



Hillians Netball Club

COMPETITION TYPES & PLAYER PROGRESSION

NET

Pre Primary
& Year 1

NET is the first tier of Woolworths NetSetGo offering a fun and engaging introduction to netball. Through simple skill-based activities and game awareness, the program provides a safe and supportive environment for young players to learn and enjoy the game.

SET

Year 2 & 3

In the **SET Competition**, the focus is on developing fundamental motor skills to support overall athletic growth. Through age-appropriate activities and modified games, participants begin to learn the basic skills of netball.

GO

Year 4 & 5

The **GO Competition** is the third and final tier of the Woolworths NetSetGo program, bridging the transition to junior competition. Players will further develop their skills through modified games in a supportive environment.

JUNIORS

Age 11 to
17 years

Junior Netball offers a season-long experience playing full rules netball. For many players, this is their first introduction to competitive netball, providing a great opportunity to develop and refine skills.

OPEN & MASTERS

18+

The Open & Masters Competition is ideal for players seeking a more competitive environment than social netball. It offers the opportunity to stay fit, develop skills, and build lasting friendships with others who share a passion for the game.

PREMIER LEAGUE

U17's, U20's
& Open

The Premier League Competition operates separately from the Association's domestic Saturday competitions while remaining club based. As the pinnacle of our netball pathway, it brings together elite teams and athletes in a high-performance environment that showcases skill, strategy, sportsmanship, and intensity.