



# Hillians Netball Club

## COMPETITION TYPES & PLAYER PROGRESSION

**NET**

Pre Primary  
& Year 1

**NET** is the first tier of Woolworths NetSetGo offering a fun and engaging introduction to netball. Through simple skill-based activities and game awareness, the program provides a safe and supportive environment for young players to learn and enjoy the game.

**SET**

Year 2 & 3

In the **SET Competition**, the focus is on developing fundamental motor skills to support overall athletic growth. Through age-appropriate activities and modified games, participants begin to learn the basic skills of netball.

**GO**

Year 4 & 5

The **GO Competition** is the third and final tier of the Woolworths NetSetGo program, bridging the transition to junior competition. Players will further develop their skills through modified games in a supportive environment.

**JUNIORS**

Age 11 to  
17 years

**Junior Netball** offers a season-long experience playing full rules netball. For many players, this is their first introduction to competitive netball, providing a great opportunity to develop and refine skills.

**OPEN &  
MASTERS**

18+

**The Open & Masters Competition** is ideal for players seeking a more competitive environment than social netball. It offers the opportunity to stay fit, develop skills, and build lasting friendships with others who share a passion for the game.

**PREMIER  
LEAGUE**

U17's, U20's  
& Open

**The Premier League Competition** operates separately from the Association's domestic Saturday competitions while remaining club based. As the pinnacle of our netball pathway, it brings together elite teams and athletes in a high-performance environment that showcases skill, strategy, sportsmanship, and intensity.