

# St. Patrick Catholic Church

*San Francisco's Historic Landmark #4*

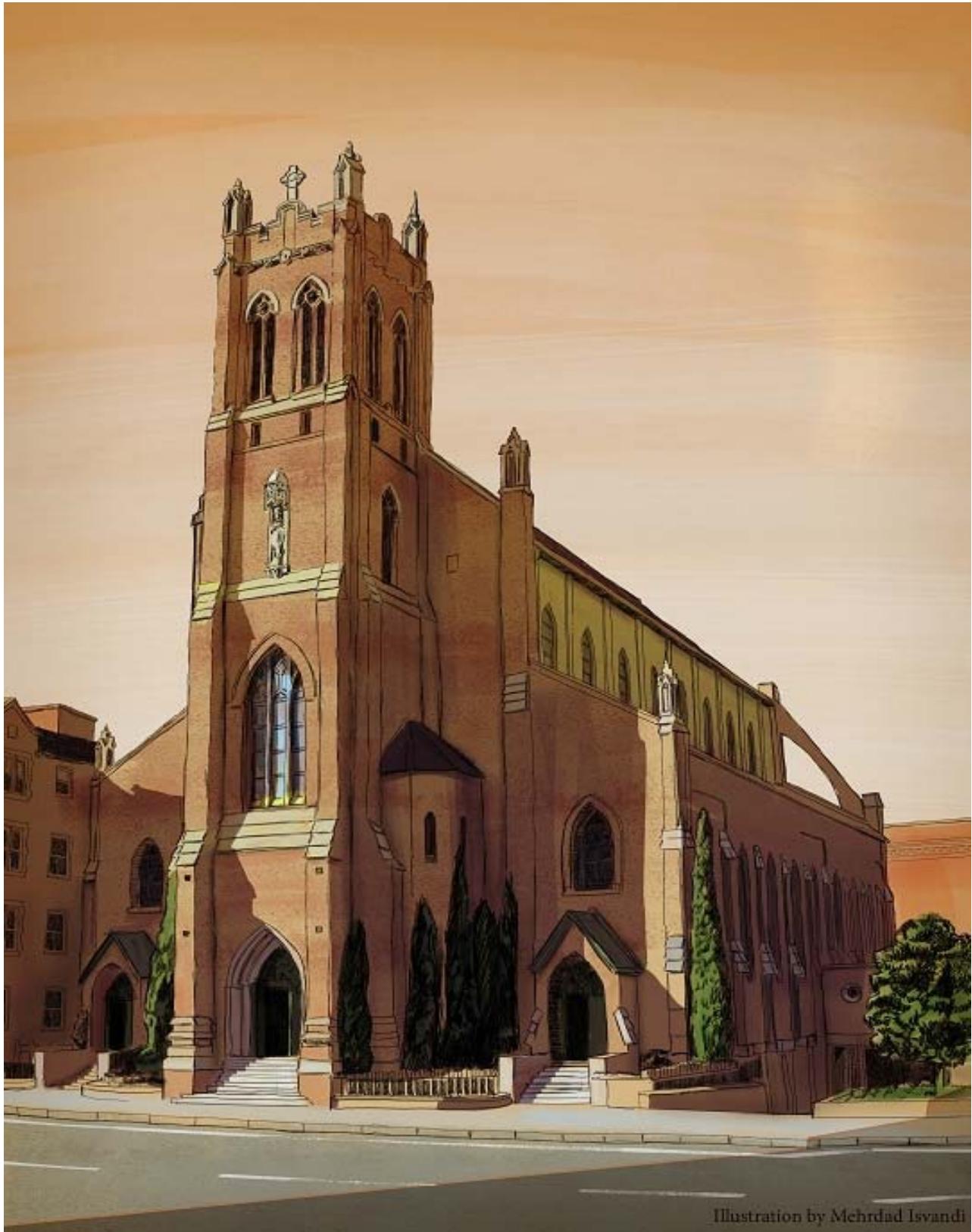
*(Founded in 1851)*

756 Mission St. (between 3rd and 4th Streets) San Francisco, CA 94103 | Tel (415) 421-3730

[www.stpatricksf.org](http://www.stpatricksf.org)

**February 08, 2026 - Fifth Sunday in Ordinary Time**

*Light shines through the darkness  
for the upright. ~ Psalm 112:4*



## **Pastoral Staff**

Rev. Andrew Spyrow - *Pastor*  
Rev. Teodoro "Fr. Ted" P. Magpayo - *Parochial Vicar*  
Rev. Celestine Tyowua - *Parochial Vicar*  
Deacon Ferdinand Mariano - *OCIA Coordinator*

## **Parish Staff**

Rachelle Morales and Nenette Murata -  
*Religious Education Coordinators*  
Charles Corpus - *Music Coordinator*  
Nora Regaspi - *Office Manager*  
Camelle Sudario - *Parish Receptionist*

## **Mass Times**

Monday - Friday: 7:30 a.m., 12:10 p.m., 5:15 p.m.  
Saturday: 7:30 a.m., 12:10 p.m. 5:15 p.m. *Vigil Mass*  
Sunday: 7:30 a.m., 9:30 a.m., 12:00 p.m., 5:15 p.m.  
Tagalog Mass: 1st Sunday at 2:00 p.m.  
Family Mass: 2nd Sunday at 12:00 p.m.  
Charismatic & Healing Mass: 3rd Sunday at 2:00 p.m.

## **Parish Schedule**

### **Parish Office Hours**

Monday through Friday

9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 5:00 p.m.

### **Sacrament of Reconciliation (in the Rectory)**

*(appointments are preferred)*

Monday through Thursday

9:00 a.m. - 11:30 a.m. and 2:00 p.m. - 4:00 p.m.

### **Novena to Our Mother of Perpetual Help**

Every Tuesday after the 12:00 p.m. Mass

### **Sacred Heart**

First Friday of the month at 4:00 p.m..

### **Sto. Niño Devotion**

Every Friday after the 12:00 p.m. Mass

### **Our Lady of Fatima**

First Saturday of the month at 11:30 a.m.

## **Happy Birthday!!**

Happy Birthday to our Parishioners  
celebrating a birthday this week.

Ian Angeles	2/9	Eleanor Lawsin	2/12
Isabella Nangca	2/9	Shaina Quizo	2/12
Laila Scarlett Udtohan	2/9	Thelma Dicola	2/13
Erica Mendoza	2/10	Juan Guzman	2/14
Esther Oh	2/11	Daisy Young	2/14

## **Damaged Blessed Items**

If you have any damaged blessed items, including statues and Bibles, as well as sacramentals, such as crucifixes and rosaries, please feel free to drop them off in our gift shop. We'll make sure they are disposed of properly and respectfully.

## **The Light of Service**

The prophet Isaiah inspires us with these words: "Light shall rise for you in the darkness, and the gloom shall become for you like midday." All of us celebrating the liturgy today praise God for these words of encouragement. Surely each of us knows the gloomy side of life, but today's readings propose a brilliant antidote to misery: the light of service. Isaiah focuses on physical suffering, telling us to provide food, clothing, housing, and equal opportunity to those with limited resources. Moving beyond material needs, Saint Paul demonstrates how to proceed humbly when attending to people's spiritual needs. Saint Matthew's Gospel stirs us to bold action: whatever gifts we have, we must put them at the service of our communities. As Christians, we must engage with one another without holding back, letting our light shine before all.

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## **Our Fascinating Faith**

### **Our Lady of Lourdes (February 11)**

On February 11, 1858, fourteen-year-old Bernadette Soubirous, the oldest of nine children in a poor family from Lourdes, France, saw Our Lady in the first of eighteen apparitions. At the grotto of Massabielle, Bernadette saw "a small lady in white" who invited her to return each day. During the visions the Lady communicated a message of penance, instructed Bernadette to dig so that a spring of water began to flow, requested that a chapel be built there at the grotto, and eventually identified herself by saying "I am the Immaculate Conception." Throughout these apparitions, Our Lady addressed Bernadette in a formal way, treating the humble girl with dignity. In 1862 the authenticity of the apparitions was confirmed by Church authorities. The Feast of Our Lady of Lourdes was recognized worldwide in 1907. Lourdes became a place of pilgrimage for thousands of the faithful; their faith and the faith of many others was revitalized through the story of a simple young girl from rural France.

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## **Catholic Prayer Corner**

### **Prayer in Time of Illness**

Lord Jesus,  
I believe that having passed through the gate of life  
in baptism,  
I will always have your protection and comfort.  
Yet today the pains of my illness threaten  
to overcome me  
and cause me to forget all the good things  
you have given me in this life.  
I pray in confidence that you would  
send forth your Spirit  
to refresh and revive me as you have always done  
in the past.

May I continue to witness to your goodness in this life  
so that I may be with you at the heavenly banquet table  
in eternity.  
Amen. Alleluia.

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## **Later...**

One who waits to do a great deal of good at once, will never do anything.

*~ Samuel Johnson*

## **Relevant Radio**

Tune your radio to 1260 AM or 101.7 FM for 24-hour broadcasts concerning Catholic teachings and prayers.

