

The Colony Parks and Recreation Department

Adult COED Kickball Rules



Revised 8/27/2026

The Colony Adult Kickball league is intended to be a fun league for all participants. The intent of the kickball league is of a recreational nature with as few restrictions as possible.

I. Team Manager Responsibilities

1. Team managers should notify all team members of changes and updates to the game schedule.
2. Team managers will be responsible for notifying Parks & Recreation Athletics Office of any intention to forfeit a game by 5pm on game day. You can notify the Athletics Staff by calling 972-624-3950 or emailing playtcsports@thecolonytx.gov.

II. Rosters:

1. This is a coed adult kickball league. Anyone ages 16 and up are eligible to play on a team.
2. Teams can have up to 20 players on their roster and can add and delete players up until the third (3) week of the season.
3. All players must be registered through the Amilia software system.
 - i. If an individual is found participating in the game without being registered, the game will be immediately suspended and deemed a forfeit.
4. Rosters are locked after the third (3) week of the regular season, after that players may not be added for the playoffs.
5. Should extenuating circumstances occur (i.e. injury, player relocation, etc.) that directly hinder a team's ability to participate for a scheduled game, an express written notice may be submitted to the Athletics' Division requesting roster transactions after the deadline. Each request will be taken on a case-by-case basis and will be left to the discretion of the Athletics Supervisor.
6. Rosters will be kept at the field with the facility supervisor, additions to rosters must be done before games begin that week at least 1 business day in advance.
7. Before the game each team captain will fill out a line up card and present it to the umpire.
8. Players may only be on one team's roster at any given time.
9. Players may be subject to ID checks at anytime to confirm they are on the roster.
10. The 1st, 3rd, and 7th week teams may be subject to a mandatory roster check. All players must check-in before game time for roster approval.
11. Teams are permitted to temp loan / share players if the other team is short for purposes of limiting forfeits. During playoffs teams are permitted to temp loan / share only female players, in the event a team is short female players.
12. Loan / share players must sign a roster addendum for the new team prior to playing with that team. Roster addendum will be available with the facility supervisor

III. Equipment

1. T-shirts or jerseys will be provided by each team.
2. Jerseys do not have to match but should be like in color; there are no number requirements.
3. Shoes must be athletic style designed for use on outdoor playing surfaces. No open toed footwear, slides or sandals may be worn at any time.
4. Officials may ban any equipment that they deem unsafe or illegal.
5. Teams are required to provide a game ball (10" Waka or Baden brand ball).
 - i. If both teams do not provide a kickball at the game, one will be provided by the league to use.
 - ii. Both team managers are responsible for selecting the ball to be used at the coin toss. Other players cannot determine which ball is used.
 - iii. If both team managers cannot come to an agreement on which ball to use, a city ball will be used. In this case, the ball will not be able to be changed after the game has started.
6. Scoring equipment and officials will be provided by the Parks and Recreation Department.

IV. Playing Field:

1. Base paths will be 60 feet
2. Pitching rubber will be at 40 feet
3. One solid white arc line will be marked 20 feet in front of the plate indicating a "no bunt" area. Balls that do not pass this line will result in an out, if a defensive player gains control of the ball by picking it up before any part of it touches or crosses the line then the kicker will be out.
4. A second white arc line will be marked at 40 feet indicating all defensive players must stay behind this line until the ball is kicked.
5. At the 40ft arc where it intersects with the foul line on left field is the commitment line. Once the runner crosses the commitment line they must continue the route towards home plate, they cannot run back to 3rd base.

V. Contest:

1. Teams will play 7 innings or 45 minutes, whichever comes first.
2. In the case of inclement weather, a regulation game is 4 complete innings. In the event of a weather cancellation prior to 5 completed innings, the amount of time left on the clock will be recorded and the game will be rescheduled and resumed starting with the ½ inning not completed.
3. If a game is only delayed due to weather, when the game resumes it will be played until 4 innings have been completed. At that time the result will be final.
4. Infield Fly rule will not be in effect.

VI. Line-ups:

1. Games must begin with at least eight players (4 male / 4 female). If a team at any point only has 7 available players, then that team will forfeit.
2. Line ups must alternate gender.
3. Team Managers may allow all registered players to bat or kick; however, the kicking order must remain unchanged throughout the game. Any ten (10) players, five (5) male and five (5) female can play defense. There must be the same amount of each gender on the field when playing defense.
4. Teams that play with less than 10 players will automatically be designated as the away team and must continue to follow the male-female-male kicking order.

