

# St. Patrick Catholic Church

*San Francisco's Historic Landmark #4*

*(Founded in 1851)*

756 Mission St. (between 3rd and 4th Streets) San Francisco, CA 94103 | Tel (415) 421-3730

[www.stpatricksf.org](http://www.stpatricksf.org)

**March 01, 2026 - Second Sunday of Lent**

*Christ Jesus . . . destroyed death  
and brought life and immortality to light through the gospel. ~ 2 Timothy 1:10b*

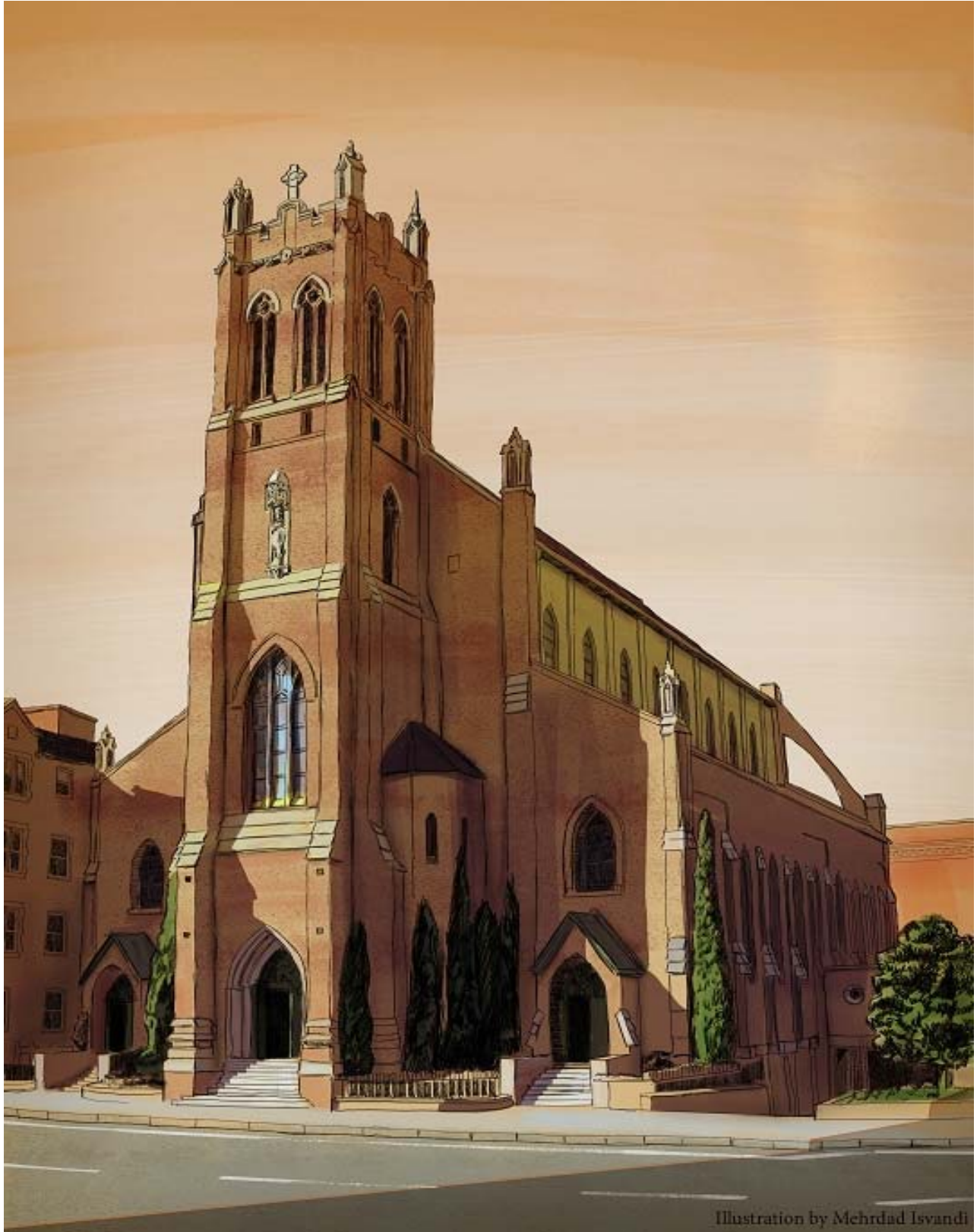


Illustration by Mehrdad Isvandi

## Pastoral Staff

Rev. Andrew Spyrow - *Pastor*  
Rev. Teodoro "Fr. Ted" P. Magpayo - *Parochial Vicar*  
Rev. Celestine Tyowua - *Parochial Vicar*  
Deacon Ferdinand Mariano - *OCIA Coordinator*

## Parish Staff

Rachelle Morales and Nenette Murata -  
*Religious Education Coordinators*  
Charles Corpus - *Music Coordinator*  
Nora Regaspi - *Office Manager*  
Camelle Sudario - *Parish Receptionist*

## Mass Times

Monday - Friday: 7:30 a.m., 12:10 p.m., 5:15 p.m.  
Saturday: 7:30 a.m., 12:10 p.m. 5:15 p.m. *Vigil Mass*  
Sunday: 7:30 a.m., 9:30 a.m., 12:00 p.m., 5:15 p.m.  
Tagalog Mass: *1st Sunday at 2:00 p.m.*  
Family Mass: *2nd Sunday at 12:00 p.m.*  
Charismatic & Healing Mass: *3rd Sunday at 2:00 p.m.*

## Parish Schedule

### **Parish Office Hours**

Monday through Friday

9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 5:00 p.m.

### **Sacrament of Reconciliation (in the Rectory)**

*(appointments are preferred)*

Monday through Thursday

9:00 a.m. - 11:30 a.m. and 2:00 p.m. - 4:00 p.m.

### **Novena to Our Mother of Perpetual Help**

Every Tuesday after the 12:00 p.m. Mass

### **Sacred Heart**

First Friday of the month at 4:00 p.m..

### **Sto. Niño Devotion**

Every Friday after the 12:00 p.m. Mass

### **Our Lady of Fatima**

First Saturday of the month at 11:30 a.m.

## Living God's Word

God has called us to a holy life (1 Timothy 1:9). This week, as we journey with Jesus into the presence of the Father, listen for how the Father may be speaking to you now. Ask God to open your ears and eyes to recognize the beloved Son's presence.

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## Weighty

An ounce of practice is worth a pound of preaching.

~ John Ray

## Damaged Blessed Items

If you have any damaged blessed items, including statues and Bibles, as well as sacramentals, such as crucifixes and rosaries, please feel free to drop them off in our gift shop. We'll make sure they are disposed of properly and respectfully.

## Turning Points

Our readings today describe turning points for those whom God has chosen. In Genesis, God calls Abram to leave his homeland, with the promise of forming a people in a new land. In the Gospel, the disciples see Jesus literally in a new light, the bright light of Jesus' transfiguration. They begin to see Jesus, and themselves, in a new way. These are times when God presents a new way forward, providing new purpose and energy. Our lives too have their own turning points, where God is working (usually in less spectacular fashion) to lead us into fuller maturity, and into deeper unity with God and others. The road ahead, as with Abram, Jesus, and the disciples, may be long and difficult. Lent can be a time when we reflect upon these turning points in our past, and consider how God may be stirring something new in us today.

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## Our Fascinating Faith

### **The Scrutinies**

Next Sunday, if your parish is blessed with catechumens (now called "elect" during Lent) who are preparing for baptism at the Easter Vigil, you will likely celebrate with them the first of three scrutinies. These are rites integral to final Lenten preparations made by the elect, and they are celebrated on three successive Sundays, starting with the Third Sunday of Lent. The Church tells us that the scrutinies are meant to uncover and heal all that is weak and sinful in the lives of the elect. During the week leading up to each celebration, the elect engage in prayerful preparation involving deep reflection on their own lives and the new life to which they are called. The rites themselves use a special form of intercessions specifically directed to the lives of the elect, and include a prayer of exorcism.

