

Parent Guide **Room Guide - Lower & Upper Preschool** (07/07/2026)

From the September 2 years before a child starts school

(please contact us if you are unsure which room your child is starting in, or if you have any other queries)

We follow the Montessori method which highly values independence in young children, promoting an independent 'I can do it' attitude.

This greatly enriches children's confidence and is a fantastic springboard for their development in all areas, such as: -

- Self esteem
- Concentration
- Independence
- Creative development
- Physical development
- Social development
- Motivation to learn
- Early academics (through the natural magic of the Montessori method)
- A curious and keen to explore mind.....and much more!

Independence

Try to follow this independent philosophy at home by showing your child how to do Montessori 'Practical life' activities at home.

Examples of this are:

- *Helping wash up, sweeping the floor, wiping tables etc.*
- *Help them learn to do up buttons /zips etc.*
- *Showing them how to dress themselves.*
- *Let them pour drinks from little jugs etc.*
- *Tidying their own toys away.*
- *Learning to use a tissue to blow their own nose.*
- *Preparing simple snacks, spreading butter on bread, chopping veg etc. You can buy special children's safety knives from Kindy or DoddI.*
- *Shoes- no laces or buckles. Velcro is best and allows your child to help dress themselves (age appropriate) and do other independent tasks. Help your child learn to put on and take off their own shoes and wellies.*

Children love to feel that they are competent and independent little humans and this will greatly increase their confidence in all aspects of their learning and development (including the gentle Montessori academic subjects) at Tall Trees.

A quick online search of 'Montessori practical life at home ideas' will give you lots more information.

Eating

We start to use proper ceramic plates and (toughened) glass jugs and glasses as well as mini metal knives / forks and spoons at this age.

Try to source 'real 'crockery and cutlery (like adults but smaller and toughened if possible) for home use.