VII. Defensive Field Position:

1. Teams will not be allowed to have more than six (6) players positioned **ON** the 40 foot mark in the infield at the time of the pitch (you are permitted to have as many players as you'd like on the infield as long as they are not on the 40 foot mark at the time of the pitch)
2. All defensive players must be positioned behind the pitcher (white ark/40 foot mark) at the time of the pitch, and may not charge forward of the pitcher until the ball has been kicked
3. The pitcher and catcher do not have to be of the opposite gender
4. The catcher position must stand to the left or the right of the kicking box, they may not stand behind the kicking box or in front of the home plate line extended before the ball is kicked. (EVERY TEAM MUST PROVIDE A CATCHER)
5. Catchers can move backwards but not forwards at the time of pitch

VIII. Run Rule

1. 20 runs after 4 innings
2. 15 runs after 5 innings

IX. Pitching:

1. In an effort to equalize play and to eliminate excessive speed and extreme bouncing pitches, **each team will provide their own pitcher**. The defense will also provide a pitcher position for fielding purposes
2. Once the offensive team's pitcher has released a pitch they must make every effort not to hinder the play on the field. They must get out of the way of a kicked ball and allow the defensive players to catch, field and throw the ball. If, in the opinion of the umpire, the pitcher makes an effort but still cannot avoid being hit by a kicked ball then the play will continue and the team in the field should consider it "a live ball". If in the umpire's judgement the pitcher did not make an effort to avoid a kicked ball or hindered the defensive player(s) in any way then the kicker is declared out and all runners must return to the base previously occupied.
3. **The ball must be delivered in an underhanded motion and released before the pitcher crosses the pitching rubber.**

X. Kicking

1. Each kicker will only receive a maximum of three (3) pitches
 2. Within 3 pitches if a kicker does not put a ball into play they will be declared out
 3. No bunting or kicking the ball twice
 4. All balls that are kicked must go beyond the designated "no bunt" line or the kicker will be ruled out. If a defender gains control of the ball by picking it up before any part of it touches or crosses the line then the kicker will be out.
 5. Kickers must strike the ball with their foot and cannot kick the ball until it crosses the white line in front of home plate, the ball may be kicked anywhere behind this line. There will be no kicking "box". If a ball is kicked in front of this line the batter will be declared out.
- BUNTS BY EITHER GENDER WILL NOT BE ALLOWED.**

XI. Pinch Runner:

1. A pinch runner will be allowed when the umpire has determined that a player is injured and a pinch runner is warranted. Pinch runners are only allowed in the event of an injury. The pinch runner must be of the same gender of the player that is being replaced in noted in the line-up.

XII. Base Running:

1. No lead-offs or stealing will be allowed. If this happens an automatic out is incurred on the kicking team.
2. A second home plate will be used during game play. The runner will run to the second home plate, if the runner runs to the regular home plate instead of the second home plate, they will be called out. The catcher will remain on the regular home plate, plays made at home plate will now all be force-outs. If a runner returns to third base after passing the commitment line (a marking extended from the pitching arch), the runner will be called out, and the ball will remain live.

XIII. Fair and Foul Balls:

1. The criteria for fair and foul balls will correspond with the rules of softball. Any ball that first lands on the foul side of the line and remains outside the foul line past first/third base will be ruled a foul ball. Balls that first land in the field of play, or on the chalk or painted line will be considered fair and in play.

XIV. Tagging/Throwing Area:

1. The legal tag and throwing area will be from the shoulder and below. Absolutely NO THROWS TO THE HEAD ARE ALLOWED. Effect: A dead ball will be called and the runner hit in the head will be awarded the base they are attempting to reach and one (1) extra base; other runners move up as needed. Exception: base runners that are hit above the shoulders due to them ducking or sliding to avoid being tagged out will also be called out unless their body reaches the base prior to being hit.

