA 94030

Valerie Schmalz

lifeanddignity@sfarch.org 415-614-5571



Bay Area Rosary Rally in honor of St. Francis of Assisi and the Jubilee Year of Hope

7:00 a.m. Gather for the Jubilee Pilgrimage Walk at St. Anthony of Padua (SF)

7:15 am. Procession begins to the Cathedral of St. Mary of the Assumption Cathedral

9:15 a.m. Talks on St. Francis and the Blessed Mother Fr. Bobby Barbato, OFM. Cap (English) Fr. Alberto Villafan, OFM (Spanish) *Confessions available

10:00 a.m. Mass with Archbishop Salvatore J. Cordileone

11:30 a.m. Eucharistic Procession and recitation of the Rosary

12:00 p.m. Benediction

Due to safety concerns, no banners are permitted in the processions; however, religious images and statues are allowed

Bay Area Rosary Rally in honor of St. Francis of Assisi and the Jubilee Year of Hope

October 4, 2025 7:00am - 12:00pm Cathedral of St. Mary of the Assumption

1111 Gough St. San Francisco, CA 94109



One Faith | One People | One Mission

Sunday | October 5, 2025 | 5:00 PM Patrons Hall, Cathedral of St. Mary of the Assumption 1111 Gough Street, San Francisco, CA 94109

Dinner Ticket: \$100 Raffle Ticket: \$20 1st Prize: \$3,000 | 2nd Prize: \$2,000 | 3rd Prize: \$1,000

To purchase dinner & raffle tickets, contact: 415.595.9248 (Estelle) | 415.317.5481 (Willie) | 415.336.9193 (Estrelle); 415.521.6934 (Sherry)

www.filipinoministrysf.org | filipinoministrysfl@gmail.com



BLD - Open in Spirit to God

Catholic Charismatic Covenant Community under the Archdiocese of San Francisco

MARRIAGE ENCOUNTER WEEKEND



Discover a weekend of love, faith, and renewal grow closer to your spouse and enrich your marriage in a truly unforgettable way.

OCT 24-25 2025

Vallombrosa Retreat Center, Menlo Park with Fr. Peter Eugenio, Spiritual Director

> For questions, contact Deacon Ric & May Cepriano 650 826 0221

SAN FRANCISCO STAR OF THE SEA PARISH **EUCHARISTIC ROSARY CONGRESS 2025** OCOTBER 28-NOVEMBER 4



ARCHBISHOP SALVATORE J. CORDILEONE

On November 1, 2025, Archbishop Salvatore J. Cordileone WILL CELEBRATE 9:00 AM MASS AT ST. MARY'S CATHEDRAL, THEN LEAD THE OUR LADY OF FATIMA EUCHARISTIC GRAND PROCESSION TO STAR OF THE SEA PARISH. UNITING THE FAITHFUL IN A POWERFUL WITNESS TO THE EUCHARIST.





FATHER JAVIER OLIVERA RAVASI

ON OCTOBER 28, 2025, FATHER JAVIER OLIVERA RAVASI WILL CELEBRATE THE 6:00 PM LATIN MASS IN SPANISH AT STAR OF THE SEA PARISH, FOLLOWED BY A WORKSHOP ON THE HISTORY OF THE HOLY ROSARY.

DEEPER REVERENCE AND UNDERSTANDING OF THE LITURGY.



LEAD A ROSARY



FULL PROGRAM



WWW.BROTHERSINPRAYER.COM





SATURDAY, NOVEMBER 1, 2025, 8:00 AM - 4:00 PM

The Restorative Justice Crime Survivors Retreat is a sa of healing, specially created for families who have lost a loved one to homicide. This retreat offers participants a chance to strengthen their faith, cultivate courage, and tap into their inner resilience. In addition to fostering spiritual growth, attendees will find moments of peace, gain renewed perspective, and embrace a sense of grace. Surrounded by others who share similar experiences, they will build connections, exchange wisdom, and support one another. By the retreat's end, participants will emerge feeling spiritually renewed, empowered, and equipped with newfound clarity to navigate life's challenges ahead.

