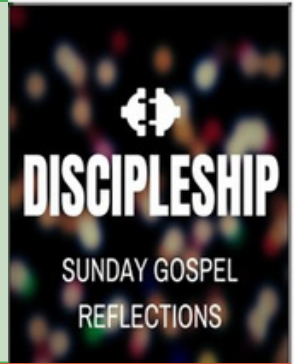


In preparation for May 31, 2026, Solemnity of the Most Holy Trinity

Theme - Creating space for a relationship with the Holy Trinity

“God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.”

John 3:16-18 (verse 16)



Adults -

1. In the first verse of the Gospel today, Jesus reminds us that God’s love is not just for one people or nation, but for the whole world. How do you practice being inclusive to all people in your everyday interactions? Where might you need to improve?
2. The second verse recalls God’s generous love, insisting that God has no desire to condemn the world. What does it mean to you that we have a merciful and gracious God who is always slow to anger and rich in kindness?
3. In the third verse, Jesus is not demanding belief, but rather pointing out that a lack of belief condemns yourself from experiencing the depths and beauty of belief and its promise of eternal salvation. Where are you in your understanding of this truth?

Obstacles for living out the Gospel: Forgetting God is love...always.

Teens -

1. When you hear “God so loved the world,” do you actually believe that includes you personally? What makes it hard for teens to believe they are fully loved by God? Do you live more like someone trying to earn love... or someone who already has it? If you truly believed you were deeply loved by God, what would change about your confidence?
2. Why do you think God chose to send His Son instead of just fixing everything from heaven? Where in your life might God be sending you to love like Him?
3. Why do so many people think Christianity is about condemnation instead of love? What’s the difference between conviction (the Spirit guiding you) and shame (the enemy trapping you)? When you mess up, do you run toward God or away from Him? Why?

Obstacles to living out the Gospel: Not believing that God’s love defines us more than our failures, fears, or flaws.

Children -

1. Why do you think God sent his son? Do you think it was hard for him to do this? Why or why not?
2. Today we celebrate the Most Holy Trinity: God the Father, God the Son and God the Holy Spirit. Since God reveals himself to us as community in unity (three persons but ONE God), and we pray for God’s kingdom to come on earth as it is in heaven, what does that suggest about how we should be operating as a member of the church?
3. Why do you think we are baptized with the words, “I baptize you in the name of the Father, and of the Son and of the Holy Spirit” rather than “I baptize you in the name of the one true God”?

Obstacles to living out the Gospel: Not appreciating that God comes to us in all three persons.

