

# St. Patrick Catholic Church

*San Francisco's Historic Landmark #4*

*(Founded in 1851)*

756 Mission St. (between 3rd and 4th Streets) San Francisco, CA 94103 | Tel (415) 421-3730

[www.stpatricksf.org](http://www.stpatricksf.org)

**February 01, 2026 - Fourth Sunday in Ordinary Time**

*"Blessed are the poor in spirit,  
for theirs is the kingdom of heaven." ~ Matthew 5:3*



Illustration by Mehrdad Isvandi

### **Pastoral Staff**

Rev. Andrew Spyrow - *Pastor*

Rev. Teodoro "Fr. Ted" P. Magpayo - *Parochial Vicar*

Rev. Celestine Tyowua - *Parochial Vicar*

Deacon Ferdinand Mariano - *OCLIA Coordinator*

### **Parish Staff**

Rachelle Morales and Nenette Murata -

*Religious Education Coordinators*

Charles Corpus - *Music Coordinator*

Nora Regaspi - *Office Manager*

Camelle Sudario - *Parish Receptionist*

Emy Pasion - *Bookkeeper*

### **Mass Times**

Monday - Friday: 7:30 a.m., 12:10 p.m., 5:15 p.m.

Saturday: 7:30 a.m., 12:10 p.m. 5:15 p.m. *Vigil Mass*

Sunday: 7:30 a.m., 9:30 a.m., 12:00 p.m., 5:15 p.m.

Tagalog Mass: 1st Sunday at 2:00 p.m.

Family Mass: 2nd Sunday at 12:00 p.m.

Charismatic & Healing Mass: 3rd Sunday at 2:00 p.m.

### **Parish Schedule**

#### **Parish Office Hours**

Monday through Friday

9:00 a.m. - 1:00 p.m. and 2:00 p.m. - 5:00 p.m.

**Sacrament of Reconciliation (in the Rectory)**

*(appointments are preferred)*

Monday through Thursday

9:00 a.m. - 11:30 a.m. and 2:00 p.m. - 4:00 p.m.

**Novena to Our Mother of Perpetual Help**

Every Tuesday after the 12:00 p.m. Mass

**Sacred Heart**

First Friday of the month at 4:00 p.m..

**Sto. Niño Devotion**

Every Friday after the 12:00 p.m. Mass

**Our Lady of Fatima**

First Saturday of the month at 11:30 a.m.

### **Happy Birthday!!**

Happy Birthday to our Parishioners  
celebrating a birthday this week.

Samantha Marie Montemayor	2/1	Francis Tom Gongloff	2/5
Pepito Perlas	2/2	Lucas Avery Orque	2/5
Pura Pura Tech	2/2	Mely Saavedra	2/5
Yukari Wilkinson	2/2	Jennifer Gino	2/7
Chris Wilson	2/3	Susan Mabini	2/7
Natalie Antony	2/4	Susan Salcedo	2/7

### **Saint of the Week**



Agatha, † probably under Decius (c. 251) in Sicily; patroness of Palermo and Catania; invoked for protection against volcanic eruptions and fires; mentioned in the Roman Canon.

### **The People of God's Kingdom**

In our Gospel reading from Matthew, we hear the Beatitudes, the stirring opening to the Sermon on the Mount. Jesus is proclaiming the coming of the kingdom of God, and begins by considering what kind of people will enter and participate in this kingdom. They are the poor in spirit, the meek, the clean of heart, the peacemakers. We hear both Zephaniah and Paul echo this, as God specifically chooses the weak and the lowly to be God's agents in ushering in the reign of God. By living with humility and integrity, their hearts are open to being transformed by the grace of God. We too are called to live in this way. Jesus invites us to be people with open hearts, to receive God's blessing. And working through us, God may bless all of creation.

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### **Our Fascinating Faith**

#### **Candlemas (February 2)**

Thanks to Pope Sergius I (687-701), on February 2 we celebrate the Presentation of the Lord. On this day we also commemorate the Purification of Mary, who complied with the Jewish law (Leviticus 12:1). The law indicated that a mother should be purified forty days after giving birth to a boy child. Since the eleventh century the Purification of Mary and the Presentation of the Lord have been celebrated with the blessing of all the candles and candlesticks that are going to be used during the year. This is done with the hope that there will never be a lack of light, either material or spiritual, in the houses of the faithful. The root of the word candlemas is the Latin verb *candere* ("to shine") and from which also come the words *candelabra* and *candlestick*. This feast of candles recalls that Christians can, like Simon and the prophetess Anna in the temple, say that they also have seen salvation: Jesus the true Light who shines in the arms of Mary (Luke 2:25-38).

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### **The God Squad Catholic TV Mass**

FATHER HARRY  
**God Squad** PRODUCTIONS  
The God Squad Catholic TV Mass, aired every Sunday, provides inclusion for those who are homebound, hospitalized, incarcerated and/or unable to attend Sunday Mass. Monsignor Harry Schlitt began broadcasting the TV Mass in the late 1970s and it has been airing ever since. Please watch the TV Mass on Sunday mornings on the following stations:

*In San Francisco*

*KTSF (CH 26) at 6:00 a.m.; KRON (CH 4) at 5:30 a.m.;*

*and in Sacramento*

*KTXL (Fox 40) at 5:30 a.m.*

You may also view the Mass at any time by going to *FatherHarry.org*. You may also find the program beneficial to you, someone in your family, or a friend.

We need your participation and support to continue this valuable ministry.

### **Carry the Load**

The chief thing is to take the burden on one's shoulders. As you press forward, it soon shakes down and the load is evenly distributed.

*~ St. John Bosco*

### **Damaged Blessed Items**

If you have any damaged blessed items, including statues and Bibles, as well as sacramentals, such as crucifixes and rosaries, please feel free to drop them off in our gift shop. We'll make sure they are disposed of properly and respectfully.



## St. Patrick Church Lifetime Donors

You can still make a donation by going to our parish website: [www.stpatricksf.org](http://www.stpatricksf.org). On our homepage scroll down and click Online Giving. Create an account if you don't have one. Once you have created an account, please choose the Lifetime Donor option. We are asking a Lifetime Donor to donate a minimum of \$20 a week or \$80 a month. Your privacy and financial information are safe with us. And we recommend that you use your credit card for an easier and faster transaction.

Thank you for your generosity and support.

