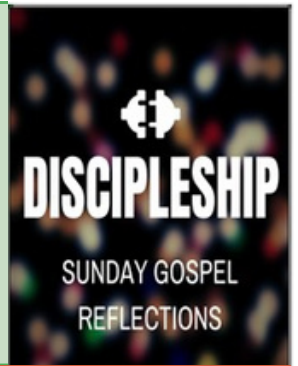


In preparation for June 21, 2026: Twelfth Sunday In Ordinary Time

Theme - Don't let Fear Decide your Faith

“Do not be afraid.....Everyone who acknowledges me before others I will acknowledge before my heavenly Father. But whoever denies me before others, I will deny before my heavenly Father.”

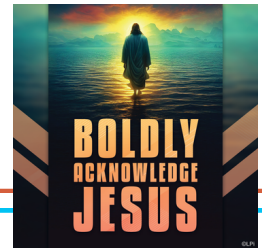
Matthew: 10:26-33 (Verse 31a, 32)



Adults -

1. When you make decisions, whose approval matters most to you? God or others? How can a healthy fear of God free you from the fears you may have from other people?
2. Do you have fears that keep you from living boldly for Christ? Do you have parts of your faith that you keep hidden because of this fear? What would it look like if you allowed yourself to entrust those fears and hidden parts to God? What might change?

Obstacles for living out the Gospel: Social pressure, fear of people; self-doubt.



Teens -

1. Today Jesus says “Do not be afraid” multiple times—why do you think He repeats it? What’s something you’re personally afraid of about life in general? What’s something that’s scary about living your faith authentically?
2. What does it actually look like for a teen to “acknowledge Jesus” in everyday life? Is this something you find difficult or easy? Do you think this means big, bold actions—or small, consistent ones? Can it be both? Why?
3. What things can define your worth or identity instead of God’s love for you? How would your life change if you truly believed your value comes from God?

Obstacles to living out the Gospel: : Not believing your true worth comes from God, which makes it hard to trust God and live your faith boldly.

Children -

1. What does bold faith look like in everyday life—not just in church? What area of your life needs more faith and less fear right now? How can you encourage others to stand firm in faith?
2. What fears most often keep you from openly living out your faith? Have you ever stayed silent about your faith because of pressure or fear? What happened?
3. Jesus talks as if our Christian faith will be obvious to people. Is your faith obvious to others or do you prefer to say what people want to hear, in case you might upset them? Have you ever been in a situation that you have denied Jesus? Explain.

Obstacles to living out the Gospel: Afraid to let others know our beliefs in case they will disagree. Lack of confidence.