## St. Patrick Church Lifetime Donors

You can still make a donation by going to our parish website: [www.stpatricksf.org](http://www.stpatricksf.org). On our homepage scroll down and click Online Giving. Create an account if you don't have one. Once you have created an account, please choose the Lifetime Donor option. We are asking a Lifetime Donor to donate a minimum of \$20 a week or \$80 a month. Your privacy and financial information are safe with us. And we recommend that you use your credit card for an easier and faster transaction.

Thank you for your generosity and support.

For more information,  
email us at [information@stpatricksf.org](mailto:information@stpatricksf.org)  
or call us at 415-421-3730

**We have 86 Lifetime Donors as of 28 January 2026**

In Memory of Nicomedes & Juanita Abello	Eleanor Lawsin
Cristina Agbayani	Felicitas Locsin
Marilou Alegre	Merly Lorete
Corazon M. Ambata	Fe Macatangay
Roberto Andrey	Beltran C Marces
Joy, Jen & Jackie Bandelaria	Corazon Mariano
Eufemia Barcelona	Loren Masangcay
Evelyn Bird	† Dionisio Mendaros, Si Cora Cuisin
Dr. Beverly Lynn Bolinger	Evelyn Mendoza
Maria Bravo	Rachelle Morales
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† Rosalinda Del Rosario	Alma Raymundo
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Alvin Gonzalez	Precious & Ryan Tizon
Therese Guintu	Victoriano & Carmen Uchi & Family
Norma Gumawid	Laura Vannunching
Ina Howard	Boying & Rosie Vasquez
† Ponciano & Marlene Icatar	Alden, Mercy Ventigan & Kids
Georgina Jose	Vida Ventura
Kaiser Permanentesf, 4Center & Oncology	Josephine Villa
Agnes Kumi	Rianty Winarta
Judy Neri Labaria	Edwin,Rosalie,Krista,Ezra & Juliana
Tita Labaria	Cielito Littaua Yoma
Dan And Annie Lacap	† Charlie A. Yparraguirre



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## Upcoming Events in the Archdiocese of San Francisco

**Feb 14** Healing Mass for divorced or separated Catholics. St Anselm Church (97 Shady Lane, Ross). 9am, followed by reception. Contact Donna at 415.205.5998 or [dhaasnatn97@gmail.com](mailto:dhaasnatn97@gmail.com) for more information or to register

**Feb 21** annual Wedding Anniversary Mass will be hosted on Saturday, February 21, 10:00am at the Cathedral of St Mary of the Assumption (1111 Gough Street in SF). All sacramentally married couples are invited to bilingual Mass with the Archbishop Cordileone, followed by a reception. Couples celebrating "5-year anniversaries" (5, 10, 15, 20...) will receive special notice. Register at [www.sfarch.org/anniversarymass](http://www.sfarch.org/anniversarymass) by Wednesday 2/18; suggested donation is \$20/couple.

**Feb 20-22** Struggling in your marriage? Retrouvaille has helped 1000s of "hopeless" marriages heal and become better than ever. For confidential information about, or to register for the program on Feb 20-22 (Mountain View) call 415-893-1005 or email: SF@RetroCA.com or [6018@helpourmarriage.org](mailto:6018@helpourmarriage.org), or visit the web site at [https://helpourmarriage.org](http://helpourmarriage.org)

**Feb 27 – Mar 1** Life Giving Wounds Healing Retreat for Adults with Divorced or Separated parents. Vallombrosa Retreat Center, Menlo Park 7:00pm Friday – 3:30pm Sunday. This powerful healing retreat weekend invites participants with divorced or separated parents to move past their parents' relationship to their own deepest origin and identity as God's beloved, capable of great love. Promotional video with info here, more info or register at <http://www.sfarch.org/lgw>; much more information about the ministry here.

## The View From the Pew

### 175 Years... and Counting

1851. To borrow a few lyrics from Frank Sinatra, "...it was a very good year..." I remember it like it was yesterday. Well, not really. It was actually a long time ago. What happened in 1851? Let's take a look at some of the historical events from that year:

- Millard Fillmore was the 13th President of the United States
- The United States had only 31 states (CA was the 31st)
- Robert Schumann's 3rd Symphony, "Rhenisch," premiered in Dusseldorf, Germany
- Congress authorized the Three-Cent Piece silver coin
- Giuseppe Verdi's opera "Rigoletto," premiered in Venice, Italy
- Yosemite Valley was discovered in California
- Linus Yale patented the Yale-lock
- Isaac Singer patented the sewing machine
- Saint Joseph's University was founded in Philadelphia, PA
- *The New York Times* began publishing (2 cents a copy!!)
- *Moby Dick* by Herman Melville was published
- Western Union was founded

A lot of things were going on 175 years ago, yet all of these historical events pale in comparison (well, at least around here) to what happened on Monday, June 9, 1851. That was the date St. Patrick Catholic Church was established on 4th St. where the San Francisco Marriot Marquis now stands. It seems like just a few years ago we celebrated our 160th anniversary here at St. Patrick and it's already time to celebrate our 175th. *Tempus fugit!!*

Take a look around the church and just soak up its beauty. Check out the beautiful marble and elaborate stained-glass windows. It would be too expensive to build a church like this today, so let's appreciate the beautiful place we're blessed to call our spiritual home.

## Mass Intentions for Feb 08 - 14

Date	Time	Intention
<b>Sunday 08</b>	7:30 a.m. 9:30 a.m. 12:00 p.m. 5:15 p.m.	† Isaac Twegbe SI All The Parishioners Of St. Patrick TG Domingo Ordoveza † Mario Villanueva
<b>Monday 09</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Aliw Bandelaria † Ester S. Tubbs & All Souls SI Evelyn Bird
<b>Tuesday 10</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Maria Bravo TG Rosy Ordoveza SI Mercedita Cadiz
<b>Wednesday 11</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Marilyn & Lorenzo Sumulong TG Luluday Villanueva SI MC Canlas
<b>Thursday 12</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI John & Judith Casper † Lourdes Albayalde Villanueva † Francis Perez Merida
<b>Friday 13</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	FH Robert Kalb † Lourdes Albayalde Villanueva SI Dr. Beverly Lynn Bolinger
<b>Saturday 14</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	TG Jeff & Nenette Murata † Lourdes Albayalde Villanueva SI Sandra Cea



## World Marriage Day

Today is World Marriage Day, which honors husband and wife as head of the family, the basic unit of society. It salutes the beauty of

their faithfulness, sacrifice and joy in daily married life. The idea of celebrating marriage began in Baton Rouge, La., in 1981, when couples encouraged the Mayor, the Governor and the Bishop to proclaim St. Valentines Day as "We Believe in Marriage Day". The event was so successful, the idea was presented to and was adopted by Worldwide Marriage Encounter's National Leadership. By 1982, 43 Governors officially proclaimed the day and celebrations spread to U.S. military bases in several foreign countries. In 1983, the name was changed to "World Marriage Day", designated to be celebrated each year on the second Sunday in February. In 1993, his Holiness, Pope John Paul II, imparted his Apostolic Blessings on World Marriage Day. WMD celebrations continue to grow and spread to more countries and faith expressions every year.

### Prayer

"Father, as we prepare for World Marriage Day, we thank you for your tremendous gift of the Sacrament of Marriage. Help us to witness to its glory by a life of growing intimacy. Teach us the beauty of forgiveness so we may become more and more One in Heart, Mind and Body. Strengthen our dialogue and help us become living signs of your love. Make us grow more in love with the Church so we may renew the Body of Christ. Make us a sign of unity in the name of Jesus, our Lord and Brother. Amen" - Fr. Bill Dilgen, S.M.M.

## Pope Leo XIV proclaims Franciscan Jubilee Year

His Holiness Pope Leo XIV has arranged that, from the 10th January, 2026 to the 10th January, 2027, this Year of St. Francis will be celebrated, during which all the Christian faithful are invited to follow the example of the Saint of Assisi, becoming models of holiness of life and constant witnesses of peace. The Apostolic Penitentiary grants the plenary indulgence under the usual conditions to those who participate devoutly in this extraordinary jubilee, which represents an ideal continuation of the Ordinary Jubilee of 2025.

This Jubilee Year is addressed especially to members of the Franciscan Families of the First, Second and Third Regular and Secular Orders, as well as to Institutes of Consecrated Life, Societies of Apostolic Life and Associations that observe the Rule of St. Francis or are inspired by its spirituality. However, the grace of this special year is also extended to all the faithful without distinction who, with their spirits removed from sin, visit in the form of a pilgrimage any Franciscan conventual church or place of worship dedicated to St. Francis in any part of the world. The elderly, the sick and those who for serious reasons cannot leave home will also be able to obtain the plenary indulgence by spiritually joining the Jubilee celebrations and offering their prayers, pains or sufferings to God.

