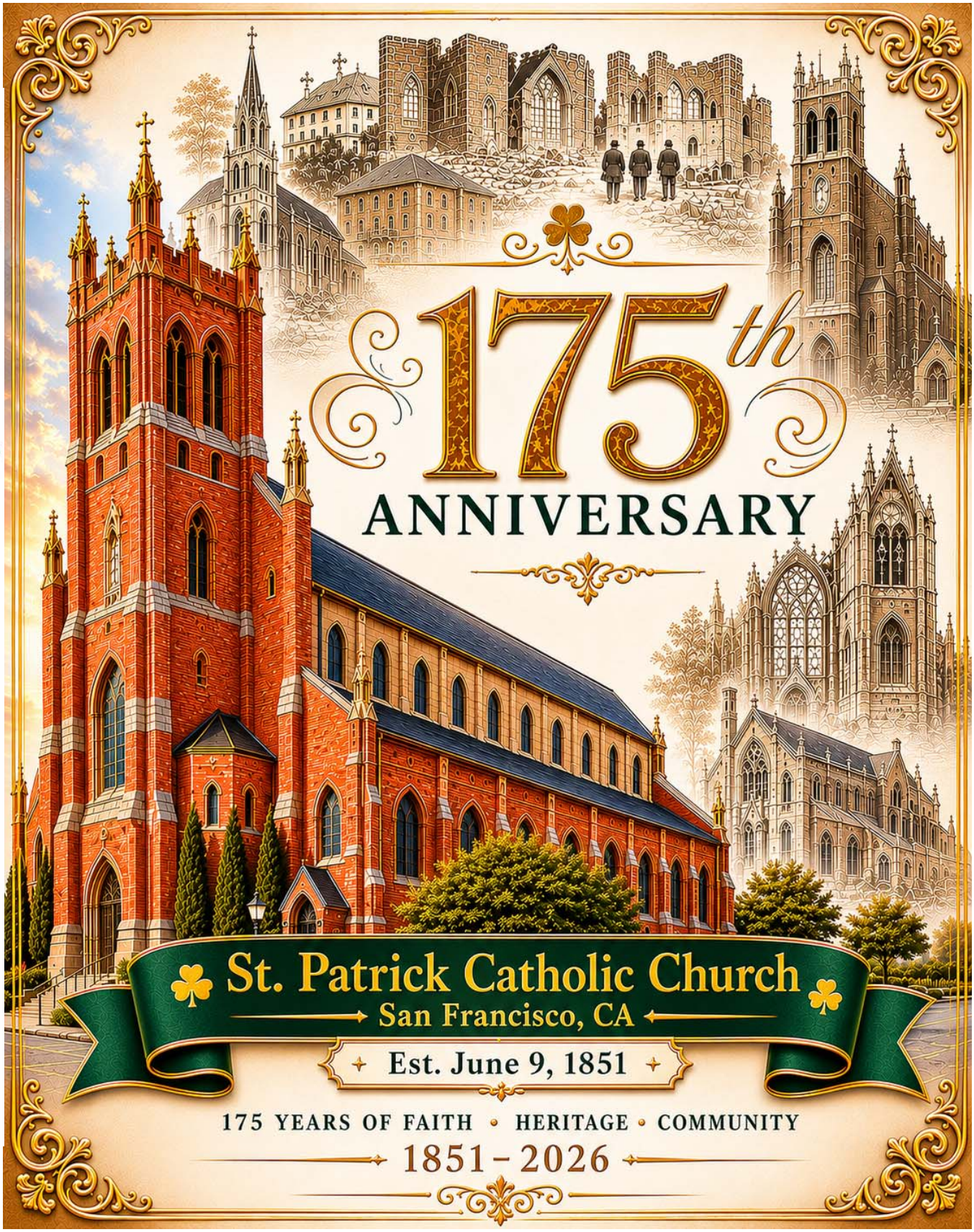
October 25, 2026 • Thirtieth Sunday in Ordinary Time



San Francisco's HISTORIC LANDMARK #4

756 Mission St. (between 3rd and 4th Streets) | San Francisco, CA 94103 | (415) 421-3730 | www.stpatricksf.org

Pastoral Staff

Rev. Andrew Spyrow - *Pastor*
Rev. Celestine Tyowua - *Parochial Vicar*
Rev. Bonifacio "Boie" Espeleta - *Parochial Vicar*
Deacon Ferdinand Mariano - *OCIA Coordinator*

Parish Staff

Charles Corpus - *Music Coordinator*
Nora Regaspi - *Office Manager*
Camelle Sudario - *Parish Receptionist*

Mass Times

Monday - Friday: *7:30 a.m., 12:10 p.m., 5:15 p.m.*
Saturday: *7:30 a.m., 12:10 p.m 5:15 p.m. Vigil Mass*
Sunday: *7:30 a.m., 9:30 a.m., 12:00 p.m., 5:15 p.m.*
Tagalog Mass: *1st Sunday at 2:00 p.m.*
Family Mass: *2nd Sunday at 12:00 p.m.*
Charismatic & Healing Mass: *3rd Sunday at 2:00 p.m.*

Parish Schedule

Parish Office Hours
Monday through Friday
9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 5:00 p.m.
Sacrament of Reconciliation (in the church)
Monday through Friday
11:30 a.m. –12:00 p.m.
Novena to Our Mother of Perpetual Help
Every Tuesday after the 12:00 p.m. Mass
Sacred Heart
First Friday of the month at 4:00 p.m..
Sto. Niño Devotion
Every Friday after the 12:00 p.m. Mass
Our Lady of Fatima
First Saturday of the month at 11:30 a.m.

Weekend Parking Special

Coming to church this weekend?
Save on parking in the Jessie Square Garage.
Get your **GREEN DISCOUNT TICKET**
Available from the Gift Shop
$3 PER HOUR FOR UP TO 2 HOURS!

Simply present your green ticket to the garage attendant **BEFORE** paying. Please note: Parking for more than 2 hours will void the discount, and the regular rate of $7.99 per hour will apply.

AAA Update

(as of 15 September 2026)

2026 AAA Goal	$43,252
Received	$31,103
Amount Remaining	$12,149
% of Goal	72%

God's Law and God's Love

The secret to our Sunday readings today lies in the Gospel Acclamation: "Whoever loves me will keep my word, says the Lord, and my Father will love him and we will come to him" (John 14:23). That single line from John's Gospel gets right to the heart of today's readings, reminding us of the intimate relationship between the law ("keeping God's word") and God's love. While human nature tends to resist burdensome rules, our readings show us the wisdom of God's plan that guides us with the rule of law. In Exodus, the law boldly prevents injustice, protecting the most vulnerable members of society. In Thessalonians, the law elevates our behavior and saves us from "the coming wrath." In Matthew's Gospel, the law swaddles us in God's compassion. In loving God, neighbor, and self, we imitate God and bring blessing to a fractured world.

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Breaking Bread Missal 2027



On November 29th,, the First Sunday of Advent, we will replace our 2026 Missals with the new 2027 Missals. We would be very grateful if you could share a sacrificial gift of $100 of your hard-earned money, especially during these difficult times. As an acknowledgement of your generous $100 tax-deductible contribution, your name will be printed on a bookplate and glued to the inside front or back cover of the Missal. If $100 is not possible, any amount, no matter how small, would be greatly appreciated. Look for envelopes in the weeks to come.

Halloween

Bring forth the raisins and the nuts—
Tonight All-Hallows' spectre struts
Along the moonlit way.
~ John Kendrick Bangs





Daylight Saving Time Ends

Daylight Saving Time ends ***next*** weekend. Don't forget to set your clocks ***back*** one hour before you go to sleep on Saturday night, so you'll be on time for Mass next Sunday.

Living God's Word

It is difficult to love, especially when we have been hurt by others. Ask the Holy Spirit to bring you the "fire of God's love." Call on the Spirit to deepen your awareness of God's love for you, shown by giving us life and the gifts of faith, hope, and love.

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Happy Birthday!!

Happy Birthday to our Parishioners
celebrating a birthday this week.

Roxy Martinez	10/25	Layla Marie Dispo	10/29
Leo Regalado	10/27	Febi Garside	10/29
Ma. Lourdes Sacay	10/27	Noel Sembrano	10/29
Gary Thomas	10/28	Nicole Guirre	10/30
Jinkee Amatorio	10/29	Alyssa Chand	10/31
Celina Francesca de Borja	10/29	Jerina Sunga	10/31

St. Patrick Church Lifetime Donors

You can still make a donation by going to our parish website: *www.stpatricksf.org*. On our homepage scroll down and click Online Giving. Create an account if you don't have one. Once you have created an account, please choose the Lifetime Donor option. We are asking a Lifetime Donor to donate a minimum of $20 a week or $80 a month. Your privacy and financial information are safe with us. And we recommend that you use your credit card for an easier and faster transaction.

