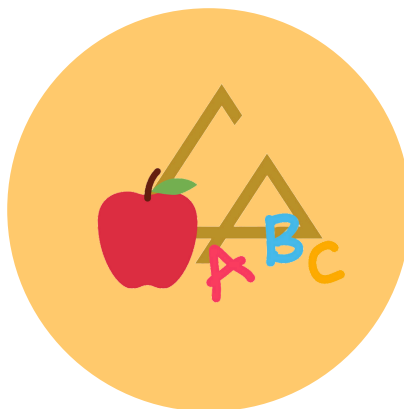




OUR MISSION

At Lit'l Duke University our mission is to utilize our unique environment to foster the emotional, intellectual, creative, physical, and social development of our preschool students.



Lit'l Duke University

Academic Preschool & Kindergarten
Movement-Based Personalized Learning



Located within
Golden Triangle Gymnastics
801 River Drive South
Great Falls, MT 59405
406-216-2066
learning@gotrigym.com
www.gotrigym.com

Lit'l Duke University

Movement Based Learning When we are engaged in movement of the body, we are able to access multiple parts of our brain. When our students can access their brain and move their bodies simultaneously, they are in a state of mind ready for learning!

At Lit'l Duke we are extremely fortunate we have a huge place ready for us to integrate academics with movement, play, projects, creativity, and critical thinking!

Circle Time Is a special time to sing songs, listen to a story, or discuss the calendar and the theme presented in the class for that day.

School Time Learning through play encourages children to think, reason, question, and problem solve. Interactive learning includes math experiences, science explorations, creative art, music and movement, puzzles, dramatic play and language fundamentals. We provide a balance of child directed and teacher directed activities.

Bathroom Time Children learn the importance of self-hygiene and independent dressing skills, such as putting on socks and tying shoes.

Snack Time & Lunch Time All students receive a snack daily. Full Day students bring a lunch. Refrigerator, freezer, microwave on property.

Clean Up Everyone cleans together and prepares the next activity.

Gym Time All classes receive daily, beginning with 20 minutes of active play, enhancing gross motor and waking up the brain. We incorporate music, cooperative games, movement learning. Later in the day, a structured gym time uses gymnastics to increase core strength and basic gymnastic shapes and beginning gymnastic progressions.



"Lit'l Duke" Families have added value and learning opportunity with combined school and gymnastics. A GTG preschool gym class is 45 minutes per week at a cost of \$74 per month. A GTG kindergarten gym class is 1 hour per week at a cost of \$92 per month. Lit'l Duke students will receive 30 minutes per day of structured gym time with a certified gymnastics coach during our school hours. This is more than a \$100-200 monthly value included in our tuition!

Movement-Based Personalized Learning

Kickstart Camp

"Kickstart Camp", a summer program using movement to activate and affect change in the brain. Movement based education embodies four parts: body, space, relationship, and effort.

Students are given the opportunity to learn in a movement based environment to help stimulate their brains. This allows students to be engaged in the learning process, both physically and mentally, enhancing retention.

Each week will have a different theme. Crafts and activities will center around the weekly themes. Students daily schedule includes soft play, a morning warm up, carpet time, music, math, language arts, physical education, and more! Students utilize the awesome gym facility during multiple movement breaks to help keep students on task and engaged. They also take advantage of the great outdoors and beautiful weather as much as possible!

The Kickstart curriculum and themes follow and build off our high Lit'l Duke standards, ensuring your child will be more ready to enter preschool or kindergarten in the fall. In addition to a movement-based learning environment, curriculum meets state standards. Classroom projects and content will be tailored to a student's interests, making sure students are wanting to fully participate.

2026-2027 Schedules

Class placement determined by child's birthdate.

Limited Space Available.

Half Day Preschool

Students 3.5 years through the age of 4 years and fully potty-trained.

Tuesday & Thursday

9:00 AM - 12:00 PM (Half Day)

or

9:00 AM - 2:30 PM (Full Day)

Full Day Pre-K

Students age 4 by Sept 1st & headed to Kindergarten for the following year.

Monday, Wednesday & Friday

9:00 AM - 2:30 PM

Kindergarten

Students who are 5 years by Sept 1st.

Monday, Tuesday, Wednesday, Thursday, & (optional) Friday

9:00 AM - 2:30 PM

Snacks are provided by Lit'l Duke. Students with specific dietary needs can store backup options here.

Full Day students need to bring a packed lunch every day.



Curriculum

We use a combination of the following curriculums to provide students with a well-rounded foundation for school:

Zoophonics, Learning without Tears, Starfall, and Opencourt.

We tweak and adjust our curriculum and lesson plans to meet students' specific needs, challenge them individually a little farther than they think they are capable of, and strive to create an environment where learning is an adventure!



After Care Enrichment (ACE Program)

Lit'l Duke Students Only

Monday-Friday

2:30-5:00 PM

S.T.E.A.M., math, and literacy activities will be provided in an open-ended learning and exploratory environment.

Students may also catch up on any unfinished classroom work, or work on additional or extended projects. A snack time will be offered as well.

We offer rates for drop-in (as needed) or recurring 1-5 days/week care.



MEET OUR TEACHING TEAM



Mrs. Nicole has four children and has two dogs. Honey and Sparky. She loves traveling, doing projects around her house, and doing things with family and friends. She is a former elementary school teacher and was excited to transition into early childhood education and get our Kindergarten program up and running.



Ms. Sarah has three children, three dogs named Ranger, Chloe and Shadow, and two cats named Binx and Oscar. She enjoys reading, hiking and learning. She has a Bachelor's Degree in teaching and a minor in reading. Her teaching experience includes nine years of Elementary and four years of preschool..



Early Childhood education should excite curiosity, stimulate creativity, encourage the development of problem solving skills, create and expand cognitive language and motor skills, and help each child to better understand himself/herself and the world in which he/she lives.



Mrs. Melanee has two children, a son and a daughter, and she loves Jesus. Melanee enjoys watching her children's sporting events, spending time with friends & family and trying new foods. Her teaching experience includes 6th grade, 2nd grade, kindergarten, and preschool for 20+ years.



Mrs. Lindsay has four boys, and four cats: Coco, Fluffy, Boo & Phineas. She homeschools her boys and has taught in early childhood for 20+ years. In her spare time, she likes reading, puzzles, road trips, volunteering, playing board & card games, eating out, and visiting with family and friends.



Early childhood education "happens" everywhere! Spontaneous learning takes place through guided play and through interaction with others. Children learn how to live harmoniously with adults and with their peers while also learning how to become more independent and self-reliant.