For more information,  
email us at [information@stpatricksf.org](mailto:information@stpatricksf.org)  
or call us at 415-421-3730

**We have 93 Lifetime Donors as of 14 August 2025**

In Memory of Nicomedes & Juanita Abello	Kusina ni Tess
Cristina Agbayani	Judy Neri Labaria
Marilou Alegre	Tita Labaria
Corazon M. Ambata	Dan And Annie Lacap
Roberto Andrey	Eleanor Lawsin
Perla Ardanas	Felicitas Locsin
Fernando Balbuena	Merly Lorete
Joy, Jen & Jackie Bandelaria	Fe Macatangay
Valente Banez	Beltran C Marces
Eufemia Barcelona	Corazon Mariano
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Lilian Gomez	Derek Tillotson
Josefa Gonzales	Victoriano & Carmen Uchi & Family
Rodil, Ruby Gonzales & Children	Laura Vanmunching
Alvin Gonzalez	Boying & Rosie Vasquez
Therese Guintu	Alden, Mercy Ventigan & Kids
Norma Gumawid	Vida Ventura
Ina Howard	Josephine Villa
† Ponciano & Marlene Icatar	Rianty Winarta
Georgina Jose	Edwin, Rosalie, Krista, Ezra & Juliana
Kaiser PermanenteSF, 4Center & Oncology	Cielito Littaua Yoma
Agnes Kumi	† Charlie A. Yparraguirre

## Upcoming Events in the Archdiocese of San Francisco

**Feb 7** Adventures in Marriage Relationship Skills Workshop for couples. St Mark Church (325 Marine View Ave, Belmont), 8:30 – 4:30. Learn skills to make your marriage even better – this award-winning, skills-based, evidence-informed workshop has been offered to 1000s of satisfied couples around the country. Every important vocation requires continuing education – how about your marriage (the most important vocation!)? Here and here are a couple of articles with more information. Registration fee includes lunch, snacks, and all materials. Newly married (2022 or more recent couples) are ½ price; if you already attended an AIM workshop you can also attend for ½ price – contact Ed. Register at [www.sfarch.org/aim](http://www.sfarch.org/aim) or use QR code on attached flyer. (Next workshop will be April 18, St Anselm Church in Ross.)

**Feb 14** Healing Mass for divorced or separated Catholics. St Anselm Church (97 Shady Lane, Ross). 9am, followed by reception. Contact Donna at 415.205.5998 or [dhaasna-than97@gmail.com](mailto:dhaasna-than97@gmail.com) for more information or to register

**Feb 21** annual Wedding Anniversary Mass will be hosted on Saturday, February 21, 10:00am at the Cathedral of St Mary of the Assumption (1111 Gough Street in SF). All sacramentally married couples are invited to bilingual Mass with the Archbishop Cordileone, followed by a reception. Couples celebrating “5-year anniversaries” (5, 10, 15, 20...) will receive special notice. Register at [www.sfarch.org/anniversarymass](http://www.sfarch.org/anniversarymass) by Wednesday 2/18; suggested donation is \$20/couple.

**Feb 20-22** Struggling in your marriage? Retrouvaille has helped 1000s of “hopeless” marriages heal and become better than ever. For confidential information about, or to register for the program on Feb 20-22 (Mountain View) call 415-893-1005 or email: [SF@RetroCA.com](mailto:SF@RetroCA.com) or [6018@helpourmarriage.org](mailto:6018@helpourmarriage.org), or visit the web site at <https://helpourmarriage.org>

**Feb 27 – Mar 1** Life Giving Wounds Healing Retreat for Adults with Divorced or Separated parents. Vallombrosa Retreat Center, Menlo Park 7:00pm Friday – 3:30pm Sunday. This powerful healing retreat weekend invites participants with divorced or separated parents to move past their parents’ relationship to their own deepest origin and identity as God’s beloved, capable of great love. Promotional video with info here, more info or register at <http://www.sfarch.org/lgw>; much more information about the ministry here.

## Are You a Registered Parishioner?



Please do not take for granted that you are registered in the parish just because you attend Mass here. Are you on our mailing list? Do you receive envelopes? If not, it could be quite embarrassing to us, to you and to your family when someone wants to make wedding plans, have a baby baptized, or if you are asked to act as sponsor for Baptism or Confirmation requiring a note of Catholicity from us. If we have no record of your membership, we cannot do this. Please take the time to register and be a part of the St. Patrick faith community.

## Communion in the Home

Extraordinary Ministers of Holy Communion are available to bring Communion to those who are unable to attend Mass. Please call the office at 415-421-3730 for more information.

## Constant Faith

If you remain constant in faith in the face of trial, the Lord will give you peace and rest for a time in this world, and forever in the next.

~ St. Jerome Emiliani

## Mass Intentions for Feb 01 - 07

Date	Time	Intention
<b>Sunday 01</b>	7:30 a.m. 9:30 a.m. 12:00 p.m. 2:00 p.m. 5:15 p.m.	† Louis Keshem BD Tono M. Sanchez BD Felicidad Raya SI Spc Parishioners SI Rev. Roberto Andrey
<b>Monday 02</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Helen & Jesus Delos Santos † Poor Souls In Purgatory † Nicomedes & Juanita Abello
<b>Tuesday 03</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	BD Apolonio Abalos Ventayen † Lourdes Albayalde Villanueva SI Cristina Agbayani
<b>Wednesday 04</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Naida Luib FH David Sun † Mrs. Verde
<b>Thursday 05</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Marilyn & Lorenzo Sumulong † Philip Sun SI Marilou Alegree
<b>Friday 06</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	SI Gene & Ellen Short † Remedios Merida SI Corazon M. Ambata
<b>Saturday 07</b>	7:30 a.m. 12:10 p.m. 5:15 p.m.	† Carmen Romero Jimenez † Marilyn P. Magboo BD Bill Carrera



### Blessing of Throats

On Tuesday, February 3<sup>rd</sup>, the Church bestows the traditional St. Blaise blessing of the throat after each Mass. As one of the many devotions of the Church, it channels the manifold blessings of redemption into every compartment of human activity, where the Church offers solace and healing. You are invited to have your throat blessed on this day.

### World Day for Consecrated Life

World Day for Consecrated Life will be celebrated in the Church on Monday, February 2, 2026, and in parishes over the weekend of January 31 - February 1. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

### Living Stewardship Now

Bring hope and help to the poor.

Close to home: Volunteer with a literacy organization, a job seekers' network, a food bank, or the Saint Vincent de Paul Society.

Far away: Support the work of Catholic Relief Services, or other suitable charities.

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## Pope Leo XIV proclaims Franciscan Jubilee Year

His Holiness Pope Leo XIV has arranged that, from the 10th January, 2026 to the 10th January, 2027, this Year of St. Francis will be celebrated, during which all the Christian faithful are invited to follow the example of the Saint of Assisi, becoming models of holiness of life and constant witnesses of peace. The Apostolic Penitentiary grants the plenary indulgence under the usual conditions to those who participate devoutly in this extraordinary jubilee, which represents an ideal continuation of the Ordinary Jubilee of 2025.

This Jubilee Year is addressed especially to members of the Franciscan Families of the First, Second and Third Regular and Secular Orders, as well as to Institutes of Consecrated Life, Societies of Apostolic Life and Associations that observe the Rule of St. Francis or are inspired by its spirituality. However, the grace of this special year is also extended to all the faithful without distinction who, with their spirits removed from sin, visit in the form of a pilgrimage any Franciscan conventual church or place of worship dedicated to St. Francis in any part of the world. The elderly, the sick and those who for serious reasons cannot leave home will also be able to obtain the plenary indulgence by spiritually joining the Jubilee celebrations and offering their prayers, pains or sufferings to God.