In this time of celebration that culminates eight hundred years of Franciscan memory, we cordially invite all the faithful to take an active part in this exceptional Jubilee. May the shining example of St. Francis, who knew how to make himself poor and humble in order to be true alter Christus on earth, inspire our hearts to live with authentic Christian charity towards our neighbour and with sincere longings for concord and peace among peoples. Following in the footsteps of the Poverello of Assisi, let us transform the hope that made us pilgrims during the Holy Year into fervour and zeal of effective charity. May this Year of St Francis be for each one of us a providential occasion for sanctification and evangelical witness in the contemporary world, for the glory of God and the good of the whole Church.

### Conditions for receiving the Indulgence (for oneself or for the deceased)

- Sacramental confession to be in God's grace (in the eight days before or after);
- Participation in Mass and Eucharistic Communion;
- To visit in the form of a pilgrimage any Franciscan conventual church or place of worship dedicated to St. Francis anywhere in the world, where one renews one's profession of faith, through the recitation of the Creed, to reaffirm one's Christian identity;
- The recitation of the Lord's Prayer, to reaffirm the dignity of children of God, received in Baptism;
- To pray for the intentions of the Holy Father, to reaffirm belonging to the Church, whose foundation and visible centre of unity is the Roman Pontiff.

## Presidential Gardening

After I die, I want it said of me that I plucked a weed and planted a flower wherever I thought a flower would grow.

~ Abraham Lincoln

*An expanded color version of our printed bulletin, with online-only content, is available on our website:*

**[www.stpatricksf.org](http://www.stpatricksf.org)**

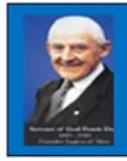
## LEGION OF MARY - ST. PATRICK CHURCH

JOIN THE LEGION OF MARY, OUR LADY OF MT. CARMEL PRAESIDIUM

Meeting - Sunday at 1:30 p.m. in Bitanga Hall



The Legion Family Worldwide  
On all continents  
In over 170 countries  
4 million active members  
5 million auxiliary members



The Founder Frank Duff  
1889 - 1980

### Legion of Mary's History

The Legion of Mary was founded in Dublin, Ireland on the 7<sup>th</sup> of September in 1921.

It is a lay Catholic organization giving service to the Church on a voluntary basis in almost every country.

### Legion of Mary's Aim

The object of the Legion of Mary is the glory of God through the holiness of its members developed by prayer and active co-operation in Mary's and the Church's works.

### Legion of Mary's Unit

The unit of a Legion of Mary is called a praesidium, which holds a weekly meeting where prayer is intermingled with reports and discussions. Persons who wish to join the Legion must apply for membership in a praesidium.

### Legion of Mary's Active Works

The Legion sees as its priority the spiritual and social welfare of everyone. The members participate in the life of the parish through visitation of families, the sick, both in homes and hospitals and through collaboration in every apostolate and missionary undertakings sponsored by the parish. The works are more of spiritual works of mercy.

### Legion of Mary's Active Membership

This membership is open to all faithfully practicing Catholics. Members attend weekly meetings and engage in prayers and active works. Candidates under 18 years of age can be received in a Junior Praesidium.

## St. Josephine Bakhita (c. 1869-1947)

February 08

“Save Darfur!” That cry echoes around the world and in the heart of the Church, where a child of Darfur is one of our newest saints: Josephine (her baptismal name) Bakhita (“Lucky One,” the slave-traders’ nickname). Kidnapped at nine, sold in Sudan’s slave-markets, flogged daily till covered with scars, Bakhita was finally bought by Italians and taken to Italy. There Bakhita discovered a “Master” who had himself been flogged to redeem her from slavery! “I am truly loved,” she thought, “and awaited by this Love.” Baptized, she often kissed the baptismal font, exclaiming, “Here I became a daughter of God!” For fifty years as a Daughter of Charity, Bakhita provided cheerful hospitality to all who knocked at the convent door. In her final illness, she relived slavery’s horror: “Please, loosen these chains,” she begged the nurse. “They are so heavy!” Her last words were: “Our Lady! Our Lady!” John Paul II canonized her in the Jubilee Year 2000, praising God for leading her “from abject slavery to the dignity of being your daughter and the Bride of Christ.”

~ Peter Scagnelli, Copyright © J. S. Paluch Co.

## The Christian Ideal

The Christian ideal has not been tried and found wanting. It has been found difficult and left untried.

~ Gilbert K. Chesterton

## Letters from Heaven

Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left or diagonally until all letters are used once. Ignore any black squares.

Jesus said to his disciples: “You are the salt of the earth. But if salt loses its taste, it is no longer ...”

	D	F	G
R	O	O	N
A	O	G	I
N	Y	T	H

G \_\_\_\_\_ .”

Answer: *εμψήνω τοῦ πονού*

February 10

**St. Scholastica**  
6<sup>th</sup>-century foundress of the first Benedictine convent; twin sister of St. Benedict and the patron saint of nuns.

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**saint snippets**

I asked you and you did not listen. So I asked my God and he did listen.

February 10

**St. José Sánchez del Río**  
14-year old martyr who refused to deny his faith in Christ during the Cristero War in Mexico

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**saint snippets**

I will never give in! Long live Christ the King!

February 11

**Our Lady of Lourdes**  
The Blessed Mother appeared to 14-year old Bernadette Soubirous in Lourdes, France in 1858. Countless healings have been attributed to the miraculous water that flows from the apparition site.

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**saint snippets**

I do not promise to make you happy in this world but in the other.

February 14

**Sts. Cyril and Methodius**  
Two brothers and Byzantine theologians in the 9<sup>th</sup>-century. They are known as the “Apostles to the Slavs” because of their missionary work with the Slavic people.

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**saint snippets**

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.”

~Matthew 28:19



## CORPORAL WORKS OF MERCY

Today's Gospel (Matthew 5:13-16) calls us "light of the world." Our light shines before others when we do the good deeds asked of us by God. In the first reading, the prophet Isaiah (58:7-10) gives us some suggestions. He tells us that God asks us to share our bread with the hungry, shelter the homeless, and clothe the naked. The Church gives us a similar list called the corporal works of mercy. The word "corporal" comes from the Latin word *corpus*, which means "body." These works help us take care of the needs of the body. Match the corporal work with an example of how you can practice it. Some examples have been included. Fill in the missing ones with your own ideas.

Feed the hungry.	<hr/>
Give drink to the thirsty.	<hr/>
Clothe the naked.	Contribute clothes to a clothing drive.
Shelter the homeless.	<hr/>
Visit the sick.	<hr/>
Visit those in prison.	Find an organization that writes letters to mothers in prison, or sends them books and recorders so they can share a story with their children.
Bury the dead.	Be ready to give comfort to someone you know who has lost a loved one. You can attend the wake and funeral.

Pick one work of mercy that your family will focus on this week. Continue with a different work each week. Let your light shine!

## The Little Ones

Jim Burrows

HER LIGHT IS SHINING  
BRIGHTLY TODAY



•BURROWS•

If you give yourself to the hungry  
And satisfy the desire of the afflicted,  
Then your light will rise in darkness  
And your gloom will become like midday. Is 58:10

## Pastor Al™

FIRST  
AID



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"Did you have to set up right next to my  
'Secret Chili Recipe' booth?"

**FIFTH SUNDAY IN ORDINARY TIME**

**Your**  
**light**  
must  
**shine**

before others, that they may  
see your good deeds and  
glorify your heavenly Father.

February 08, 2026

Matthew 5:16

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## Fifth Sunday in Ordinary Time

Today's readings from Isaiah and Matthew evoke the powerful metaphor of light as an image of the community gathered by God. Jesus speaks of his followers as "light of the world": they are not the source of light, but a mirror reflecting the brightness of God. This light does not call attention to itself, but enables beauty to be revealed and celebrated, and sinfulness to be exposed and healed. The light of this community is not primarily for itself, but fulfills its purpose when it shines upon the world. The light that we the Church bring to our world can be hidden by "bushels" sometimes imposed by others and sometimes of our own making. Our lights may flicker and die under stress. What might sustain the brightness of our own small light? Our ongoing practices of community prayer, discernment, and action allow God to illumine our Church, day by day.

### Learning How to be Church

Following last week's passage from Matthew with the Beatitudes, today we continue Jesus' Sermon on the Mount with his images of salt, light, and a city. Jesus moves from describing the core identity of the community he has gathered to considering its impact on the world. He wanted his community not just to claim its identity, but to live it out. He wanted his community to journey with him, to fully learn what this might mean.

For us, being salt for others may mean engaging and enriching the lives of our neighbors. Being light may mean illuminating and addressing the world's systems that sustain social sins of violence, racism, and vast inequalities of wealth and opportunity. Being a city set high may mean holding to high standards of transparency, respect, and care for each other. Like Jesus' first followers, we are invited to travel the difficult and joy-filled road of learning and re-learning how to be the Church.

### Cross-Shaped Ministry

Saint Paul, in today's passage from First Corinthians, admits he is not a salesman. He did not come to Corinth with a sales pitch, with skilled rhetoric and worldly wisdom. Paul says that he simply came to speak of Christ crucified. For Paul, the cross is God's primary self-revelation, and the whole life of following Christ is marked by it. Paul describes this cross-shaped ministry by how he first preached it: with humility and fear. He was a messenger who looked weak by the standards of society, in order that the Spirit might break through to his listeners.