It is essential that these rites be celebrated in the midst of the community, so that the elect experience the support of the parish members on this profound journey of faith. But it is equally important that the parish members witness the growing faith of the elect so they may be inspired by it for their Lenten journey of reflection on their own baptism in preparation for Easter.

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## Don't Be Late For Mass Next Week!!



Daylight Saving Time begins *next* weekend. Don't forget to set your clocks *ahead* one hour before you go to sleep on March 7<sup>th</sup> so you won't miss your appointments next Sunday.

## Prayer

The value of persistent prayer is not that God will hear us, but that we will finally hear God.

~ William McGill

## Happy Birthday!!

Happy Birthday to our Parishioners celebrating a birthday this week.

Holly Julian	3/1	Kristen Ayer	3/5
Aleah Raymundo	3/1	Aliw Bandelaria	3/5
Micaela Tan	3/2	Jenrick Maeko Jennings	3/1
Ricardo Vergara	3/2	Coleta Aviso	3/6
Maria Sahagun	3/3	Maya Masanhcay	3/6
Derek Edward Dispo	3/4	Atreyu Zeke Nava	3/6
Ganni Von Vergara	3/4	Precious Listana	3/7
Geralyn Yparraguirre	3/4	Manuel Masangcay	3/7

## St. Patrick Church Lifetime Donors

You can still make a donation by going to our parish website: [www.stpatricksf.org](http://www.stpatricksf.org). On our homepage scroll down and click Online Giving. Create an account if you don't have one. Once you have created an account, please choose the Lifetime Donor option. We are asking a Lifetime Donor to donate a minimum of \$20 a week or \$80 a month. Your privacy and financial information are safe with us. And we recommend that you use your credit card for an easier and faster transaction.

Thank you for your generosity and support.

For more information,  
email us at [information@stpatricksf.org](mailto:information@stpatricksf.org)  
or call us at 415-421-3730

**We have 86 Lifetime Donors as of 28 January 2026**

In Memory of Nicomedes & Juanita Abello	Eleanor Lawsin
Cristina Agbayani	Felicitas Locsin
Marilou Alegre	Merly Lorete
Corazon M. Ambata	Fe Macatangay
Roberto Andrey	Beltran C Marces
Joy, Jen & Jackie Bandelaria	Corazon Mariano
Eufemia Barcelona	Loren Masangcay
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† Ponciano & Marlene Icatar	Alden, Mercy Ventigan & Kids
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Agnes Kumi	Rianty Winarta
Judy Neri Labaria	Edwin, Rosalie, Krista, Ezra & Juliana
Tita Labaria	Cielito Littaua Yoma
Dan And Annie Lacap	† Charlie A. Yparraguirre

**An expanded color version of our printed bulletin, with online-only content, is available on our website: [www.stpatricksf.org](http://www.stpatricksf.org)**

## Upcoming Events in the Archdiocese of San Francisco

**Feb 26 – Apr 16** Life Giving Wounds online support group for adults with divorced or separated parents. Thursdays (except 4/2), 5:15 – 7:00pm PT. This support group offers adult children of divorce or separation an opportunity to begin or deepen their healing journey in communion with one another under the guidance of LGW leaders and expert speakers. Retreat Info & Registration: [lifegivingwounds.org/online-support-group](http://lifegivingwounds.org/online-support-group)

**Mar 6-8** (Danville) Make the time to enrich and renew your marriage on a Worldwide Marriage Encounter Weekend. For over 50 years thousands of married couples of all ages have grown in their love and appreciation of each other. Local weekends held at St. Francis Retreat Center in San Juan Bautista or San Damiano. More information/ to register go to <http://www.wvme.org> or call Ray & Roberta at 916 806-4601. (Also July 10-12, San Juan Bautista)

3/14 Conference for parents (English) 6:30 – 9:00pm, St Anselm, Ross 3/15 Conferencia para parejas “Amor sin Bareras” Catedral de la Asuncion (Espanol) 2:30 – 4:30pm Flyers and more information soon

**Mar 21** annual Bay Area Catholic Men’s Conference. St Pius Church (1100 Woodside, Redwood City), 8:30am – 4:00pm. Featuring ninja black belt and world champion surfer Bear Wozniak, St Patrick seminary professor Fr Dennis McManus, and mass with Archbishop Cordileone. Registration includes lunch; day includes opportunities for confession. More information/registration next week.

**Apr 11** annual Archdiocesan Catholic Women’s Conference, A Retreat with the Merciful Heart of Jesus, Star of the Sea Church (4420 Geary Blvd, SF). Featuring Fr. Jim McCormack, and Sister Inga Kvassyova. Day includes opportunities for Reconciliation, and 4:30pm Vigil Mass with Archbishop Cordileone, an opportunity to receive the Divine Mercy Sunday Indulgence for the “Feast of Mercy.” Registration opens soon

## The God Squad Catholic TV Mass

FATHER HARRY  
**God Squad** PRODUCTIONS  
The God Squad Catholic TV Mass, aired every Sunday, provides inclusion for those who are homebound, hospitalized, incarcerated and/or unable to attend Sunday Mass. Monsignor Harry Schlitt began broadcasting the TV Mass in the late 1970s and it has been airing ever since. Please watch the TV Mass on Sunday mornings on the following stations:

*In San Francisco*  
**KTSF (CH 26) at 6:00 a.m.; KRON (CH 4) at 5:30 a.m.;**

*and in Sacramento*  
**KTXL (Fox 40) at 5:30 a.m.**

You may also view the Mass at any time by going to [FatherHarry.org](http://FatherHarry.org). You may also find the program beneficial to you, someone in your family, or a friend.

We need your participation and support to continue this valuable ministry.

## Catholic Prayer Corner Act of Contrition

My God, I am heartily sorry for having offended you. I detest all my sins, because of your just punishment, but most of all because they offend you, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasions of sin. Amen.

## Mass Intentions for Mar 01 - 07

Date	Time	Intention
<b>Sunday 01</b>	7:30 a.m. 9:30 a.m. 12:00 p.m. 2:00 p.m. 5:15 p.m.	SI All Parishioners of St. Patrick † Helen & Danilo Purqued † Corazon Sibayan † Mary Ann Mateo BD Cristeta Jaca
<b>Monday 02</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Poor Souls In Purgatory BD Wilfred Acheron † Celestina Acheron
<b>Tuesday 03</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Brigitte Bombon Ignacia BD Charito H. Alviar SI Jeff & Nenette Murata
<b>Wednesday 04</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Apolinar & Lita De Guzman FH David Sun † Rosalinda Del Rosario
<b>Thursday 05</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Jose & Manuela Delos Santos † Benjamin C. Salvante SI Vilma Nangca
<b>Friday 06</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Gene & Ellen Short † Remedios Merida SI Florentina Palacio
<b>Saturday 07</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Emy & Jun Pasion BD Lorelei Itchon SI Joseph, Joshua, Jordan & Liam Pasion

## Stations of the Cross

Everyone is encouraged to join the communal praying of the Stations of the Cross every Friday after the 5:15 p.m. Mass during Lent. Stations of the Cross prayer books are available in the gift shop for a small fee. The Santo Niño Novena, normally prayed on Fridays, will not be prayed in lieu of the Stations of the Cross.



### Second Sunday of Lent March 01, 2026

Christ Jesus . . . destroyed death  
and brought life and immortality  
to light through the gospel.