In this time of celebration that culminates eight hundred years of Franciscan memory, we cordially invite all the faithful to take an active part in this exceptional Jubilee. May the shining example of St. Francis, who knew how to make himself poor and humble in order to be true alter Christus on earth, inspire our hearts to live with authentic Christian charity towards our neighbour and with sincere longings for concord and peace among peoples. Following in the footsteps of the Poverello of Assisi, let us transform the hope that made us pilgrims during the Holy Year into fervour and zeal of effective charity. May this Year of St. Francis be for each one of us a providential occasion for sanctification and evangelical witness in the contemporary world, for the glory of God and the good of the whole Church.

### Conditions for receiving the Indulgence (for oneself or for the deceased)

- Sacramental confession to be in God's grace (in the eight days before or after);
- Participation in Mass and Eucharistic Communion;
- To visit in the form of a pilgrimage any Franciscan conventual church or place of worship dedicated to St. Francis anywhere in the world, where one renews one's profession of faith, through the recitation of the Creed, to reaffirm one's Christian identity;
- The recitation of the Lord's Prayer, to reaffirm the dignity of children of God, received in Baptism;
- To pray for the intentions of the Holy Father, to reaffirm belonging to the Church, whose foundation and visible centre of unity is the Roman Pontiff.

### Do Not Despair, Do Not Presume

Do not despair, one of the thieves was saved.

Do not presume, one of the thieves was damned.

~ Attributed to St. Augustine.

**An expanded color version of our  
printed bulletin, with online-only  
content, is available on our website:  
[www.stpatricksf.org](http://www.stpatricksf.org)**



## LEGION OF MARY - ST. PATRICK CHURCH

JOIN THE LEGION OF MARY, OUR LADY OF MT. CARMEL **PRÆSIDIUM**



Meeting - Sunday at 1:30 p.m. in Bitanga Hall

The Legion Family Worldwide  
On all continents  
In over 170 countries  
4 million active members  
5 million auxiliary members



The Founder Frank Duff  
1889 - 1980

### Legion of Mary's History

The Legion of Mary was founded in Dublin, Ireland on the 7<sup>th</sup> of September in 1921.

It is a lay Catholic organization giving service to the Church on a voluntary basis in almost every country.

### Legion of Mary's Aim

The object of the Legion of Mary is the glory of God through the holiness of its members developed by prayer and active co-operation in Mary's and the Church's works.

### Legion of Mary's Unit

The unit of a Legion of Mary is called a praesidium, which holds a weekly meeting where prayer is intermingled with reports and discussions. Persons who wish to join the Legion must apply for membership in a praesidium.

### Legion of Mary's Active Works

The Legion sees as its priority the spiritual and social welfare of everyone. The members participate in the life of the parish through visitation of families, the sick, both in homes and hospitals and through collaboration in every apostolate and missionary undertakings sponsored by the parish. The works are more of spiritual works of mercy.

### Legion of Mary's Active Membership

This membership is open to all faithfully practicing Catholics. Members attend weekly meetings and engage in prayers and active works. Candidates under 18 years of age can be received in a Junior Praesidium.

## Feast of Faith I Confess

One form of the penitential rite at the beginning of Mass is the traditional *Confiteor*, or "I confess," a prayer that was formerly prayed by the priest alone at the foot of the altar, but which is now prayed by the entire assembly. The *Confiteor* is at once personal—"I confess"—and communal, prayed aloud, together. We recognize that sin does not just separate us from God; sin comes between us and others, isolating us. We acknowledge that sin has many dimensions, individual and communal: sins of thought, sins of speech, sins of action, sins of omission. Sin is not something that happens to us; sin is something we do. In the *Confiteor*, we take responsibility for our own actions. The repeated insistence on our "fault," with the ritual gesture of striking the breast, an ancient sign of penitence, is not meant to lower our self-esteem. Rather, it acknowledges our human instinct to transfer the blame whenever we can ("The devil made me do it!"). This prayer stops us short. We take responsibility for ourselves, our actions, our failure to act. Then we cry out to God in those ancient words, *Kyrie, eleison*—Lord, have mercy. For the sinner who repents, there is mercy. This truth is at the heart of our faith, and it is where the Mass, our feast of faith, begins.

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## Letters from Heaven



Start with the letter in the shaded square. Draw a path from letter to letter to complete the Biblical statement. Move one square at a time, up, down, right, left and diagonally until all letters are used once. Ignore any black squares.

Jesus said,

"Blessed are they who mourn, for they ..."

	W	I	L
O	C	L	B
M	O	E	E
F	R	T	D

W \_ \_ \_ \_ \_

Answer: *will be comforted*

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saint snippets



God, into your hands  
receive my spirit.

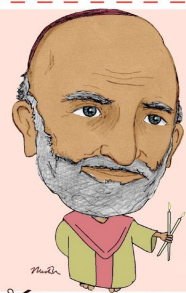
**Bl. Benedict Daswa**

South African school principal, husband,  
and father of eight who was murdered  
in 1990 after refusing to fund anti-Catholic  
witchcraft superstitions.

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February 1

saint snippets



"Heal me, Lord, that I  
may be healed; saved me,  
that I may be saved, for  
you are my praise."

—Jeremiah 17:14

**St. Blaise**

4th-century physician, Bishop, and martyr  
who healed a choking child through prayer.  
Patron saint against ailments of the throat.

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February 3

saint snippets



After Christ's example,  
I forgive my persecutors.

**St. Paul Miki**

16th-century Japanese Jesuit seminarian who  
was arrested and crucified because of his faith

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February 6

## Fourth Sunday in Ordinary Time February 01, 2026

"Blessed are the poor in spirit,  
for theirs is the kingdom of heaven."

~ Matthew 5:3

# CATHOLIC CORNER

## FRUITS OF THE SPIRIT

At the Last Supper Jesus said to his disciples, "Whoever remains in me . . . will bear much fruit" (John 15:5).

What did Jesus mean when he spoke of us bearing fruit? Certainly not fruit that grows on trees. He meant that if we remain close to him and follow his teachings, we will be able to do many good things. The Church teaches that when we try to good things—to produce good fruit—the fruits of the Holy Spirit will flourish in us (see Galatians 5:22–23).



One of the Spirit's fruits is joy. Think of some of the things you do, for others and for yourself, that bring you joy. It might be sharing something, giving a gift, or helping someone who is sad or is hurt. When you do these things you produce something good that creates joy in you. Some other fruits of the Spirit are named in the circles. Write or draw a picture showing something you might do or say that would bring that fruit of the Holy Spirit to you.