We may know or have read of those who spoke or lived with a cross-shaped presence. Perhaps a missionary who humbly served a community while preaching Christ. Or a group of protesters against injustice, who faced violent resistance with dignity and persistence. They open a space for the Spirit to transform hearts. Paul suggests that making ourselves vulnerable makes love possible.

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## This Little Light of Mine

As children we sang the lively song *This Little Light of Mine*. The words, of course, are based on today's Gospel, in which we are called as disciples to be salt and light for the world. Children are uninhibited about sharing their faith. It's only when we grow older that we prefer to hide our light under a bushel basket because our culture tends not to emphasize discipleship. The message in this week's readings is clear: in order to give glory to God through our discipleship, we must show the light of Christ in our words and deeds. Not an easy thing for inhibited adults. Often we may think of salt and light in terms of what we do for others, but it can be just as important not to do something, such as getting angry with the stranger on the road, or telling an offensive joke.

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### Treasures From Our Tradition

When the custom of the station liturgies was revived in the city of Rome in the early days of the twentieth century, the papal liturgy for Good Friday was appropriately housed in the station church of *Santa Croce in Gerusalemme*, the Holy Cross of Jerusalem.

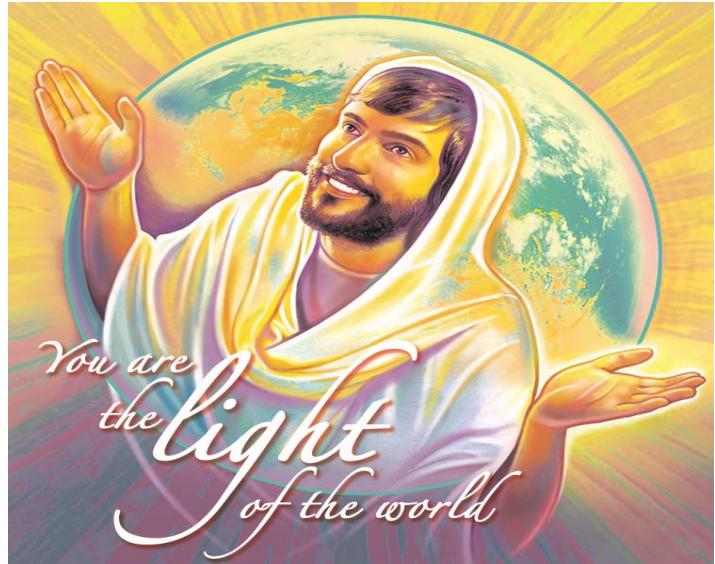
The church is off the tourist track today, but true pilgrims would never miss it. It stands on the grounds of the Sessorian Palace, the home of the Empress St. Helena, mother of Constantine. She dedicated her life to finding the true cross of Christ in Jerusalem, and desired to found a church in Rome for people who could not make the long and dangerous trip to the Holy Land. Eventually, it came to house relics of the cross. When the pope fled the city of Rome for Avignon, the religious institutions of Rome collapsed and the church was abandoned. Centuries later it was given into the care of monks. Amazingly, it concealed a forgotten treasure. In 1492 repairmen took down a brick wall and discovered a niche with the inscription "Title of the Cross," and within, an ancient wooden tablet on which was carved the inscription dictated by Pilate for the cross of Christ in Hebrew, Latin, and Greek. No one is certain that this is authentic, although its discovery was enough to give the church great prestige among pilgrims. The veneration of the relic of the cross located here was a factor in shaping our restored Holy Week.

Rev. James Field, Copyright © J. S. Paluch Co.

## Giving

When you give, see that you give that which multiplies in giving.

~ Raymond Lull



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## Fifth Sunday in Ordinary Time

When Jesus presents the images of salt and light in today's Gospel from Matthew, he is describing some of the primary characteristics for his community of followers. As salt adds flavor to food, so Christians are to bring hope and meaning to their world. As light reveals what is hidden in darkness, so Christians are to bring wisdom and truth to others. To be Christian is not to sit back, give thanks, and savor God's blessings. Just as salt and light are gifts from God for everyone, those who follow Christ are to be agents of God's love for all. Saint Paul describes this further, teaching that we might begin by embracing humility and vulnerability. Isaiah calls us to be generous and to work for justice. These are the characteristics of a "city set on a mountain," a community of salt and light.

### Lamps and Bushel Baskets

Jesus uses the present tense, "you *are*" salt of the earth and light of the world. This can be troubling to hear, upon a little reflection, when we already suspect that we are not. It's easy to see how often we fail to truly be salt and light for others. This can lead to discouragement and a fear of failing again. But Jesus says that being salt and light is God's gift, and not our own accomplishment.

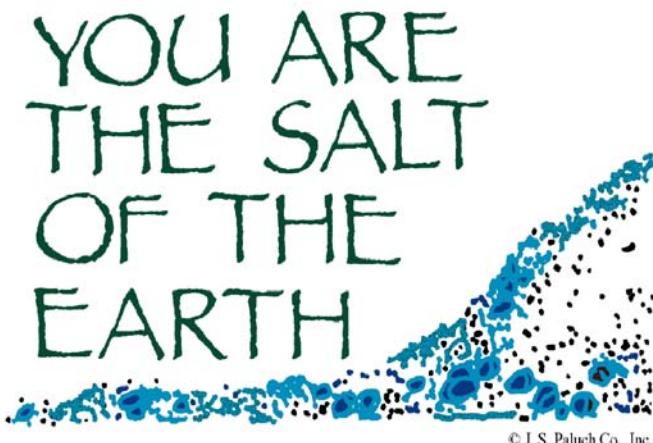
He notes the "bushel basket" that prevents the light of the lamp from being seen. We have created and received all kinds of patterns of thinking and behaving that block our capacity to be light for others. But these patterns do not define us. Whatever our faults, we are primarily God's beloved and gifted people. We can have hope that God will assist us in addressing our "bushel basket," to overcome what blocks our ability to love others. Jesus' Good News for us is that we are ultimately not the bushel basket, but the lamp.

### City on a Mountain

Often, we envision Jesus' imagery of salt and light applied to the life of individual Christians. This is indeed appropriate. However, along with "salt of the earth" and "light of the world", we hear of a "city set on a mountain." Clearly, these images are also directed to Christian communities. A parish, for example, is called to have a visible, caring presence in its local area. As salt and light, a community of faith can add its own flavor and wisdom to its surroundings.

A faith community can have its own "bushel basket," too. This might include unresolved internal conflicts, or a lack of welcoming to strangers, or just being too internally focused. These can prevent the community from demonstrating God's love. However, just as with individuals, God can lead the faithful to address these obstacles, and to become salt and light more fully for their neighborhood.

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## A Low-Salt Faith

Jesus uses two different examples of a good disciple—salt of the earth and light of the world. While these images seem to have little in common, there are similarities, the most obvious being that a little of either goes a long way. Just a pinch of salt can change the taste of food. Similarly, when we wake up in a dark room, one light bulb can be blinding. So also, a little faith can make a big difference. The faith of little children can bring their parents back to the Church. The way we live our faith can speak even louder.

Isaiah gives us some hints in the first reading when he writes about feeding the hungry and giving shelter to the homeless and clothes to the poor. When someone has so much faith that it shows in their actions, as Isaiah puts it, "Your light shall break forth like the dawn." But we sometimes get things backwards. If we do the things Isaiah tells the people to do, we might think that the deeds will give us faith. But faith is the source of those actions, not the result. If we truly believe in God's love for us, and we believe that God lives in the people around us, especially the poor, then we will want to show our love by caring for each other.

When we do have faith, we don't have to worry about how people react to us. Like St. Paul in the second reading, we don't need to be dramatic or full of worldly wisdom. As he preached the wisdom of Christ who died on the cross and was raised from the dead by the power of the Spirit, he let people see that power in the lives of other believers as well as his own life.

But if we don't have faith, then we are like the salt that has lost its flavor. A low-salt diet may be good for us; but a low-salt faith, instead of making things better, would make them worse. Without faith in God's love for us, we would not respond with love of our own. We could still be a good person, but we would not be a very good disciple. We could not spread the faith if we didn't have it ourselves.

~ Tom Schmidt, Copyright © J. S. Paluch Co.

## The God Squad Catholic TV Mass



The God Squad Catholic TV Mass, aired every Sunday, provides inclusion for those who are homebound, hospitalized, incarcerated and/or unable to attend Sunday Mass. Monsignor Harry Schlitt began broadcasting the TV Mass in the late 1970s and it has been airing ever since. Please watch the TV Mass on Sunday mornings on the following stations:

*In San Francisco*  
KTSF (CH 26) at 6:00 a.m.; KRON (CH 4) at 5:30 a.m.;  
*and in Sacramento*  
KTXL (Fox 40) at 5:30 a.m.

You may also view the Mass at any time by going to [Father-Harry.org](http://Father-Harry.org). You may also find the program beneficial to you, someone in your family, or a friend.

We need your participation and support to continue this valuable ministry.

## Fifth Sunday in Ordinary Time

February 08, 2026

Light shines through the darkness  
for the upright.

