

St. Patrick Catholic Church

San Francisco's Historic Landmark #4

(Founded in 1851)

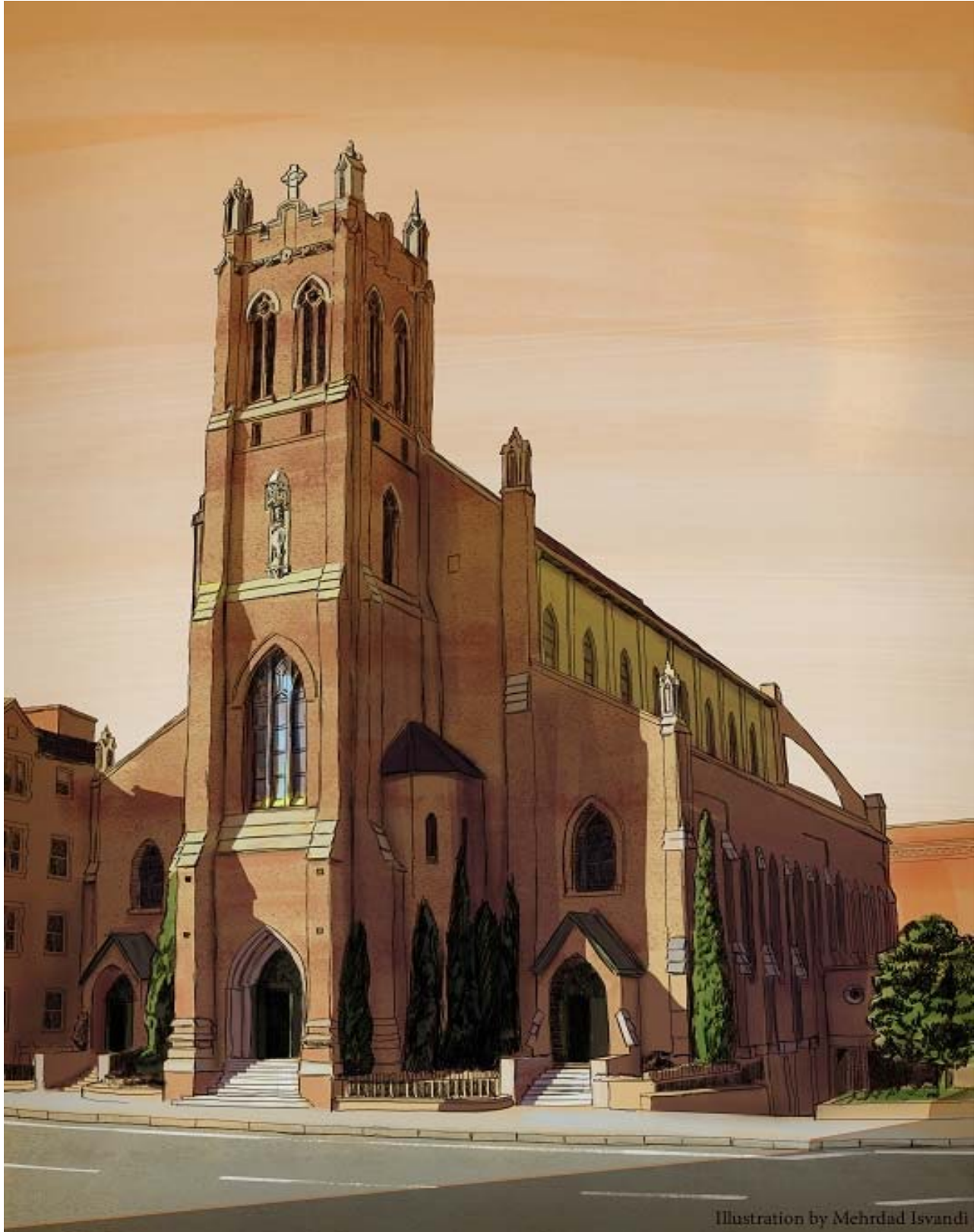
756 Mission St. (between 3rd and 4th Streets) San Francisco, CA 94103 | Tel (415) 421-3730

www.stpatricksf.org

March 08, 2026 - Third Sunday of Lent

While we were still sinners Christ died for us.

~ Romans 5:8



Pastoral Staff

Rev. Andrew Spyrow - *Pastor*
Rev. Teodoro "Fr. Ted" P. Magpayo - *Parochial Vicar*
Rev. Celestine Tyowua - *Parochial Vicar*
Deacon Ferdinand Mariano - *OCIA Coordinator*

Parish Staff

Rachelle Morales and Nenette Murata -
Religious Education Coordinators
Charles Corpus - *Music Coordinator*
Nora Regaspi - *Office Manager*
Camelle Sudario - *Parish Receptionist*

Mass Times

Monday - Friday: 7:30 a.m., 12:10 p.m., 5:15 p.m.
Saturday: 7:30 a.m., 12:10 p.m. 5:15 p.m. *Vigil Mass*
Sunday: 7:30 a.m., 9:30 a.m., 12:00 p.m., 5:15 p.m.
Tagalog Mass: 1st Sunday at 2:00 p.m.
Family Mass: 2nd Sunday at 12:00 p.m.
Charismatic & Healing Mass: 3rd Sunday at 2:00 p.m.

Parish Schedule

Parish Office Hours

Monday through Friday

9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 5:00 p.m.

Sacrament of Reconciliation (in the Rectory)

(appointments are preferred)

Monday through Thursday

9:00 a.m. - 11:30 a.m. and 2:00 p.m. - 4:00 p.m.

Novena to Our Mother of Perpetual Help

Every Tuesday after the 12:00 p.m. Mass

Sacred Heart

First Friday of the month at 4:00 p.m..

Sto. Niño Devotion

Every Friday after the 12:00 p.m. Mass

Our Lady of Fatima

First Saturday of the month at 11:30 a.m.

God Ever Pursues Us

We hear today of God's unrelenting pursuit of us. Our readings tell stories of God's intense desire to share the divine life with us. From Exodus, we see how God shows endless persistence and compassion, even to those who grumble against God, or seem to have forgotten God. From the Gospel of John, we hear of how Jesus, in his extended conversation with the Samaritan woman, gives her dignity, names uncomfortable truths, and gradually leads her into a new path of faith. We can have confidence that as we bring our own confusions, fears, and failings to God, we may receive God's mercy and forgiveness. God always persists and continually finds new ways to invite people into unity with God. As Paul describes in Romans, in the cross we see how God will go to any length to demonstrate the depth and breadth of divine love.

Copyright, J. S. Paluch Co.

Our Fascinating Faith

The Three Lenten Disciplines: Prayer

Fasting, almsgiving, and prayer are not specifically Christian practices. Jewish piety, from which the primitive church developed, already included these three spiritual exercises. The Muslims also include these three in the five pillars of their Islamic faith. But it is Jesus himself who invites us to practice these three pillars of conversion. He reminds us that they are not done to "show off" that we are holier than everyone else. On the contrary, fasting, charitable works, and praying are done with humility (Matthew 6:1-6; 16-21). It is challenging, but we are not discouraged because the Holy Spirit comes to our aid.

The Lenten discipline of prayer can be thought of in two ways. For Christians, to pray in the first way is to speak like children to God, who loves us as mother, father, sibling, and friend. When speaking to God, we tell God what we have inside us, trusting that our words are the ones that most please God. The second approach to prayer means proclaiming with confidence our fears, problems, joys, and yearnings to God, knowing that God loves and hears us. Praying either way means spending time with God, at times talking, at times silent, but always with the assurance that we are loved.

~ Friar Gilberto Cavazos-González, OFM, Copyright © J. S. Paluch Co., Inc.

Third Sunday of Lent

March 08, 2026

While we were still sinners

Christ died for us.

~ Romans 5:8

Living Stewardship Now

"A man turning from an evil life is bound to be rendered desperate by the knowledge of his sins, if he does not know how good God is, how kind and gentle, and how ready to forgive." ~ *Saint Bernard of Clairvaux (1090-1153)*

Copyright © 2010, World Library Publications. All rights reserved.

Happy Birthday!!

Happy Birthday to our Parishioners
celebrating a birthday this week.

Juanita Abello	3/8	Josephine Soh	3/11
Kristofer Estrada	3/8	Ethel Ababa	3/12
Ian Cabungcal	3/9	Lincoln Vo	3/14
Rexie John Hijada	3/11	Angelica Wolf	3/14



Damaged Blessed Items

If you have any damaged blessed items, including statues and Bibles, as well as sacramentals, such as crucifixes and rosaries, please feel free to drop them off in our gift shop. We'll make sure they are disposed of properly and respectfully.

