



## Tall Trees Kindergarten

### Exclusion periods of infectious diseases (Updated 20/01/2026)

\*=Pregnant women to be informed.

<u>DISEASE</u>	<u>EXCLUSION PERIOD</u>	<u>INFECTION SPREAD BY:</u>	<u>NOTES</u>
<b>Chicken pox*</b>	Until <b>6 days</b> after rash begins or when all blisters have formed scabs.	<i>Exposure to respiratory tract secretions or fluid from open sores.</i>	Highly contagious.
<b>Cold sores</b>	Until the lesions form a scab.	<i>Direct contact with lesions</i>	
<b>Conjunctivitis</b>	Until there is no further discharge from the eyes and the child has been treated with antibiotics or over the counter eye drops from the pharmacy for <b>at least 48 hours</b> . Over the counter medications only for children over 2 years of age.	<i>Direct contact with the discharge from the eyes and nasal secretions.</i>	Highly contagious.
<b>Croup and Bronchitis</b>	<b>Until 48 hours</b> after start of antibiotics & no fever for 24 hours.	<i>Airborne. Croup is infectious in under 3's</i>	
<b>Diarrhoea &amp; Vomiting</b>	Until the child has been clear from symptoms for <b>48 hours</b> .	<i>Faecal-Oral route</i>	If child has another attack on their return, they will be sent home immediately.
<b>Gastroenteritis</b>	From between 2-10 days. Can return <b>48 hours</b> after vomiting & diarrhoea ceases.	<i>Close contact with infected child &amp; faecal-oral route,</i>	
<b>Hand-Foot &amp; Mouth</b>	Until lesions no longer weep. No less than <b>5 days</b> after the onset of blisters.	<i>Close contact with infected child, fluid from blisters. Airborne droplets from sneezes or coughs. Faeces from infected child.</i>	
<b>Head Lice</b>	Once treated	<i>Direct head-to-head contact</i>	
<b>Hepatitis A</b>	<b>1 week</b> after onset of symptoms	<i>Faecal-Oral route</i>	
<b>Impetigo</b>	<b>48 hours</b> after treatment begins and child no longer has a discharge from lesions (they must be crusted over)	<i>Direct contact with discharge from lesions.</i>	Antibiotic treatment may reduce infectious period.
<b>Measles</b>	Until <b>5 days</b> after the rash appears.	<i>Airborne</i>	Preventable by immunisation
<b>Mumps</b>	At least <b>5 days</b> from onset of swollen glands	<i>Saliva, secretions from respiratory tract &amp; urine from infected child.</i>	Most children are immune, due to immunisation.
<b>Ringworm</b>	Until after treatment has begun & lesions have shrunk	<i>Direct contact with a child or animal infected with the fungus.</i>	Treatment is important and available from pharmacist.
<b>Rubella*</b> (German measles)	Until <b>6 days</b> after the onset of rash. Must be fully recovered.	<i>Airborne and infected secretions</i>	Preventable by immunisation.
<b>Scabies</b>	Can return <b>3 days</b> after treatment has been completed	<i>Skin to skin contact</i>	Treatment must be commenced immediately
<b>Scarlet Fever</b>	Until <b>48 hrs</b> after start of antibiotics and no fever for 24 hrs.	<i>Airborne droplets from sneezes or coughs or from contact with discharges from the nose and throat or by contact with skin sores.</i>	Antibiotic treatment possible.
<b>Shingles</b>	Exclusion only necessary if rash is weeping and cannot be covered.	<i>Spread by very close contact and touch</i>	Can cause chicken pox in those that have not had it.
<b>Slapped cheek*</b>	Child must stay away whilst unwell.	<i>Child is no longer contagious when rash appears.</i>	
<b>Strep A</b>	Until <b>48 hrs</b> after start of antibiotics and no fever for 24 hrs.	<i>Airborne droplets from sneezes or coughs or from contact with discharges from the nose and throat or infected wounds or sores.</i>	Antibiotic treatment possible.
<b>Temperatures 37.5 or above</b>	<b>24 hours</b> from when the temperature returns to normal without Calpol or similar to aid.		
<b>Threadworm</b>	At least <b>48 hours</b> from start of treatment		Treatment must be sought immediately.
<b>Thrush</b>	Until spots have cleared *		*exclusion on a case by case basis dependant on severity and type of thrush.
<b>Tonsillitis</b>	Until the child is well but <b>48hrs</b> after the start of treatment		Antibiotic treatment possible.
<b>Whooping cough</b>	Until child has either been on antibiotics for <b>5 days or 21 days</b> from onset of illness if no antibiotics given	<i>Airborne.</i>	

**Children must be well enough to cope with a full day at Nursery and should not return after the stated exclusion period if they remain unwell.**