~ Psalm 112:4

## Popularity

Avoid popularity if you would have peace.

~ Abraham Lincoln

## God's Call

The person who has been "saved," who has "heard the good news of salvation," still lives in an unsaved world, a world sadly oblivious to the presence of God. Today's readings outline how the disciple is present in the world.

The outline begins with Isaiah: "Share your bread . . . shelter the oppressed . . . clothe the naked" (Isaiah 58:7). Those who hear the word of salvation are not insensitive to the urgent needs of others. Then Paul reminds his flock that he brought Christ to them not in eloquence or wisdom, but by being with them in the "weakness and fear" of their daily lives (1 Corinthians 2:3). Finally, Jesus tells his disciples to go out into the gloom and darkness of the streets of the world and let God's light shine through their good deeds.

We disciples don't save the world. To the extent, however, that we have heard the word of God and been awakened to God's presence, we may spread that word and bring that presence to others.

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## Feast of Faith

### The Gloria (1)

The Gloria, or Glory to God, follows the penitential rite. Both are acts of praise. In the penitential rite, we sing of the mercy of Christ. In the Gloria we praise God's saving action in the universe.

The Gloria is a relatively late addition to the Mass. It first appeared in the Roman liturgy in the sixth century, and then it was sung only by the pope—and only on Christmas! With time, the hymn came to be sung by bishops on major feasts, and then by priests; finally, it became the song of the entire assembly. With the advent of more elaborate musical settings, the people gradually stopped singing the Gloria, until this song of the people became the exclusive domain of the priest and the choir. But the liturgical reforms have restored it to its place as primarily the song of the assembly.

The language of the Gloria echoes the New Testament canticles. It may be begun by the priest, the cantor, and the entire assembly in varied combinations. The Gloria is sometimes called the "greater doxology," and in some ways it is like an extended, ecstatic version of the familiar doxology ("Glory be to the Father") prayed in the Divine Office and the rosary.

Corinna Laughlin, © Copyright, J. S. Paluch Co.

## God's Summons

If we are not able to witness concretely to the love of Christ in our lives, then we are truly salt that has gone tasteless. Our flavor and impact are lost. How difficult it is to get them back again.

In the late 1940s the Christophers movement began in the United States. The Christophers' motto, "It is better to light one candle than to curse the darkness," attracted many through the Christophers' effective use of the media, advertising, and the encouragement of its members to proclaim Christ in the workplace.

Jesus calls us to be that candle and to set ourselves in the most visible place. Jesus, who brought eternal light to the world, tells us that we, too, are the light of the world. Through our words and actions we must let our light shine in the sight of all so that in seeing our good works, everyone may give praise to God.

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## Popularity

Avoid popularity if you would have peace.

~ Abraham Lincoln

## Back to Basics

Salt and light are the two symbols that Jesus sets before us in today's Gospel. He says we are salt and light in the world, but only when we put ourselves to good and useful purposes. In ancient times salt was valuable not only as seasoning, but also to preserve foods and disinfect wounds. Salt signified permanence, loyalty, and commitment. In those days salt came either from evaporated sea water or from the Dead Sea. The crystals were large and grayish in color because of the presence of other minerals. The taste was different from what we are used to, and without additives to keep it stable, the salt could eventually leach out. What is left tastes "flat" and was worthless as a seasoning and useful only for keeping footpaths free of vegetation and occasional snow in winter. That may be why Jesus says it is then "no longer good for anything but to be . . . trampled underfoot" (Matthew 5:13). A light is only useful if it provides illumination for human purposes. Houses in Jesus' time were lit with small oil lamps. Oil was not cheap; therefore, lamps were only lit for what were essential and important activities—the Sabbath meal for example—to be shared by all. In a time before electricity, even one small oil lamp would have seemed very bright in the darkness, and a reminder of God as the creator of light. The prophet Isaiah in today's first reading gives us a "road map" of how to be light and salt in the world: "Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked . . . and do not turn your back on your own" (Isaiah 58:7). Take care of the human family, and your good deeds, says Jesus, will be like light and cause others to "glorify your heavenly Father" (Matthew 5:16).

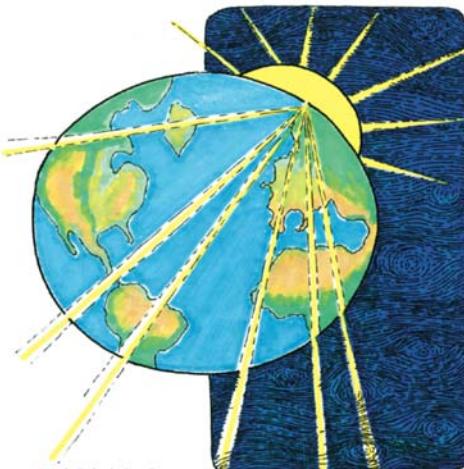
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## Treasures From Our Tradition

You need more than water for a bath. Most family bathrooms contain an arsenal of soaps and emollients, lotions, shampoos, and conditioners to combat grime and honor the body. A bath without oil is still unthinkable. No wonder early Christians used lavish amounts of oil to "paint" the skin of people drawn dripping wet from the baptismal font on Easter. There were two oils used in baptism long ago. "Oil of exorcism" protected candidates from "evil spirits"; it strengthened their resolve and purified their purposes.

The second oil, slathered over them after baptism's bath, "sealed" them, making them like Christ, the anointed one, the priest, the prophet, the king. Chrism has always had a powerful odor; rich resinous perfumes are stirred in before it is consecrated. As the newly baptized were embraced by new brothers and sisters in Christ, the scent permeated the hall of Eucharist, a sign of our connection to Christ and to one another.

~ Rev. James Field, Copyright © J. S. Paluch Co.



## Reflecting on God's Word

In today's reading from the Letter to the Corinthians Paul says it is the power of God working through him, not his own wisdom or talents, that allowed the Corinthians to put their faith in the gospel. The Corinthians themselves were so self-satisfied and proud about their gifts that they had forgotten who gave them what they had and what their gifts were for. Paul reminds them, and us, that everything we have—even our faith—is from the Lord and for others. It is the Lord's light that shines through those who, like Paul, put their trust in God. To walk in that light is to allow God's generosity, mercy, and justice to shine through us. And that means sharing all we have, as individuals and as a community, the way God has done and continues to do for us.

The Second Vatican Council's Dogmatic Constitution on the Church is entitled *Lumen Gentium*, "Light of the Nations," because that is what the Church is called to be. Christ's light is given to us—not only for our own personal benefit now or salvation someday—but that others might "see the light" and turn their gaze and their lives toward the dawning Sun of Justice: Christ, our Light.

~ Virginia Stillwell

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## Living Stewardship Now

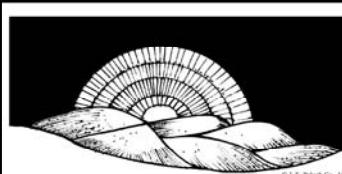
What are your deeds of salt and light? Do you serve your fellow parishioners? Are you involved with local charities or community action? Do you need to increase or change your involvement?

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## Living God's Word

A dancer named Lillian is always saying, "Give it up," and she doesn't mean, "Throw up your hands in despair." She means, "Whatever you have, share it for the good of all." Isn't that what God has done for us in Christ crucified, and wants to do through us, the Body of Christ?

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Fifth Sunday  
in Ordinary Time  
February 08, 2026

Light shines through the darkness  
for the upright.

—Psalm 112:4

## Reasons of the Heart

The heart has its reasons of which reason knows nothing.

~ Blaise Pascal

## OUR LADY OF LOURDES

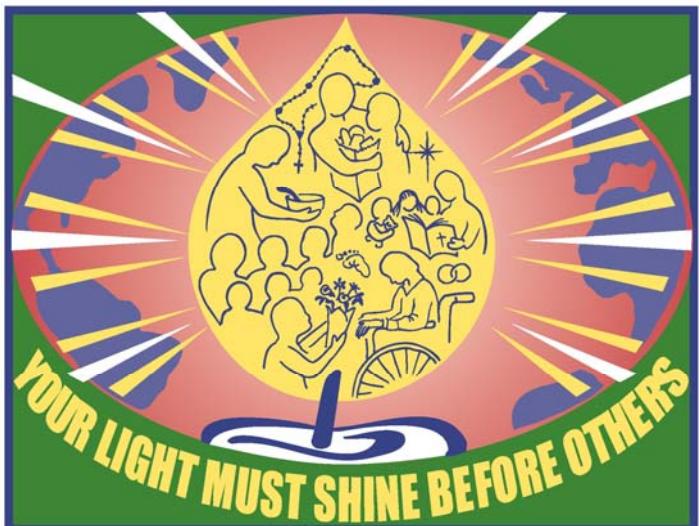


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You  
are the  
light  
of the  
world



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# IMMIGRANT KNOW YOUR RIGHTS



IN THIS COUNTRY, EVERY INDIVIDUAL HAS RIGHTS, REGARDLESS OF THEIR COUNTRY OF ORIGIN, RACE, LEGAL STATUS, NATIVE LANGUAGE, RELIGION, SEXUAL ORIENTATION, OR GENDER IDENTITY.