St. Patrick Church Lifetime Donors

You can still make a donation by going to our parish website: www.stpatricksf.org. On our homepage scroll down and click Online Giving. Create an account if you don't have one. Once you have created an account, please choose the Lifetime Donor option. We are asking a Lifetime Donor to donate a minimum of \$20 a week or \$80 a month. Your privacy and financial information are safe with us. And we recommend that you use your credit card for an easier and faster transaction.

Thank you for your generosity and support.

For more information,
email us at information@stpatricksf.org
or call us at 415-421-3730

We have 86 Lifetime Donors as of 28 January 2026

In Memory of Nicomedes & Juanita Abello	Eleanor Lawsin
Cristina Agbayani	Felicitas Locsin
Marilou Alegre	Merly Lorete
Corazon M. Ambata	Fe Macatangay
Roberto Andrey	Beltran C Marces
Joy, Jen & Jackie Bandelaria	Corazon Mariano
Eufemia Barcelona	Loren Masangcay
Evelyn Bird	† Dionisio Mendaros, Si Cora Cuison
Dr. Beverly Lynn Bolinger	Evelyn Mendoza
Maria Bravo	Rachelle Morales
Mercedita Cadiz	Jeff & Nenetete Murata
Mamerto (Mc) Canlas	Vilma Nangca
John & Judith Casper	Glorina Ochangco
Sandra Cea	Florentina Palacio
Max & Josephine Chin	Jesus & Marilu Paningbatan
Felix Chang	Jun & Emy Pasion
Dan & Katya Coming	Joseph, Joshua, Jordan & Liam
In Memory Of William Cotter, Jr.	Estrellita Perez
Thelma Dancel	Naomi Quioco
Evangeline Viray De Leon	Lolita Ramos
† Rosalinda Del Rosario	Alma Raymundo
Brian Dela Pena	Hersie Rosales
Jiasmin Delago	Matthew Rothschild
Justin Edwards	Rosalina San Diego
Joycelyn Espanol	Concesa San Pedro
Conchita Fabros	Jaymie Lynn Santiago
Joseph & Maria Fang	Mario, Nelly, & Tracy Sarmiento
Riz A. Novicio Fernandez	Estela Sullivan
Familia Galindo Moreno Y Berziga	Jennifer Sunga
Lilian Gomez	Veronica Tayo
Josefa Gonzales	† Jo Tjin Thoy
Rodil, Ruby Gonzales & Children	Derek Tillotson
Alvin Gonzalez	Precious & Ryan Tizon
Therese Guinto	Victoriano & Carmen Uchi & Family
Norma Gumawid	Laura Vanmunching
Ina Howard	Boying & Rosie Vasquez
† Ponciano & Marlene Icatar	Alden, Mercy Ventigan & Kids
Georgina Jose	Vida Ventura
Kaiser Permanentesf, 4Center & Oncology	Josephine Villa
Agnes Kumi	Rianty Winarta
Judy Neri Labaria	Edwin, Rosalie, Krista, Ezra & Juliana
Tita Labaria	Cielito Littaua Yoma
Dan And Annie Lacap	† Charlie A. Yparraquirre

Vocation

A vocation is a grace. By its nature it presupposes and requires that a voice should be heard - the voice of the Father through Christ and in the Holy Spirit, the wonderful invitation: Come!

~ Pope Paul VI

St. Patrick parish is honored to welcome the United Irish Societies on Saturday, March 14, 2026 as they make their annual pilgrimage to celebrate the feast of St. Patrick with a Mass at 9:00 a.m..

Eireann go Brách!!



*Christ shield me this day
Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I arise,*



*Christ in the heart of every person who thinks of me,
Christ in every eye that sees me,
Christ in the ear that hears me
(St. Patrick, from his breastplate)*

Upcoming Events in the Archdiocese of San Francisco

Feb 26 – Apr 16 Life Giving Wounds online support group for adults with divorced or separated parents. Thursdays (except 4/2), 5:15 – 7:00pm PT. This support group offers adult children of divorce or separation an opportunity to begin or deepen their healing journey in communion with one another under the guidance of LGW leaders and expert speakers. Retreat Info & Registration: lifegivingwounds.org/online-support-group

Mar 21 annual Bay Area Catholic Men's Conference. St Pius Church (1100 Woodside, Redwood City), 8:30am – 4:00pm. Featuring ninja black belt and world champion surfer Bear Wozniak, St Patrick seminary professor Fr Dennis McManus, and mass with Archbishop Cordileone. Registration includes lunch; day includes opportunities for confession. More information/registration next week.

Apr 11 annual Archdiocesan Catholic Women's Conference, A Retreat with the Merciful Heart of Jesus, Star of the Sea Church (4420 Geary Blvd, SF). Featuring Fr. Jim McCormack, and Sister Inga Kvassyova. Day includes opportunities for Reconciliation, and 4:30pm Vigil Mass with Archbishop Cordileone, an opportunity to receive the Divine Mercy Sunday Indulgence for the "Feast of Mercy." Registration opens soon

Timing

What you give in health is gold.
What you give in sickness is silver.
What you give after death is lead.

~ Jewish proverb

An expanded color version of our printed bulletin, with online-only content, is available on our website: www.stpatricksf.org

Mass Intentions for Mar 08 - 14

Date	Time	Intention
Sunday 08	7:30 a.m. 9:30 a.m. 12:00 p.m. 5:15 p.m.	† Carmencita Yanga Daly SI All Parishioners Of St. Patrick TG Domingo Ordoveza † Mario Villanueva
Monday 09	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Yukio Murata † Benjamin C. Salvante † Catalina Mariano
Tuesday 10	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Ricardo Pilariza TG Rosy Ordoveza SI Fernando V. Alviar
Wednesday 11	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Marilyn & Lorenzo Sumulong TG Luluday Villanueva SI Estrellita Perez
Thursday 12	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Naomi Quioco † Benjamin C. Salvante SI Lolita Ramos
Friday 13	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Alma Raymundo SI Matthew Rothschild SI Rosalina San Diego
Saturday 14	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Jaymie Lynn Santiago SI Mario, Nelly & Tracy Sarmiento † Catalina Mariano

Stations of the Cross

Everyone is encouraged to join the communal praying of the Stations of the Cross every Friday after the 5:15 p.m. Mass during Lent. Stations of the Cross prayer books are available in the gift shop for a small fee. The Santo Niño Novena, normally prayed on Fridays, will not be prayed in lieu of the Stations of the Cross.

Without God...

Without God, our week is...

Mournday

Tearsday

Wasteday

Thirstday

Fightday

Shatterday

and Sinday, so allow Him to be with you everyday!!

Availability

God does not ask for our ability or our inability, but our availability.

~ Anonymous

Important Dates to Remember

March 21, Saturday

10:00-11:00am- Recollection,

11:00 a.m. to 12:00 p.m. - Penance Service & Confession

March 28

Palm Sunday Vigil Mass- 5:15 p.m..

March 29 ~ Palm Sunday

7:30 a.m., 9:30 a.m. and 12:00 p.m. & 5:15 p.m.

March 30, Monday of Holy Week

7:30 a.m. and 12:10 p.m. & 5:15 p.m.

March 31, Tuesday of Holy Week

† Perpetual Help Devotion only after 12:10 p.m. Mass †

7:30 a.m. and 12:10 p.m. & 5:15 p.m.

April 1, Wednesday of Holy Week

7:30 a.m. Mass

12:10 p.m. Mass

5:15 p.m. Mass followed by Stations of the Cross

6:30 p.m. Agape/Seder Supper – Bitanga Hall

~ EASTER TRIDUUM ~

April 02 ~ Holy Thursday

Only one Mass today at 5:15 p.m.

9:00 a.m.: Community Morning Prayer (Lauds)

5:15 p.m.: Mass of the Lord's Supper

Transfer of the Blessed Sacrament with Benediction

Adoration until 10:00 p.m.

9:00 p.m. -10:00 p.m. Parish Family Holy Hour

April 03 ~ Good Friday

(No Masses today)

9:00 a.m.: Community Morning Prayer (Lauds)

Confessions ~ 12:00 p.m. to 12:45 p.m.

1:00 p.m. to 1:45 p.m.