— 2 Timothy 1:10b



## HELPLINES FOR CLERGY/CHURCH SEXUAL ABUSE VICTIMS

**(415) 614-5506** This number is answered by Rocio Rodriguez, LMFT, Archdiocesan Pastoral Outreach Coordinator. This is a secured line and is answered only by Rocio Rodriguez.

**(415) 614-5503** If you wish to speak to a non-archdiocesan employee please call this number. This is also a secured line and is answered only by a victim survivor.

**(800) 276-1562** Report sexual abuse by a bishop or a bishop's interference in a sexual abuse investigation to a confidential third party. [www.reportbishopabuse.org](http://www.reportbishopabuse.org)

## Living Stewardship Now

Fast from fear, feast on faith.  
Fast from despair, feed on hope.  
Fast from depressing news, feed on prayer.  
Fast from discontent, feast on gratitude.  
Fast from anger and worry, feed on patience.  
Fast from negative thinking, feast on positive thinking.  
Fast from bitterness, feed on love and forgiveness.  
Fast from words that wound, feast on words that heal.  
Fast from gravity, feast on joy and humor.

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## Finding Heaven

Who has not found the Heaven—below—  
Will fail of it above—  
For Angels rent the House next ours,  
Wherever we remove—

~ Emily Dickinson

## Don Quixote

The Don Quixote of one generation may live to hear himself called the savior of society by the next.

~ James Russell Lowell



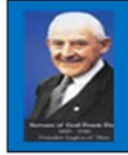
## LEGION OF MARY - ST. PATRICK CHURCH

JOIN THE LEGION OF MARY, OUR LADY OF MT. CARMEL **PRÆSIDIUM**



Meeting - Sunday at 1:30 p.m. in Bitanga Hall

The Legion Family Worldwide  
On all continents  
In over 170 countries  
4 million active members  
5 million auxiliary members



The Founder Frank Duff  
1889 - 1980

### Legion of Mary's History

The Legion of Mary was founded in Dublin, Ireland on the 7<sup>th</sup> of September in 1921.

It is a lay Catholic organization giving service to the Church on a voluntary basis in almost every country.

### Legion of Mary's Aim

The object of the Legion of Mary is the glory of God through the holiness of its members developed by prayer and active co-operation in Mary's and the Church's works.

### Legion of Mary's Unit

The unit of a Legion of Mary is called a praesidium, which holds a weekly meeting where prayer is intermingled with reports and discussions. Persons who wish to join the Legion must apply for membership in a praesidium.

### Legion of Mary's Active Works

The Legion sees as its priority the spiritual and social welfare of everyone. The members participate in the life of the parish through visitation of families, the sick, both in homes and hospitals and through collaboration in every apostolate and missionary undertakings sponsored by the parish. The works are more of spiritual works of mercy.

### Legion of Mary's Active Membership

This membership is open to all faithfully practicing Catholics. Members attend weekly meetings and engage in prayers and active works. Candidates under 18 years of age can be received in a Junior Praesidium.

## St. Katharine Drexel (1858-1955)

March 03



**St. Katharine Drexel**

Born into Philadelphia society, Katharine was an infant when she lost her mother. Her father remarried and the couple taught their daughters that their wealth was a "gift on loan" to be shared with the poor, whom they fed and cared for in their home. Invited by priest friends to witness firsthand the destitution on Native American reservations, Katharine resolved to devote her inheritance to this apostolate and enter a contemplative order. When, however, in private audience, she begged Leo XIII to send missionaries to staff the schools she was building, the pope replied, "My child, why not become a missionary yourself?" Katharine renounced a twenty-million-dollar fortune and founded the Sisters of the Blessed Sacrament, adoring Christ present in the Eucharist and ministering to Christ suffering in victims of racial discrimination. Her Sisters established over sixty schools nationwide, including Xavier University, New Orleans, the first dedicated to professional education for African Americans. In 2000, John Paul II canonized "Mother Drexel," praising her "excellent example of practical charity and generous solidarity with the less fortunate, long the distinguishing mark of American Catholics."#

~ Peter Scagnelli, Copyright © J. S. Paluch Co.



## Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

At the transfiguration, Jesus' face ...

N	U	S	L
S	E	I	E
H	H	N	K
O	T	E	

S

Answer: *shone like the sun*

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Excerpt from the NAB © 2010, 1991, 1970, CCD

saint snippets

Be joyful, brothers and sisters. Keep your faith, and do the little things that you have seen and heard with me.

**St. David**  
6th-century Bishop of Wales who founded many monasteries known for their austerity.

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March 1

saint snippets

God is asking me to be poor with the poor in order to bring them to Christ.

**St. Angela of the Cross**  
Spanish foundress of a religious community. She devoted her life to serving the local poor and ill until her death in 1932.

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March 2

saint snippets

Press forward and fear nothing.

**St. Katharine Drexel**  
She gave up an inheritance of \$7 million to enter religious life and then created a system of Catholic schools for African-Americans

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March 3

saint snippets

May the Father of all mercy, the Son by his holy passion, and the Holy Spirit, source of peace, sweetness and love, fill us with their consolation.

**St. Colette of Corbie**  
15th-century French abbess who founded the Colettine Poor Clares. She is the patron saint of women seeking to conceive, expectant mothers, and sick children.

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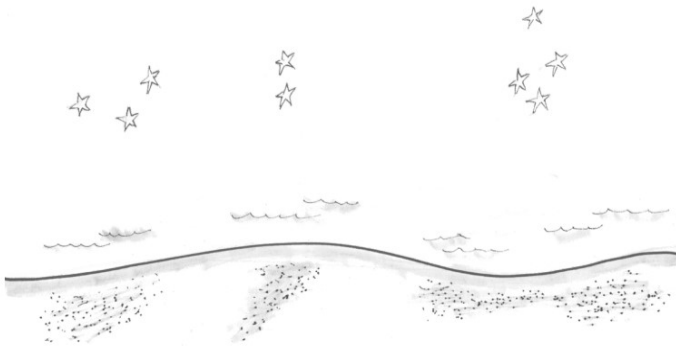
March 6

# CATHOLIC CORNER

## ABRAHAM

This week we read about Abraham, our ancestor in faith. We just heard a small portion of a very long story about a man named Abram, whom God called from his home to become the father of many nations in lands that God would claim. God changed Abram's name to Abraham and made this promise: "I will bless you . . . and make your descendants as countless as the stars in the sky and the sands of the seashore" (Genesis 22:17). Christians, Jews, and Muslims all claim Abraham as an ancestor, fulfilling God's promise that "in your descendants all the nations of the earth shall find blessing" (Genesis 22:18).

At the Easter Vigil we will hear a part of the Abraham story, reminding us that, like Abraham, if we put our trust in God we will be richly blessed. Fill the entire sky in this picture with stars, too many to count, and draw tiny grains of sand on the seashore. Say a prayer thanking God for all the blessings you have received. Can you think of one blessing for each star you draw?



## The Little Ones

Jim Burrows



Jesus was transfigured before them; and his face shone like the sun, and his garments became as white as light. And behold, Moses and Elijah appeared to them, talking with him. Mt 17:2-3

## SECOND SUNDAY OF Lent

MARCH 01, 2026

From the cloud came a voice that said,  
 "This is my beloved Son,  
 with whom I am well pleased;  
 listen to him."

Matthew 17:5

## Pastor Al®



"If Santa Claus is really Saint Nicholas, then which saint is the Easter Bunny really?"

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## Change

Lent is all about change and change is usually not easy. In order to change we have to leave something behind. Today we hear about a very old man who decides to answer God's call. Abram experiences a tremendous amount of change when he leaves everything behind, risking it all for God's promise. Jesus changes, is transfigured, right before the eyes of his disciples. The Lenten scriptures issue the call for us to change, to be transfigured, so that we, too, will soon share in the glory of God. What is it that the Lord is asking us to leave behind? Are we willing to take the risk for the promise made by God? These questions are at the heart of the Lenten journey of conversion.

