

Planned Menu : Non-Infants
From: January 12, 2026 To: January 16, 2026

Provider Name : Cooper, Lisa ()

Meals	Mon - 01/12	Tue - 01/13	Wed - 01/14	Thu - 01/15	Fri - 01/16
Breakfast	Pancakes with Blueberries/Milk Pancakes / Waffles Blueberries 1% Milk over 2/Whole Milk under 2	Cereal & Milk with Oranges Cinnamon Toast Crunch Mandarin Oranges 1% Milk over 2/Whole Milk under 2	Oatmeal & Dates Oats (WG) Dates 1% Milk over 2/Whole Milk under 2	Yogurt & Granola Yogurt Low Fat Granola Raisins 1% Milk over 2/Whole Milk under 2	Cereal Bars & Bananas Granola/Cereal (WG) Bar - Bananas 1% Milk over 2/Whole Milk under 2
AM Snack	Carrots with Yogurt Dip Yogurt Carrots	Graham Crackers with Peanut Butter & Cranberries Peanut Butter Graham Crackers / Teddy Grahams Cranberries	Granola Bars with Cranberries Granola Bars Cranberries	Chicken Salad on Crackers Chicken Salad Hi Ho / Ritz Crackers	Hard Boiled Egg with Peaches Egg Peaches
Lunch	Chicken & Noodles with Peas & Carrots Chicken Breasts Spaghetti Noodles Green Peas Carrots 1% Milk over 2/Whole Milk under 2	Fish Fillets/Green Beans/Rice Fish Fillets Brown (WG) Rice Green Beans Cantaloupe 1% Milk over 2/Whole Milk under 2	Turkey Meatballs with Sweet Potato Fries & Tomatoes Turkey Meatballs Tortellini Sweet Potato/Yams Fresh Tomatoes 1% Milk over 2/Whole Milk under 2	Pot Roast with Vegetables Pot Roast Oyster Crackers Carrots Mixed Fruit 1% Milk over 2/Whole Milk under 2	Spaghetti w/ Meat Sauce & Broccoli Beef Ground Spaghetti Noodles Tomato Sauce Broccoli 1% Milk over 2/Whole Milk under 2
PM Snack	Cheese Stick with Apples String Cheese Apples	Oatmeal Cookie & Banana Oatmeal Cookies Bananas	Mixed Fruit, Cheese & Veggie Straws American Cheese Whole Grain Tortilla Chips Mixed Fruit	Animal Crackers & Strawberries Animal Cookies / Crackers Strawberries	Peanut Butter Toast with Fruit Strip Peanut Butter Pears