12:00 p.m. to 1:45 p.m.: Seven Last Words

1:45 p.m.: Celebration of the Lord's Passion

April 04 ~ Holy Saturday

9:00 a.m.: Community Morning Prayer (Lauds)

8:00 p.m.: THE EASTER VIGIL

Salubong after the Mass

April 05 ~ EASTER SUNDAY ~ ALLELUIA!!

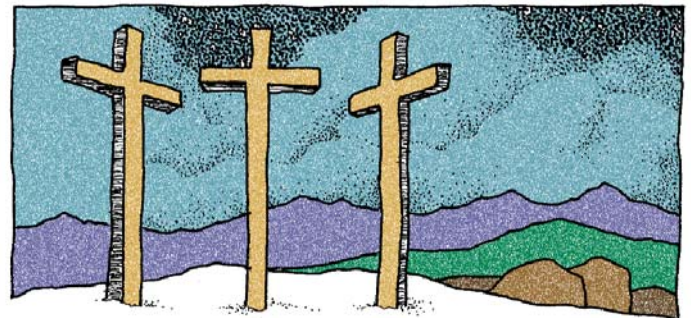
NO 2:00 p.m. or 5:15 p.m. Masses on Easter Sunday

April 12 ~ Divine Mercy Sunday

May 24 ~ Pentecost Sunday

Special Collection

There will be a special collection next Sunday, March 19th for Catholic Relief Services. CRS is the official international relief and development agency of the U.S. Catholic community. They serve the poor in over 100 countries overseas through programs in emergency relief, HIV and AIDS, health, agriculture, education, microfinance and peace-building. Please give generously to this special collection.



© J. S. Paluch Co., Inc.

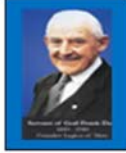
LEGION OF MARY - ST. PATRICK CHURCH

JOIN THE LEGION OF MARY, OUR LADY OF MT. CARMEL **PRAESIDIUM**



Meeting - Sunday at 1:30 p.m. in Bitanga Hall

The Legion Family Worldwide
On all continents
In over 170 countries
4 million active members
5 million auxiliary members



The Founder Frank Duff
1889 - 1980

Legion of Mary's History

The Legion of Mary was founded in Dublin, Ireland on the 7th of September in 1921.

It is a lay Catholic organization giving service to the Church on a voluntary basis in almost every country.

Legion of Mary's Aim

The object of the Legion of Mary is the glory of God through the holiness of its members developed by prayer and active co-operation in Mary's and the Church's works.

Legion of Mary's Unit

The unit of a Legion of Mary is called a praesidium, which holds a weekly meeting where prayer is intermingled with reports and discussions. Persons who wish to join the Legion must apply for membership in a praesidium.

Legion of Mary's Active Works

The Legion sees as its priority the spiritual and social welfare of everyone. The members participate in the life of the parish through visitation of families, the sick, both in homes and hospitals and through collaboration in every apostolate and missionary undertakings sponsored by the parish. The works are more of spiritual works of mercy.

Legion of Mary's Active Membership

This membership is open to all faithfully practicing Catholics. Members attend weekly meetings and engage in prayers and active works. Candidates under 18 years of age can be received in a Junior Praesidium.

St. Frances of Rome (1384-1440)
March 09

Nature and human nature—plagues and wars—turned late medieval Rome into a living hell, particularly for the sick and poor. Frances, by birth and marriage well provided for, was a devoted wife and mother; but like Benedictine Oblates, who to this day “pray and work” while living with their families and working in the world, she joined like-minded laywomen friends in ministering to society’s most vulnerable. Frances’ charity was not only “hands on” but “in home.” Her palace became a hospital after the plague claimed two of her three children. When her husband’s death ended their loving marriage of forty years, Frances joined other widowed Oblates in community. In an interesting link to the United States, our nation’s premier religious congregation for women of color, the Oblate Sisters of Providence, in 1833 established bonds of spiritual communion with these Oblates of Saint Frances in Rome. Though Black History Month is past, take a moment to learn about the good work that Mother Lange’s spiritual daughters are doing still and consider supporting them as a Lenten project: www.oblatesisters.com.

~ Peter Scagnelli, Copyright © J. S. Paluch Co.

Relevant Radio

Tune your radio to 1260 AM or 101.7 FM for 24-hour broadcasts concerning Catholic teachings and prayers.



Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

In his letter to the Romans, St. Paul said, “The love of God has been poured out into our hearts through the Holy Spirit that ...”

S	S	O	T
B	U	A	N
E	E	E	H
N	G	I	V

H _____.”

Answer: *has been given to us*

© 2020 International Puzzle Features

Excerpt from the NAB © 2010, 1991, 1970, CCD

saint snippets

My mission is to love. I do not have time to tear others down.

Bl. Irma Dulce
20th-century Brazilian sister who cared for the homeless and the poor on the streets
Copyright © 2018, Michael Thimons

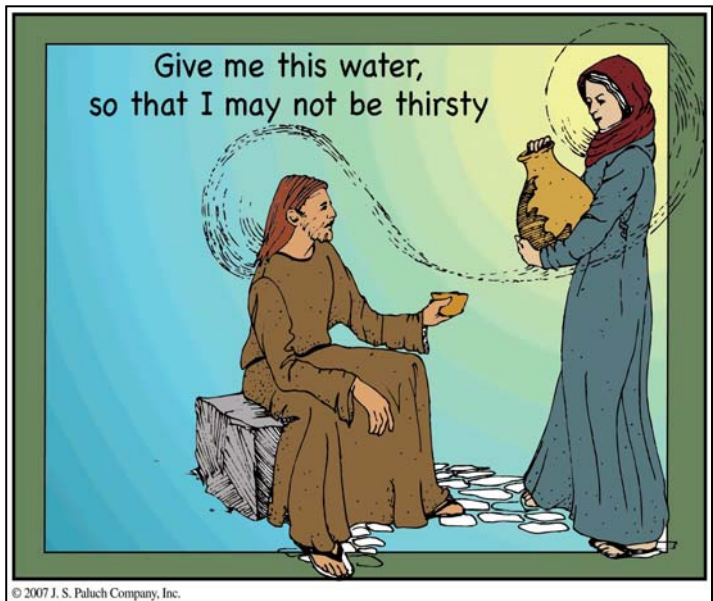
March 13

saint snippets

Let us receive everything from God's hands and do everything out of pure love.

Bl. Giacomo Cusmano
19th-century Italian priest who founded a religious order focused on evangelizing and caring for the poor.
Copyright © 2019, Michael Thimons

March 14

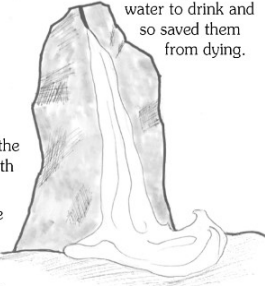
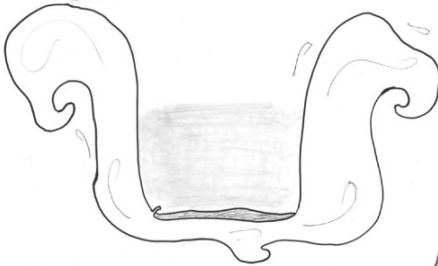


© 2007 J. S. Paluch Company, Inc.

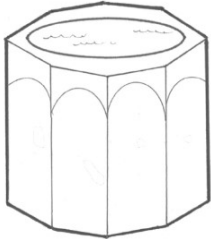
CATHOLIC CORNER

MOSES

On this Third Sunday of Lent we read about Moses. God chose Moses to lead the Israelites out of the slavery of Egypt into the promised land of freedom. Jesus is sometimes called the "New Moses" because he led us out of our slavery to sin and death and into the new and eternal life of God. He did this with his whole life and especially through his death and resurrection. The story today tells us about a time when the people following Moses in the desert were very thirsty. God used Moses to give them water to drink and so saved them from dying.



At the Easter Vigil we will hear about Moses parting the waters of the Red Sea and saving the Israelites from death by letting them pass through the sea on dry land.



God does the same for us today in the water of baptism. In this water we are born again as children of God. We are promised that if we believe and follow Jesus we will have eternal life. Say a prayer thanking God for claiming you as one of God's own in baptism. Each time you enter the church, renew your baptism by dipping your hand in the holy water font and blessing yourself with the sign of the cross.

Color the water in each of these pictures.

The Little Ones

Jim Burrows



The woman said to him,
 "Sir, you have nothing to draw with and the well is deep;
 where then do you get that living water?" Jn 4:11

THIRD SUNDAY OF
Lent

MARCH 08, 2026

"Whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life."