## The Little Ones

Jim Burrows

GOD HAS SOMETHING SPECIAL FOR EACH ONE OF US TO DO NO MATTER HOW SMALL WE ARE



• BURROWS •

Consider your own calling, brothers and sisters. Not many of you were wise by human standards, not many were powerful, not many were of noble birth. 1 Cor 1:26

February 01  
2026

When Jesus saw the crowds,  
he went up the mountain  
and began to teach them.

Matthew 5:1

*Fourth Sunday in Ordinary Time*

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## Pastor Al™



"No, Billy. Jesus emerging from the tomb does not see his shadow and have six more weeks of winter."

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## The Chosen Remnant

Zephaniah is one of the least-known of the Old Testament prophets. He speaks in today's first reading of impending judgment. But the Lord will leave a "remnant" in Israel. This image of a remnant, or remainder, was to become vital to both Judaism and Christianity.

Paul's letter to Corinth makes obvious his deep concern for the Christians there. They are too self-confident, he says, too sure of themselves. He admonishes them to remember that Christ has given them all they have.

Today's Gospel comprises the opening of Jesus' "Great Sermon." As God gave Moses the law on Sinai, so now Jesus gathers his disciples on a hillside to teach them the new law. Each of these Beatitudes contrasts the humiliation of the present with the glory of the future: poverty vs. the riches of God's kingdom, hunger for holiness vs. fulfillment in the Spirit, persecution vs. the reign of God. Jesus is here speaking to God's chosen "remnant."

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## Treasures From Our Tradition

Until very recent decades "Holy Thursday" and "Good Friday" were centered on personal pious devotions, not public liturgy. In urban America, at least in cities with a significant Catholic population, Holy Thursday was about veneration of the Blessed Sacrament. People were encouraged to walk to seven churches for a "visit" to each parish's repository, a kind of temporary tabernacle on a side altar, closer in proximity to the faithful than the usual tabernacle on the distant high altar. On Good Friday, the most popular form of devotion was the Stations of the Cross, or a three-hour program of word and preaching beginning at noon.

The Holy Thursday seven-church hike was a way of participating in a custom of the city of Rome. Traditionally, each day in Lent was assigned to a particular parish church or basilica in the city. Each week of Lent thus had seven churches, and pious people tried to get to each one of them. The pilgrimage was a symbol of unity and also the journey of faith. Originally, the pope would go to each place for a liturgy, but political strife removed the pope from Rome in 1305. With the papacy relocated in France, the custom ceased until Pope Leo XIII expressed interest in restoring it in 1900, and Blessed John XXIII fully restored the custom in 1959. By the time Pope Leo began to revive the custom, many American cities had enough parishes and monasteries that the faithful could vicariously participate in the revived tradition of stational liturgies by a very long walk!

Rev. James Field, Copyright © J. S. Paluch Co.

## Together

We must learn to live together as brothers, or perish together as fools.

~ Dr. Martin Luther King, Jr.

## World Day for Consecrated Life



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## The View From the Pew

Gil and Christina

(Reposted from the 30 Jan 2011 bulletin)

Two stories really caught my attention last week. The first one involved Gil Meche, a pitcher for the Kansas City Royals baseball team who retired four years into his five-year contract. What is so remarkable about his retirement is that, rather than undergo shoulder surgery, Gil Meche finished off his contract in the most extraordinary way — perhaps the most unbelievable finish in major league baseball history: he walked away from the money. All he had to do was have the surgery, go through the rehabilitation process and try to pitch again. Instead, he retired, at age 32. He left behind \$12.4 million guaranteed that was legally and rightfully his, because he knew he could no longer help the Kansas City Royals. "I didn't want to go try it again for another season and be the guy making \$12 million doing absolutely nothing to help their team," Meche said. "Yeah, a lot of people might think I'm crazy for not trying to play and making this amount of money. I don't think I'm ever going to regret it."

Royals general manager Dayton Moore on Meche's unprecedented act: "I think it really reaffirms and validates why we signed Gil Meche," Moore said. "The integrity and the class, and the respect that he's displaying. We appreciate it very much. He's walking away from the final year of his contract. That's very unique."

Our human nature doesn't usually allow us to act so unselfishly and no one would have blamed Gil Meche for taking the \$12 million that was rightfully his. I thought about the parable of the Laborers in the Vineyard (Mt 20:1-16). Just imagine if the laborers hired at the end of the day didn't accept the entire day's wages offered to them and returned a portion (I guarantee you, the other laborers would have been just as shocked, and I also guarantee you they wouldn't have complained!!) That is similar to what Gil Meche did and that is astonishing.

The second story involves the tragedy in Tucson, Arizona, specifically nine-year-old Christina Green, the youngest of the six people killed. Young Christina was born on September 11. Yes, *that* September 11, in 2001, the day that none of us will ever forget. She was born on a day of tragedy and she died on a day of tragedy. But in between, she lived a life full of hope and dreams.

A very ambitious girl, Christina was there that day to see Congresswoman Gabrielle Giffords because she thought she might like to get into politics. Outside Mesa Verde Elementary School, her friends set-up a memorial for Christina with teddy bears, ballet slippers and posters. One friend, Paige Carlin, simply wrote down words that described Christina: Baseball. Reading. Pretty. Animals. Politician. Math. Funny. The biggest word on the page was Happy. While the rest of the country was deciding where to lay the blame, Christina's father, facing the unimaginable horror of burying his nine-year-old daughter, spoke these most hopeful words. "Everybody's going to be O.K.," John Green said at Christina's funeral. "She'd want that." So a little girl taken too soon from his world, born on the day of this nation's greatest tragedy, who died on another day of tragedy and sorrow, continues to inspire even in her absence.

My prayer is that all of us may exhibit the integrity of Gil Meche and *la joie de vivre* (the joy of life) of Christina Green and it really is all about attitude. These two individuals didn't seek the spotlight, but in their own way, they reflect the light of Christ upon all of us.

## Relevant Radio

Tune your radio to 1260 AM or 101.7 FM for 24-hour broadcasts concerning Catholic teachings and prayers.

## Fourth Sunday in Ordinary Time

In our Gospel reading from Matthew, we hear the Beatitudes, the stirring opening to the Sermon on the Mount. Jesus is proclaiming the coming of the kingdom of God, and begins by considering what kind of people will enter and participate in this kingdom. They are the poor in spirit, the meek, the clean of heart, the peacemakers. We hear both Zephaniah and Paul echo this, as God specifically chooses the weak and the lowly to be God's agents in ushering in the reign of God. By living with humility and integrity, their hearts are open to being transformed by the grace of God. We too are called to live in this way. Jesus invites us to be people with open hearts, to receive God's blessing. And working through us, God may bless all of creation.

### Questions of Power

All of today's readings, especially the Gospel passage from Matthew, claim that God honors the poor and the lowly, and promise God's blessing in the Kingdom proclaimed by Jesus. Many of those who encountered Jesus, and later Paul, thought that this talk of the meek inheriting the earth was a lot of foolishness. Isn't it obvious that the "powerful," those with military, economic, and social power, are running things?