- 1. THE RIGHT TO NOT OPEN THE DOOR**  
Ask for warrant under the door; verify details first.
- 2. THE RIGHT TO REMAIN SILENT**  
Give only your name; speak with an attorney present.
- 3. THE RIGHT TO MAKE A PHONE CALL**  
Call your attorney or family; keep a number ready.
- 4. THE RIGHT TO A HEARING BEFORE A JUDGE**  
You can ask for a judge to hear your case.
- 5. THE RIGHT TO HAVE YOUR PHYSICAL INTEGRITY RESPECTED**  
No one can abuse you physically or verbally.
- 6. THE RIGHT TO NOT SIGN ANY DOCUMENTS**  
Only sign documents with attorney approval.
- 7. THE RIGHT TO EVALUATE WHETHER YOU QUALIFY FOR ANY IMMIGRATION PROCESS**  
Ask an attorney if you qualify for relief program.

## ADDITIONAL RIGHTS

There are additional laws and policies in place for Immigrant Tenants and Workers in CA. To learn more, please contact us!



SCAN THE QR CODE TO LEARN MORE ABOUT YOUR RIGHTS AND RESOURCE INFORMATION FOR SUPPORT.



# *Ash Wednesday Service*

## *February 18, 2026*



ARCHDIOCESE OF  
SAN FRANCISCO

Office of  
Human Life & Dignity

Restorative Justice Ministry

## Volunteer to Distribute Ashes in the San Francisco County Jails

11:00 AM CJ#2

425 7th Street, San Francisco, CA 94102

1:00 PM CJ#3

1 Moreland Dr, San Bruno, CA 94066

Complete volunteer registration  
[sfarch.org/rjvolunteer](http://sfarch.org/rjvolunteer)

IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572





IGNATIAN SPIRITUAL LIFE CENTER



RSVP & Donate

# LENTEN PILGRIMAGE TO LAND'S END WITH SR. CATHY MURRAY, OP

Saturday, February 21, 10 am-1 pm  
a light lunch will be served  
suggested donation: \$20

Jesus loved the outdoors and throughout the gospels he is seen teaching by lakes and on the sea, hiking in the mountains, and praying in gardens. So many of his teachings flowed from the wisdom of the natural world showing us how to actively live in the reign of God. Please join us for our Lenten pilgrimage as we take a reflective walk with Jesus around the Lands End Trail along the Pacific Ocean. We will walk as Jesus walked, in tune with the beauty and power of the natural world as we listen to God's call to us this Lent. We will all also engage in communal reflection and close with lunch.



# Wedding Anniversary Celebration

*All husbands and wives are invited to attend and celebrate their sacramental wedding anniversaries in 2025. Couples celebrating "5 year anniversaries" (5, 10, 15, 20...) will be recognized during the Mass.*



**SATURDAY, FEBRUARY 21, 2026**

10 am Mass followed by reception  
\$20 suggested donation per family

**Cathedral of St. Mary of the Assumption**  
1111 Gough Street, San Francisco

Principal Celebrant: His Excellency Salvatore J. Cordileone  
Archbishop of San Francisco

## **REGISTRATION REQUIRED**

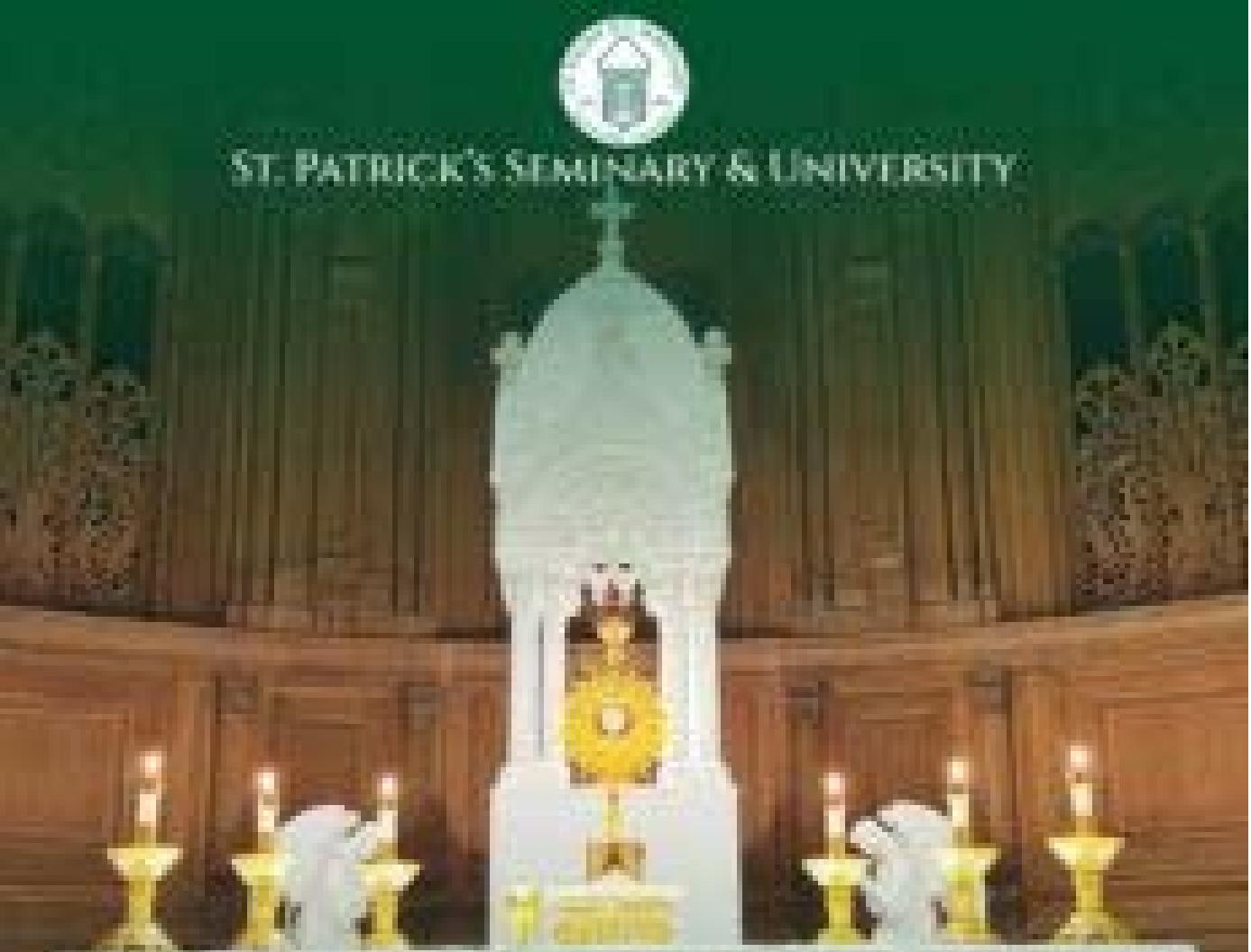
[www.sfarch.org/anniversarymass](http://www.sfarch.org/anniversarymass) or call (415) 614-5574

Please register by: February 18, 2026  
Questions/information: (415) 614-5574





ST. PATRICK'S SEMINARY & UNIVERSITY



# EUCARISTIC ADORATION

With Praise & Worship led by St. Patrick's Seminarians

**FEBRUARY 21, 2026 (SATURDAY)**

**MARCH 28, 2026 (SATURDAY)**

**7:15-8:45 PM**

Confession available | Light refreshments to follow



@stpatrickssem

101 Wachovia Road, Newark Park, California



# Healing Retreat

## for Adult Children of Divorce

Feb 27 - Mar 1, 2026

Vallombrosa Retreat Center  
250 Oak Grove Ave, Menlo Park, CA

Weekend retreat will include Holy Mass, opportunities  
for Confession and Adoration.

For more information / registration visit:

[www.sfarch.org/lgw](http://www.sfarch.org/lgw)

or contact Ed Hopfner [HopfnerE@SFArch.org](mailto:HopfnerE@SFArch.org)



## Save the date: February 28, 2026

An open invitation to all leaders and members of different prayer communities in the Archdiocese of San Francisco

St. Monica Parish Church at 23rd avenue and Geary avenue in San Francisco, CA 94121

Starts with the celebration of Mass at 8:30am, followed by seminar inside the hall. Lunch will be served.

Speakers:  
Fr Andrew Ibegbulem,  
Fr Ben Rosado  
and  
Dcn Ernie Von Emster

## *Day of Renewal*

"I have come to bring fire on the earth"

Luke 12:49



Sponsored by the Catholic Charismatic Renewal Board of the Archdiocese of San Francisco

Contacts : Danny Garza (650) 270-8065 and Sally Yeo (650) 400-4825



RSVP & Donate

## Centering Prayer: An Introductory Workshop

Sunday, March 1, 2026  
3:30-5:30 pm

Centering Prayer is a modern prayer practice introduced by Cistercian Monks that is aimed towards resting in God and consenting to God's presence and action in our lives. The emphasis is on our relationship with God based on Jesus' teaching in the Gospels. All are welcome.