John 4:14

Pastor Al®

"Why go to confession again & again for a recurring sin? 'Cause God picks you up as often as you do your child."

© 2003 WLP, a division of J. S. Paluch Co., Inc.

Thirst

Each time today's Gospel story is read, I can't help but think of the many television commercials I've seen depicting perspiring athletes lifting a beverage to their lips while the scorching sun beats down on them. Our culture has definite ideas about how to quench thirst. Today, those ideas are turned upside down. The Samaritan woman operates, initially, on the TV commercial level. She asks Jesus for the flowing water so that she will not have to keep coming to the well. Jesus then talks about what real thirst is, and how he, and he alone, can quench that thirst. Lent calls us to find those places deep within ourselves where we thirst. In our thirst, as did the Israelites, we cry out to God asking for springs of living water. Deep down we know that only the Lord can satisfy these thirsts.

© Copyright, J. S. Paluch Co.

Treasures From Our Tradition

Christians have always imagined initiation as a journey. Saul was on a journey on the Damascus road when he was knocked off his feet by an encounter with the Risen Lord. After stumbling, blind, to a Christian household, he emerged days later, baptized and clear-sighted, as Paul. Enlightened, he begins a life so disconnected with his former ways that it seems to require a new name.

The custom of acquiring a new name at baptism is thus very old, and is a deeper question than "naming the baby"; it is, rather, one of a break with the past and a place in the community. The first Christians mostly kept their pagan names, and therefore blended in with their neighbors. Eventually, some people began to name their children after Christian virtues or feasts, like "Ephiphanius" for a child born on Epiphany, or "Fides" for faith. Later, the names of beloved martyrs or saints began to take hold, as older converts exchanged their birth names for the names of admired saints. Today, catechumens may still choose to assume a "Christian name" before baptism, and parents are still asked to be mindful of our tradition as they give a name to a child.

~ Rev. James Field, Copyright © J. S. Paluch Co.

Thirsting for Life-Giving Waters

Especially during the Lenten, Holy Week, and Easter seasons, the prayer texts of the Eastern Church revel in paradoxical images of Christ: the eternal life who is put to death, the host of the supper who is also its meal, the thirsty crucified one with living water streaming from his side. These images flow from the evangelists' portrayals of Jesus and from his very ministry, during which he often upset or reversed people's expectations about him or the ways of God. This "reversal" is at play in today's Gospel, as Jesus speaks to an enemy foreigner who is also a woman beneath his status. In addition he, the thirsting one, shows the woman to be the one truly thirsting. He—whose parched lips will say "I thirst" before he dies—is the source of life and life-giving water. Lent calls upon us to dwell on how each of us is thirsting for Christ, and it leads us, ultimately, back to the life-giving waters of our baptism into his Body.

© Copyright, J. S. Paluch Co.

Treasures From Our Tradition

Long ago, the custom of sending some pieces of consecrated bread from the Lord's table began to take hold. Originally it was a way of assuring the sick and imprisoned of their bonds of faith and affection with the community from whom they were separated. By the third century, at least in Rome, we have evidence that the bishop would consign some of the sacred elements to presbyters or deacons.

There was a crisis in the unity of the church early on, called the quartodeciman controversy, since some people wanted to celebrate the Pasch on the fourteenth day (quartodecima) of the Jewish month Nissan, even if it didn't fall on a Sunday. The debate so fractured the church that the historian of the era, Eusebius, reported a new development to the pope. He wrote that the churches holding to the Lord's Day sent out consecrated bread to the disgruntled people of the quartodeciman pastors with whom they were quarreling. Meanwhile, bishops complained about people taking the Eucharist home. St. Cyprian told a cautionary tale of a sinful woman who tried to open the "casket" containing the consecrated bread in her home. She was deterred from receiving, he said, by flames erupting from the box. Clearly, he wanted people to think twice before bringing Communion home!

The Council of Nicaea defined the "old rule of the church" as allowing for reserving the eucharistic bread for the sake of the dying. The same council could foresee circumstances of persecution when people might have the Eucharist on hand to administer to one another in a time of great danger, literally, at the point of a sword. The first and enduring purpose for reserving the Eucharist is viaticum for the dying.

~ Rev. James Field, Copyright © J. S. Paluch Co.

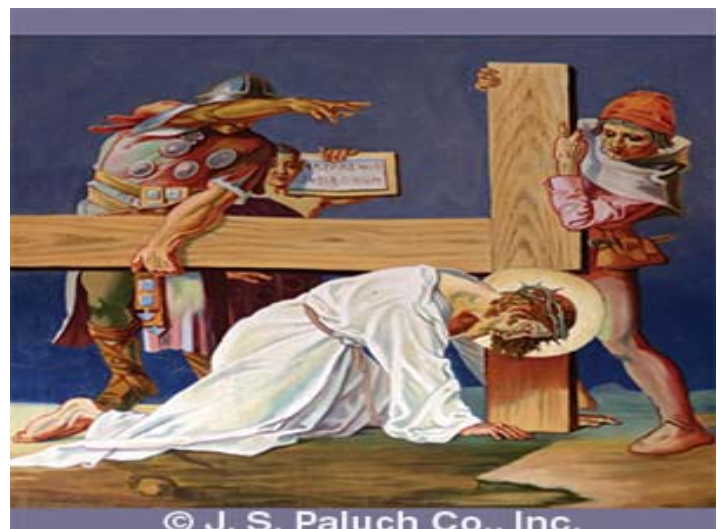
THIRD SUNDAY OF

Lent

March 08, 2026

Jesus said,
"Whoever drinks the
water I shall give
will never thirst;
the water I shall give
will become in them a
spring of water welling
up to eternal life."
John 4:14

Copyright © J.S. Paluch Co., Inc. - Photos: © Dmitry Naumov/Fotolia



Treasures From Our Tradition

By the early 1950s some scholars were calling for the restoration of Communion of the faithful on Good Friday, since by then only a priest received, consuming the host from the Holy Thursday repository. In 1955 the new Good Friday liturgy was timed to begin at three o'clock everywhere, and included the option of Holy Communion, but without the Precious Blood that had originally been part of the liturgy. Today, there is increasing debate among theologians. Some feel that it would be better to fast from the Eucharist on Good Friday, focusing on the mystery of the cross and highlighting the Easter Communion. Others say that this Communion infuses the sadness of the day with awareness of Christ's victory. It is not a day of mourning, of course, and the Passion according to John grounds the liturgy in a sense of Christ's victory over death and the triumph of the cross. The tradition is rich and varied, and we are still in the early stages of recovering an ancient way of doing things.

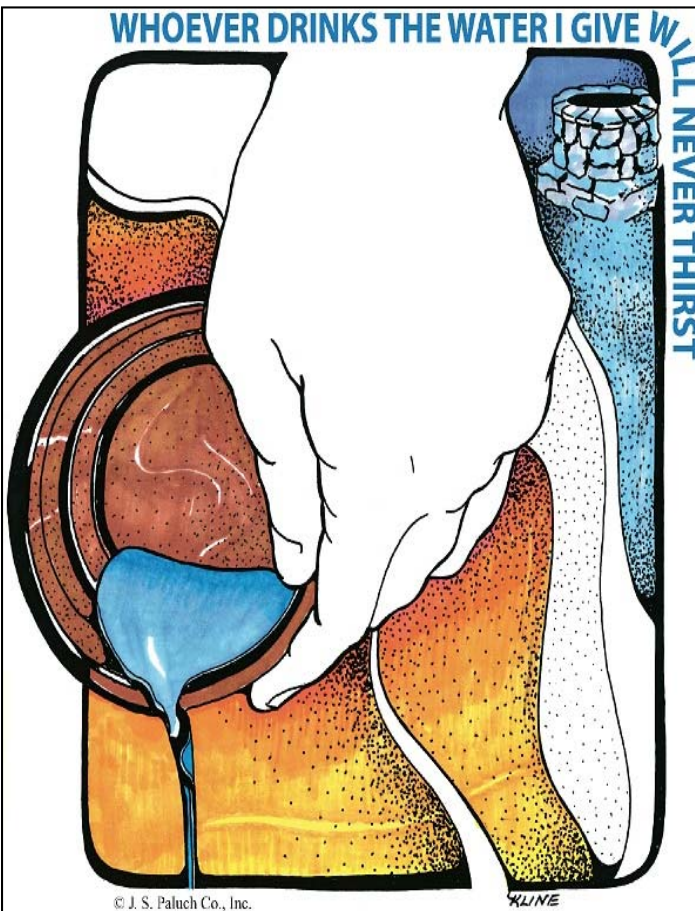
Why do we call the day "good"? The English and Dutch languages share this name, and its origin stems from the name "God's Friday." The traditional name for the day in Latin is *Feria VI in Parasceve*, which translates as "The Sixth Day of the Week of Preparation." Other languages make do with "Holy Friday." In another part of England, as in Denmark, the people used to call it "Long Friday," a good description for a quiet day without work and no chance for play or a good meal!