Paul seems to say that we must first understand the nature and purpose of power. Because of Christ, the power derived from self-serving human structures will fade sooner or later. Lasting power comes only from God; power that provides care for others and heals divisions between us. Worldly power is of real value, but is to be exercised responsibly, in service only to God's purposes. This is the kind of power that in the end really matters.

The meek and the pure of heart seem to understand this most clearly. Because they are free of the burden of protecting their own power, they may more fully reveal the truth of God's power.

### The Next Step

What might it take to become poor in spirit and pure in heart? Today's Gospel introduces the Sermon on the Mount (Matthew chapters 5 through 7), which explores this in detail. The Sermon suggests that learning to open our hearts to trust in God is fundamental. The sermon serves as a call to enter a journey of learning to place our lives in God's hands.

Consider taking some time to read the entire sermon, in one sitting. Listen for the stirrings of the Spirit. As you read, you might ask what is most reassuring and what is most challenging for you at this time in your life. What invites you to reflect more deeply? What invites you to take action as the next step in your journey?

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## Boast in the Lord



What are you most proud of? What do you like to boast about? Were you top of your class in college? Do you work harder than anyone in your office? Or are you the best at appearing to work hard, but hardly working? Everyone likes to have something they are the best at, or at least very good. But it really is kind of silly to base your own worth on what you accomplish. What truly makes us important is that we are loved by God. Our second reading tells how God uses the foolish, weak, or poorest people to shame those who are wise, strong, and wealthy. Why? Because God loves the poor, the weak, the disabled, the homeless just as much as God loves the important people.

And it's not just the external qualities that are important. Some wealthy people have great love for the poor. Some of the best teachers only work with disabled children. Our Gospel on the Beatitudes today makes that clear if you listen carefully. Blessed are not just the poor, but the poor in spirit; not only the hungry, but those who hunger for righteousness. That's what Saint Paul means when he says, "Whoever boasts, should boast in the Lord" (1 Corinthians 1:31).

So how do we get to be "important" to God? Instead of asking God to make my projects a success, I can ask what God wants me to do. And for all the good that you do, remember to thank the Lord.

~ Tom Schmidt, Copyright © J. S. Paluch Co.

## The Chosen Remnant

Zephaniah is one of the least-known of the Old Testament prophets. He speaks in today's first reading of impending judgment. But the Lord will leave a "remnant" in Israel. This image of a remnant, or remainder, was to become vital to both Judaism and Christianity.

Paul's letter to Corinth makes obvious his deep concern for the Christians there. They are too self-confident, he says, too sure of themselves. He admonishes them to remember that Christ has given them all they have.

Today's Gospel comprises the opening of Jesus' "Great Sermon." As God gave Moses the law on Sinai, so now Jesus gathers his disciples on a hillside to teach them the new law. Each of these Beatitudes contrasts the humiliation of the present with the glory of the future: poverty vs. the riches of God's kingdom, hunger for holiness vs. fulfillment in the Spirit, persecution vs. the reign of God. Jesus is here speaking to God's chosen "remnant."

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## Presentation of the Lord



## God's Ways

If we itemized the top eight things that bring us happiness, what items might show up on the list? A hefty bank account? A Caribbean cruise or African safari? A shopping mall marathon? Season tickets for the hometown team? A new car? If we already have some of these things, most likely we know they don't bring us true happiness. Fact is, they probably bring us more aggravation—items to return or repair, one more object for people to argue over. Today's scriptures point us toward the things that bring us true joy. The words of all three passages conflict with our society's conviction that fortune, fame, and power are the sought-after treasures of life. God's ways are not the ways of our popular culture, after all, and today's readings help point us in the right direction.

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## Listening to the Heart

Not long ago the news media were telling the story of an Austrian business man, Karl Rabeder, who had grown up poor. He had made a fortune in a home accessories business and proceeded to indulge in the "good life." He bought a huge mansion in the Alps, a beautiful old farmhouse in France, six gliders and luxury cars, and vacationed around the world. Flying his gliders in South America and Africa, Rabeder saw the abject poverty of some of the people and began to feel increasingly uncomfortable with his lavish lifestyle. He reached a turning point on a vacation in Hawaii. Staying in a five-star hotel, with every luxury at his bidding, he felt no pleasure in anything that he was spending so much money on. He made a decision to divest himself of all his wealth. He sold his business. He sold nearly 22,000 lottery tickets at \$130 each and raffled off his Alpine mansion. He put the French farmhouse on the market and sold his gliders, cars, and other possessions. All the money from these sales—at least \$5 million—is going into his microcredit charity, which offers small loans to people in El Salvador, Honduras, Bolivia, Peru, Argentina, and Chile. Microcredit organizations like Rabeder's charge very low interest and have a high success rate in loan repayment. Borrowers who are too poor to use banks are able to start a small business like a roadside food stand or a bicycle repair shop, and begin to lift themselves and their families out of poverty. Rabeder will live in a small cottage or apartment and take no salary from his charity. He says he feels immense relief from listening to the promptings of his heart. Don't wait to be a millionaire like Rabeder before making a difference in the world.

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## What Are Beatitudes?

What is Jesus offering us today? They are called the "Beatitudes"—but what do they mean? There are no easy answers. Some say they are unattainable ideals, put before us as challenges. Others say they are only for a spiritual elite: the saints. Others would "translate" them into political slogans. One popular television personality called them the "Be Attitudes," subtly presenting them as optimistic, vaguely New-Age ideas.

Was Jesus a "wimp"? Is he asking us in the Beatitudes to be weak? Is this a program for so-called "losers"? We must admit that our conceptions of "meek" and "gentle" rarely serve as ideals toward which many of us care to strive.

Jesus does not burden his disciples with a system that counsels us to grit our teeth and endure. Instead, he places us in the midst of the real world and its conflicts, and he promises us a reward. Righteousness will be satisfied and merciful action will result in mercy extended toward us. As with Zephaniah, Jesus links justice and humility. We must be pure in order to direct ourselves and help others.

## A Way of Life, Not a Program

Most modern ideologies promise peace and justice and happiness. Many also require violence against the so-called "enemies" of justice and peace. They must use force and violence, of course, only in order to "make" people good.

