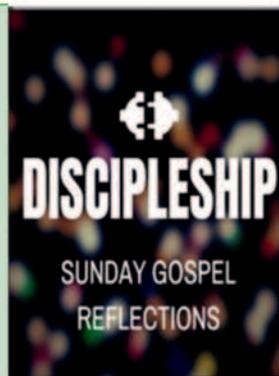


In preparation for January 18, 2026, 2nd Sunday in Ordinary Time

Theme - Live like John the Baptist and lead others to Jesus

“Behold the Lamb of God, who takes away the sin of the world. He is the one of whom I said, ‘A man is coming after me.’ I did not know him, but the reason why I came baptizing with water was that he might be made known to Israel.”

(Verses 29-30) John 1:29-34



Adults - 1. We hear the words from today's gospel at every Mass before we receive Christ in the Eucharist. "Behold, the Lamb of God who takes away the sin of the world." How are you nourished and strengthened by the Lamb of God? Do you recognize the privilege and experience we get to encounter in the Eucharist?

2. John the Baptist helped the disciples to recognize Jesus as the Lamb of God. How can you be a witness and help others recognize this beautiful truth as well?

3. John the Baptist was an actual eyewitness of the Spirit descending like a dove upon Jesus. Take that into consideration for a moment. If you were the one having witnessed this experience, would you be willing to proclaim this truth and testify to all? Why or why not?

Obstacles for living out the Gospel: Not recognizing Jesus in the Eucharist; failing to be a good witness of Christ and his mission.

Teens - 1. John the Baptist boldly pointed others to Jesus. What are some ways you can point others toward Jesus through your words or actions? How can your faith, kindness or choices influence others to see Christ in you?

2. John was humble—he knew his role was to prepare the way, not to be the center of attention. When is it hard to be humble in your life? How can you use your gifts to serve God rather than to get attention or praise? Why do you think humility is important in growing closer to God?

Obstacles to living out the Gospel: Being afraid of judgement or rejection because you live out your faith and point others to Jesus.

Children - 1. John the Baptist said, "Behold, the Lamb of God, who takes away the sin of the world." During the Communion Rite, the priest says the same words while elevating the consecrated host, the Body of Christ. What does this tell us about Eucharist when these words are spoken by the priest while lifting up the host?

2. What helps you recognize the real presence of Christ at Mass? What helps you recognize Christ's presence in the world? This week look for Christ each day especially in the people you meet.

3. In today's readings Paul, Isaiah, and John the Baptist all are responding to God's call. How can you also respond to God's call and share the Good News?

Obstacles to living out the Gospel: Not recognizing Jesus' true presence in the Eucharist. Not realizing that Eucharist calls us into active discipleship when we leave Mass. Not looking for Christ's presence in the world.