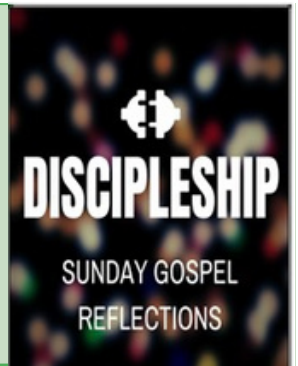


In preparation for November 1, 2026:
Solemnity of All Saints
Theme: The Beatitudes: Dare to be different!

Verse for reflection: “Blessed are the poor in spirit, for theirs is the kingdom of heaven.” —Matthew 5:3–12a (Verse 3)



Adults -

1. Jesus describes people as poor in spirit, meek, merciful, pure of heart, and peacemakers. Which of these attitudes do you see growing in your own heart? Which of these attitudes needs more growth and understanding?
2. Which attitudes does the world encourage that are opposite of the attitudes Jesus teaches in the Beatitudes? How do the Beatitudes challenge us to respond differently to the challenges of world?
3. If the Beatitudes describe the heart of a true disciple, what is Jesus asking you to allow Him to change in your heart? What might Jesus be asking you to surrender so that you can open your heart to him?

Obstacles for living out the Gospel: Seeking worldly happiness, fear of being different, a divided heart, control, and pride.

Teens -

1. When you picture a “blessed” life, what comes to mind? How does your picture compare with the people Jesus calls blessed? What might He be teaching us about happiness?
2. The world often calls us blessed when we have popularity, money, or success. Jesus gives us a very different picture. Which definition are you actually building your life around—and how do your everyday choices reveal that?
3. If you truly believed that the Beatitudes describe a life worth pursuing, what would change about what you chase, what you worry about, and how you treat people? What would be hardest to let go of?

Obstacles to living out the Gospel: Believing that being blessed means being popular, successful, comfortable, etc.

Children -

1. The beatitudes are attitudes Jesus asks us to have. The first beatitude is “Blessed are the poor in spirit...” What does it mean to know that we need God? When do you ask for God’s help?
2. The last beatitude is “Blessed are those who are persecuted...” Have you or someone you know ever been teased or left out because you did the right thing? How did that make you feel? How does Jesus encourage us when doing what is right is difficult?
3. Read through all eight Beatitudes with your parents. Which Beatitude do you think Jesus is asking you to practice this week? Why?

Obstacles to living out the Gospel: It is hard to always have the right attitude to live out the Beatitudes. It isn’t easy to put God and others before ourselves.