Thank you for your generosity and support.

For more information,
email us at *information@stpatricksf.org*
or call us at 415-421-3730

We have 85 Lifetime Donors as of 16 July 2026

In Memory of Nicomedes & Juanita Abello
Cristina Agbayani
Marilou Alegre
Roberto Andrey
Kristen Ayer
Joy, Jen & Jackie Bandelaria
Eufemia Barcelona
Evelyn Bird
Dr. Beverly Lynn Bolinger
Maria Bravo
Mercedita Cadiz
Mamerto (Mc) Canlas
Manuel Casal
John & Judith Casper
Sandra Cea
Max & Josephine Chin
Felix Chang
Dan & Katya Coming
In Memory Of William Cotter, Jr.
Thelma Dancel
Evangeline Viray De Leon
† Rosalinda Del Rosario
Brian Dela Pena
Jiasmin Delago
Justin Edwards
Joycelyn Espanol
Conchita Fabros
Joseph & Maria Fang
Riz A. Novicio Fernandez
Familia Galindo Moreno Y Berziga
Lilian Gomez
Josefa Gonzales
Rodil,Ruby Gonzales & Children
Alvin Gonzalez
Therese Guintu
Norma Gumawid
Ina Howard
† Ponciano & Marlene Icatar
Georgina Jose
Kaiser Permanentesf, 4Center & Oncology
Agnes Kumi
Judy Neri Labaria
Tita Labaria
Dan And Annie Lacap
Eleanor Lawsin
Felicitas Locsin
Merly Lorete
Fe Macatangay
Beltran C Marces
Corazon Mariano
Loren Masangcay
† Dionisio Mendaros, Si Cora Cuison
Evelyn Mendoza
Rachelle Morales
Jeff & Nenette Murata
Vilma Nangca
Glorina Ochangco
Florentina Palacio
Jesus & Marilu Paningbatan
Jun & Emy Pasion
Joseph, Joshua, Jordan & Liam
Estrellita Perez
Naomi Quioco
Vince Ramirez
Lolita Ramos
Alma Raymundo
Hersie Rosales
Matthew Rothschild
Jaymie Lynn Santiago
Mario, Nelly, & Tracy Sarmiento
Estela Sullivan
Veronica Tayo
† Jo Tjin Thoy
Derek Tillotson
Precious & Ryan Tizon
Victoriano & Carmen Uchi & Family
Laura Vanmunching
Boying & Rosie Vasquez
Alden, Mercy Ventigan & Kids
Vida Ventura
Josephine Villa
Rianty Winarta
Edwin,Rosalie,Krista,Ezra &Juliana
Cielito Littaua Yoma
† Charlie A. Yparraguirre

An expanded color version of our printed bulletin, with online-only content, is available on our website: www.stpatricksf.org



October is Mother Mary's Month



The Rosary will be recited every day during the month of October before the 12:00 p.m. Mass.

Never will anyone who says his Rosary every day be led astray. This is a statement that I would gladly sign with my blood. ~ St. Louis de Montfort

*The Holy Rosary **is not** just a conglomeration of our Fathers and Hail Marys, But on the contrary it is a Divine Summary of the Mysteries of the Life, Passion, Death, and Glory of Jesus and Mary. ~ St. Louis de Montfort*

After the Divine Office and the Holy Mass, no homage is as agreeable to Jesus and His Divine Mother as the fervent prayer of the Holy Rosary, since the work of salvation began with the Angelic Salutation (Hail Mary) the Salvation of each one of us in particular is attached to this prayer. ~ St. Dominic

Catholic Prayer Corner

The Glorious Mysteries of the Rosary

(Recited as part of the Rosary on Wednesday and Sunday)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of the Blessed Virgin

At the end of the Rosary, the "Hail, Holy Queen" or the "Prayer after the Rosary" may be added.

Born to Love

We were born to love, we live to love, and we will die to love still more.

~ Joseph Cafasso

Mass Intentions for Oct 25 – 31

Date	Time	Intention
Sunday 25	7:30 a.m. 9:30 a.m. 12:00 p.m. 5:15 p.m.	FH Joey & Bigred SI All Parishioners Of St. Patrick FH Alicia & Ryan SI Kenneth Kirby
Monday 26	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Kenneth Kirby'S Grandkids † Asterio Felix Navasca, Jr BD Stephen Sun
Tuesday 27	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Marilyn & Lorenzo Sumulong † Lourdes Villanueva FH Joey & Bigred
Wednesday 28	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Kenneth Kirby FH Alicia & Ryan SI Kenneth Kirby'S Grandkids
Thursday 29	7:30 a.m. 12:10 p.m. 5:15 p.m.	TG Cecilia Abaoag BD Jacqueline Beck FH Alicia & Ryan
Friday 30	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Kenneth Kirby FH Joey & Bigred SI Kenneth Kirby'S Grandkids
Saturday 31	7:30 a.m. 12:10 p.m. 5:15 p.m.	TG Fe Macatangay † Amancio Sun BD Luisa Jereza

Religious Education Classes

The staff and catechists of St. Patrick Church are dedicated to helping your children grow in faith and be closer to God. As parents, you are the primary educators of your children and are their best teachers. Your children learn the most from the example you set when you pray together and actively participate in Mass and the sacraments as a family.

Our Religious Education Program is designed to assist you in the faith formation of your children. First-time students must provide a valid baptismal certificate. Classes began on Saturday, September 12th and run through May. Class hours are from 10:00 - 11:00 a.m.

Are You Someone or Do You Know Someone Who…

- ...has expressed an interest in becoming Catholic?
- ...has a child over the age of seven who has not been baptized?
- ...was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

The Order of Christian Initiation for Adults (OCIA) is an opportunity for you to come together in a small group to learn more about the Catholic faith. Sessions focus on the teachings and experience of Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights, and your faith story in a warm accepting setting. For information please contact the parish office during normal business hours.

École Notre Dame des Victoires Open House

École Notre Dame des Victoires (NDV) is a Catholic Elementary & Middle School, Transitional Kindergarten (TK) through eighth grade. Our co-ed school features strong academics, enrichment classes, and daily French language instruction located in the heart of downtown San Francisco. Please contact the Director of Admissions by email at admissions@ndvsf.org or schedule a weekday school tour. NDV is also hosting its annual Open House on Thursday, October 20, 2026. For more details, visit www.ndvsf.org.

Love of God

It's easy to tell when two people love each other. They like to be near each other and spend time together. They share intimate thoughts and feelings. They enjoy making each other happy. And knowing that they are loved allows them to reach out to other people and treat them with love and respect.

In this Sunday's Gospel Jesus tells us that the greatest law is to love God with our whole heart and soul and mind. What does it mean to love God? Certainly it means spending time together by reading and reflecting on God's holy word. It also means sharing our thoughts and feelings with God in prayer and listening for God's voice. Where do we go to be close to God? We join God's people in worship in the church, rest in God's presence in the Blessed Sacrament, discover God in the wonder of creation and the miraculous moments of daily life. What can we do to make God happy? How do we, like the Thessalonians, "serve the living and true God" (1 Thessalonians 1:9)?

Love of Neighbor

The reading from Exodus makes it very clear that we serve God by serving those who are oppressed or in need. Jesus makes it more personal—we are to love our neighbors. That means those with whom we work and play and live. When we spend time with God we can't help but experience God's great love for us. And knowing that we are loved by God should make it easy to reach out in charity and justice to our neighbors both near and far away.

Thus, love of neighbor flows naturally from those who love God. We cannot truly say that we love God unless it shows in loving relationships and compassion to those in need. At the same time, we cannot maintain our love of neighbor unless we take time to drink from the wellspring of God's refreshing love.

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No Fooling

You may fool those who work above you;
you may fool those who work around you;
but you will rarely fool those who work under you.

~ Anonymous





Inclusive Love

Love of our neighbor is included in the love of God.