FREE RETREAT BREAKFAST AND LUNCH

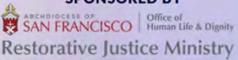
MERCY CENTER 2300 ADELINE AVENUE BURLINGAME, CA 94010

INQUIRIES AND REGISTRATION INFORMATION

REGISTER AT: SFARCH.ORG/CRIMESURVIVORSRETREAT



SPONSORED BY



INQUIRIES: EMAIL JULIO ESCOBAR AT ESCOBARJ@SFARCH.ORG OR CALL (415) 614-5572



<u>The Faith Formation Conference</u> Webpage and registration will begin in mid-August. Remember to have all catechists attend and continue on their catechist certification.

Beginning of Year Parish Catechetical Leaders gathering is September 5 or 6. Choose which date to attend. All parish directors/coordinators are asked to attend or send a representative.

<u>Rite of Christian Initiation of Adults</u> training for all parishes is October 3 & 4—Making Disciples Institute.

Other fliers to know about

Catechetical Sunday

Radiant Love Training

Foundational Training

Youth on a Mission

ON Fire

Adult Confirmation Classes

ARCHDIOCESE OF SAN FRANCISCO
FAITH FORMATION CONFERENCE

HOPE Does Mol Disappoint LA ESPERANZA No Desilvasiona

November 7-8,2025 St. Matthew's Parish

philologi semedalism abayon 199

2026 RESPECT LIFE ESSAY CONTEST

Theme: Religious Freedom, an essential requirement of the dignity of every person



Essays due Friday, January 23, 2026

For all students in grades K-12 in public school,

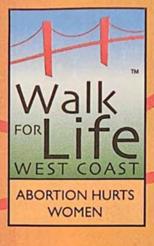
Catholic school, and home school in

the Archdiocese of San Francisco.

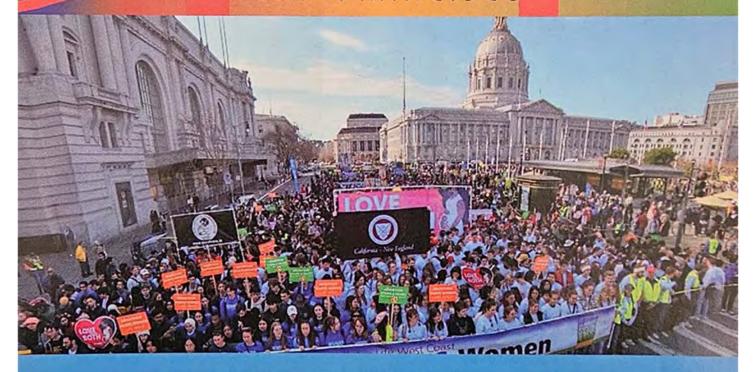
Cash Prizes! For Essay Instructions, visit sfarch.org/essay-contest







SAN FRANCISCO



Celebrating 250 years of the City of St. Francis and Mission Dolores! Join as as we bring the Life and Love of Christ to the streets and people of San Francisco!

¡Celebrando 250 años de la ciudad de San Francisco y la Misión Dolores! ¡Únete a llevar la vida y el amor de Cristo a las calles y la gente de San Francisco!



WalkforLifeWC.com



January 27 - February 11



Fr. Boie Espeleta Parochial Vicar St. Robert Church

Join us as we embark on a journey to strengthen our faith, reconnect to our rich religious and

cultural heritage, and

enjoy the Philippines!



Fr. Dominic Lee In-Residence, St. Mark Church Fr. Roy Remo Pastor, St. Charles Church

Land package with domestic airfare:

Based on Single Occupancy

US\$ 3,322 Based on Double/Twin Occupancy

International Airfare via Eva Air starts at US\$ 1,100 per person. Rates subject to change.

RESERVE YOUR SPOT NOW!