Mary English has practiced Centering Prayer for about 35 years. She had her training to be a presenter of Introductory Workshop on Centering Prayer from Thomas Keating, OCSO and staff of Contemplative Outreach. She facilitates a Zoom Centering Prayer meeting on Tuesday evenings. Mary is part of the CFF and Liturgical ministries at St Agnes.



# Novena of Grace 2026

## CLAIMING OUR HOPE TODAY



RSVP & Register  
to join the ISLC  
prayer group

**THURSDAY, MARCH 5 - FRIDAY, MARCH 13**  
WEEKDAYS: 12:30-1:30 PM SATURDAY &  
SUNDAY: 11 AM-12 PM via Zoom



**PRESENTERS STEPHANIE RAGLAND, ROSS HAYS, JOSEPH DICKAN, SJ**

Journey with us this Lent for a nine-day retreat amid daily life! Join us for any or all nine days of beautiful music, scripture, inspiring preaching, reflection, and heartfelt prayer within the context of a contemplative service. The ISLC is gathering a group to join our partners in Seattle via Zoom as we pray with a faith-filled community for God's healing and hope in our lives. Be nourished and inspired each day as you open yourself to the Spirit and experience a grace that transforms.

Be sure to register to receive materials and the Zoom link!

For more information visit [ignatiancenter.org/novena2026](http://ignatiancenter.org/novena2026)  
Questions? Email [maria@ignatiancenter.org](mailto:maria@ignatiancenter.org)



Learn more



**WRITE EASTER CARD MESSAGES  
AND PREPARE TREATS  
FOR INCARCERATED INDIVIDUALS  
IN SAN FRANCISCO COUNTY JAILS  
FRIDAY, MARCH 27 2026  
9:30 AM - 4:00 PM**

Archdiocese of San Francisco Pastoral Center  
1 Peter Yorke Way, San Francisco, CA 94109  
Free continental breakfast, lunch and parking

Complete volunteer registration at [sfarch.org/rjvolunteer](http://sfarch.org/rjvolunteer),  
for more information visit [sfarch.org/cards-of-mercy](http://sfarch.org/cards-of-mercy)



IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572



## 38th FILIPINO CATHOLIC CHARISMATIC COMMUNITIES ANNUAL SEMINAR

March 28, 2026 from 8am to 6pm



Patrons Hall of Cathedral of St. Mary of the Assumption  
1111 Gough Street  
San Francisco, CA 94109

### REGISTRATION FEE:

\$35.00/person - Lunch Included  
Youth (19 & below)  
Free Registration- (\$10.00 for Lunch)

*Seminar will include time for  
Praise and Worship,  
Benediction, Confession, Healing  
Service and Holy Mass*

*Mass Main Celebrant: Father Jerald Geronimo*

Are you searching for a deeper connection with your faith?

### SPEAKERS:



Fr. James Blount is a priest of the Society of Our Lady of the Most Holy Trinity (SOLT). He was ordained in 1999 and speaks of living a life in relationship with each of the Persons of the Holy Trinity, Father, Son, and Holy Spirit. His teachings depict his deep love for the Eucharist and his intimate relationship, love, and devotion to Jesus and Mary.

Fr. Blount is deeply involved with the Flame of Love movement and promotes the Divine MIKE devotion, both of which have received imprimatur and approval of the Holy Catholic Church. His talks heighten awareness of the intense spiritual battle between good and evil in our world and the necessity of striving toward holiness in our life. In particular, he emphasizes the triumph of the Immaculate Heart of Mary, the power of Eucharistic adoration and the importance of the intercession of St. Joseph.



Deacon Larry Oney, is the Chairman of HGI Global; alongside his wife Audi, he co-founded Hope and Purpose Ministries. Deacon Oney currently serves on the Board of Directors for Renewal Ministries that has evangelization efforts in over 25 countries. He founded the Hope and Purpose/ St John Paul Primary school in Uganda East Africa and the Hope and Purpose farm in Cameroon, West Africa. He is also the Global Chairman of Cloud2Media based in the United Kingdom.

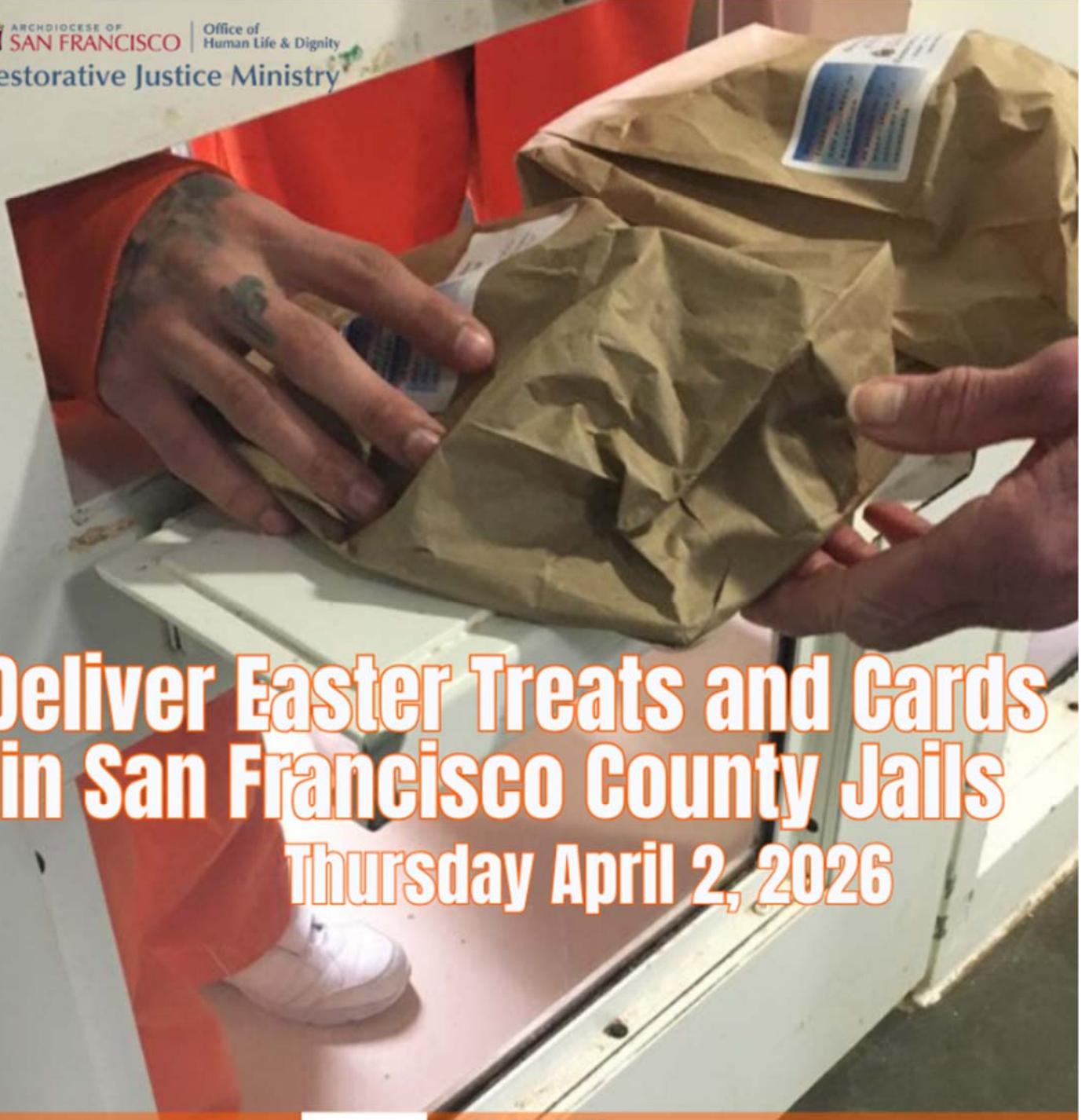
Deacon Oney is known for his warm, animated, and compassionate speech. He has spoken globally, appearing on EWTN, Franciscan Radio, Ave Maria Radio, Relevant Radio, Redemptor Radio, and FOCUS TV. He is also the author of several books: *Amazed by God's Grace*, *Divine Mission: Discovering Your Hope and Purpose*, *Reflections on the Kingdom of God*, and *UP FAITH*.

Register at [fcccspirit.com](http://fcccspirit.com) on a limited seating capacity

Contact: Tess Garza, FCCC Head Coordinator (650) 784-6352 [itsmesistess@gmail.com](mailto:itsmesistess@gmail.com)  
Artchie Lazaro, FCCC Asst. Coordinator (650) 201-6351 [jmleventplanning@gmail.com](mailto:jmleventplanning@gmail.com)



Office of  
Human Life & Dignity  
Restorative Justice Ministry



# Deliver Easter Treats and Cards in San Francisco County Jails

## Thursday April 2, 2026



11:00 AM CJ#2  
425 7th Street, San Francisco, CA 94102  
1:00 PM CJ#3  
1 Moreland Dr, San Bruno, CA 94066

Complete volunteer registration and background check form at  
[www.sfarch.org/rjvolunteer](http://www.sfarch.org/rjvolunteer)

IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572



# Archdiocese of San Francisco's Women's Conference

*A Retreat with the Merciful Heart of Jesus*  
on the eve of Divine Mercy Sunday

Saturday, April 11, 2026 | 9:30 a.m. - 6:00 p.m.