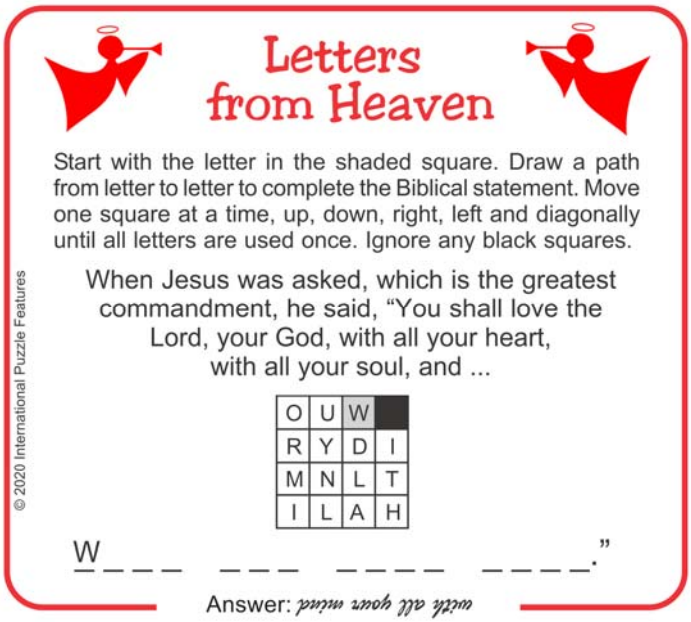
~ St. Thomas Aquinas

Character

Character is much easier kept than recovered.

~ Thomas Paine



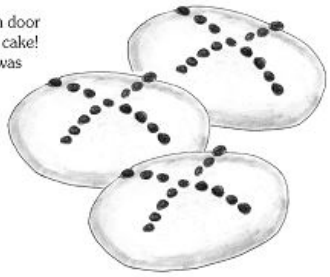

Letters from Heaven
Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.
When Jesus was asked, which is the greatest commandment, he said, "You shall love the Lord, your God, with all your heart, with all your soul, and ...
O U W
R Y D I
M N L T
I L A H
W _ _ _

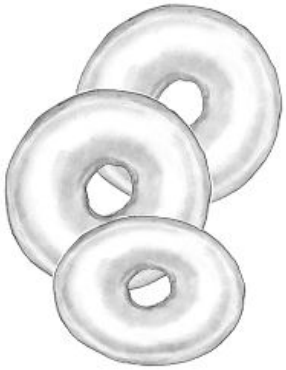
Catholic Corner

ALL SOULS

Next Monday, November 2, is All Souls Day, a time to remember all people who have died. Around the year 1030, St. Odilo, abbot of the monastery of Cluny, chose this date for the monks of his community to say prayers, make sacrifices, and give alms in memory of the dead.

A long time ago in England, people went from door to door on this day singing, "Soul, a soul, a soul cake! Please, good missus, a soul cake!" This custom was known as "going a-souling." Some people think this is how the custom of trick-or-treat probably started. The person who answered the door handed the singers a small cake, sometimes with a list of the names of family members who had died, asking for prayers in exchange for the cakes.





Ask an adult to help you check the Internet for a soul cake recipe. You might decide to bake or buy some soul cakes (or you can use doughnuts instead) to share on All Hallows Eve (Halloween) or on All Souls Day (November 2). As you eat your soul cakes, you can share stories of the people you know who have died. Remember to say a prayer thanking God for those people and for all the love they shared with you.

Folk once went from door to door
and begged for one sweet cake;
in turn a prayer would offer for
a soul the Lord did take.

The Little Ones

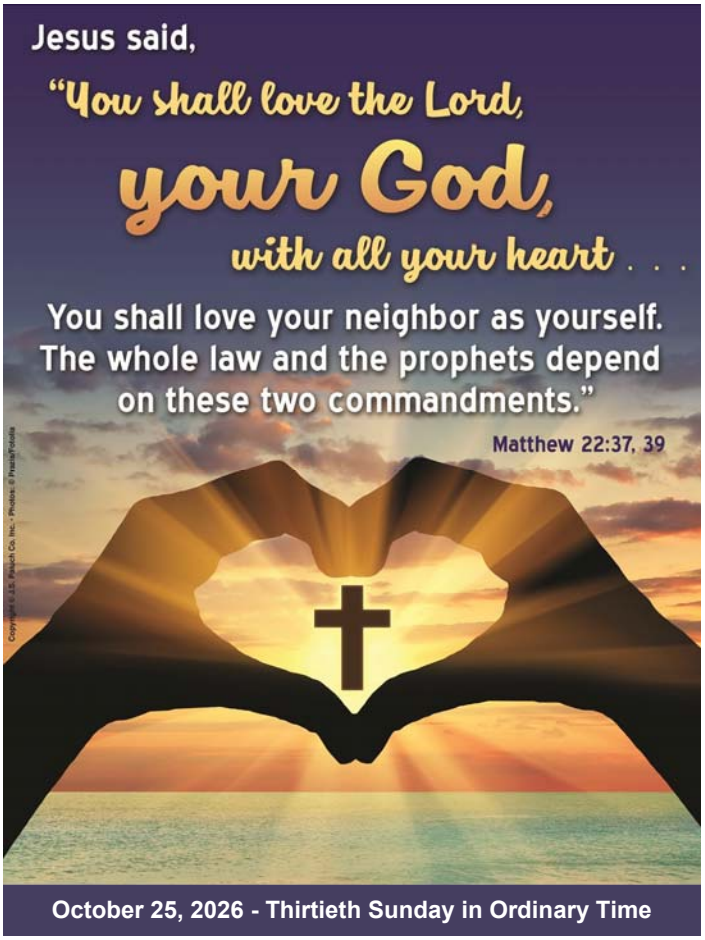
Jim Burrows



Jesus said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself." Mt 22:37-39

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Scripture from the *New American Bible, rev. ed.* © 2010, 1991, 1986, 1970, CCD. Used with permission.



October 25, 2026 - Thirtieth Sunday in Ordinary Time

Pastor Al™



"I'm sorry you have albs with no pockets, but your hood is really not the place to keep candy corn."

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Living Justly

"You give that back right now!" How many of us have heard that line, probably more than once, as we were growing up? We come home with the trophy of what we thought was a really sweet deal, only to have our parents undo our profits by making us return the spoils. They had a different idea of what constituted a "fair trade agreement." Justice in our dealings with others continues to be an important measure of our character, and like a good parent, God cares very much about how we treat each other and about how others treat us. God hears the cry of the poor, and answers the call of the oppressed. God's beloved children are not to behave like bullies.

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Treasures From Our Tradition

Sadly, one of the most difficult reforms of the Second Vatican Council for the Church to embrace has been one of the most thorough and beautiful: the sacrament of penance. Because it is individual and private, it has been difficult for the changes to take root. Sometimes a priest may be grounded in the earlier form, and at other times the penitent may resist the priest's attempt to blend in the proper texts and rituals.

Perhaps because the new form is almost identical in structure to the old, it has been difficult to insititute. It may also be true that with the liturgy in English now, it is far more clear that the Eucharist, too, is a "sacrament of reconciliation."

It is certainly true that there are different skills and gifts in ministry, and experienced penitents know that not all priests are equally at ease in this sacramental encounter. Sometimes a difficult experience can drive people away from a liturgy that is spiritually rich and rewarding. Yet we know that one bad meal seldom puts people off restaurants forever: the dinner gong tends to dispel bad memories, and so we try again. Individual confession and absolution is for us both treasure and tradition. If you haven't been for a while, consider coming back to praise God for this gift of mercy.

~ Rev. James Field, Copyright © J. S. Paluch Co.

Balance

Today's scriptures emphasize the fundamental link between love of God and love of our neighbors, especially those who are most in need. Love of God should compel us to love the people whom God cherishes. Conversely, work for justice and charity for those in need should be rooted in our love of God.

That connection and balance, however, isn't always easy to maintain in our lives. Even in religious orders we find that some Christians are more oriented toward contemplation and prayer, while others are more active in reaching out to those who are oppressed. Today Jesus reminds us of the necessity for both in the life of faith.

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Treasures From Our Tradition

This week we have in All Souls' Day a commemoration that is linked to the Halloween customs. The big-spending sugar shock holiday is a long way removed from Thursday's grateful remembrance of the souls who are hidden from our sight, but alive to Christ. Old pagan superstitions might find us holding our breath when going by the graveyard, whereas others might actually go to the cemetery to tend the family graves, to share good food, and remember dear ones. Nowhere does a culture embrace this day as fully as in Mexico. The "Day of the Dead" is a national holiday that unfolds over three full days.