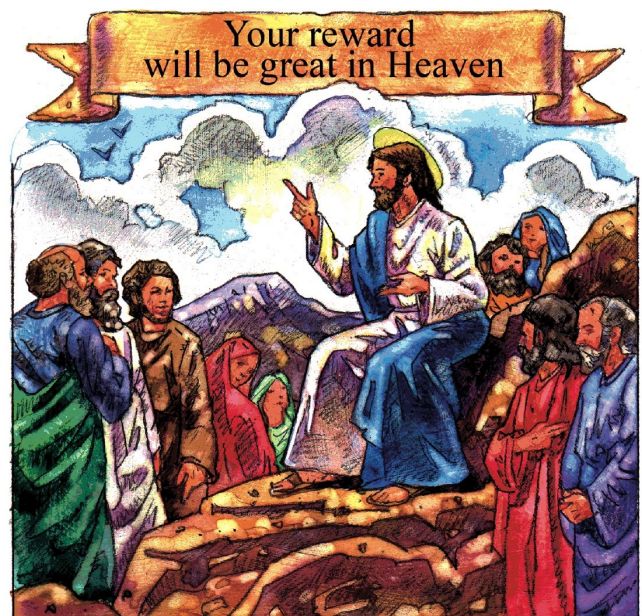
Those are not the teachings of Jesus. This New Law is promulgated on a peaceful hillside in Galilee, not on the slopes of a pulsing volcano in the desert. How surprisingly God works, calling the weak to be heroic, calling us to acknowledge our shame in order to overcome our willfulness and pride. He asks us not to tame the universe, but to tame ourselves. History and our own experience have shown this to be a much more difficult task.

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## Living God's Word

The pure, hot light that emanates from Christ both reveals and purifies. Like the flames that refine ore into pure gold, Christ's light burns away all that is impure or worthless in those who come close to the flame. The process may be painful and frightening. It may require sacrifice, but we are not alone.

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# IMMIGRANT KNOW YOUR RIGHTS

IN THIS COUNTRY, EVERY INDIVIDUAL HAS RIGHTS, REGARDLESS OF THEIR COUNTRY OF ORIGIN, RACE, LEGAL STATUS, NATIVE LANGUAGE, RELIGION, SEXUAL ORIENTATION, OR GENDER IDENTITY.

## 1. THE RIGHT TO NOT OPEN THE DOOR

Ask for warrant under the door; verify details first.

## 2. THE RIGHT TO REMAIN SILENT

Give only your name; speak with an attorney present.

## 3. THE RIGHT TO MAKE A PHONE CALL

Call your attorney or family; keep a number ready.

## 4. THE RIGHT TO A HEARING BEFORE A JUDGE

You can ask for a judge to hear your case.

## 5. THE RIGHT TO HAVE YOUR PHYSICAL INTEGRITY RESPECTED

No one can abuse you physically or verbally.

## 6. THE RIGHT TO NOT SIGN ANY DOCUMENTS

Only sign documents with attorney approval.

## 7. THE RIGHT TO EVALUATE WHETHER YOU QUALIFY FOR ANY IMMIGRATION PROCESS

Ask an attorney if you qualify for relief program.

## ADDITIONAL RIGHTS

There are additional laws and policies in place for Immigrant Tenants and Workers in CA. To learn more, please contact us!



SCAN THE QR CODE TO LEARN  
MORE ABOUT YOUR RIGHTS AND  
RESOURCE INFORMATION FOR  
SUPPORT.



(415) 552-5637 | [www.somcan.org](http://www.somcan.org) | [info@somcan.org](mailto:info@somcan.org)



Considering being a...

# Host Home for Refugee Youth

Refugee Foster Care is looking for kind-hearted individuals to open their homes and provide a room to youth (18yo+) in our program. These young adults are ready to take on the challenge of independent living with just a bit of guidance.

**Contact us to learn more!**

Kimberly Lozano

408-325-5107

[klozano@ccscc.org](mailto:klozano@ccscc.org)

[www.CCSCC.org/Refugee-Foster-Care](http://www.CCSCC.org/Refugee-Foster-Care)



# **CARDS OF MERCY SEND LOVE BEHIND THE WALLS**

**WRITE ST. VALENTINE'S DAY  
CARD MESSAGES AND  
PREPARE TREATS FOR  
INCARCERATED INDIVIDUALS  
IN SAN FRANCISCO COUNTY  
JAILS**

**FRIDAY, FEBRUARY 6, 2025  
9:30 AM - 4:00 PM  
FREE CONTINENTAL BREAKFAST  
AND LUNCH  
PARKING IS PROVIDED**

**ARCHDIOCESE OF SAN FRANCISCO  
1 PETER YORKE WAY, SF, CA 94109**



**PLEASE REGISTER ONLINE AT  
[WWW.SFARCH.ORG/RJVOLUNTEER](http://WWW.SFARCH.ORG/RJVOLUNTEER)**

**IF YOU HAVE ANY QUESTION, CONTACT,  
JULIO ESCOBAR AT  
[ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG)  
OR CALL (415) 614-5572**



# Blessed be GOD my SALVATION

**First Friday Mass**  
**February 6, 2026**

**SAINT PAUL OF THE SHIPWRECK CATHOLIC CHURCH**

**1122 Jamestown Ave. San Francisco, CA 94124**

**Main Celebrant: Father Andrew Ibegbulem, OSA**

**Assisting: Deacon Ernie Von Emster**

**\*\*\*\*\* Visit [SFSpirit.com](http://SFSpirit.com) for Info on Upcoming Events \*\*\*\*\***

**\*Note: Changes in Time Schedule**

**6:30 pm: Recitation of the Holy Rosary**

**Praise and Worship**

**7:00 pm: Holy Mass and Healing Service**

**Contacts:**

**Danny Garza (650) 270-8065**

**Sally Yeo (650) 400-4825**

**Sponsored by: KCFC**

**Music by: NCRC Music**



**Sponsored by: Catholic Charismatic Renewal  
of the Archdiocese of San Francisco**

Invest  
in your  
marriage  
today!





THE OFFICE OF MARRIAGE & FAMILY  
OF THE ARCHDIOCESE OF SAN FRANCISCO  
invites you to join us for

# Adventures in Marriage

a short course for your marriage that's . . .

**Faith! - Fun! - Forever!**

## YOU'LL DISCOVER WAYS TO:

-  Communicate more clearly!
-  Improve understanding!
-  Make marriage a priority!
-  Learn to love like Jesus!

**\$50**

**PER COUPLE**  
Includes 2  
lunches, all  
materials, and  
**CHILDCARE**

Scholarships available

This skills for marriage building day combines Catholic teaching with the latest relationship research to let couples experience practical, attainable skills for a more successful marriage.