~ James Field, © Copyright, J. S. Paluch Co.

Living God's Word

Jesus is always ready to speak the truth about each of us and pour divine love into our hearts. Is your heart hardened, are your ears closed to the whole truth? Are you sharing the living water that you have received?

Copyright © 2013, World Library Publications. All rights reserved.



© J. S. Paluch Co., Inc.

Third Sunday of Lent

There is thirst, as we feel when we need a glass of water, and then there is the sort of thirst about which Jesus speaks with the Samaritan woman at the well. The conversation started on the level of the sort of thirst that is quenched by a soothing drink. Yet, the conversation between Jesus and the woman quickly became about a deeper sort of thirst, the yearning for spiritual nourishment. The Israelites fussed about being thirsty, yet their thirst also had a spiritual dimension. Was the Lord with them or not, they wondered? On this Third Sunday of Lent, the elect participate in the first of three scrutinies as they prepare for the living waters of baptism. We share their thirst and open our hearts to the living water that Jesus offers, the water of life, hope, and peace.

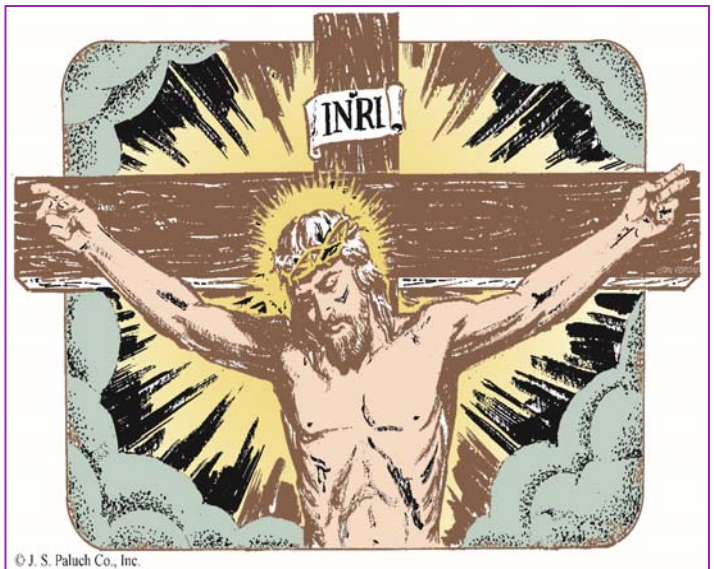
Are You Thirsty?

Do you feel unsettled or sense that life is about more than the daily details that fill your time, energy, and attention? Are you anxious or worried and yearn for peace? Is there an ache in your heart that longs for relief? The thirst for meaning, purpose, peace, and solace is real. We humans have a tendency to seek relief from such thirst with wealth, material things, or social status, failing to recognize that these things are fleeting. We may distract ourselves with constant activity, keeping ourselves busy and preoccupied rather than allowing ourselves to acknowledge the yearning in our hearts. We fail to see that only Christ can quench our thirst.

Let Jesus Quench Your Thirst

It was likely hot in the midday sun on the day that Jesus encountered the woman at the well. Scholars tell us that she must have been shunned by the other women in the community, leading her to avoid the cooler early morning time when others filled their jugs. Add to this that Jews and Samaritans shared longstanding animosity toward one another. No wonder she was surprised and perplexed when Jesus asked for a drink. Yet she did not run away. Jesus sought her out and she opened her heart and mind to his offer of salvation. Jesus seeks us out, too. Our Lord desires that we open our hearts and minds to the fullness of love, forgiveness, mercy, and peace that is only found in God. For what do you thirst at this time? Compassion, justice, consolation? Only Christ can truly quench your thirst. Jesus desires to do so. Open your heart today; "hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us" (Romans 5:5).

Copyright © J. S. Paluch Co., Inc.



© J. S. Paluch Co., Inc.

Third Sunday of Lent

Education experts often debate testing: when to test students, why, and how. Our readings today suggest that testing is so central to the human experience that we require proofs even from God. In the book of Exodus, Moses gives two names to the spot where God provides water from a rock: Meribah, signifying complaint or bickering, and Massah, meaning a test or proof. When the Israelites complain of their thirst, God provides proof of divine providence. Water flows from a rock, and God passes the test. In the Gospel story of the Samaritan woman at the well, Jesus passes his own test with flying colors, convincing a skeptical woman that he is indeed the Messiah. Saint Paul's Letter to the Romans guarantees Christians permanent success—not because we are good at tests, but because God is. Jesus proves God's love once and for all by dying for us.

Prove It

What does it take to convince us of the truth? Some of us need simply to hear from a trusted authority. Others need time to think an argument through for themselves, step by step. Many of us tend to learn the hard way, experiencing life's lessons in dramatic and personal ways. Various kinds of evidence work differently on each of us. For the parched and wandering Israelites, a miraculous source of water persuades them to return to belief in God. For the Samaritan woman, Jesus' prophetic knowledge of the intimate details of her life suffices. What will it be for us? What can convince us, forever, that God made us, saved us from death, and treasures us as beloved children? Saint Paul urges us to stop asking for proof; we need look no further than the death and resurrection of Jesus Christ. He reminds us how unusual it is for good people to sacrifice themselves for other good people; it is utterly preposterous for a good person to give his life for "the ungodly," for sinners. Yet that is precisely what Jesus does for us.

Live It

Our insatiable need for proof is nothing to be ashamed of. Hunger for evidence points to an active intellect. Even after we learn an important truth, we need to nurture that knowledge throughout our whole lives. Most of us first heard about Jesus when we were children. We must continue to deepen our understanding as we mature. In a similar way, the Samaritans first believe their fellow townsman simply because of her testimony about Jesus. Then, after encountering him themselves, they are convinced Jesus is the savior of the world: "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savor of the world." Personal experience confirms and deepens their faith. "Harden not your hearts," the Psalmist tells us. Let's keep learning from God's signs all around us.

~ Copyright © J. S. Paluch Co., Inc.

One Small Step



This story in John's Gospel is one of the three longest Gospel readings next to the Passion stories. They are always read on the Sundays of Lent when those preparing for baptism celebrate the scrutinies. They are meant not only for catechumens, but also for all of us who are growing in faith. In today's Gospel, we see the Samaritan woman coming to faith. The steps she takes are our steps, too.

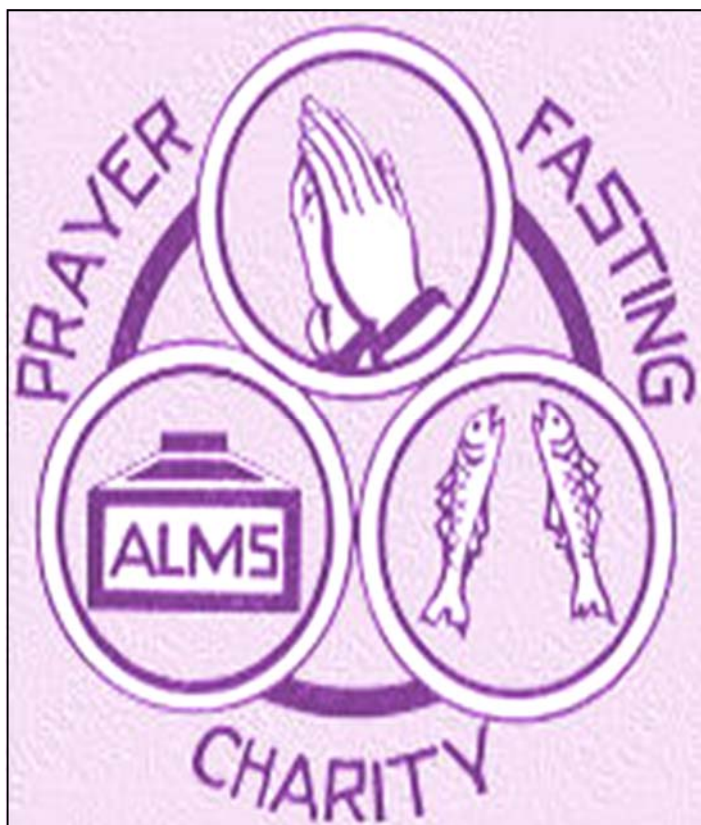
Though she needs Jesus' help, he approaches her first. In asking her for a drink, he is really thirsting for her faith. He invites us to make the journey of faith long before we start by putting us into a faithful family, giving us a curious heart that seeks the truth, sending us a friend or spouse whose example draws us to the Lord.