XV. Player is Out:

1. A player is out when 3 pitches have been delivered and the kicker was unable to get the ball in play
2. When a player is hit with a thrown ball (below the shoulders) while off base.
3. Tagged out or forced out going to a base (the legal tag area will be from the shoulder down)
4. Their kick is caught by a defensive player in the air before it touches the ground

XVI. Substitutions:

1. Free substitution for any player on roster; must be for the same gender (male for male, female for female).

XVII. Tie Game:

1. In the event of a tie score between the playing teams at the end of forty five (45) minutes of play or seven (7) innings, one (1) complete additional inning (TOP & BOTTOM) will be played. During the extra inning, the last out of the team kicking from the previous inning, will go onto 2nd base (similar to a California Tie-breaker). If at the end of the extra inning both teams are still tied, the result of the game will go down as such. *Each player will receive one roll to kick it past the 10ft. mark. Full 3 outs will be administered before the other team kicks*

XVIII. Standings:

1. These tie breakers will be used to determine team standings:
 - i. Winning percentage
 - ii. Head-to-head
 - iii. Total runs differential (max 10 points)
 - iv. Total runs against
 - v. Lowest Number of Forfeits
 - vi. Coin toss
2. In all forfeits the score will be recorded as 9-0 in favor of the non-forfeiting team
3. Teams will be removed from the league if they forfeit 3 games in a row or forfeit a total of 4 games in a season. Decisions regarding removal of teams will be left up to the discretion of the Athletics Supervisor.

XIX. Complex:

1. Alcoholic beverages and tobacco products are prohibited at BB Owen Softball Complex per city ordinance.
2. No practice allowed on the fields without a paid reservation
3. Only individuals on the official roster can be in the dugout. No children, family, friends, etc. are allowed to be in the dugout at any time.
4. No dogs are allowed on playing surfaces, dugouts or pitching cages.
5. All music played out on the fields MUST be clean versions off all songs. (No curse words)

XX. Protest:

- Protests must be declared to the official and to the TCPARD Staff on duty immediately following the incident. Protests cannot be submitted after play has resumed.
- Protests can only be made by the manager of the team.
- Game protests shall be made in writing via protest form with the athletic staff on site. All protests must be accompanied with a \$50.00 cash payment at the time of the protest. If their protest is upheld, the fee will be returned.
- Protests will be allowed for age violations & rule interpretations only.
- A protest based on a play which involves an official's judgment shall not be permitted
- Referees will work to settle all situations on the court/field.
- If a call to be protested is the last recorded out of a game or on a game ending play, the protest MUST be filed prior to the official and the protesting team leaving the field/court of play. No protest will be allowed following the game. Officials and League Staff will rule on all protests and their decisions shall be final.
- Any team coach or other adult leader who withdraws a team from the playing field/court under any circumstances prior to the official completion of the game shall forfeit all rights to protests as prescribed in this section.

XXI. CONDUCT/SPORTSMANSHIP ZERO TOLERANCE POLICY:

- Ejection of a player, coach, etc. may result from remarks to or about opposing players and officials, or anyone who commits other acts that could be considered unsportsmanlike. Penalty will be ejection from game and grounds, including parking lot. Player has 1 minute to leave the facility or the offending player's team will forfeit. Any player ejected from a game will receive an additional (1) game suspension. The additional game suspension will be the next played game by the player's team. Any players ejected for a second time during the season will be suspended for the remainder of the season. Note: the aforementioned suspensions will be the minimum penalty enforced and may be increased in each situation based on the player's attitude and actions decided by the recreation supervisor. A player that is ejected or suspended may not be at the facility under any circumstances during his/her suspension.
- Physical assault or verbal threats of any kind by a player or spectator on a referee/staff or another player or spectator will result in immediate removal of that player or spectator from the game and grounds by police and will be suspended from The Colony league. The referee may forfeit the game if attacked physically by any member or spectator. Members ejected for fighting will be suspended immediately from league play for a period of 1 yr. from date of incident (no exceptions). Prior to re-entry, the player(s) must contact the Athletics Supervisor/Coordinator who will make the final decision whether the player will be allowed in the league. Harassment of an employee at any time can result in being suspended from the league, as decided by the Athletics Supervisor/Coordinator. Any person that physically assaults a referee/parks and recreation staff will be charged with assault.

If you would like to follow up on a Protest or if there are any questions, comments, or concerns;

Contact: playtcsports@thecolonytx.gov

The Colony Parks and Recreation Athletics office reserve the right to add, delete and amend its adult kickball rules and regulations at any time for the betterment of the league.