**Create the marriage you want with the spouse you have!**

**SAINT MARK Catholic Church**

325 Marine View Ave,  
Belmont, CA 94002

**Saturday**

**Feb 7**

8:30 am - 4:30 pm

**More Info**

contact: Ed Hopfner  
[hopfnere@sfarch.org](mailto:hopfnere@sfarch.org)

To register, **SCAN QR CODE**  
or visit: **[www.sfarch.org/aim](http://www.sfarch.org/aim)**



ARCHDIOCESE OF  
SAN FRANCISCO



# ***Ash Wednesday Service February 18, 2026***



ARCHDIOCESE OF  
**SAN FRANCISCO**

Office of  
Human Life & Dignity

Restorative Justice Ministry

## **Volunteer to Distribute Ashes in the San Francisco County Jails**

11:00 AM CJ#2

425 7th Street, San Francisco, CA 94102

1:00 PM CJ#3

1 Moreland Dr, San Bruno, CA 94066

Complete volunteer registration  
[sfarch.org/rjvolunteer](https://sfarch.org/rjvolunteer)

IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572







# Wedding Anniversary Celebration

*All husbands and wives are invited to attend and celebrate their sacramental wedding anniversaries in 2025. Couples celebrating "5 year anniversaries" (5, 10, 15, 20...) will be recognized during the Mass.*



**SATURDAY, FEBRUARY 21, 2026**

10 am Mass followed by reception  
\$20 suggested donation per family

**Cathedral of St. Mary of the Assumption**

1111 Gough Street, San Francisco

Principal Celebrant: His Excellency Salvatore J. Cordileone  
Archbishop of San Francisco

**REGISTRATION REQUIRED**

[www.sfarch.org/anniversarymass](http://www.sfarch.org/anniversarymass) or call (415) 614-5574

Please register by: February 18, 2026

Questions/information: (415) 614-5574







ST. PATRICK'S SEMINARY & UNIVERSITY

# EUCHARISTIC ADORATION

*with Praise & Worship led by St. Patrick's seminarians*

**FEBRUARY 21, 2026 (SATURDAY)**

**MARCH 28, 2026 (SATURDAY)**

**7:15-8:45 PM**

Confession available | Light refreshments to follow

  @stpatricksssem

1201 McKelvey Road, Menlo Park, CA 94025



# *Healing Retreat*

## *for Adult Children of Divorce*

**Feb 27 - Mar 1, 2026**

**Vallombrosa Retreat Center  
250 Oak Grove Ave, Menlo Park, CA**

Weekend retreat will include Holy Mass, opportunities  
for Confession and Adoration.

For more information / registration visit:

[www.sfarch.org/lgw](http://www.sfarch.org/lgw)

or contact Ed Hopfner [HopfnerE@SFArch.org](mailto:HopfnerE@SFArch.org)





# Save the date: February 28, 2026

An open invitation to all leaders and members of different prayer communities in the Archdiocese of San Francisco

St. Monica Parish Church at 23rd avenue and Geary avenue in San Francisco, CA 94121

Starts with the celebration of Mass at 8:30am, followed by seminar inside the hall. Lunch will be served.



Speakers:  
Fr Andrew Ibegbulem,  
Fr Ben Rosado  
and  
Dcn Ernie Von Emster

## *Day of Renewal*

"I have come to bring fire on the earth"

Luke 12:49



Sponsored by the Catholic Charismatic Renewal  
Board of the Archdiocese of San Francisco

Contacts : Danny Garza (650) 270-8065 and Sally Yeo (650) 400-4825



**WRITE EASTER CARD MESSAGES  
AND PREPARE TREATS  
FOR INCARCERATED INDIVIDUALS  
IN SAN FRANCISCO COUNTY JAILS  
FRIDAY, MARCH 27 2026  
9:30 AM - 4:00 PM**

**Archdiocese of San Francisco Pastoral Center  
1 Peter Yorke Way, San Francisco, CA 94109  
Free continental breakfast, lunch and parking**

Complete volunteer registration at [sfarch.org/rjvolunteer](https://sfarch.org/rjvolunteer),  
for more information visit [sfarch.org/cards-of-mercy](https://sfarch.org/cards-of-mercy)



IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572





## 38th FILIPINO CATHOLIC CHARISMATIC COMMUNITIES ANNUAL SEMINAR

*March 28, 2026 from 8am to 6pm*



Patrons Hall of Cathedral of  
St. Mary of the Assumption  
1111 Gough Street  
San Francisco, CA 94109

### REGISTRATION FEE:

\$35.00/person - Lunch Included

Youth (19 & below)

Free Registration- (\$10.00 for Lunch)

*Seminar will include time for  
Praise and Worship,  
Benediction, Confession, Healing  
Service and Holy Mass*

***Mass Main Celebrant: Father Jerald Geronimo***

**Are you searching for a deeper connection with your faith?**

### SPEAKERS:



Fr. James Blount is a priest of the Society of Our Lady of the Most Holy Trinity (SOLT). He was ordained in 1999 and speaks of living a life in relationship with each of the Persons of the Holy Trinity, Father, Son, and Holy Spirit. His teachings depict his deep love for the Eucharist and his intimate relationship, love, and devotion to Jesus and Mary.

Fr. Blount is deeply involved with the Flame of Love movement and promotes the Divine Will devotion, both of which have received imprimaturs and approval of the Holy Catholic Church. His talks heighten awareness of the intense spiritual battle between good and evil in our world and the necessity of striving toward holiness in our life. In particular, he emphasizes the triumph of the Immaculate Heart of Mary, the power of Eucharistic adoration and the importance of the intercession of St. Joseph.

\*\*\*\*\*



Deacon Larry Oney is the Chairman of HGI Global; alongside his wife Andi, he co-founded Hope and Purpose Ministries. Deacon Oney currently serves on the Board of Directors for Renewal Ministries that has evangelization efforts in over 26 countries. He founded the Hope and Purpose/ St John Paul Primary school in Uganda East Africa and the Hope and Purpose farm in Cameroon, West Africa. He is also the Global Chairman of Cloud2Media based in the United Kingdom.

Deacon Oney is known for his warm, animated, and compassionate speech. He has spoken globally, appearing on EWTN, Franciscan Radio, Ave Maria Radio, Relevant Radio, Redeemer Radio, and FOCUS TV. He is also the author of several books: Amazed by God's Grace, Divine Mission: Discovering Your Hope and Purpose, Reflections on the Kingdom of God, and UP FAITH.

**Register at [fccspirit.com](http://fccspirit.com) on a limited seating capacity**

**Contact: Tess Garza, FCCC Head Coordinator (650) 784-6352 [itsmesistess@gmail.com](mailto:itsmesistess@gmail.com)**

**Artchie Lazaro, FCCC Asst. Coordinator (650) 201-6351 [jmleventplanning@gmail.com](mailto:jmleventplanning@gmail.com)**





# Deliver Easter Treats and Cards in San Francisco County Jails

Thursday April 2, 2026



11:00 AM CJ#2

425 7th Street, San Francisco, CA 94102

1:00 PM CJ#3

1 Moreland Dr, San Bruno, CA 94066

Complete volunteer registration and background check form at  
[www.sfarch.org/rjvolunteer](http://www.sfarch.org/rjvolunteer)

IF YOU HAVE ANY QUESTIONS, CONTACT JULIO ESCOBAR  
AT [ESCOBARJ@SFARCH.ORG](mailto:ESCOBARJ@SFARCH.ORG) OR CALL (415) 614-5572





# Archdiocese of San Francisco's Women's Conference

*A Retreat with the Merciful Heart of Jesus*  
*on the eve of Divine Mercy Sunday*

Saturday, April 11, 2026 | 9:30 a.m. – 6:00 p.m.