The next step is acknowledging our need and our sinfulness. The woman does this when she asks for living water and faces her behavior in having five husbands. Admitting our need for God, and especially for God's forgiveness, opens us to God's saving grace.

Another step is drawing closer to God in prayer. That explains the odd question about worshiping on a mountain. Jesus tells the woman, and us, that the best worship is honest and from the Spirit. That is more important than when or where we pray. God hears the prayers of a small congregation in a rural chapel just as well those of a thousand people in a large cathedral.

When we begin to share our faith with others, we take the step of living our faith. We make a difference in someone else's life and they begin to experience Jesus presence. Like the woman who told her neighbors about Jesus, we find that the people we have touched begin to find the Lord on their own. Our catechumens are taking these steps now, thanks to those who have helped them experience Jesus' invitation to faith.

~ Tom Schmidt, Copyright © J. S. Paluch Co.



Thirsting for Unity

In today's Gospel, Jesus is thirsty and goes to the well for a drink of water. He meets a Samaritan woman, who expects him to treat her like dirt. But surprise! He talks to her like a fellow human being, treats her with respect and interest. And what happens? Why, pretty soon the whole town turns out to hear him.

Centuries earlier, the Israelites, wandering in the desert, were thirsty. They had no water. All they had was an attitude problem. They growled at Moses, "Why did you ever make us leave Egypt?" But surprise! God gave them water from the rock. No questions asked.

All the peoples of Earth are travelers on this planet together, all thirsting, all harboring our own fearful expectations of each other. But God, as a loving parent, treats us all with generous care and compassion. We are one family. We could surprise each other. We could remember we are one.

© Copyright, J. S. Paluch Co.

Reflecting on God's Word

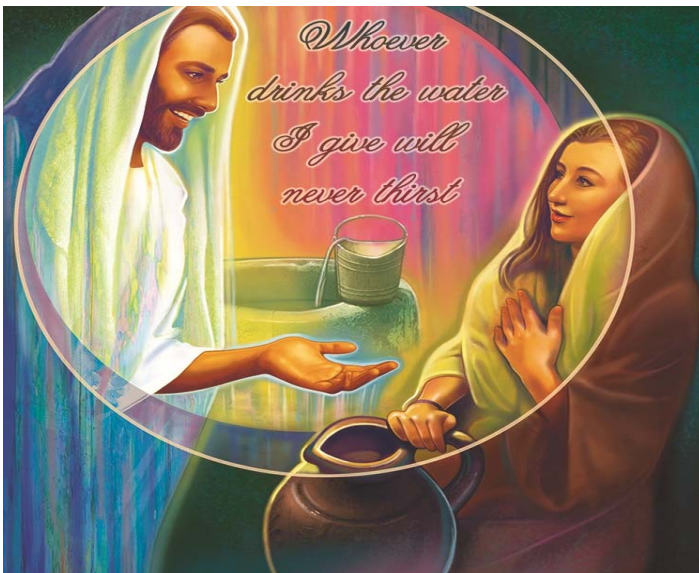
As witnesses come forward to testify in a court of law they are asked, "Do you swear to tell the truth, the whole truth, and nothing but the truth?" They must respond, "I do" before the court will hear what they have to say. Everyone expects, however, that their testimony will be colored by whether they are hostile or friendly toward the defendant.

In today's Gospel account the woman at the well must have expected Jesus to be hostile toward her. As a Samaritan woman and a sinner, she was considered unclean by the Jews. No wonder she seems afraid and defensive in her answers to Jesus. Yet Jesus tells her the truth, the whole truth, and nothing but the truth. She tells Jesus the truth, too, but it is only a partial truth, the truth that she is willing to admit to herself and to this stranger. When he responds by speaking the whole truth about her past, why doesn't she harden her heart and protest his rudeness, or simply take her bucket and go? It must be the love beneath his testimony that allows her to hear and accept the truth about who she is and who Jesus is. Then, perhaps for the first time in her life, she is free to testify the whole truth to everyone she meets.

Only love can break through the defenses that we erect to hide the truth from ourselves and others. Only love can reveal the truth about a God who responds to our thirsts and ignores our fear and faithlessness. Only love can account for the fact that "while we were still sinners Christ died for us" (Romans 5:8).

~ Virginia Stillwell

Copyright © 2013, World Library Publications. All rights reserved.



© J.S. Paluch Co., Inc.

Treasures From Our Tradition

Especially during the Lent and Easter seasons, we are very conscious of the communal nature of baptism. We stand witness to the baptism of adults at the Easter Vigil in many parishes, and countless parishes celebrate festive baptisms for infants. The rule for celebrating baptism is that it be only once a day in any parish church, a sign of the Church's desire that baptism be the work of the gathered community. "Private baptism" is therefore a misnomer, since all baptisms, even emergency baptisms for infants in danger of death, are a public act of entrance into the Body of Christ, the Church.

In an emergency, and providing the parents desire it, anyone can baptize by pouring water and saying, "I baptize you in the name of the Father, and of the Son, and of the Holy Spirit." But then afterward the Church is encouraged to supply what is missing: the gathered assembly to proclaim and hear God's word, the promises, the naming, the anointings, the clothing with a white garment, the candle, the Lord's Prayer, and the solemn blessing of the parents at the altar. Wonderfully, this ritual often provides the opportunity for great rejoicing at the recovery of an infant who had been in danger.

~ Rev. James Field, Copyright © J. S. Paluch Co.

What's In a Name?

Early Christians gave a name to the woman at the well from today's Gospel passage: Photina. It means "she who is enlightened" or "she who has received [the] light." This follows the biblical tradition of bestowing names upon characters to help us understand their role—and ours—in experiencing God's saving power. All of the evangelists, John in particular, make the characters who encounter Jesus prototypes for all of us. Like all of us, Photina doesn't "get it" at first. It takes a dialogue with Jesus (in this case, a rather argumentative one) for her to admit who she is to herself, and for Jesus to help her discover where she might find the true streams of eternal, life-giving water. By the end of the encounter, she is enlightened. Her enlightenment is the reason the early church chose this as one of the Gospels always to be read for those newly seeking Christ, who will be enlightened and initiated in the new paschal light of the Easter Vigil.

Name Or No Name?

Naming the woman at the well has fallen into disuse. In a way, especially for our society, naming things tends to be primarily about making them possessions. People name their pets, their houses, their cars, and so on. It was part of biblical naming tradition that giving or changing a name showed they were in God's possession, but their new names were also chosen to imbue them with the reality of a changed or new direction in life. Most often, today we just name things to show our ownership. So it may be a good thing that we no longer name this woman, for her name could be any one of our names, male or female. She could be—she is—all of us. All of us, in baptism, are named for Christ. We are "christ-ened" and through our life, we bear our most important name: Christian. Lent calls us back to that name, back to a renewed dialogue with Christ, that we might once again be enlightened by the grace of his truth and love.

~ Copyright © 2007, World Library Publications. All rights reserved.

Spring

The first day of spring is one thing, and the first spring day is another. The difference between them is sometimes as great as a month.

~ Henry Van Dyke

Thirst

Each time today's Gospel story is read, I can't help but think of the many television commercials I've seen depicting perspiring athletes lifting a beverage to their lips while the scorching sun beats down on them. Our culture has definite ideas about how to quench thirst. Today, those ideas are turned upside down. The Samaritan woman operates, initially, on the TV commercial level. She asks Jesus for the flowing water so that she will not have to keep coming to the well. Jesus then talks about what real thirst is, and how he, and he alone, can quench that thirst. Lent calls us to find those places deep within ourselves where we thirst. In our thirst, as did the Israelites, we cry out to God asking for springs of living water. Deep down we know that only the Lord can satisfy these thirsts.

Copyright, J. S. Paluch Co.