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## Treasures From Our Tradition

Olive oil looms large in the vocabulary of baptism. There are other oils in the pantry closet, from grapeseed to safflower to canola, but only olives yield the proper meanings. Olives don't just happen; they are cultivated, nurtured, pruned, and fussed over; they are a sign of human and divine cooperation. Olives can thrive in poor soil, but they cannot survive without human ingenuity, planting shoots and pruning branches. They can't be popped from a tree and munched like apples: they are inedible without long curing; neither do they yield their oil to hand pressure alone, but only to huge stone mills. Abundant patience is needed as sediment sinks to the bottom of storage barrels and pure oil rises to the surface.

Olive oil is a byproduct of peace: war keeps harvesters, planters, and pruners within city walls and turns millers into soldiers. To obtain oil from olives you need vast measures of hope, patience, faith, and ingenuity. Olive oil is a sign of God's bounty and the way we human beings collaborate with God to bring about impossibly wonderful results. It is creation at its finest. Some people give chocolate eggs for Easter; perhaps olive oil is a more appropriate gift!

~ Rev. James Field, Copyright © J. S. Paluch Co.

## Second Sunday of Lent

March 01, 2026

Christ Jesus . . . destroyed death  
and brought life and immortality  
to light through the gospel.

~ 2 Timothy 1:10b

## Second Sunday of Lent

Listen. Abram listened and, certain of God's blessing, set out for an unknown future in response to God's call. Awestruck Peter, James, and John heard a voice from a cloud tell them to listen to Jesus. When we listen to the Lord, we are assured of and find strength in God's presence. Listening deeply, we perceive the Lord's call and find the grace to respond to it, finding the assurance we need to live and share the gospel of Jesus Christ, even when it is challenging to do so. When we listen, we hear Jesus say to us as he did to the disciples on the mountain, "Rise, and do not be afraid."

## Listen While on the Journey

Have you ever taken a long trip with a family member or friend and found yourself talking about the deeper things of life? Given time, the mundane can give way to topics of meaning and purpose. We sometimes speak of our movement through life and faith as a journey. The metaphor of a journey is fitting, since we are not only to make our way from one point to another the way we take a quick trip or a walk around the block—the process of living in faith is one of growth and change over time. On the journey of life and faith, we can find the grace to talk deeply with the Lord and listen to the voice of God, who strengthens us to face the challenges of living as followers of Christ.

## God is With Us

It can be hard to grasp that the God of glory and power and undying love is always with us. Truly, this is one of the great mysteries of our Christian faith. Every time we make the sign of the cross, we are reminded of the life that is brought to light in Christ. The very life, passion, death, and resurrection of Jesus is evidence of the determination of God to love us through it all. Not only is Jesus proof of God's love, Christ's very presence with and within us is an outpouring of that love. This Lent, take time to listen to the Lord and allow what you hear to help you turn away from sin and toward the life and immortality of the Christian disciple.

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## Sore Shins

Don't break your shin on a stool that is not in your way.

~ Irish proverb

## I'm So Busy...

### How Can I Find More Time to Pray?

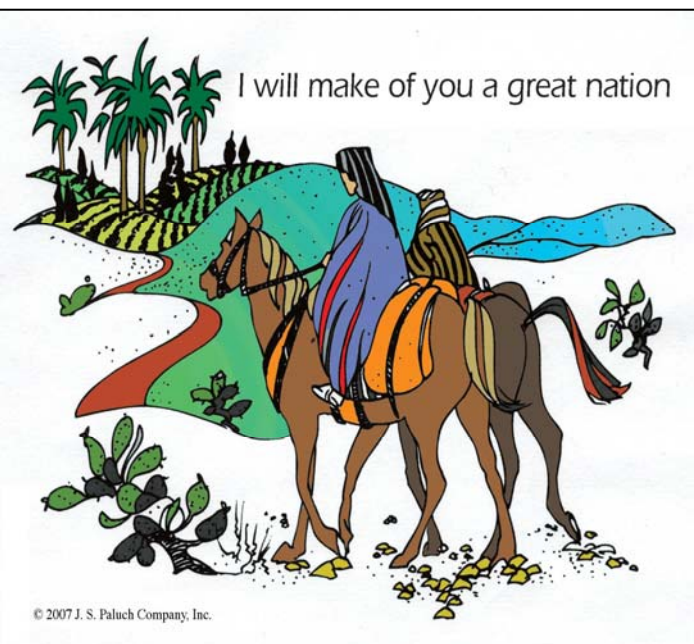
A healthy friendship with God requires the time and attention of prayer. Yet the hectic pace of life can make it hard to find time to pray. Consider these ways to find more time for heartfelt prayer:

**Pray the Wait** ~ A decade of the rosary can be a great way to pass the time spent waiting in line at the grocery store, at a traffic light, or in the doctor's office.

**Pray the Bible** ~ Copy a different passage from the Bible each week and put it in your pocket, on your refrigerator, or your bathroom mirror where you will see it. Memorize it and think about its meaning.

**Pray the sounds** ~ Listen to recorded prayers or inspirational music while exercising, commuting, or doing chores. That helps turn whatever you're doing into a prayer.

**Pray the Moment** ~ Pick a simple phrase to repeat throughout the day. Try the Jesus Prayer, "Jesus, Son of God, have mercy on me, a sinner." See how many times you can say it each day!!



## Second Sunday of Lent

“Lord, it is good that we are here,” says Peter to Jesus. Amen. We begin this second week of Lent here at the liturgy, in word and sacrament. It is truly good that we are here. And yet, as we see in today’s Gospel account of the Transfiguration, Peter isn’t quite sure what to do up there on that mountain. He knows it’s good to accompany Jesus; at the same time, he feels confused and afraid. Perhaps Abram experienced something similar when God commanded him to uproot himself from his ancestral home and strike out for a new land of God’s choosing. In this Lenten season, we know how good it is to be with God. Yet we struggle with our own doubts and fears. Our second reading encourages us to persevere in trust: “Bear your share of hardship for the gospel with the strength that comes from God.”

### Can You Hear Me Now?

The Old Testament reading and the Gospel provide two examples of God speaking in plain words that God’s listeners can understand. In Genesis, Abram hears God tell him to leave his family’s land. God makes majestic declarations about Abram’s future and promises to lead him to a new home. Without comment, Abram picks up and goes “as the LORD directed him.” God speaks; Abram listens and obeys. In the Gospel, God’s voice booms from a shining cloud: “This is my beloved Son, with whom I am well pleased; listen to him.” Peter, James, and John hear God’s words loud and clear, and the experience overwhelms them.

But how often do we hear God’s voice so distinctly? While we admire the religious experiences of Abram and of Jesus’ disciples, we might be tempted to think that they have it easy. We imagine that we too would obey God’s direct orders, if only we could hear them as unmistakably as Abram did. We suspect it would be irresistible to live as modern disciples if glowing clouds hovered above our heads and revealed divine truths. Saint Paul’s Letter to Timothy proposes another way.

### This is How I Love You

Saint Paul reminds us that God has “saved us and called us to a holy life.” God never forgets about us, but knew before the creation of the world exactly when, where, and how we would live out our faith. God’s wondrous plan includes visions and voices for some. For the rest of us, we rely on the Word of God and its witnesses who testify that Jesus truly lived on earth among us and sacrificed his life for our salvation. Jesus and his Church are all the revelation we need. We draw close to him in word and sacrament, in prayer, in service to others, and in countless acts of sacrifice each day this Lent. We ask the Lord to help us trust, with all our hearts, that God will always provide exactly what we need. If we are faithful to our prayer this Lent, God will speak to us—even if not through a cloud.

