



# NAILS & JEWELLERY POLICY

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### KDNA Exemption Policy - Nails

The policy around nails being taped or gloves being worn is based on the Netball Australia Official Rules, of nails must be cut short and smooth. The Board have agreed that an exemption can be given for nails under the following circumstances:

- School Balls - 1 week exemption
- Work Expectations

The process for applying for an exemption is as follows, the club president sends through an email stating either the date of the school ball or the work scenario and the competition they are competing in directly to [admin@kalamundanetball.com.au](mailto:admin@kalamundanetball.com.au) When the email is received a Board member will sign the approval email. Once signed it can be collected from the office and must be shown at the relevant game/games.

### KDNA Exemption Policy - Jewellery

The policy around piercings being taped is based on the Netball Australia Official Rules, of no jewellery may be worn. This policy is flexible with the younger players ie ages 6 – 11 years Net Set & GO. If ears have been pierced that week, they can tape them for 4 weeks.

Exemptions to do this can be for medical reasons which must be supported with a medical certificate available to show umpires before the start of each game.

Should a player come to the court with taping already, the umpire is not permitted to look under the tape, but will ask the question is that a piercing? If the player answers no, then it shall be left at that. Should the tape fall off and the umpire observes the piercing they can then ask them to remove it or leave the court.