For three thousand years, the indigenous people of Mexico have been mocking death in an annual festival, and the invading Spaniards were shocked at the spectacle. To the Aztecs, life was a dream, and death was the entry into full life. Skulls were thus a symbol of joy and release from life's sorrows. The missionaries found all this a bit creepy, but they moved the three-day feast from August to synchronize it with the Christian calendar. So today, graves are decorated, altars are built in the home to honor the family dead, children feast on candy skulls, and people dress up in elaborate skeleton outfits. The devout spend hours in the cemetery, and there is a lively sense of the communion of saints, the living and the dead.

~ Rev. James Field, Copyright © J. S. Paluch Co.





Thirtieth Sunday in Ordinary Time

Love your neighbor. It sounds so simple. Yet it is not always easy to accomplish. Many things get in the way of taking this commandment to heart. Sometimes, it is *things* that get in the way, but more often, *we* get in the way. We tend to see things through our own perspective, rather than considering the other person's point of view. In our interactions with others, we often fail to truly listen, focusing instead on our next response or point to be made. We say we love our neighbor, right up to the point at which doing so requires some sacrifice of time, attention, or financial support, and then suddenly, a thousand reasons for keeping to ourselves emerge. Jesus knew this when he summed up the great commandments of loving God and neighbor. Notice what he said about this: "You shall love your neighbor as yourself."

Love God

"You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind" (Matthew 22:37). In this greatest and first commandment, Jesus describes deep and intentional love of God. Like the Thessalonians to whom Saint Paul wrote, we are to turn away from anything that could become an idol, anything that takes first place in our lives ahead of God. Loving God so completely calls us to place our lives in the heart of God, assured that when we do, all will be well. When we love God with all our heart, soul, and mind, we gradually learn to see the world and all people through the eyes of God, who is love.

Love Neighbor

When God gave the covenant to Moses, the commandments of loving God and neighbor were clear, including what love of neighbor is all about. For example, "You shall not molest or oppress an alien, for you were once aliens yourself in the land of Egypt" (Exodus 22:20). In other words, care for the least among you; their struggles are not so different from your own. And remember, they are precious in God's sight, as are you. All are held in love by our good and gracious God. Jesus is the ultimate sign of God's love, and the perfect model of what it means to love God. Jesus teaches that real love requires sacrifice. There are moments when loving our neighbor requires us to put the other person first. No longer is it just nice to help the person who is poor, ill, lonely, in prison, homeless, or grieving. It is necessary. Their need is greater than our own. Failing to meet the person in his or her need is to ignore our very self. To love God is to love our neighbor; to love others is to love God, in whose image all are made.

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Feast of Faith

The Sound of Communion

The priest receives Holy Communion, and then there is movement, a bustle of activity, as we prepare to join the Communion procession. This holy meal does not happen in silence! Instead, we sing together even as we rise and move forward in procession to the altar. We must change and move to receive the Eucharist, and fittingly so, since the Eucharist is transformative—it demands action of us, internal as well as external. We do not receive the sacrament in silence, but with a dialogue that is also a profession of faith: "The Body of Christ." "Amen." "The Blood of Christ." "Amen." We acknowledge the real presence of Christ in the Eucharist with our "Amen" of faith, but more, our "Amen" is also a prayer that we may become what we receive, the Body of Christ, living and active in the world. We receive him not that he may become a part of us, but that we may become a part of him—part, too, of all the others who receive him, the whole communion of believers.

Corinna Laughlin, © Copyright, J. S. Paluch Co.

Who Can Receive Communion?

The Holy Eucharist is the most important of the seven sacraments because, in this and in no other sacrament, we receive the very body and blood, soul and divinity of Jesus Christ. Innumerable, precious graces come to us through the reception of Holy Communion. Communion is an intimate encounter with Christ, in which we sacramentally receive Christ into our bodies, that we may be more completely assimilated into his. "The Eucharist builds the Church," as Pope John Paul II said (*Redemptor Hominis* 20). It deepens unity with the Church, more fully assimilating us into Christ (1 Cor. 12:13; CCC 1396). The Eucharist also strengthens the individual because in it Jesus himself, the Word made flesh, forgives our venial sins and gives us the strength to resist mortal sin. It is also the very channel of eternal life: Jesus himself.

In John's gospel, Jesus summarized the reasons for receiving Communion when he said: "Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is real food, and my blood is real drink. He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who eats me will live because of me. This is the bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live forever" (John 6:53–58).

Because of the gravity of Jesus' teaching on receiving the Eucharist, the Church encourages Catholics to receive frequent Communion, even daily Communion if possible, and mandates reception of the Eucharist at least once a year during the Easter season. Before going to Communion, however, there are several things one needs to know.

Living Justly

"You give that back right now!" How many of us have heard that line, probably more than once, as we were growing up? We come home with the trophy of what we thought was a really sweet deal, only to have our parents undo our profits by making us return the spoils. They had a different idea of what constituted a "fair trade agreement." Justice in our dealings with others continues to be an important measure of our character, and like a good parent, God cares very much about how we treat each other and about how others treat us. God hears the cry of the poor, and answers the call of the oppressed. God's beloved children are not to behave like bullies.

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Treasures From Our Tradition

There is a show on public television in which people search their attics for heirlooms, dust them off, and trek them downtown for ruthless evaluation by teams of antique experts. Occasionally the owners are surprised to learn they have been harboring priceless artifacts: a Tiffany bowl used to catch the car keys, a Van Gogh in the downstairs bathroom. What they lugged downtown in a paper bag, they carry home in bubble wrap and receiving blankets.

It's the same way with treasures in Church life. Lots of things were lugged up into the attic years ago, and it was inevitable that some treasures ended up in the trash. Many Catholics tucked the sacrament of penance away in a dusty corner. We know it's there if we need it, but it is not the weekly routine it once was, like the Saturday bath "whether I need it or not." Today, especially in Lent and Advent or as part of personal preparation for marriage, ordination, or other life transitions, the sacrament of penance is a treasure of the Christian life waiting to be discovered. What's in your attic?

~ Rev. James Field, Copyright © J. S. Paluch Co.

Love Shows in Action

Do you receive the word of God with joy as the Thessalonians did? Their faith showed in their actions. They became models for other believers.

The first reading tells us to put our faith into action. This passage is part of a long list of ordinances God commanded the Israelites to observe. God will judge us by how we treat our neighbors. God will hear the cries of any whom we neglect or mistreat and will come to their defense.

In today's Gospel the Pharisees put the question of God's law to Jesus. "Which commandment of the law is the greatest?" (Matthew 22:36) How could he possibly choose from all the detailed commandments the Jews observed? He was sure to offend somebody by his answer! Of course, Jesus went right to the heart of the matter. Love is the greatest commandment—love of God and love of neighbor. Everything else is based on this.

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Reflecting on God's Word

In an article on "successful aging" (*New Theology Review*, November, 2010), Dr. Lawrence M. Lenoir proposes that the art of giving and receiving love is at the heart of growing old gracefully. Research shows that being in a loving relationship quiets the demons of depression and despair. So, if you want to be healthy, be loving. Jesus would agree.

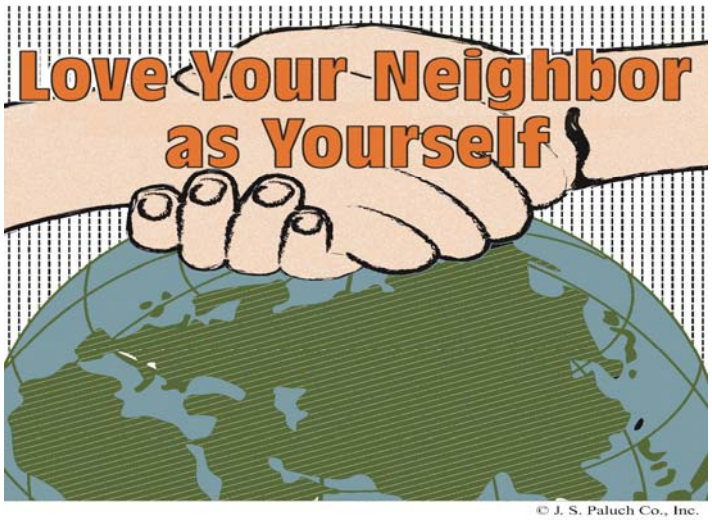
The rabbis of Jesus' day argued about which was the greatest commandment of the six hundred thirteen in the Torah. When the Pharisees asked Jesus, he answered that what God wanted most from the chosen people who had been liberated from slavery and called to live in a covenantal relationship was a return of the love God showed to them. This love has two faces: loving God totally and loving one another as one loves oneself.