SCAN QR CODE



Filipino Ministry www.filipinoministrysf.org, email: filipinoministrysfl@gmail.com

Tour Operator: Rajah Tour's Philippines

Manila Office: inquiry@rajahtours.com.ph San Francisco Office: 1.415.397.0303

estherbriones@hotmail.com







Vicar for Filipinos







Land package with domestic airfare:

US\$ 4,276 Single Occupancy

US\$ 3,322 Double/Twin Occupancy US\$ 2,918

International Airfare via Eva Air starts at US\$ 1,100 per person. Rates subject to change.



Fr. Angel Quitalig Vicar for Filipinos

Come with us on a meaningful journey to deepen our faith, rediscover our vibrant religious and cultural heritage, and experience the beauty of the Philippines!

PHILIPPINES PILGRIMAGE 2026

January 27 - February 11 16 DAYS 15 NIGHTS







Tour Package Highlights:

- Two (2) nights accommodation at Seda Ayala Center,
- Two (2) nights accommodation at Best Western Ivy Wall,
- Panglao, Bohol Three (3) nights accommodation in Seda Centrio, Cagayan de Oro City
- Two (2) nights accommodation at The Oriental, Legaspi City
- One (1) night accommodation at Summit Hotel Naga One (1) night accommodation at Villa Escudero,
- One (1) night accommodation at Pico de Loro, Nasugbu, Batangas
- Two (2) nights accommodation at Seda Manila Bay, Paranaque City
 One (1) night accommodation at Quest Hotel Clark
- All tours stated on the itinerary
- All meals stated on the itinerary Travel insurance within the Philippines during the tour
- English speaking guides during the tours

*Terms and Conditions apply. Visit www.rajahtours.com.ph for more information.

RESERVE YOUR SPOT NOW!

Call or Text: 415.702.5694

Email: filipinoministrysfl@gmail.com Visit: www.filipinoministrysf.org



Follow filipinoministrysf on Facebook.



LUZON - VISAYAS - MINDANAO

CEBU - BOHOL - CAGAYAN DE ORO - BICOL - QUEZON - MANILA BATANGAS - PANGASINAN - TARLAC - PAMPANGA

27 January | Arrival in Cebu

Welcome reception at the airport by the Department of Tourism and Rajah Tours Philippines. Transfer to hotel and check-in. Rest of the day free at leisure. Mass at the hotel before dinner. Welcome dinner at the hotel.

28 January | Simala Monastery and Minor Basillica de Sto. Niño

Breakfast at the hotel.

Depart for a whole day Cebu Tour. Visit Simala Monastery of the Holy Eucharist.
Lunch at a local restaurant. Head back to Cebu City. Stop at the Archbishop
Teofilio Camomot Shrine. Mass at Minor Basilica de Sto. Nino de Cebu and then
visit Magellan's Cross. Head to a local restaurant for dinner then transfer to hotel.

29 January | Travel from Cebu to Tagbilaran

Breakfast at the hotel.

Head to Cebu Port for the your morning ferry to Tagbilaran.

Arrive in Bohol and meet and greet at Tagbilaran Port. Commence Bohol Countryside

Tour. Proceed to Backayon Church for Mass. After the Mass proceed to

River Cruise Lunch at Loboc. After lunch continue tour and visit Chocolate Hills

and the Tarsier Sanctuary. Head to your hotel and check in.

30 January | Free day
Breaklast at the hotel.
Free day. Optional activities to be offered.
Ballcasag Island Tour

- Cadapdapan Rice Paddies and Can-Umantad Waterfalls

31 January | Bohol - Cebu - Cagayan de Oro

Breakfast at the hotel.

Breakfast at the hatel.
Check out and proceed to the pier for ferry to the Cebu.
Arrive in Cebu and transfer to Mactan Airport for flight to Cagayan de Oro.
Arrive in Cagayan de Oro and procced to hotel and check in.
Free time. Mass before dinner.