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## Transfiguration Manifestation



It may seem odd to hear the Gospel of the Transfiguration of Jesus during Lent. Wouldn’t it fit better after Easter? After all, the disciples who witnessed it did not tell anyone else about it until after the Resurrection (Matthew 17:9). An answer is found a few verses after our Gospel selection.

Jesus tells the disciples that he will suffer (Matthew 17:12). The vision of Jesus’ glory shared by Peter, James, and John was meant to help them not to become discouraged by Jesus’ death on the cross.

The story encourages us during the long season of Lent to be faithful to our prayers, our Lenten sacrifices, and our charity because we have seen a glimpse of the glory that is coming. Some of the details in the Gospel can help us understand.

First, we hear about Jesus’ appearance, that “his face shone like the sun” (Matthew 17:2). Just as we can’t look directly at the sun, so people thought that if they looked at the face of God they would die. If the disciples didn’t believe that Jesus was the Son of God before, they surely did now. For us this can be a reminder that God is with us during this season of Lent, helping our faith to grow.

Next, the three disciples see Moses and Elijah, who were signs that Jesus fulfills the law and the prophets. But when Peter tries to keep them around by offering to set up tents for them, the voice of God interrupts. God tells them that now they should listen to Jesus. The Gospel tells us to keep our eyes on Jesus throughout Lent. Do I grumble about Lent, seeing it is as another set of laws to be obeyed? Perhaps I’m forgetting that Lent is not about how much I do for God, but a time to reflect on what God has done for me.

The last line of the Gospel has Jesus admonishing the three not to tell anyone about their vision until after his resurrection. Maybe the disciples were tempted to brag that they were better than the other followers of Jesus. This reminds us that the sacrifices of Lent don’t just make us look holy; they lead us to the new life of Easter.

~ Tom Schmidt, Copyright © J. S. Paluch Co.

## Feast of Faith The First Reading

Each Sunday, we listen to three scripture readings. The first reading usually comes from the Old Testament. “The New Testament lies hidden in the Old; the Old Testament comes fully to light in the New,” we read in the *Introduction to the Lectionary*. “Christ himself is the center and fullness of the whole of Scripture” (5). On Sundays, these readings usually have a close connection to the Gospel. In this season of Lent, for example, the Exodus account of the thirst of the Israelites in the desert is paired with the Samaritan woman’s encounter with Jesus at the well. Ezekiel’s vision of the Lord raising people from their graves is paired with the narrative of Christ raising Lazarus from the dead.

The readings are taken from many sources—historical books like Judges, Kings, and the Acts of the Apostles, prophets like Isaiah and Ezekiel, wisdom literature like Proverbs or Ecclesiastes. But no matter its genre, the first reading always ends with the same acclamation: “The word of the Lord.” The scriptures are written by human authors who wrote in widely different cultural and historical contexts, but these human authors are also divine instruments through whom God speaks to us. And so we say, “Thanks be to God.”

Corinna Laughlin, © Copyright, J. S. Paluch Co.



## Seeing Through

Today's readings invite us to look more deeply, to catch a glimpse of Divine Reality hidden within the "stuff" of life. God challenged the elderly Abram and his wife to leave home for a land that God would show them. Their eyes would see the land, but only God could "show" it as a divine gift. Paul reminded Timothy that God's grace had always been available, but in Jesus Christ was made "manifest."

Jesus called Peter, James, and John up the mountain and was "transfigured" for a moment, the radiance of God shining through. Then, just as abruptly, the three looked up . . . and saw only Jesus.

During Lent we're invited to "see through" to God's presence in the stuff of life: prowling the supermarket, waiting in traffic, arguing with the kids, cleaning the bathtub. We wouldn't really have to "do" anything, if we could only glimpse divine love supporting us, holding us together.

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## Reflecting on God's Word

Lent is an invitation to journey more deeply into the heart of God. What God asks of Abram is a willingness to trust that God will lead him. Abram is called from the very beginning to place his trust in the Lord and in the Lord's promises. We are told that Abram is seventy years old at the time he goes forth. I remember someone remarking, "Imagine coming in the house and saying to your wife, 'Honey, we have to pack up and go I know not where.'" We are told simply: "Abram went as the LORD directed him" (Genesis 12:4a). Abram's faith translates into trust that God is leading him.

Jesus brought the three apostles up a high mountain. Mountains often served as the meeting place of God and the prophets—Moses and Elijah come to mind. When Jesus and the three reach their destination, Jesus is transformed before them, face and clothes shining. Suddenly Moses and Elijah are talking with him. You can understand Peter wanting to stay there. But this is not journey's end. That will happen on a hill outside Jerusalem. For now they hear words meant also for us this day: "This is my beloved Son . . . listen to him" (Matthew 17:5).

We are asked to journey with Jesus for forty days—sometimes it may be into the desert of testing, sometimes up a mountain for a moment of blinding clarity. In both places we know Jesus as the beloved Son who trusts in the Father's will. Lent invites us to make that same journey into trusting the Father.

~ James A. Wallace, C.Ss.R.

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## Treasures From Our Tradition

Centuries ago, these Lenten days were a time of intense final preparation for the candidates for baptism. By now, they had already been numbered among the "elect" for Easter baptism, and were daily challenged to excel in prayer, in fasting, and in works of charity. As is true today, at a certain point in the weekly assembly for Eucharist, the nonbaptized were dismissed from the assembly for their own learning and prayer. While they might have had impressions about the Eucharist, they had no direct experience. The rites of the church were secret and its worship places off-limits.

For the Easter Vigil, those to be baptized arrived very hungry from long fasting, and perhaps very apprehensive as to how initiation was to be accomplished. A long night of vigil and storytelling, a shimmering pool of baptism, the anointing with oil and clothing with white robes came as something of a surprise. At the end of a long, life-changing night of embrace by Christ and the community, as the eucharistic feast ended, a final surprise was brought forward. To address the deep hunger of the newly baptized, the church offered a bowl of milk and honey, sign of promises fulfilled, sign of community, prosperity, and peace, and yet another foretaste of heaven's banquet.

~ Rev. James Field, Copyright © J. S. Paluch Co.

## Conscience

Labor to keep alive in your breast that little spark of celestial fire, called conscience.

## Sharing

It's easy to halve the potato where there's love.

~ Irish saying

## SECOND SUNDAY OF

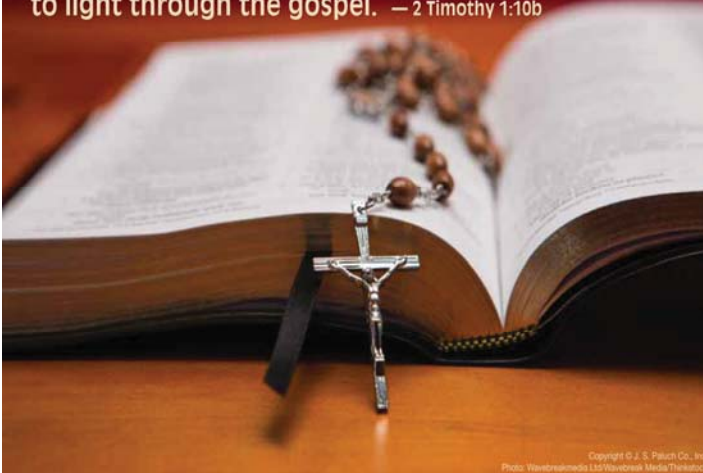
# Lent

March 01, 2026

From the cloud came  
a voice that said,  
"This is my beloved Son,  
with whom I am  
well pleased;  
listen to him."

