

Planned Menu : Non-Infants
From: July 20, 2026 To: July 24, 2026

Provider Name : Cooper, Lisa ()

Meals	Mon - 07/20	Tue - 07/21	Wed - 07/22	Thu - 07/23	Fri - 07/24
Breakfast	Cereal & Milk with Mixed Fruit Cold Cereal Mixed Fruit 1% Milk over 2/Whole Milk under 2	Oatmeal & Banana with Milk Oatmeal Bananas 1% Milk over 2/Whole Milk under 2	Cereal Bars & Strawberries Granola Bars, Cereal Bars, or Toaster Pastries Strawberries 1% Milk over 2/Whole Milk under 2	Hard Boiled Eggs with Blueberries and Cheese Egg Saltine Crackers Blueberries 1% Milk over 2/Whole Milk under 2	Cereal Bars & Bananas Granola/Cereal (WG) Bar - Bananas 1% Milk over 2/Whole Milk under 2
AM Snack	Apple w/Cheese & Veggie Straws Lowfat Cheese Apples	Cheerios with Blueberries Cheerios / Variety Blueberries	Baby Carrots with Hummus Garbanzo Beans / Chick Peas Carrots	Cheerios and Bananas Cheerios / Variety Bananas	Carrots with Yogurt Dip Yogurt Carrots
Lunch	Chicken & Noodles with Peas & Carrots Chicken Breasts Spaghetti Noodles Green Peas Carrots 1% Milk over 2/Whole Milk under 2	Chicken Salad Sandwiches with Sweet Potatoes & Dates Chicken Salad Italian Bread Sweet Potato/Yams Dates 1% Milk over 2/Whole Milk under 2	Meatballs, Green Beans & Apple Beef Meatballs Wheat (WG) Bread Green Beans Apples 1% Milk over 2/Whole Milk under 2	Spaghetti w/ Meat Sauce & Broccoli Beef Ground Spaghetti Noodles Tomato Sauce Broccoli 1% Milk over 2/Whole Milk under 2	PB&J & Milk with Peas, Pineapples, & Sliced Cheese Peanut Butter & Cheese Wheat (WG) Bread Green Peas Pineapple 1% Milk over 2/Whole Milk under 2
PM Snack	Beef Jerky with Fruit Jello Beef Jerky Fruit in Jello	Graham Crackers with PB Peanut Butter Graham Crackers / Teddy Grahams	Granola Bars with Cranberries Granola Bars Cranberries	Sting Cheese & Pretzels String Cheese Pretzel, Hard Applesauce	Chicken Salad on Crackers Chicken Salad Hi Ho / Ritz Crackers



This institution is an equal opportunity provider.