Dinner at a local restaurant

Ol February | Bukidnon Day Trip
Breakfast at the hotel. Transfer to Dahilayan Adventure Park, Bukidnon.
During this visit, the guests will experience Panampulot, a ritual of Manobo Tribe.
Banag-Banag dance will welcome the arriving guests and they will experience 8
different stations of Manolo Fortich Culture. Various activities available such as
Tsokolate making, Bead making. Coffee Making, Binake wrapping & Tasting Corn
Grinding, Corn Grilling. Panampulot Ritual, Binakel Language Learning. Lunch at
Ricardo's restaurant. After lunch proceed to the Abbey of Transfiguration for
Mass. Head back to Cagayan de Oro in the afternoon.
Dinner at the hotel. Dinner at the hotel.

02 February | Cagayan de Oro City Tour

Breakfast at the hotel.

Depart for Cagayan de Oro City Tour.

Mass at St. Augustine Metropolitan Cathedral. After Mass, proceed to Cagayan De Oro City Museum, Museo de Oro and Plaza Divisorio.

Lunch at Panagatan Seaside Restaurant.

After Junch, proceed to Divine Mercy Shrine.

Head back to the hotel. Free time. Dinner at the hotel.

03 February | Cagayan de Oro - Legaspi (via Manila)

Packed breakfast at the hotel.

Check out and proceed to airport for your early flight to Legaspi.

Arrive in Legaspi and proceed to Albay Tour. Highlights are Cagsawa Ruins,

Sumlang Lake, Daraga Church, Casa Simeon for lunch, Tiwi Pottery,

Mt. Masaraga Volcano Camp Site for spectacular views of Mayon Volcano.

After the tour, proceed to your hotel for dinner and check in.

Mass before dinner.

Planer at the botal. Dinner at the hotel

04 February | Bicol tour options Breakfast at the hotel. Tour options are: • Dansol Eco Tour - Whale Shark Interaction

- Culinary Tour
 Ticao Island Hopping
 Head back to the hotel.

Mass at St. Gregory the Great Cathedral. Dinner at the hotel.

05 February | Legaspi - Naga

Breakfast at the hotel.

Check out and proceed to Naga City for Mass at the National Shrine of Our Lady of Pehalfrancia. Lunch at a local restaurant. Proceed to St John The Evangelist Metropolitan Cathedral, Museo del Seminario Conciliar de Nueva Caceres.

After the tour, proceed to the hotel and check in. Dinner at the hotel.

06 February | Naga - Quezon

Breakfast at the hotel. Check out and proceed to Quezon stopping at town churches along the way. Lunch at a local restaurant. Proceed to Kamay ni Hesus Healing Church. Mass at Kamay ni Hesus. Proceed to Villa Escudero and check in. Barrio Fiesta themed dinner at Villa Escudero.

07 February | Quezon - Batangas

Breaklast at Villa Escudero. Check out and proceed to Montemaria Shrine in Batangas City. Lunch at a local restaurant, Proceed to Taal Heritage Town. Mass at Minor Basilica of St. Martin of Tours. Proceed to Pico de Loro and check in. Dinner at the resort.

08 February | Pico de Loro - Manila via Tagaytay
Breakfast at the resort. Check out and proceed to Tagaytay for sightseeing.
Lunch at Farmer's Table. Head to Manila after lunch. Mass at Manila Cathedral.
Dinner at Illustrado restaurant, Intramuros.

09 February | Antipolo - Manila

Breakfast at the hotel. Proceed to Antipolo Cathedral for Mass. Lunch at Pinto Art Museum. Head to Manila after lunch. Proceed to Quiapo Church and Binondo Church then to Baclaran Church. Dinner at the hotel

10 February | Manaoag - Tarlac

Breakfast at the hotel
Check out and proceed to Manaoag for Mass at the Minor Basilica of Our Lady of
Manaoag, Lunch at a local restaurant. Proceed to Monasterio de Tarlac
for a visit. Visit Death March Monument. Depart for Clark and check in at hotel. Farewell Dinner at the hotel

11 February | Departure day Breakfast at the hotel. Check out and proceed to airport.

Jubilee 2025 - Pilgrims of Hope



As the Universal Church looks toward the Jubilee Year 2025, the USCCB is thrilled to support the Holy Father in this "event of great spiritual, ecclesial, and social significance in the life of the Church."

