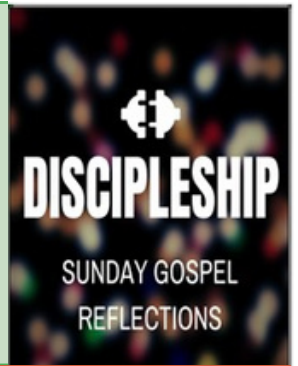


In preparation for May 17, 2026, Ascension of the Lord

Theme - Sent but Never Alone – Living the Great Commission

“Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you.”

Matthew 28:16-20 (verses 19-20)



- Adults** - 1. Today, take some time to ponder Jesus' Ascension into heaven and our call to witness to Christ's love. How are you being a witness to Christ? Where have you fallen short?
2. Jesus was instituting the church when he said, "Make disciples of all nations baptizing them in the name of the Father, and the Son, and the Holy Spirit." What does it mean to you to be part of the Holy Catholic Church that Jesus instituted shortly after his resurrection? Do you value it to your deepest core or do you take it for granted?
3. As baptized members of the Body of Christ, how are we leading others to the waters of Baptism?

Obstacles for living out the Gospel: Forgetting our role in the Ascension of the Lord.

- Teens** - 1. The disciples went to the mountain Jesus told them — but Scripture says some doubted. Why do you think doubt was still there even after the Resurrection? Have you ever believed in God but still had doubts at the same time? What does that tell you about faith?
2. Jesus ends the Gospel today by reminding the disciples that He is with them always. What situation in your life right now would feel less scary or overwhelming if you really trusted that Jesus is with you in it? What changes when faith shifts from 'Jesus existed' to 'Jesus is with me right now'?
3. What is one small way you could "make a disciple" this week — not by preaching, but by how you live? Who in your life might need to see faith lived out, not just talked about?

Obstacles to living out the Gospel: Just like the disciples, we can believe in Jesus and still struggle with questions. Doubt can make us feel under qualified to share our faith so we stay silent or worse-follow the crowd.

- Children** - 1. How does Jesus use you to be his hands, feet, ears, eyes and heart? Do you think you have to be perfect to be Jesus' disciple or can he use you even when you have imperfections? Explain.
2. What promise did Jesus give at the end of this passage? How does it make you feel to know Jesus is always with you? How do you experience his presence most? What Good News about Jesus could you share with someone?
3. How can the Sacraments help you grow in discipleship?

Obstacles to living out the Gospel: Being lazy in our faith walk. Not believing you have any responsibility in sharing faith with others. Feeling we are not worthy to be a disciple of Jesus.