Star of the Sea Catholic Church, 4420 Geary Boulevard, San Francisco, CA

\$55 per person



Archbishop Salvatore J. Cordileone  
Celebrant



Sister M. Inga Kvassayová, ISMM  
Speaker



Father Jim McCormack, MIC  
Speaker

The conference provides an opportunity to receive the Divine Mercy Sunday Indulgence,  
with time for the Sacrament of Reconciliation and 4:30 p.m. Vigil Mass.

Conference will be held in the gym and Mass will be in the church.  
Lunch is included.



ARCHDIOCESE OF  
SAN FRANCISCO

Learn more and register at [sfarch.org/womens-conference](http://sfarch.org/womens-conference)





NORTHERN CALIFORNIA RENEWAL COALITION  
39TH ANNUAL CATHOLIC CHARISMATIC CONFERENCE  
**MAY 9, 2026 - SATURDAY**



CATHEDRAL OF ST. MARY OF THE ASSUMPTION  
1111 GOUGH STREET (PATRONS HALL) SAN FRANCISCO CA 94109

8:00 AM-6:00 PM (CLOSING MASS at 4:00 PM)

6:30 PM-8:00 PM TRIBUTE TO THE MESSIAH

TALKS IN ENGLISH, SPANISH, VIETNAMESE, YOUTH & CHILDREN'S PROGRAM

### SPEAKERS

- FR. IKE UDOH OF UNBOUND MINISTRIES AND CHAPLAIN OF THE OAKLAND CHARISMATIC RENEWAL
- DEACON RALPH POYO, FOUNDER OF NEW EVANGELIZATION MINISTRIES (TEXAS) AND CHAIRMAN OF PENTECOST TODAY
- ROSE PAYAN, PRAISE & WORSHIP LEADER AND BIBLE TEACHER

### REGISTRATION

\$35 ADULTS - \$10 YOUTH/CHILD OR (1) FREE WITH PAYING ADULT  
\$15 LUNCH / \$15 DINNER (PREORDER ONLINE ONLY)

**NCRCSpirit.org**

GABBY BALTAZAR (415) 515-7748 - TESSIE VIERNEZA (415) 272-4377  
NORMA GUERRERO (650) 219-4556 - JOE GUZMAN (530) 414-0408

Serving the dioceses of Monterey, Oakland, Sacramento, San Francisco, San Jose, Santa Rosa & Stockton



# Save the Date

## Cultural Heritage Night

**October 4, 2026**  
5:00 PM

Cathedral of  
St. Mary of the Assumption  
San Francisco

Hosted by:  
 ARCHDIOCESE OF  
**SAN FRANCISCO**  
FILIPINO MINISTRY

Stay tuned for additional information.  
[www.filipinoministrysf.org](http://www.filipinoministrysf.org) | [filioministrysf1@gmail.com](mailto:filioministrysf1@gmail.com)



*Sto. Niño  
Devotion*  
(every Friday  
after the  
12:10 p.m. Mass)

Judy Labaria  
Alma Raymundo  
Cathy Bohol  
Sheila Montemayor  
Anonymous



*Black  
Nazarene  
Feast Day  
January 9*

Rosie Drapiza  
Lydia Cagampan  
Rene & Elsa Tuazon  
Celia & Paul Gravador



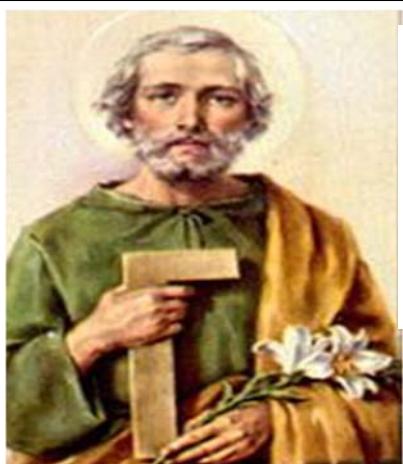
*Our Lady of  
Perpetual Help  
Devotion*  
(every Tuesday  
after the  
12:10 Mass)

Raya & Gamboa  
Families



*San Lorenzo Ruiz  
First  
Filipino Saint  
(Sep 28)*

Fe Macatangay  
Jeanette Chafe  
John & Gemma O'Donnell  
Evelyn Grande  
Mely Saavedra



*Saint  
Joseph*

*Feast Day  
March 19*

Xenia Villamejor

*St. Anne  
Feast Day  
July 26*



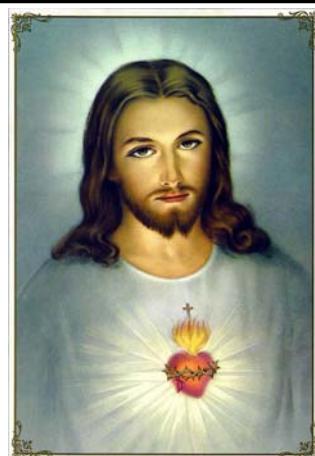
*PRAYER TO  
St. Anne*

O GOD, You  
bestowed on St.  
Anne such grace  
that she was found  
worthy to become  
the mother of  
MARY, who brought forth  
Your only  
begotten SON.  
Grant that we may  
be helped by her  
intercession.  
Amen.

*Sacred  
Heart*

*First Friday  
Schedule*

*4pm Holy Hour  
5:15 Mass*



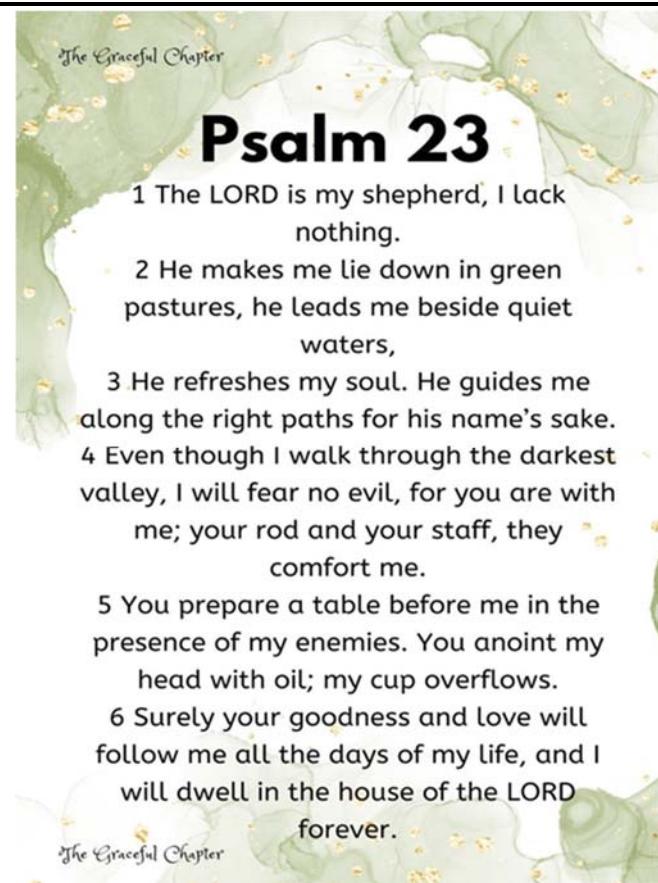
*OUR  
LADY  
OF  
FATIMA*

*Pray the  
rosary*

## Psalm 23

1 The LORD is my shepherd, I lack nothing.  
2 He makes me lie down in green pastures, he leads me beside quiet waters,  
3 He refreshes my soul. He guides me along the right paths for his name's sake.  
4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.  
5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.  
6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

*Yap Family*



### St. Patrick Charismatic Prayer Group

Charismatic & Healing Mass:  
Every 3<sup>rd</sup> Sunday at 2:00 p.m.

**Matt Dorsey**  
SAN FRANCISCO SUPERVISOR

I'm proud to represent you in City Hall — and grateful for the faith community we share at St. Patrick's. For help with city matters, feel free to call my office at (415) 554-7970 or email [Matt.Dorsey@sfgov.org](mailto:Matt.Dorsey@sfgov.org).

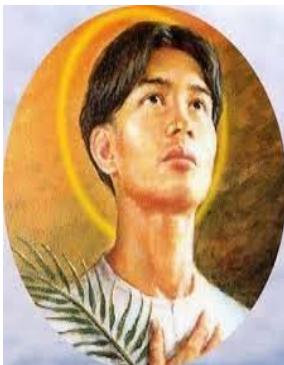
Best,  
*Matt Dorsey*

*Our Lady  
of Guadalupe*



*Feast Day  
December 12*

**St. Pedro Calungsod**  
2<sup>nd</sup> Filipino Saint (April 2)



Elena & Mark Ramoran Gayapa Family,  
Romeo & Antonina Real Family,  
Dan & Annie Lacap Family,  
Jesus, Jr. & Malou Paningbatan,  
Vida Ventura,  
Nenette Murata,  
Cristin Salangsang