Pope Francis stated in his February 2022 letter announcing the Jubilee 2025: "We must fan the flame of hope that has been given us, and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision. The forthcoming Jubilee can contribute greatly to restoring a climate of hope and trust as a prelude to the renewal and rebirth that we so urgently desire..."

The Jubilee Year will offer the faithful opportunities to participate in various jubilee events at the Vatican and in their own dioceses. The great tradition of opening the Holy Door will begin when Pope Francis opens the Holy Door of St. Peter's Basilica on December 24, 2024. Other holy doors will be opened at the Rome basilicas of St. John Lateran, St. Mary Major and St. Paul Outside the Walls. For pilgrims who cannot travel to Rome, bishops around the world are expected to designate their cathedrals or a popular Catholic shrine as special places of prayer for Holy Year pilgrims, offering opportunities for reconciliation, indulgences and other events intended to strengthen and revive faith.





Pope Francis has asked that the year 2024 be dedicated to a "great symphony of prayer" as the Church prepares for the Jubilee of 2025. The Jubilee prayer can be found below.

Additional information about Jubilee events and materials can be found in the Calendar of Events below, or on the Vatican website here. As information becomes available for specific initiatives of the United States Conference of Catholic Bishops, that information will be available on this web page.







Information for Jubilee 2025 Preparation and Participation

Prepared by the United States Conference of Catholic Bishops for use in local dioceses and eparchies across the United States.

In preparation for Jubilee 2025 in the local Church, the USCCB has prepared this document for your reference.

JUBILEE WEBSITE

https://www.iubilaeum2025.va/en.html (English) https://www.iubilaeum2025.va/es.html

(Spanish)

JUBILEE MOBILE APP

https://apps.apple.com/us/app/iubilaeum25/ id6467652982?platform=iphone (for iOS devices, i.e. Apple products)

https://play.google.com/store/apps/details?id=va.iubilaeum2025.app&pli=1 (for Android devices)

The digital app for mobile devices, which makes registration for Jubilee 2025 events easier, can be downloaded from the App Store for iOS and from the Play Store for Android. By using the mobile app, which is available in six languages, a person can access all the latest news on the Jubilee, register as a pilgrim for the Holy Year, and obtain the Pilgrim Card for free. Once registered on the portal, individuals will also be able to register for Jubilee events and pilgrimages to the Holy Door.

THE JUBILEE LOGO

Individuals and organizations may download the Jubilee logo in high resolution and the main languages at this link. Since the logo is subject to copyright, its use is intended for pastoral and non-profit purposes only. Such use is to be linked to the following pastoral and ecclesial initiatives with no commercial purposes:

- Place the trademark on materials related to the Jubilee, such as: leaflets, pamphlets, postcards, brochures, posters, outlines, banners, websites and other media;
- Place branding on pastoral materials to be used for spiritual preparation for the Jubilee;
- Place trademark on promotional materials related to the Jubilee, particularly on posters, banners, T-shirts, hats, mugs, and other materials and media; not for commercial use.
 - The use of the logo to third parties will not be granted.
 - A manual for logo use can be found online here at this link.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.

The official prayer can be found here in sixteen languages, other languages are being added.

THE JUBILEE HYMN ("PILGRIMS OF HOPE")

- The official Jubilee hymn has been available for download.
- The necessary information (audio and sheet music) can be found at the following link.
- Currently, the hymn is available in Italian, English, Spanish, and French.
- The translations for other major languages are currently being worked on.

The Vatican invites all of us to use the hymn as widely as possible and in liturgical assemblies.