Priceless

A well-known priest had been invited to speak at a parish mission. The church was packed and all eyes were on him as he started his presentation. He looked around the congregation and took something out of his pocket. Everyone could see he was holding up a one-hundred-dollar bill. He asked, "Who would like to have this hundred-dollar bill?" People looked at each other and wondered if this was some kind of trick, but hands started going up. He said, "I am going to give this one hundred dollars to one of you, but first, let me do this." Holding both hands up high he crumpled the bill up into a small tight ball. He then asked, "Who still wants it?" More hands went up in the air. "Well," he replied, "What if I do this?" And he dropped it on the ground and started to grind it into the floor with his shoe as hard as he could. When he picked it up, everyone could see the money was all crumpled and dirty. "Now who wants it?" Almost every hand was in the air. "My friends, today you have all learned a very valuable lesson because, in spite of what I did to it, this bill has not lost any of its value. It is still worth one hundred dollars. Many times in our lives, we are dropped, crumpled, and ground into the dirt by the decisions we make and the circumstances that come our way. When you don't live up to God's love for you, you may even feel as if you are worthless. But no matter what has happened or what will happen in your life, you will never lose your value in God's eyes. Whether you are dirty or clean, crumpled or finely creased, you are still priceless to God."

Copyright © 2010, World Library Publications. All rights reserved.

Feast of Faith

The Psalms in the Liturgy

The book of Psalms is a prayer book, hymnal, and anthology of verse all rolled into one. It contains one hundred fifty ancient songs—poem-prayers that express the joys and sorrows of the Hebrew people and their longing for God. The psalms are incredibly varied in tone. Some are solemn anthems of praise that once accompanied processions of great multitudes to the temple; others record the lonely cries of a faithful soul who feels abandoned by God.

This ancient prayer book of the Hebrew people is our principal prayer book as well. The psalms are everywhere in the liturgy—in the antiphons and acclamations of the Mass, and most particularly in the responsorial psalm that follows the first reading. The psalm that is sung at Mass usually echoes the themes of the first reading, and sometimes even comments on it. On this Third Sunday of Lent, we listen to the Exodus account of the stubbornness of God's people in the desert, and then the psalm comes to remind us: "If today you hear his voice, harden not your hearts" (Psalm 95:8). In their wonderful variety, the psalms teach us how to pray.

Corinna Laughlin, © Copyright, J. S. Paluch Co.

The God Squad Catholic TV Mass

FATHER HARRY

God Squad PRODUCTIONS

The God Squad Catholic TV Mass, aired every Sunday, provides inclusion for those who are homebound, hospital-

ized, incarcerated and/or unable to attend Sunday Mass. Monsignor Harry Schlitt began broadcasting the TV Mass in the late 1970s and it has been airing ever since. Please watch the TV Mass on Sunday mornings on the following stations:

In San Francisco

KTSF (CH 26) at 6:00 a.m.; KRON (CH 4) at 5:30 a.m.;

and in Sacramento

KTXL (Fox 40) at 5:30 a.m.

You may also view the Mass at any time by going to *Father-Harry.org*. You may also find the program beneficial to you, someone in your family, or a friend.

We need your participation and support to continue this valuable ministry.

Communion in the Home

Extraordinary Ministers of Holy Communion are available to bring Communion to those who are unable to attend Mass. Please call the office at 415-421-3730 for more information.

Travelers Alert

Mass times and locations of Catholic Churches throughout the country are available at www.Masstimes.org.

The Water From Heaven

As dry flour cannot be united into a lump of dough, or a loaf, but needs water, so we who are many cannot be made one in Christ Jesus without the water that comes from heaven.

~ Irenaeus

© J. S. Paluch Co., Inc.



This
is
truly

the savior
of the world

IMMIGRANT KNOW YOUR RIGHTS

IN THIS COUNTRY, EVERY INDIVIDUAL HAS RIGHTS, REGARDLESS OF THEIR COUNTRY OF ORIGIN, RACE, LEGAL STATUS, NATIVE LANGUAGE, RELIGION, SEXUAL ORIENTATION, OR GENDER IDENTITY.

1. THE RIGHT TO NOT OPEN THE DOOR

Ask for warrant under the door; verify details first.

2. THE RIGHT TO REMAIN SILENT

Give only your name; speak with an attorney present.

3. THE RIGHT TO MAKE A PHONE CALL

Call your attorney or family; keep a number ready.

4. THE RIGHT TO A HEARING BEFORE A JUDGE

You can ask for a judge to hear your case.

5. THE RIGHT TO HAVE YOUR PHYSICAL INTEGRITY RESPECTED

No one can abuse you physically or verbally.

6. THE RIGHT TO NOT SIGN ANY DOCUMENTS

Only sign documents with attorney approval.

7. THE RIGHT TO EVALUATE WHETHER YOU QUALIFY FOR ANY IMMIGRATION PROCESS

Ask an attorney if you qualify for relief program.

ADDITIONAL RIGHTS

There are additional laws and policies in place for Immigrant Tenants and Workers in CA. To learn more, please contact us!



SCAN THE QR CODE TO LEARN MORE ABOUT YOUR RIGHTS AND RESOURCE INFORMATION FOR SUPPORT.



(415) 552-5637 | www.somcan.org | info@somcan.org

THE IGNATIAN SPIRITUALITY CENTER & SEATTLE UNIVERSITY UNIVERSITY MINISTRY INVITE YOU



Novena of Grace 2026 CLAIMING OUR HOPE TODAY



THURSDAY, MARCH 5 - FRIDAY, MARCH 13
WEEKDAYS: 12:30-1:30 PM SATURDAY &
SUNDAY: 11 AM-12 PM via Zoom

RSVP & Register
to join the ISLC
prayer group



PRESENTERS STEPHANIE RAGLAND, ROSS HAYS, JOSEPH DICKAN, SJ

Journey with us this Lent for a nine-day retreat amid daily life! Join us for any or all nine days of beautiful music, scripture, inspiring preaching, reflection, and heartfelt prayer within the context of a contemplative service. The ISLC is gathering a group to join our partners in Seattle via Zoom as we pray with a faith-filled community for God's healing and hope in our lives. Be nourished and inspired each day as you open yourself to the Spirit and experience a grace that transforms.

Be sure to register to receive materials and the Zoom link!

For more information visit ignatiancenter.org/novena2026

Questions? Email maria@ignatiancenter.org



Learn more





**WRITE EASTER CARD MESSAGES
AND PREPARE TREATS
FOR INCARCERATED INDIVIDUALS
IN SAN FRANCISCO COUNTY JAILS
FRIDAY, MARCH 27 2026
9:30 AM - 4:00 PM**

**Archdiocese of San Francisco Pastoral Center
1 Peter Yorke Way, San Francisco, CA 94109
Free continental breakfast, lunch and parking**

Complete volunteer registration at sfarch.org/rjvolunteer,
for more information visit sfarch.org/cards-of-mercy.



IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR
AT ESCOBARJ@SFARCH.ORG OR CALL (415) 614-5572



38th FILIPINO CATHOLIC CHARISMATIC COMMUNITIES ANNUAL SEMINAR

March 28, 2026 from 8am to 6pm



Patrons Hall of Cathedral of
St. Mary of the Assumption
1111 Gough Street
San Francisco, CA 94109

REGISTRATION FEE:

\$35.00/person - Lunch Included

Youth (19 & below)

Free Registration- (\$10.00 for Lunch)

*Seminar will include time for
Praise and Worship,
Benediction, Confession, Healing
Service and Holy Mass*

Mass Main Celebrant: Father Jerald Geronimo

Are you searching for a deeper connection with your faith?

SPEAKERS:



Fr. James Blount is a priest of the Society of Our Lady of the Most Holy Trinity (SOOT). He was ordained in 1999 and speaks of living a life in relationship with each of the Persons of the Holy Trinity, Father, Son, and Holy Spirit. His teachings depict his deep love for the Eucharist and his intimate relationship, love, and devotion to Jesus and Mary.

Fr. Blount is deeply involved with the Flame of Love movement and promotes the Divine Will devotion, both of which have received imprimaturs and approval of the Holy Catholic Church. His talks heighten awareness of the intense spiritual battle between good and evil in our world and the necessity of striving toward holiness in our life. In particular, he emphasizes the triumph of the Immaculate Heart of Mary, the power of Eucharistic adoration and the importance of the intercession of St. Joseph.



Deacon Larry Onye, is the Chairman of HGI Global; alongside his wife Andi, he co-founded Hope and Purpose Ministries. Deacon Onye currently serves on the Board of Directors for Renewal Ministries that has evangelization efforts in over 26 countries. He founded the Hope and Purpose/ St. John Paul Primary school in Uganda East Africa and the Hope and Purpose farm in Cameroon, West Africa. He is also the Global Chairman of Cloud2Media based in the United Kingdom.