Star of the Sea Catholic Church, 4420 Geary Boulevard, San Francisco, CA

\$55 per person



*Archbishop Salvatore J. Cordileone*  
*Celebrant*



*Sister M. Inga Kvassayová, ISMM*  
*Speaker*



*Father Jim McCormack, MIC*  
*Speaker*

The conference provides an opportunity to receive the Divine Mercy Sunday Indulgence,  
with time for the Sacrament of Reconciliation and 4:30 p.m. Vigil Mass.

Conference will be held in the gym and Mass will be in the church.

Lunch is included.



ARCHDIOCESE OF  
SAN FRANCISCO

Learn more and register at [sfarch.org/womens-conference](https://sfarch.org/womens-conference)







NORTHERN CALIFORNIA RENEWAL COALITION  
39TH ANNUAL CATHOLIC CHARISMATIC CONFERENCE  
**MAY 9, 2026 - SATURDAY**



**CATHEDRAL OF ST. MARY OF THE ASSUMPTION**  
1111 GOUGH STREET (PATRONS HALL) SAN FRANCISCO CA 94109

**8:00 AM-6:00 PM (CLOSING MASS at 4:00 PM)**

**6:30 PM-8:00 PM TRIBUTE TO THE MESSIAH**

**TALKS IN ENGLISH, SPANISH, VIETNAMESE, YOUTH & CHILDREN'S PROGRAM**

**SPEAKERS**

- FR. IKE UDOH OF UNBOUND MINISTRIES AND CHAPLAIN OF THE OAKLAND CHARISMATIC RENEWAL
- DEACON RALPH POYO, FOUNDER OF NEW EVANGELIZATION MINISTRIES (TEXAS) AND CHAIRMAN OF PENTECOST TODAY
- ROSE PAYAN, PRAISE & WORSHIP LEADER AND BIBLE TEACHER

**REGISTRATION**

**\$35 ADULTS - \$10 YOUTH/CHILD OR (1) FREE WITH PAYING ADULT**  
**\$15 LUNCH / \$15 DINNER (PREORDER ONLINE ONLY)**

**[NCRCSpirit.org](http://NCRCSpirit.org)**

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Serving the dioceses of Monterey, Oakland, Sacramento, San Francisco, San Jose, Santa Rosa & Stockton





# Save the Date

## Cultural Heritage Night

**October 4, 2026**  
5:00 PM

Cathedral of  
St. Mary of the Assumption  
San Francisco

Hosted by::



ARCHDIOCESE OF  
**SAN FRANCISCO**  
**FILIPINO MINISTRY**

Stay tuned for additional information.

[www.filipinoministrsf.org](http://www.filipinoministrsf.org) | [filipinoministrsf1@gmail.com](mailto:filipinoministrsf1@gmail.com)



***Sto. Niño  
Devotion***  
(every Friday  
after the  
12:10 p.m. Mass)

*Judy Labaria  
Alma Raymundo  
Cathy Bohol  
Sheila Montemayor  
Anonymous*



***Black  
Nazarene***  
***Feast Day***  
***January 9***

*Rosie Drapiza  
Lydia Cagampan  
Rene & Elsa Tuazon  
Celia & Paul Gravador*



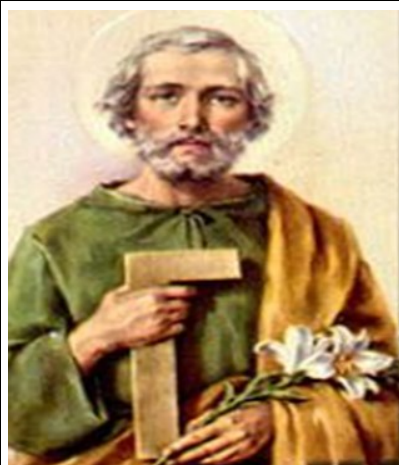
***Our Lady of  
Perpetual Help  
Devotion***  
(every Tuesday  
after the  
12:10 Mass)

*Raya & Gamboa  
Families*



***San Lorenzo Ruiz***  
***First***  
***Filipino Saint***  
***(Sep 28)***

*Fe Macatangay  
Jeanette Chafe  
John & Gemma O'Donnell  
Evelyn Grande  
Mely Saavedra*



***Saint  
Joseph***

***Feast Day***  
***March 19***

*Xenia Villamejor*

***St. Anne***  
***Feast Day***  
***July 26***



PRAYER TO  
*St. Anne*

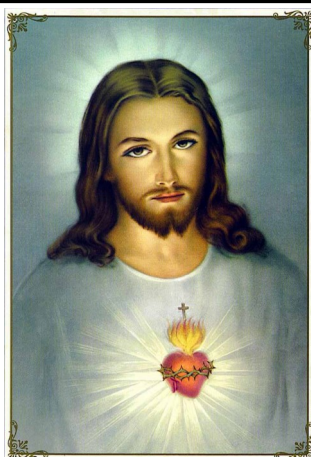
O GOD, You  
bestowed on St.  
Anne such grace  
that she was found  
worthy to become  
the mother of  
MARY, who  
brought forth  
Your only  
begotten SON.  
Grant that we may  
be helped by her  
intercession.  
Amen.

Print The HOLY ROSARY Daily  
www.Rosary.com

***Sacred  
Heart***

***First Friday  
Schedule***

***4pm Holy Hour***  
***5:15 Mass***



***OUR  
LADY  
OF  
FATIMA***

***Pray the  
rosary***





The Graceful Chapter

## Psalm 23

1 The LORD is my shepherd, I lack nothing.

2 He makes me lie down in green pastures, he leads me beside quiet waters,

3 He refreshes my soul. He guides me along the right paths for his name's sake.

4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

The Graceful Chapter

*Yap Family*



### *St. Patrick Charismatic Prayer Group*

*Charismatic & Healing Mass:  
Every 3<sup>rd</sup> Sunday at 2:00 p.m.*

**Matt Dorsey**  
SAN FRANCISCO SUPERVISOR

I'm proud to represent you in City Hall — and grateful for the faith community we share at St. Patrick's. For help with city matters, feel free to call my office at (415) 554-7970 or email [Matt.Dorsey@sfgov.org](mailto:Matt.Dorsey@sfgov.org).

Best,

*Matt Dorsey*

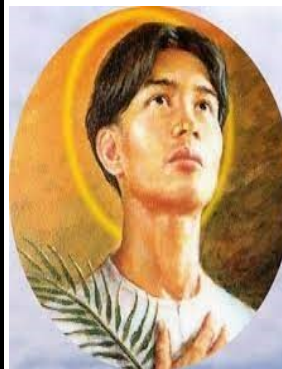


### *Our Lady of Guadalupe*

*Feast Day  
December 12*



### *St. Pedro Calungsod 2<sup>nd</sup> Filipino Saint (April 2)*



*Elena & Mark Ramoran Gayapa Family,  
Romeo & Antonina Real Family,  
Dan & Annie Lacap Family,  
Jesus, Jr. & Malou Paningbatan,  
Vida Ventura,  
Nenette Murata,  
Cristin Salangang*