Matthew 17:5

Christ Jesus . . . destroyed death  
and brought life and immortality  
to light through the gospel. — 2 Timothy 1:10b



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## Change

Lent is all about change and change is usually not easy. In order to change we have to leave something behind. Today we hear about a very old man who decides to answer God's call. Abram experiences a tremendous amount of change when he leaves everything behind, risking it all for God's promise. Jesus changes, is transfigured, right before the eyes of his disciples. The Lenten scriptures issue the call for us to change, to be transfigured, so that we, too, will soon share in the glory of God. What is it that the Lord is asking us to leave behind? Are we willing to take the risk for the promise made by God? These questions are at the heart of the Lenten journey of conversion.

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## The Extra Effort

As Saint Paul emphasizes in today's second reading, we are all called to a holy life. God gives us a great gift every year with the season of Lent: an opportunity once again to more closely imitate Jesus, the perfect example of holy living. We may think that Lent is only about fasting from food or abstaining from meat, but it should be so much more. The Church advocates our frequent participation in the Mass, as well as our prayers for peace and for vocations to the priesthood and religious life. We are also encouraged to give personal service to those in need, including the aged and the sick. And last but not least, we are invited to practice some form of voluntary self-denial, which is giving up something we *really* want, rather than something we'll never miss. The particular practices we choose to adopt during Lent may vary widely according to our age, capabilities, and lifestyle. The only thing we cannot do is avoid Lent altogether. This would separate us from God and the community of faith, and seriously call our discipleship into question. If we have been practicing stewardship all along, the extra efforts we make in Lent are simply a natural extension of what have already been doing. These additional practices and penances deepen our awareness of how much we receive daily from the hands of an all-loving God. By shifting our attention away from our own wants and needs we have more time to offer our abilities and resources to God, to God's church, and to the world in which we live. Lent is truly a time to count our blessings—each and every one—and to ask God to conform our hearts even more to the divine will.

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## Treasures From Our Tradition

The Blessed Sacrament was not reserved in church buildings in the first centuries of the church. In those early years, of course, people met in borrowed "house churches," gathering on the Lord's Day for community, apostolic teaching, the breaking of the bread, and the prayers, as Acts of the Apostles tells us. Dispersed, people went their way into the workaday world until the next assembly. Weighing down their hearts was the absence of brothers and sisters, not only the sick, but those imprisoned for the faith. No wonder they developed a way of extending the food of the Holy Table to them.

Forty years ago, every altar boy in training heard about Saint Tarcisus. He was a twelve-year-old boy at the time of intense persecution in fourth-century Rome. His community had begun to convey the consecrated bread from their Eucharist to those condemned to death or awaiting trial. Normally deacons did this, but on one occasion, it was necessary to send the boy to bear the holy mysteries to the prison. The legend says that he was an athlete, and was detained on the way by some playmates who wanted him to join in their game. When he refused, they demanded to know what he was carrying. The situation went from bad to worse, and he was badly beaten and died of his injuries. A hundred years later, a pope called him a second St. Stephen. In the nineteenth century, Cardinal Nicholas Wiseman of England wrote a novel in which he expanded the story and popularized it. By then, no one seemed to notice that this twelve-year-old was actually touching and ministering the Eucharist, unthinkable until recently. Scholars say the story rings true: the first reason for setting some Eucharistic bread aside was not adoration, but Communion of the sick.

*~ Rev. James Field, Copyright © J. S. Paluch Co.*

## True Friendship

A true friend can hear a tear drop.

*~ Anonymous*

## The Heaviest Load

A chip on the shoulder is the heaviest load anyone can carry.

*~ Anonymous*

*He was transfigured  
before them*



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## ***The Journey of Transfiguration***

“We used to be such good friends. How is it that you’ve moved so far away?” one man asked another. “Perhaps,” the other replied, “you have moved away. By standing still.” This exchange very well could have happened between Peter and Jesus, had Peter been allowed to erect tents to stay on the mount of the Transfiguration. He nearly succumbed to the temptation to stay in a place of wonder and light. But Jesus knew the hard truth: we are on a continual journey when we are walking the paths of God’s will. It is not good for us to stay in one place on our faith journey. Equally unhealthy is staying put in times of joy and wonder to avoid life’s difficulties, or to wallow in our trials and temptations and fail to be companions for our sisters and brothers who are also suffering—or celebrating! The pilgrim Church is required to do one thing on its Lenten journey: to walk continually with Christ as his Body born of water and the Spirit, seeking God’s will, helping the reign of God to be known on earth, being led to the end of our journey, transfigured for all time into the company of heaven.

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## ***Treasures From Our Tradition***

In brushing up for “Catholic Jeopardy,” it might help to know that there is only one feast on the calendar for a thing, rather than a person or mystery. It’s for a chair, Peter’s chair in fact, and the day forms a bookend for an Octave of Prayer for Church Unity.

After the Resurrection, there can be no doubt that the disciples reserved a special place for Simon Peter in the upper room. Later, Peter became the bishop of Antioch in today’s Syria, the place where we were first called “Christians.” From there, he went to Rome, the center of the Empire, where it is said that Peter sat in a chair in the house of Priscilla and Aquila to instruct his flock. Jesus, in entrusting the keys of the Kingdom to Peter and his successors, entrusted his compassion and mercy to them, and charged them with pointing to the Kingdom of God. Compassion and mercy are to resonate through their teaching.

Since the ancient sign of a teacher is the chair (“disciple” literally means one who sits at the feet of a teacher), Peter’s chair has long been treasured. Today there is a symbolic shrine of Peter’s chair above the main altar of St. Peter’s Basilica in Rome. This monument is the last work of Bernini, a huge bronze throne supported by four doctors of the Church: Augustine and Ambrose from the Western Church, and Chrysostom and Athanasius from the East. High above it is the alabaster window of the descent of the Holy Spirit. Last year on this day, Pope Benedict asked the assembly to invoke the Holy Spirit, that “he may always sustain with his light and strength” the one who is the successor of Peter.

~ James Field, © Copyright, J. S. Paluch Co.

## ***Spring Weather***

In the spring, I have counted 136 different kinds of weather inside of 24 hours.

~Mark Twain

## ***Sharing***

It’s easy to halve the potato where there’s love.

~ Irish saying

## ***Relevant Radio***

Tune your radio to 1260 AM or 101.7 FM for 24-hour broadcasts concerning Catholic teachings and prayers.