Loving is a contagious activity. If you are loved, you tend to be loving. Paul is sounding this note when he writes to the Thessalonians about how they became imitators of him and his fellow evangelizers Timothy and Silvanus, and of the Lord himself, receiving the word and living in faith, joy, and love for each other, because they believed in God's love for them, revealed in Christ.

Our love must flow outward in compassionate generosity. The Lord called on Israel to show its love by not oppressing aliens, not wronging weak orphans and defenseless widows, and not extorting the poor by demanding interest on loans. No less is asked of those who have received the Holy Spirit and live in community with the Father, Son, and Holy Spirit. That's us. Love one another.

~ James A. Wallace, C.Ss.R.

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Living Justly

"You give that back right now!" How many of us have heard that line, probably more than once, as we were growing up? We come home with the trophy of what we thought was a really sweet deal, only to have our parents undo our profits by making us return the spoils. They had a different idea of what constituted a "fair trade agreement." Justice in our dealings with others continues to be an important measure of our character, and like a good parent, God cares very much about how we treat each other and about how others treat us. God hears the cry of the poor, and answers the call of the oppressed. God's beloved children are not to behave like bullies.

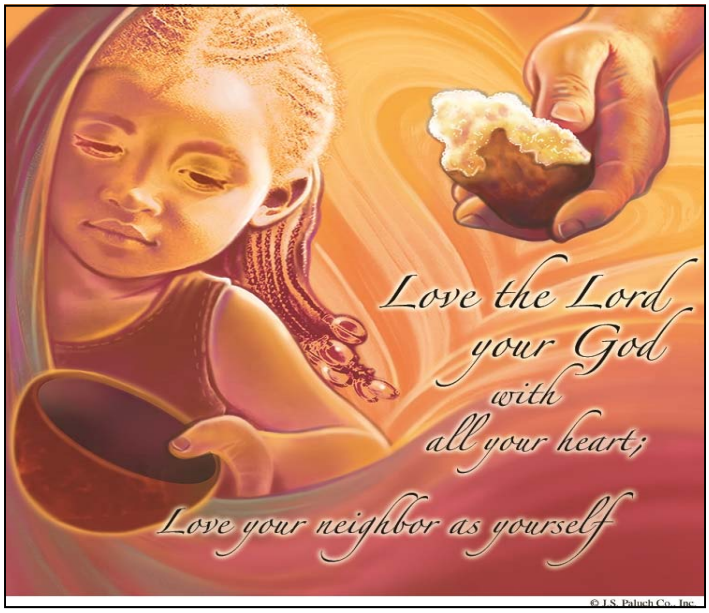
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Wholehearted

Love God with the whole of your being, and love your neighbor as you love yourself. We have heard these words so many times before. How easy they are to say, and how difficult to do. Yet Jesus insists that all religious laws and rituals, the witness of holy people such as the prophets and saints and everything else we associate with faith, rests entirely on these two commandments.

Not long ago, a woman named Carla could not sleep one night. She watched TV and then, still restless, she opened her Bible and came upon the two greatest commandments. She thought intently about Jesus' words and realized, guiltily, how many things and people and issues often displaced God in her life. Because of health issues, she had recently lost about fifty pounds, but she still hid behind baggy clothes and believed herself not good enough. Complicating it all for Carla was a rather rigid religious upbringing, in which her parents had emphasized sin and a God who judges harshly. In the silence of the night, Carla looked again at Jesus' words and saw the commandment was to *love* God, *love* neighbor, *love* self. The common thread was love. Not a word about sin, unworthiness, or judgment. Carla felt as if a great light was shining inside her, and she went to bed and fell asleep immediately. The next morning Carla opened her Bible and read the words again. What struck her were the words "love your neighbor *as yourself*." Carla equated self-love with selfishness and pride. If she didn't love and accept herself, how could she love God or anyone else? So began a new path for Carla, in which she prayed gratefully every day for God's love and made lists of all she was grateful for about herself. Step by step, she changed.

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Thirtieth Sunday in Ordinary Time

"You give that back right now!" How many of us have heard that line, probably more than once, as we were growing up? We come home with the trophy of what we thought was a really sweet deal, only to have our parents undo our profits by making us return the spoils. They had a different idea of what constituted a "fair trade agreement." Justice in our dealings with others continues to be an important measure of our character, and like a good parent, God cares very much about how we treat each other and about how others treat us. God hears the cry of the poor, and answers the call of the oppressed. God's beloved children are not to behave like bullies.

The Law and the "Profits"

Laws are for people who don't know how to love. That would be all of us at one time or another. We need laws to guide us to do the right thing when we are incapable of acting or thinking in a loving way. But love is better. If we loved perfectly, there would be no need for laws. If we loved God perfectly, we would not hurt or harm our neighbor, because we would see in our neighbor's face the face of our Beloved.

If we allowed our whole being to be possessed by God, our whole heart, soul and mind— or as it is put in classical theology, intellect, memory, and will—then we would know what was right and how to treat our neighbor. Not only would we *know* what was right, we would want to do that thing and would love the other person enough to do it joyfully, for the sake of God.

Compassion and Justice

Because we are not perfect in love, or anything else, Jesus came with great love to teach us how to love. With great compassion, he showed us how to treat one another, both in his teaching and in his life, death, and resurrection. We have before us many examples of those who have lived this law of love and life. The Thessalonians in their great faith under difficult conditions were an example to others in their own time. Exodus gives us many examples of ways in which we are to treat others with justice and compassion: we are not to deprive another of his or her only shelter from cold; we are to use our financial resources to help and not to oppress others. These are just a few examples. The law cannot cover everything. Only love can teach us what we are to do. Only love.

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God's Word Today

The first two readings today help us answer a question that might arise from the reading of the Gospel. In the Gospel Jesus sums up the whole of Jewish law and the prophets with two commandments: Love God with all your heart and love your neighbor as yourself. If one asks, "How do I go about loving God and neighbor?" look no further than what is described in the first two readings. The book of Exodus issues directives dealing with the fair treatment of others. Saint Paul tells us simply to be imitators of the Lord. Our professed love for God and for others should be matched with action. We are called to place the needs of others before our own. This is obviously at the heart of Christian living. As the sacred word is proclaimed today let us ask for the strength to love God and neighbor more deeply.

From Saint Margaret Sunday Missal,
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A vocation is a grace. By its nature it presupposes and requires that a voice should be heard - the voice of the Father through Christ and in the Holy Spirit, the wonderful invitation: Come! *~ Pope Paul VI*

The Diamond Rule

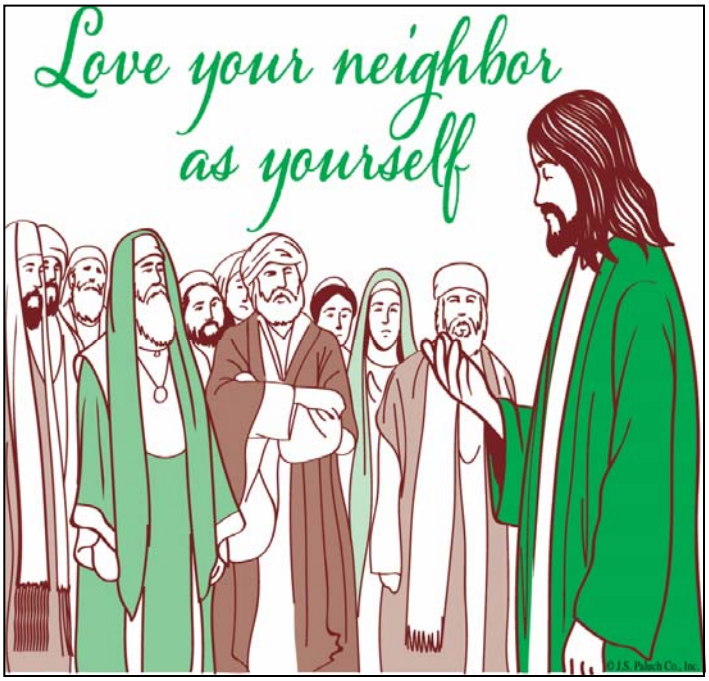
When I hear the line from the first reading about not molesting or oppressing an alien, I think of the movie *E.T.*, in which the children help the extraterrestrial just because he needs help. What the reading calls aliens are immigrants or newcomers. They lived among the Hebrews but were not Jews themselves. The Lord reminds the people that they were once aliens themselves. They should not make the same mistake the Egyptians did when they mistreated the Israelites. God uses the same logic in commanding them to take care of widows and orphans. Treat them like family, or else your own wives and children will be in the same situation. Immigrants, widows, orphans, borrowers—all must be treated with compassion.