THE JUBILEE CALENDAR

- The Opening of the Holy Door of St.
 Peter's Basilica will be December 24,2024.
- The Jubilee celebrations for various audiences will take place from January to December 2025.
- The overview calendar and tentative schedule for the Jubilee celebrations in Rome can be found in a separate information sheet, available at this link

DIOCESAN AND EPARCHIAL PILGRIMAGES TO ROME

- Dioceses and eparchies are welcome to coordinate pilgrimages to Rome for the Jubilee celebrations.
- Dioceses and eparchies may come to Rome at any time throughout 2025 to celebrate the Jubilee, or they can choose to coordinate a visit in conjunction with one of the particular Jubilee events on the calendar.
- Dioceses and eparchies may consider working with a reputable local or national travel agency that specializes in overseas and/or pilgrimage travel. It may also be helpful to have 1 or 2 point person(s) at the diocesan/eparchial level who can coordinate activities for the group(s) and liaison with the travel agency.
- For official registration of diocesan or eparchial pilgrimages and large groups for the Jubilee, point persons should contact pilgrim@iubilae um2025.va and communicate the dates of the intended pilgrimage and an indicative estimate of the number of participants. Staff from the Vatican Dicastery for Evangelization will respond accordingly.

- As the Jubilee year approaches, as soon as practicably possible, it will be necessary for point persons to send the list of names of those from the local diocese or eparchy who will take part in Jubilee events.
- The Dicastery for Evangelization will register the participants among the official list of those enrolled.

PLEASE NOTE:

The USCCB is <u>NOT</u> coordinating any national activities in Rome during the Jubilee Year, nor is the USCCB coordinating any official national delegation to Jubilee events.

JUBILEE VOLUNTEERS

If people from dioceses/eparchies are interested in volunteering, here are the requirements and expectations.

Who can serve as a volunteer for the 2025 Jubilee?

- Any adult member of the faithful who intends to offer their availability for a fixed period of one week, from Saturday to Saturday, or for specific events and/or jubilees.
- It will also be necessary to present a letter from the volunteer's parish priest at the time of application which attests to the volunteer's Catholic faith and active participation in parish life.
- Knowledge of the Italian language is preferable, but not mandatory.

How can one apply to become a volunteer for Jubilee 2025?

- Via the official Jubilee platforms, www. iubilaeum202S.va or the iubilaeum25 app, applicants may submit their application and register the week of availability for service.
- Volunteers may also offer multiple weeks of service.

- The Secretariat will then contact the volunteer to confirm details depending on requirements.
- All travel expenses to and from Rome are the responsibility of the volunteers.
- The Dicastery for Evangelization will provide food and accommodation during the service period.

What will be expected of a Volunteer for the Jubilee of 2025?

- Volunteers will welcome pilgrims at the different meeting points, providing them with information on all available services; accompanying them along the routes specially reserved to access the Papal Basilicas; and will provide assistance/ further services that may be necessary in various circumstances.
- He/she offers this service freely and without payment He/she is committed to carrying out the tasks assigned by the Jubilee Secretariat, based on the logistical-operational needs of the Jubilee program.

COORDINATING "STATESIDE" CELEBRATIONS

- Recognizing that many cannot or choose to not travel to Rome for the Jubilee, it is highly recommended that dioceses and eparchies (and/or parishes and other organizations, apostolates, movements, and communities) develop "stateside" celebrations in conjunction with the Jubilee Year.
- The USCCB will be sharing ideas on how to develop these "stateside" local events, which will be posted on the bishops-only and public websites as they are created.



- Dioceses, eparchies, and local communities may wish to host their "stateside" activity in conjunction with the timing of the Jubilee celebrations of particular groups who will be gathered with the Holy Father in Rome throughout the year (i.e., catechists, families and children, young people, the elderly, the poor, etc.).
- The audience-specific "stateside" events can occur concurrently with events taking place in Rome; dioceses, eparchies, and local communities can also live-stream the Vatican celebrations with the Holy Father as part of their particular "stateside" celebration.
- Dioceses, eparchies and local communities may also wish to coordinate a domestic Jubilee pilgrimage to Catholic sites and destinations across the United States throughout the year or at a specific moment that corresponds to one of the audience-specific celebrations taking place in Rome.

FAQS ON THE JUBILEE

Should our diocese/eparchy coordinate a trip to Rome or plan a "stateside" event?

Both options can be done. However, to ensure engagement of the most Catholics with regard to the Jubilee, it is highly recommended that "stateside" activities and resourcing local communities be carried out in 2025.

Will our diocese/eparchy be able to see the Holy Father?