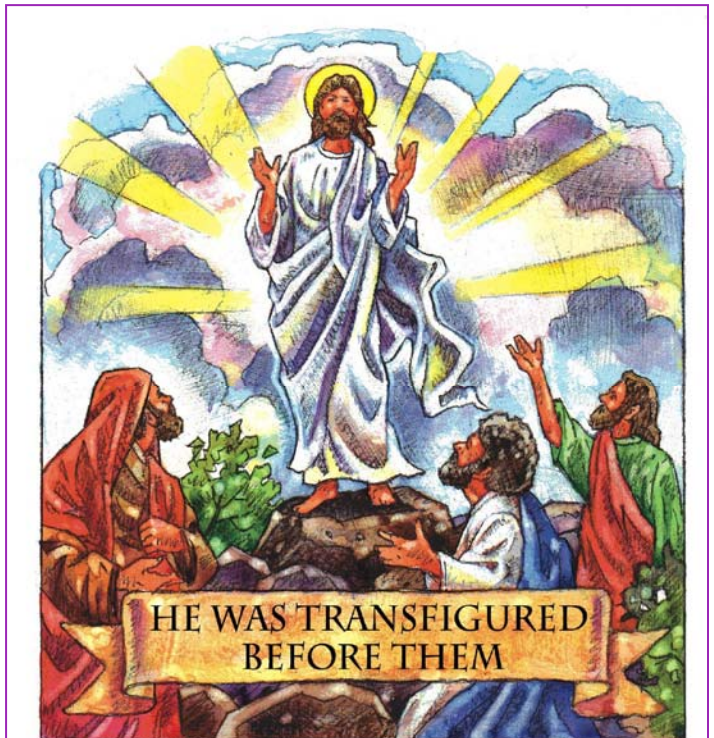
## ***Tempted by Transfiguration***

Jesus faces a different sort of temptation in today’s Gospel. Peter (whom Jesus would refer to as “Satan” in their encounter at Caesarea Philippi) tempts him to stay on the mountain of the Transfiguration, residing in a tent of glory with Moses and Elijah, as the Ark of the Covenant had dwelt in a tent of glory among the people of Israel. Jesus doesn’t succumb, but makes Peter and his other followers come down with him off their mountain of glory to continue their ministry of proclaiming the reign of God. Jesus turned down the glory and power offered to him in last week’s temptation passage; he likewise turns it down again, even when it seems to portray him as the fulfillment of Israel’s messianic expectations. Yet, in a way, Jesus did allow himself to be tempted by transfiguring moments in his public ministry when he faced illness, demons, disbelief, hypocrites. He allowed each of these moments to transfigure the world around him more and more into the image of God’s reign. They also each transfigured him a bit more on his road to Jerusalem, Calvary, the tomb, and his everlasting transfiguration in resurrection.

## ***Transfigured By Temptation***

The words “disciple” and “discipline” are very close relatives. People in various walks of life know that our personal transfigurations frequently happen only when we encounter times of trial. Those in recovery know that ongoing encounters with temptations are sources of growth and strength. And so it is for us as faithful disciples renewing our lives through Lenten disciplines. We need to turn aside from the allure of the temptations of self-centeredness, greed, and unhealthy appetites as we increase the presence of prayer, fasting, and almsgiving in our lives. Daily, most of us confront a “demon,” an illness in body, mind, or spirit, whether in ourselves or in the world. With Christ, we are called upon to confront its presence in ourselves or others, and like Christ, find our true and lasting transfiguration by growing in obedience to the Father’s will. By God’s grace we will one day come to live in the everlasting glory of the Resurrection that we also share.

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# IMMIGRANT KNOW YOUR RIGHTS

IN THIS COUNTRY, EVERY INDIVIDUAL HAS RIGHTS, REGARDLESS OF THEIR COUNTRY OF ORIGIN, RACE, LEGAL STATUS, NATIVE LANGUAGE, RELIGION, SEXUAL ORIENTATION, OR GENDER IDENTITY.

## 1. THE RIGHT TO NOT OPEN THE DOOR

Ask for warrant under the door; verify details first.

## 2. THE RIGHT TO REMAIN SILENT

Give only your name; speak with an attorney present.

## 3. THE RIGHT TO MAKE A PHONE CALL

Call your attorney or family; keep a number ready.

## 4. THE RIGHT TO A HEARING BEFORE A JUDGE

You can ask for a judge to hear your case.

## 5. THE RIGHT TO HAVE YOUR PHYSICAL INTEGRITY RESPECTED

No one can abuse you physically or verbally.

## 6. THE RIGHT TO NOT SIGN ANY DOCUMENTS

Only sign documents with attorney approval.

## 7. THE RIGHT TO EVALUATE WHETHER YOU QUALIFY FOR ANY IMMIGRATION PROCESS

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# Healing Retreat

## for Adult Children of Divorce

**Feb 27 - Mar 1, 2026**

Vallombrosa Retreat Center  
250 Oak Grove Ave, Menlo Park, CA

Weekend retreat will include Holy Mass, opportunities  
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For more information / registration visit:

[www.sfarch.org/lgw](http://www.sfarch.org/lgw)

or contact Ed Hopfner [HopfnerE@SFArch.org](mailto:HopfnerE@SFArch.org)





RSVP & Donate

# Centering Prayer: An Introductory Workshop

Sunday, March 1, 2026  
3:30-5:30 pm

Centering Prayer is a modern prayer practice introduced by Cistercian Monks that is aimed towards resting in God and consenting to God's presence and action in our lives. The emphasis is on our relationship with God based on Jesus' teaching in the Gospels. All are welcome.

Mary English has practiced Centering Prayer for about 35 years. She had her training to be a presenter of Introductory Workshop on Centering Prayer from Thomas Keating, OCSO and staff of Contemplative Outreach. She facilitates a Zoom Centering Prayer meeting on Tuesday evenings. Mary is part of the CFF and Liturgical ministries at St Agnes.

THE IGNATIAN SPIRITUALITY CENTER & SEATTLE UNIVERSITY UNIVERSITY MINISTRY INVITE YOU



# Novena of Grace 2026 CLAIMING OUR HOPE TODAY



**THURSDAY, MARCH 5 - FRIDAY, MARCH 13**  
WEEKDAYS: 12:30-1:30 PM SATURDAY &  
SUNDAY: 11 AM-12 PM via Zoom

RSVP & Register  
to join the ISLC  
prayer group



**PRESENTERS STEPHANIE RAGLAND, ROSS HAYS, JOSEPH DICKAN, SJ**

Journey with us this Lent for a nine-day retreat amid daily life! Join us for any or all nine days of beautiful music, scripture, inspiring preaching, reflection, and heartfelt prayer within the context of a contemplative service. The ISLC is gathering a group to join our partners in Seattle via Zoom as we pray with a faith-filled community for God's healing and hope in our lives. Be nourished and inspired each day as you open yourself to the Spirit and experience a grace that transforms.

Be sure to register to receive materials and the Zoom link!

For more information visit [ignatiancenter.org/novena2026](https://ignatiancenter.org/novena2026)

Questions? Email [maria@ignatiancenter.org](mailto:maria@ignatiancenter.org)



Learn more





**WRITE EASTER CARD MESSAGES  
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FRIDAY, MARCH 27 2026  
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Free continental breakfast, lunch and parking**

Complete volunteer registration at [sfarch.org/rjvolunteer](https://sfarch.org/rjvolunteer),  
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## 38th FILIPINO CATHOLIC CHARISMATIC COMMUNITIES ANNUAL SEMINAR

March 28, 2026 from 8am to 6pm



Patrons Hall of Cathedral of  
St. Mary of the Assumption  
1111 Gough Street  
San Francisco, CA 94109

**REGISTRATION FEE:**

\$35.00/person - Lunch included

Youth (19 & below)

Free Registration- (\$10.00 for Lunch)

*Seminar will include time for  
Praise and Worship,  
Benediction, Confession, Healing  
Service and Holy Mass*

*Mass Main Celebrant: Father Jerald Geronimo*

Are you searching for a deeper connection with your faith?

**SPEAKERS:**



Fr. James Blount is a priest of the Society of Our Lady of the Most Holy Trinity (SOOT). He was ordained in 1999 and speaks of living a life in relationship with each of the Persons of the Holy Trinity, Father, Son, and Holy Spirit. His teachings depict his deep love for the Eucharist and his intimate relationship, love, and devotion to Jesus and Mary.

Fr. Blount is deeply involved with the Flame of Love movement and promotes the Divine Will devotion, both of which have received imprimaturs and approval of the Holy Catholic Church. His talks heighten awareness of the intense spiritual battle between good and evil in our world and the necessity of striving toward holiness in our life. In particular, he emphasizes the triumph of the Immaculate Heart of Mary, the power of Eucharistic adoration and the importance of the intercession of St. Joseph.



Deacon Larry Onye, is the Chairman of HGI Global; alongside his wife Andi, he co-founded Hope and Purpose Ministries. Deacon Onye currently serves on the Board of Directors for Renewal Ministries that has evangelization efforts in over 26 countries. He founded the Hope and Purpose/ St. John Paul Primary school in Uganda East Africa and the Hope and Purpose farm in Cameroon, West Africa. He is also the Global Chairman of Cloud2Media based in the United Kingdom.