The reason for such compassion should be deeper than just fear of punishment. "Do to others as you would have them do to you," Jesus said (Luke 6:31). Today's Gospel has a similar saying: "You shall love your neighbor as yourself" (Matthew 22:39). Jesus called this the second commandment. The first is to love God wholly and completely, heart, mind, and soul. If the second commandment is the Golden Rule, the first might be called the Diamond Rule. If you think about it, in order to keep the first commandment, you have to be keeping the second as well.

Jesus said that whatever you do for the poor, the homeless, the sick, or prisoners, you do for him (Matthew 25:31–46). Mother Teresa could see Jesus in the poorest of the poor. Jesus himself showed compassion even to sinners. We can't really say we love God if we don't love the people God created.

So that gives us two reasons to love our neighbor. First, because God lives in other people, so loving God means loving God wherever God is found. Second, God loves them, so if we are to be holy, we must be like God. What does that mean? Remember the saying that "charity begins at home"? That is only true because it is easier to love family and friends, but charity doesn't end there. If we truly love God, we will extend our charity to those outside our homes. People are probably still rebuilding after the earthquakes in Japan, tornadoes in America, floods in India, and other disasters, and every city has some kind of homeless shelters. You say you love God? Let's see you love your neighbor.

Tom Schmidt,
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Everyone is invited
to join the monthly

Charismatic

and

Healing Mass



ST. PATRICK
CATHOLIC CHURCH

756 Mission St.
San Francisco, CA

Every Third Sunday of the Month
at 2:00 p.m.

IMMIGRANT KNOW YOUR RIGHTS



IN THIS COUNTRY, EVERY INDIVIDUAL HAS RIGHTS, REGARDLESS OF THEIR COUNTRY OF ORIGIN, RACE, LEGAL STATUS, NATIVE LANGUAGE, RELIGION, SEXUAL ORIENTATION, OR GENDER IDENTITY.

1. **THE RIGHT TO NOT OPEN THE DOOR**
   Ask for warrant under the door; verify details first.

2. **THE RIGHT TO REMAIN SILENT**
   Give only your name; speak with an attorney present.

3. **THE RIGHT TO MAKE A PHONE CALL**
   Call your attorney or family; keep a number ready.

4. **THE RIGHT TO A HEARING BEFORE A JUDGE**
   You can ask for a judge to hear your case.

5. **THE RIGHT TO HAVE YOUR PHYSICAL INTEGRITY RESPECTED**
   No one can abuse you physically or verbally.

6. **THE RIGHT TO NOT SIGN ANY DOCUMENTS**
   Only sign documents with attorney approval.

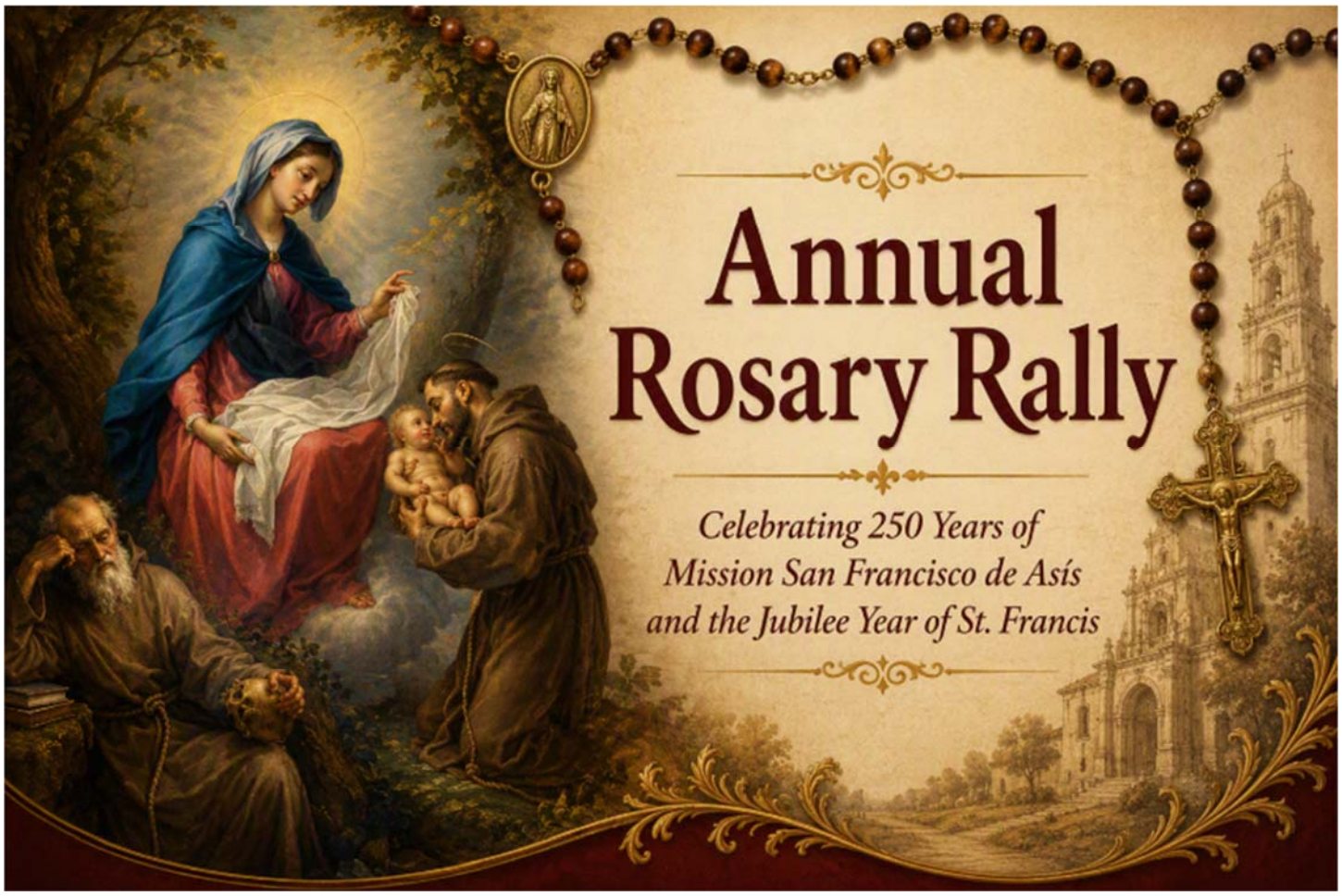
7. **THE RIGHT TO EVALUATE WHETHER YOU QUALIFY FOR ANY IMMIGRATION PROCESS**
   Ask an attorney if you qualify for relief program.

ADDITIONAL RIGHTS

There are additional laws and policies in place for Immigrant Tenants and Workers in CA. To learn more, please contact us!

SCAN THE QR CODE TO LEARN MORE ABOUT YOUR RIGHTS AND RESOURCE INFORMATION FOR SUPPORT.

(415) 552-5637 | www.somcan.org | info@somcan.org



ANNUAL ROSARY RALLY

Schedule

9 a.m.

Rosary Procession

from Mission Dolores Basilica to the Cathedral of St. Mary of the Assumption

10:00 a.m.

Reconciliation and Veneration

Sacrament of Reconciliation and veneration of relics of St. Francis of Assisi at Cathedral of St. Mary of the Assumption

11:00 a.m.

Celebration of Mass

Mass celebrated by Fr. Bobby Barbato, OFM Cap. at Cathedral of St. Mary of the Assumption

ALL ARE WELCOME!

Date: Saturday, October 17
Time: 9:00 a.m. – 12:30 p.m.