Deacon Onye is known for his warm, animated, and compassionate speech. He has spoken globally, appearing on EWTN, Franciscan Radio, Ave Maria Radio, Relevant Radio, Redeemer Radio, and FOCUS TV. He is also the author of several books: Amazed by God's Grace, Divine Mission: Discovering Your Hope and Purpose, Reflections on the Kingdom of God, and UP FATH

Register at fccspirit.com on a limited seating capacity

Contact: Tess Garza, FCCC Head Coordinator (650) 784-6352 itsmesistess@gmail.com

Artchie Lazaro, FCCC Asst. Coordinator (650) 201-6351 jmleventplanning@gmail.com



ST. PATRICK'S SEMINARY & UNIVERSITY

EUCHARISTIC ADORATION

with Praise & Worship led by St. Patrick's seminarians

FEBRUARY 21, 2026 (SATURDAY)

MARCH 28, 2026 (SATURDAY)

7:15-8:45 PM

Confession available | Light refreshments to follow

  @stpatricksssem

15150 Redwood Road, Redwood Park, CA 94573



Deliver Easter Treats and Cards in San Francisco County Jails

Thursday April 2, 2026



11:00 AM CJ#2

425 7th Street, San Francisco, CA 94102

1:00 PM CJ#3

1 Moreland Dr, San Bruno, CA 94066

Complete volunteer registration and background check form at
www.sfarch.org/rjvolunteer

IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR
AT ESCOBARJ@SFARCH.ORG OR CALL (415) 614-5572



Archdiocese of San Francisco's Women's Conference

A Retreat with the Merciful Heart of Jesus
on the eve of Divine Mercy Sunday

Saturday, April 11, 2026 | 9:30 a.m. – 6:00 p.m.

Star of the Sea Catholic Church, 4420 Geary Boulevard, San Francisco, CA

\$55 per person



Archbishop Salvatore J. Cordileone
Celebrant



Sister M. Inga Kvassayová, ISMM
Speaker



Father Jim McCormack, MIC
Speaker

The conference provides an opportunity to receive the Divine Mercy Sunday Indulgence, with time for the Sacrament of Reconciliation and 4:30 p.m. Vigil Mass.

Conference will be held in the gym and Mass will be in the church.

Lunch is included.



ARCHDIOCESE OF
SAN FRANCISCO

Learn more and register at sfarch.org/womens-conference





NORTHERN CALIFORNIA RENEWAL COALITION
39TH ANNUAL CATHOLIC CHARISMATIC CONFERENCE
MAY 9, 2026 - SATURDAY



CATHEDRAL OF ST. MARY OF THE ASSUMPTION
1111 GOUGH STREET (PATRONS HALL) SAN FRANCISCO CA 94109

8:00 AM-6:00 PM (CLOSING MASS at 4:00 PM)

6:30 PM-8:00 PM TRIBUTE TO THE MESSIAH

TALKS IN ENGLISH, SPANISH, VIETNAMESE, YOUTH & CHILDREN'S PROGRAM

SPEAKERS

- FR. IKE UDOH OF UNBOUND MINISTRIES AND CHAPLAIN OF THE OAKLAND CHARISMATIC RENEWAL
- DEACON RALPH POYO, FOUNDER OF NEW EVANGELIZATION MINISTRIES (TEXAS) AND CHAIRMAN OF PENTECOST TODAY
- ROSE PAYAN, PRAISE & WORSHIP LEADER AND BIBLE TEACHER

REGISTRATION

\$35 ADULTS - \$10 YOUTH/CHILD OR (1) FREE WITH PAYING ADULT
\$15 LUNCH / \$15 DINNER (PREORDER ONLINE ONLY)

NCRCSpirit.org

GABBY BALTAZAR (415) 515-7748 - TESSIE VIERNEZA (415) 272-4377
NORMA GUERRERO (650) 219-4556 - JOE GUZMAN (530) 414-0408

Serving the dioceses of Monterey, Oakland, Sacramento, San Francisco, San Jose, Santa Rosa & Stockton



Save the Date

Cultural Heritage Night

October 4, 2026
5:00 PM

Cathedral of
St. Mary of the Assumption
San Francisco

Hosted by::



ARCHDIOCESE OF
SAN FRANCISCO
FILIPINO MINISTRY

Stay tuned for additional information.

www.filipinoministrsf.org | filipinoministrsf1@gmail.com



**Sto. Niño
Devotion**
(every Friday
after the
12:10 p.m. Mass)

*Judy Labaria
Alma Raymundo
Cathy Bohol
Sheila Montemayor
Anonymous*



**Black
Nazarene**

**Feast Day
January 9**

*Rosie Drapiza
Lydia Cagampan
Rene & Elsa Tuazon
Celia & Paul Gravador*



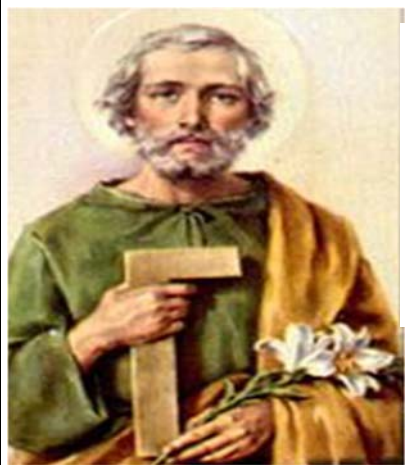
**Our Lady of
Perpetual Help
Devotion**
(every Tuesday
after the
12:10 Mass)

*Raya & Gamboa
Families*



**San Lorenzo Ruiz
First
Filipino Saint
(Sep 28)**

*Fe Macatangay
Jeanette Chafe
John & Gemma O'Donnell
Evelyn Grande
Mely Saavedra*



**Saint
Joseph**

**Feast Day
March 19**

Xenia Villamejor

**St. Anne
Feast Day
July 26**



PRAYER TO
St. Anne

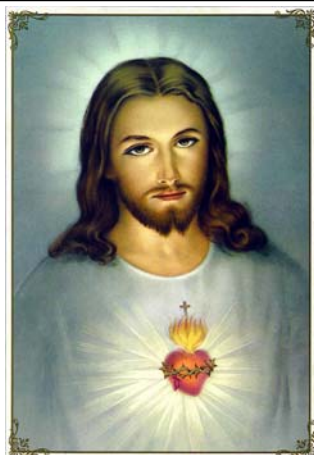
O GOD, You
bestowed on St.
Anne such grace
that she was found
worthy to become
the mother of
MARY, who
brought forth
Your only
begotten SON.
Grant that we may
be helped by her
intercession.
Amen.

Photo: THE HOLY ROSARY Daily
www.Rosary.com

**Sacred
Heart**

**First Friday
Schedule**

**4pm Holy Hour
5:15 Mass**



**OUR
LADY
OF
FATIMA**

**Pray the
rosary**

The Gracious Chapter

Psalm 23

1 The LORD is my shepherd, I lack nothing.

2 He makes me lie down in green pastures, he leads me beside quiet waters,

3 He refreshes my soul. He guides me along the right paths for his name's sake.

4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

The Gracious Chapter

Yap Family



St. Patrick Charismatic Prayer Group

Charismatic & Healing Mass:
Every 3rd Sunday at 2:00 p.m.

Matt Dorsey
SAN FRANCISCO SUPERVISOR



I'm proud to represent you in City Hall — and grateful for the faith community we share at St. Patrick's. For help with city matters, feel free to call my office at (415) 554-7970 or email Matt.Dorsey@sfgov.org.

Best,

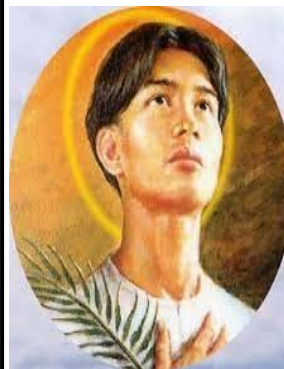
Matt Dorsey

Our Lady of Guadalupe

Feast Day
December 12



St. Pedro Calungsod 2nd Filipino Saint (April 2)



Elena & Mark Ramoran Gayapa Family,
Romeo & Antonina Real Family,
Dan & Annie Lacap Family,
Jesus, Jr. & Malou Paningbatan,
Vida Ventura,
Nenette Murata,
Cristin Salangang