Throughout the year, the agenda for most Jubilee celebrations involve programs at which the Pope is present, such as a Mass or particular audience. The exact details of those experiences are yet to be shared.

What are the "Jubilee rites" that are listed on the agenda for the various Jubilee celebrations?

These are special moments of prayer that will take place at various basilicas and locations around Rome. The exact details of those experiences are yet to be shared.

If we take a group to Rome, how do we get accommodation, meals, and transportation?

Should your diocese or eparchy or local group be working with a travel agency, those companies are able to book those elements of travel for or with you. If you are not going with an outside agency, diocesan/eparchial leaders may need to explore these options on their own as they would with any personal trip abroad.

Will there be any U.S. activities happening in Rome during the Jubilee?

The USCCB is not coordinating any U.S. events during any of the Jubilee celebrations.

What about the groups or ministries not included on the Jubilee calendar?

While the Holy See has designated a number of groups and ministries on their Jubilee calendar, not everything was included. However, in your local diocese or eparchy, or in collaboration with other dioceses, eparchies, or organizations, you can hold a special celebration for another population, ministry, or area of celebration in your local area. You can also celebrate the already-listed groups on alternative days, based on local circumstances.

For any additional questions, you are welcome to contact the following individuals on staff at USCCB:

- Marilyn Santos, Secretariat of Evangelization and Catechesis, msantos@usccb.org
- Paul Jarzembowski, Secretariat of Laity, Marriage, Family Life and Youth, pjarzembowski@usccb.org



Sto. Niño
Devotion
(every Friday
after the
12:10 p.m. Mass)

Judy Labaria Alma Raymundo Cathy Bohol Sheila Montemayor Anonymous



Black

Nazarene Feast Day January 9

Rosie Drapiza Lydia Cagampan Rene & Elsa Tuazon Celia & Paul Gravador



Our Lady of Perpetual Help Devotion

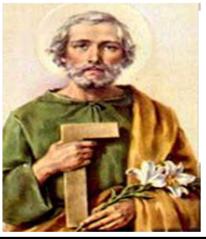
(every Tuesday after the 12:10 Mass)

Raya & Gamboa Families



San Lorenzo Ruiz First Filipino Saint (Sep 28)

Fe Macatangay Jeanette Chafe John & Gemma O'Donnell Evelyn Grande Mely Saavedra



Saint Joseph

Feast Day March 19

Xenia Villamejor





Ol. Anne

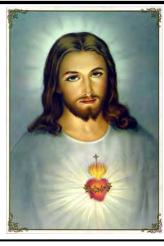
bestowed on St.
Anne such grace
that she was found
worthy to become
the mother of
MARY, who
brought forth
Your only
begotten SON.
Grant that we may
be helped by her
intercession.
Amen.

on the stock kind on

Sacred Heart

First Friday Schedule

4pm Holy Hour 5:15 Mass





OUR LADY OF FATIMA

Pray the rosary

The Graceful Chapter

Psalm 23

1 The LORD is my shepherd, I lack nothing.

2 He makes me lie down in green pastures, he leads me beside quiet waters.

3 He refreshes my soul. He guides me along the right paths for his name's sake. 4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. The Graceful Chapter

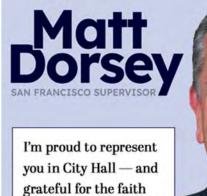
Yap Family



St. Patrick Charismatic Prayer Group

Charismatic & Healing Mass: Every 3rd Sunday at 2:00 p.m.





community we share at St. Patrick's. For help with city matters, feel free to call my office at (415) 554-7970 or email Matt.Dorsey@sfgov.org.

Best,

Monson

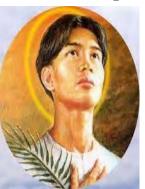


Our Lady of Guadalupe

Feast Day December 12



St. Pedro Calungsod 2nd Filipino Saint (April 2)



Elena & Mark Ramoran Gayapa Family,

Romeo & Antonina Real Family, Dan & Annie Lacap Family,

Jesus, Jr. & Malou Paningbatan, Vida Ventura.

Nenette Murata. Cristin Salangsang