You Are Cordially Invited

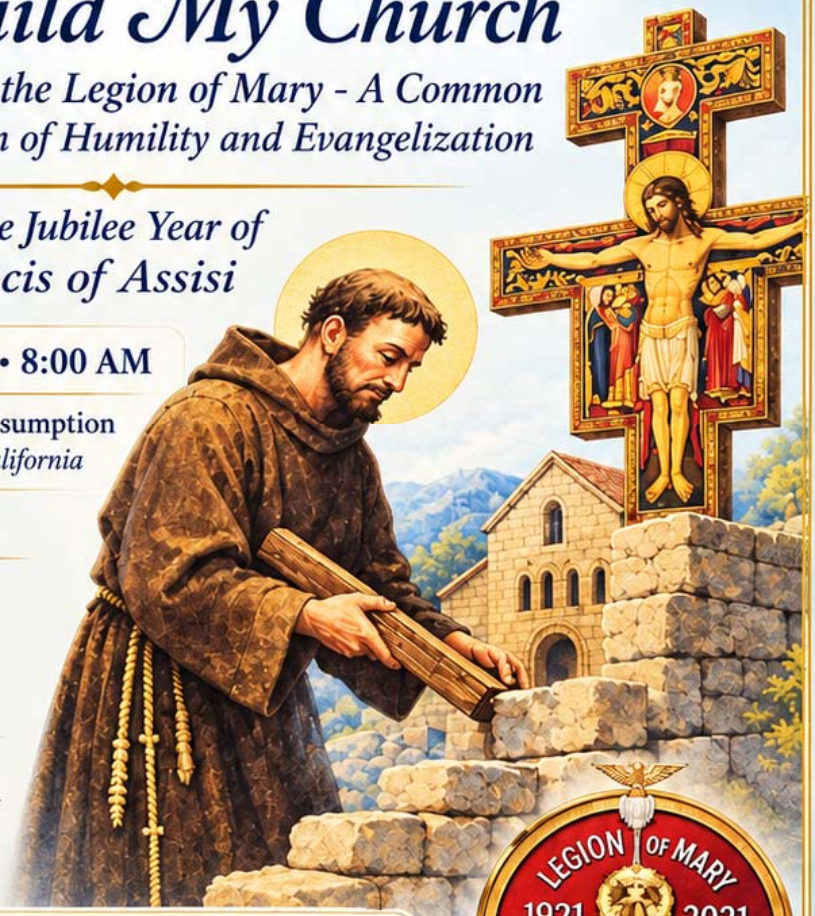
12th Annual

LEGION OF MARY CONFERENCE 2026

"Rebuild My Church"

Saint Francis and the Legion of Mary - A Common Mission and Vision of Humility and Evangelization

In honor of the Jubilee Year of Saint Francis of Assisi



Saturday, October 24, 2026 • 8:00 AM

Cathedral of Saint Mary of the Assumption
1111 Gough Street • San Francisco, California

Mass Celebrant & Homilist

Rev. Father Erick Villa
Pastor, Cathedral of Christ the Light
Diocese of Oakland

Keynote Speaker

Rev. Father Victor Trinidad
Parochial Vicar, Saint John the Baptist Catholic Church
Diocese of San Jose

LEGION OF MARY 1921 2021 100 YEARS

Conference Donation: $10.00
Complimentary Coffee and Breakfast • Bring You Own Lunch

For more information, contact:
Bro. Ando Perlas
(650) 270-0455

Or visit our website:
www.sfsenatus.com

Hosted by the

Legion of Mary – San Francisco Senatus
and Northern California Councils



FILIPINO CATHOLIC COMMUNITY
2ND ANNUAL MEMORIAL MASS

HOLY CROSS CEMETERY

Mausoleum Chapel, 1500 Mission Road, Colma, California

Saturday | October 31, 2026 | 11:00 AM

Main Celebrant:

REV. LEANDRO P. CALINGASAN

Parochial Vicar, St. Francis of Assisi Parish



Choir:

FILIPINO-AMERICAN MINISTERS OF MUSIC & ARTS (FAMMA)

Reception to follow after the Mass.

HOSTED BY:

ARCHDIOCESE OF SAN FRANCISCO
FILIPINO MINISTRY

RSVP TO: filipinoministrysf1@gmail.com

ARCHDIOCESE OF
SAN FRANCISCO
FILIPINO MINISTRY













COME JOIN THE ANNUAL PAROL-MAKING WORKSHOP

NOVEMBER 14, 2026
9 AM - 3 PM

Star of the Sea Parish Hall
4420 Geary Blvd., San Francisco, CA 94118

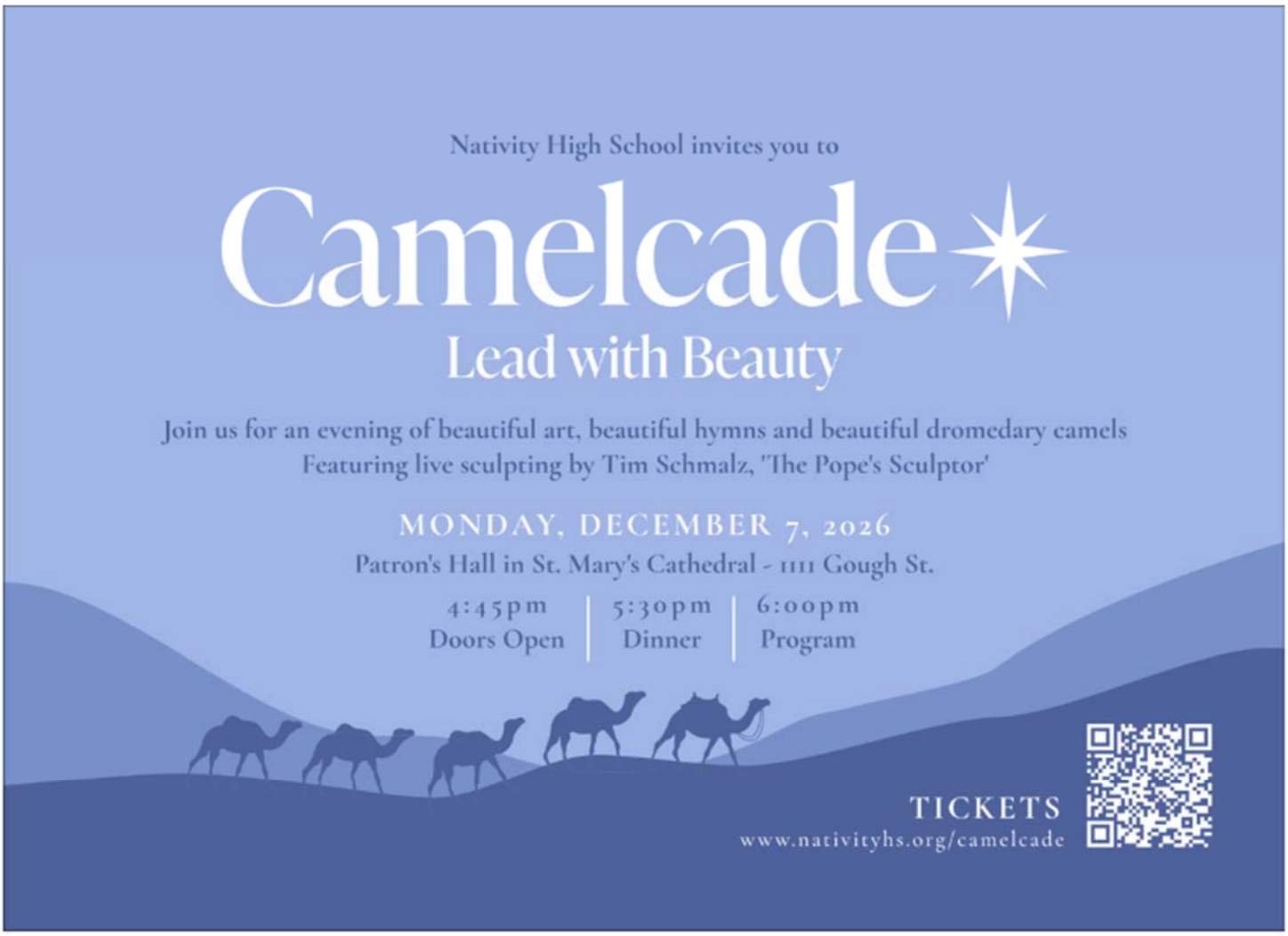
Breakfast and Lunch included

15" Parol Kit - $15 each
Fairy lights and bulbs are sold separately

Please pay at the event by cash, or check— payable to: MC Canlas

Save your spot! Text: Estrelle Chan (415) 336-9193

www.FilipinoMinistrySF.Org



An Evening of Art, Music, and Inspiration

Nativity High School warmly invites you to **Camelcade 2026: Lead with Beauty**, an unforgettable evening celebrating the transformative power of beauty in education, faith, and community.

