

In preparation for April 12, 2026, Second Sunday of Easter

Theme -Don't be a Doubting Thomas

“Put your finger here and see my hands, and bring your hand and put it into my side, and do not be unbelieving, but believe.”

(Verse 27) John 20:19-31



Adults - 1. *If only I could see Jesus, I would believe.* I'm sure we can all relate to Thomas and his doubting moment. We all have times when we doubt. Why is it important for us to understand that just because we doubt in certain moments, it doesn't mean that we don't have faith?

2. The disciples abandoned Jesus on the cross, but the risen Christ still sought them out, forgave them, and restored them. What does this mean for you? He also extended his mission of peace to them. What does this tell you? Jesus was also persistent even though Thomas was still continuing his disbelief, why is this important for us?



Obstacles for living out the Gospel: Doubt

Teens - 1. Thomas doubts until he sees Jesus' wounds. Have you ever struggled to believe in something you couldn't see or fully understand?

2. Jesus tells the disciples, *“As the Father has sent me, so I send you.”* What do you think it means to be sent as a follower of Jesus today? How can your actions or words help others believe in Jesus without them having to “see” Him? Why is it important that faith is passed on, not just kept to ourselves?

3. If Jesus appeared to you today and said, *“Peace be with you,”* what would you want to hear Him say about your life?

Obstacles to living out the Gospel: It can be easy to doubt God when you can't see Him, and that doubt can stop you from fully believing and following His ways.



Children - 1. How do you think you might have felt if you had been there that evening when Jesus appeared in the room? Do you think Jesus appears amongst us today? Why or why not?

2. How would you feel if you were Thomas, when he found out that Jesus had appeared to the others when he was absent? Have you ever had an experience of wanting or needing more “proof” of God's presence? Did you get the proof you were seeking? Explain?

3. Jesus greeted his disciples with peace after his crucifixion. Is there someone you need to extend peace to? Where do you experience God's peace in church? Where do you see God's peace in the world? How can you be an instrument of His peace?

4. Jesus tells his disciples he is sending them out. He also sends us out, at the end of the Mass after the priest blesses us, he tells us to “Go and share the Gospel of the Lord.” How can you witness or share the Good News to others?

Obstacles to living out the Gospel: Doubt, lack of faith, needing outward signs or proof before believing, not knowing where or how to witness to others.