Aski Balance

The Gathering Table

REGINA & LUMSDEN DELIVERY MENU

Vegan bannock made with care, intention and Reiki energy.

100% VEGAN | FREE DELIVERY

REGINA: MONDAY | WEDNESDAY | FRIDAY | LUMSDEN: THURSDAY

With gratitude for your support, receive a complimentary Big Box of Maple-Glazed Bannock Bites with orders of $50 or more.

MAPLE-GLAZED BANNOCK BITES

Small Box $5
One regular portion

Big Box $12
Approximately 3 small boxes' worth

Party Tray $22
Approximately 6 small boxes' worth

Large Party Tray $35
Approximately 10 small boxes' worth

TRADITIONAL FRIED BANNOCK

6 Pieces $10

12 Pieces $15
Save $5 compared with two 6-piece bags

24-Piece Party Tray $28

48-Piece Large Party Tray $50

XL Fried Bannock – 4 Pieces $10

BAKED BANNOCK

Regular Loaf $10

Large Baked Bannock $15
Approximately 1½ times the size of a regular loaf

ADD-ONS ONLY

Individual Fried Bannock $2
Available only as an add-on to an order

4 oz Vegan Spreads $5

100% Organic Strawberry Spread
Natural Peanut Butter
Vegan Butter

GATHER AROUND

100% VEGAN GATHERING FOOD

Ask about other belly-warming Indigenous foods, thoughtfully prepared and made for sharing.

Available for gatherings big and small. Please inquire about seasonal offerings and pricing.

Need another day? Please inquire. We are happy to accommodate whenever possible.

Prepared in a good way. Made with care. Meant to be shared.

ASKI BALANCE HOLISTIC WELLNESS

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askibalance.ca | Regina, Saskatchewan

CONTAINS WHEAT AND ALMOND PRODUCTS. PEANUT SPREAD CONTAINS PEANUTS.