Join us for an elegant gathering featuring beautiful art, inspiring hymns, and even live dromedary camels. The evening will also showcase live sculpting by renowned artist **Tim Schmalz**, internationally known as *"The Pope's Sculptor."*

Event Details

📅 **Monday, December 7, 2026**
📍 **Patron's Hall, St. Mary's Cathedral**
1111 Gough Street, San Francisco, CA

Schedule

- 4:45 p.m. – Doors Open
- 5:30 p.m. – Dinner
- 6:00 p.m. – Program Begins

Simbang Gabi
Commissioning Mass

Friday | December 11, 2026 | 6:00 PM

ST. CECILIA CATHOLIC CHURCH

2555 17th Avenue
San Francisco, CA 94116

Main Celebrant:

Most Rev. Bishop Andres (Andy) C. Ligot, JCD

Auxiliary Bishop of the Diocese of San Jose

Concelebrants:

Priests of the
Archdiocese of San Francisco

Reception to follow after Mass

Hosted by:

ARCHDIOCESE OF
SAN FRANCISCO
FILIPINO MINISTRY

For inquiries or to RSVP, contact: filipinoministrysf1@gmail.com

RESPECT LIFE ESSAY CONTEST 2027

St. Joseph
PROTECTOR OF THE HOLY CHILD

ESSAYS DUE FRIDAY, JANUARY 22ND, 2027

For all students in grades K-12 in public school, Catholic school, and home school in the Archdiocese of San Francisco.



For Essay instructions, visit
sfarch.org/essay-contest

ARCHDIOCESE OF SAN FRANCISCO | Office of Human Life & Dignity

Because *Women Deserve Better than Abortion.*®

WALK *for* LIFE WEST COAST

23RD ANNUAL



SATURDAY, JANUARY 23, 2027 • CIVIC CENTER PLAZA • SAN FRANCISCO

Rally: 12:30PM
CIVIC CENTER PLAZA
Info Faire: 11:00AM
Saturday, January 23, 2027

Walk for Life™ WEST COAST
ABORTION HURTS WOMEN

Invite a friend!

Rally starts at Civic Center Plaza, walking down Market Street (2 miles). Walk ends at Embarcadero Plaza.

BART stations at both locations. Ample parking.

Register and info:
(415) 658-1793 | email: info@WalkforLifeWC.com

WalkforLifeWC.com

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REPRESENT US AT

WORLD YOUTH DAY 2027

SEOUL, SOUTH KOREA



GRAND PRIZE
ROUND-TRIP AIRFARE
ALL-INCLUSIVE
PILGRIMAGE PACKAGE
WORLD YOUTH DAY 2027

AUGUST 1 – 10, 2027

FILIPINO AMERICAN CATHOLIC YOUNG ADULTS (AGES 18-24)

EXTEMPORANEOUS SPEECH CONTEST

CONTEST HIGHLIGHTS

WHEN: SATURDAY, OCTOBER 24, 2026

TIME: 8:30 AM – 2:00 PM

WHERE: STAR OF THE SEA PARISH HALL
4420 GEARY BLVD., SAN FRANCISCO

Sponsored by

ARCHDIOCESE OF SAN FRANCISCO
FILIPINO MINISTRY

PILGRIMAGE PACKAGE INCLUDES

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- WYD REGISTRATION FEES

FOR DETAILS

- SCAN THE QR CODE
- TEXT/CALL: SHERRY (415) 521-6934
- EMAIL: FMCBWYD2027@GMAIL.COM

APPLICATION DEADLINE

MONDAY, OCTOBER 19, 2026



Sto. Niño Devotion

(every Friday after the 12:10 p.m. Mass)

Judy Labaria
Alma Raymundo
Anecita Achivida



Black Nazarene

Feast Day
January 9

Jesus Cabrera
Rosie Drapiza

Pablo & Celia Gravador



Our Lady of Perpetual Help Devotion

(every Tuesday after the 12:10 Mass)

Raya & Gamboa Families



San Lorenzo Ruiz First Filipino Saint (Sep 28)

Maria Bravo
Evelyn Grande
Mely Saavedra
Anonymous

St. Anne

Feast Day
July 26

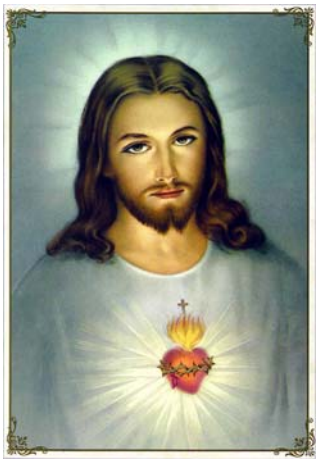
Fe Macatangay
Jun & Emy Pasion
Emma Damian
Rowena Lawson
† Rowena G. Mendoza
Anonymous



Sacred Heart

First Friday Schedule

4pm Holy Hour
5:15 Mass



Psalm 91

The one who lives under the protection of the Most High
dwells in the shadow of the Almighty.

I will say concerning the Lord, who is my refuge and my
fortress, my God in whom I trust:
He himself will rescue you from the bird trap, from the
destructive plague.
He will cover you with his feathers; you will take refuge
under his wings. His faithfulness will be a protective shield.
You will not fear the terror of the night, the arrow that flies
by day,
the plague that stalks in darkness, or the pestilence that
ravages at noon.
Though a thousand fall at your side and ten thousand at your
right hand, the pestilence will not reach you.
You will only see it with your eyes and witness the
punishment of the wicked.

Because you have made the Lord—my refuge, the Most
High—your dwelling place,
no harm will come to you; no plague will come near your
tent.
For he will give his angels orders concerning you, to protect
you in all your ways.
They will support you with their hands so that you will not
strike your foot against a stone.
You will tread on the lion and the cobra; you will trample the
young lion and the serpent.

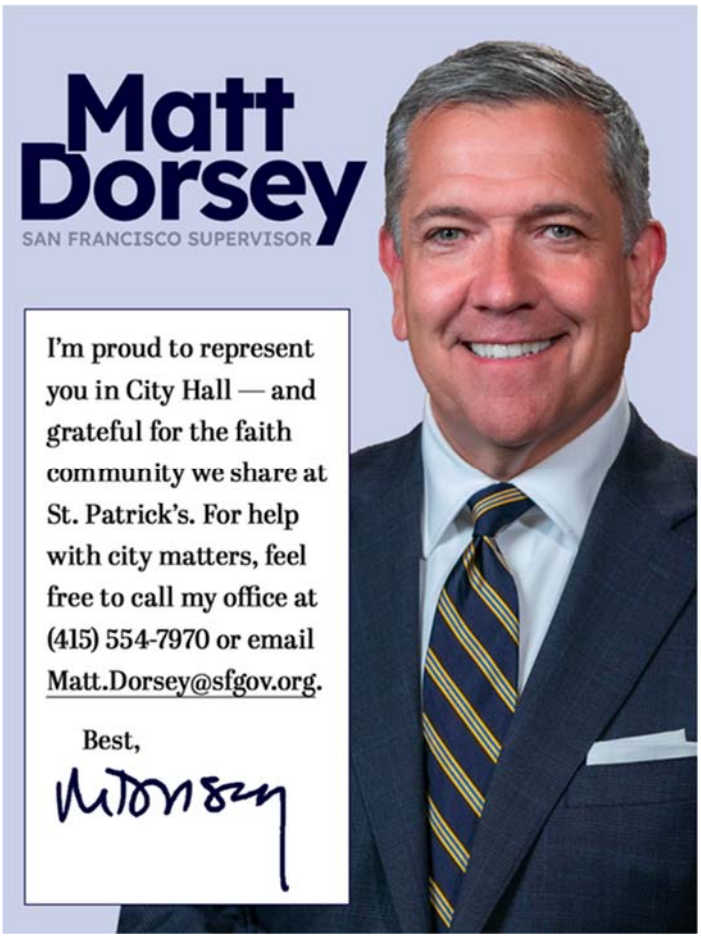
Because he has his heart set on me, I will deliver him; I will
protect him because he knows my name.
When he calls out to me, I will answer him; I will be with him
in trouble. I will rescue him and give him honor.
I will satisfy him with a long life and show him my salvation.

Yap Family



St. Patrick Charismatic Prayer Group

Charismatic & Healing Mass:
Every 3rd Sunday at 2:00 p.m.

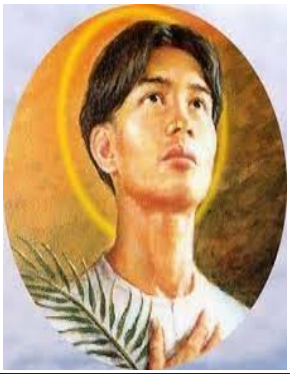


Our Lady of Guadalupe

Feast Day
December 12



St. Pedro Calungsod
2nd Filipino Saint (October 21)



Romeo & Antonina Real,
Dan & Annie Lacap,
Jesus, Jr. & Malou Paningbatan,
Vida Ventura,
Marigold