Deacon Onye is known for his warm, animated, and compassionate speech. He has spoken globally, appearing on EWTN, Franciscan Radio, Ave Maria Radio, Relevant Radio, Redeemer Radio, and FOCUS TV. He is also the author of several books: Amazed by God's Grace, Divine Mission: Discovering Your Hope and Purpose, Reflections on the Kingdom of God, and UP FATHM

Register at [fccspirit.com](http://fccspirit.com) on a limited seating capacity

Contact: Tess Garza, FCCC Head Coordinator (650) 784-6352 [itsmesistess@gmail.com](mailto:itsmesistess@gmail.com)

Artchie Lazaro, FCCC Asst. Coordinator (650) 201-6351 [jmleventplanning@gmail.com](mailto:jmleventplanning@gmail.com)



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*with Praise & Worship led by St. Patrick's seminarians*

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**MARCH 28, 2026 (SATURDAY)**

**7:15-8:45 PM**

Confession available | Light refreshments to follow

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# Deliver Easter Treats and Cards in San Francisco County Jails

## Thursday April 2, 2026



11:00 AM CJ#2

425 7th Street, San Francisco, CA 94102

1:00 PM CJ#3

1 Moreland Dr, San Bruno, CA 94066

Complete volunteer registration and background check form at  
[www.sfarch.org/rjvolunteer](http://www.sfarch.org/rjvolunteer)

IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572



# Archdiocese of San Francisco's Women's Conference

*A Retreat with the Merciful Heart of Jesus*  
*on the eve of Divine Mercy Sunday*

Saturday, April 11, 2026 | 9:30 a.m. – 6:00 p.m.

Star of the Sea Catholic Church, 4420 Geary Boulevard, San Francisco, CA

\$55 per person



*Archbishop Salvatore J. Cordileone*  
Celebrant



*Sister M. Inga Kvassayová, ISMM*  
Speaker



*Father Jim McCormack, MIC*  
Speaker

The conference provides an opportunity to receive the Divine Mercy Sunday Indulgence, with time for the Sacrament of Reconciliation and 4:30 p.m. Vigil Mass.

Conference will be held in the gym and Mass will be in the church.

Lunch is included.



ARCHDIOCESE OF  
SAN FRANCISCO

Learn more and register at [sfarch.org/womens-conference](https://sfarch.org/womens-conference)





NORTHERN CALIFORNIA RENEWAL COALITION  
39TH ANNUAL CATHOLIC CHARISMATIC CONFERENCE  
**MAY 9, 2026 - SATURDAY**



**CATHEDRAL OF ST. MARY OF THE ASSUMPTION**  
1111 GOUGH STREET (PATRONS HALL) SAN FRANCISCO CA 94109

**8:00 AM-6:00 PM (CLOSING MASS at 4:00 PM)**

**6:30 PM-8:00 PM TRIBUTE TO THE MESSIAH**

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### **SPEAKERS**

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- DEACON RALPH POYO, FOUNDER OF NEW EVANGELIZATION MINISTRIES (TEXAS) AND CHAIRMAN OF PENTECOST TODAY
- ROSE PAYAN, PRAISE & WORSHIP LEADER AND BIBLE TEACHER

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# Save the Date

## Cultural Heritage Night

**October 4, 2026**  
5:00 PM

Cathedral of  
St. Mary of the Assumption  
San Francisco

Hosted by::



ARCHDIOCESE OF  
**SAN FRANCISCO**  
FILIPINO MINISTRY

Stay tuned for additional information.

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**Sto. Niño  
Devotion**  
(every Friday  
after the  
12:10 p.m. Mass)

*Judy Labaria  
Alma Raymundo  
Cathy Bohol  
Sheila Montemayor  
Anonymous*



**Black  
Nazarene**

**Feast Day  
January 9**

*Rosie Drapiza  
Lydia Cagampan  
Rene & Elsa Tuazon  
Celia & Paul Gravador*



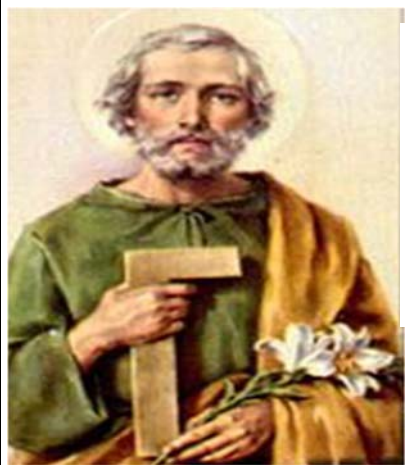
**Our Lady of  
Perpetual Help  
Devotion**  
(every Tuesday  
after the  
12:10 Mass)

*Raya & Gamboa  
Families*



**San Lorenzo Ruiz**  
**First  
Filipino Saint**  
**(Sep 28)**

*Fe Macatangay  
Jeanette Chafe  
John & Gemma O'Donnell  
Evelyn Grande  
Mely Saavedra*



**Saint  
Joseph**

**Feast Day  
March 19**

*Xenia Villamejor*

**St. Anne**  
**Feast Day  
July 26**



PRAYER TO  
**St. Anne**

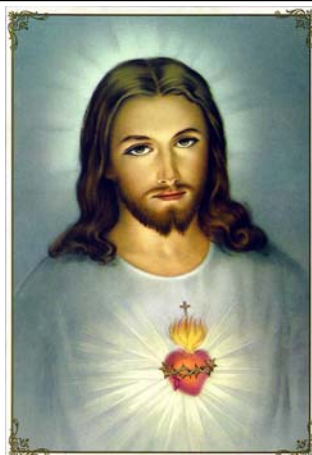
O GOD, You  
bestowed on St.  
Anne such grace  
that she was found  
worthy to become  
the mother of  
MARY, who  
brought forth  
Your only  
begotten SON.  
Grant that we may  
be helped by her  
intercession.  
Amen.

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**Sacred  
Heart**

**First Friday  
Schedule**

**4pm Holy Hour  
5:15 Mass**



**OUR  
LADY  
OF  
FATIMA**

**Pray the  
rosary**

The Graceful Chapter

# Psalm 23

1 The LORD is my shepherd, I lack nothing.

2 He makes me lie down in green pastures, he leads me beside quiet waters,

3 He refreshes my soul. He guides me along the right paths for his name's sake.

4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

The Graceful Chapter

*Yap Family*



## St. Patrick Charismatic Prayer Group

Charismatic & Healing Mass:  
Every 3<sup>rd</sup> Sunday at 2:00 p.m.

**Matt Dorsey**  
SAN FRANCISCO SUPERVISOR



I'm proud to represent you in City Hall — and grateful for the faith community we share at St. Patrick's. For help with city matters, feel free to call my office at (415) 554-7970 or email [Matt.Dorsey@sfgov.org](mailto:Matt.Dorsey@sfgov.org).

Best,

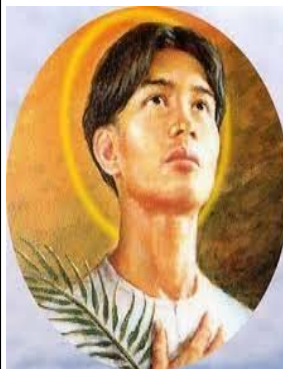
*Matt Dorsey*

## Our Lady of Guadalupe

Feast Day  
December 12



## St. Pedro Calungsod 2<sup>nd</sup> Filipino Saint (April 2)



Elena & Mark Ramoran Gayapa Family,  
Romeo & Antonina Real Family,  
Dan & Annie Lacap Family,  
Jesus, Jr. & Malou Paningbatan,  
Vida Ventura,  
Nenette Murata,  
Cristin Salangang