

Court time	MON	TUE	WED	THUR	FRI	
6:00-7:30	<u>COURT 1</u> 12 BLACK	<u>COURT 1</u> 15 BLACK	<u>COURT 1</u> 12 BLACK	<u>COURT 1</u> 15 BLACK	<u>COURT 1</u> ACADEMY 12U	Actual practice time is 6-8pm. 90 min on court and 30 min of plyo training (7:30-8)
6:00-7:30	<u>COURT 2</u> 12 GREEN	<u>COURT 2</u> 15 GREEN	<u>COURT 2</u> 12 GREEN	<u>COURT 2</u> 15 GREEN	<u>COURT 2</u> ACADEMY 12U	
6:00-7:30	<u>COURT 3</u> 13 BLACK	<u>COURT 3</u> 16 BLACK	<u>COURT 3</u> 13 BLACK	<u>COURT 3</u> 16 BLACK	<u>COURT 3</u> ACADEMY 12U	
7:30-9:00	<u>COURT 1</u> 13 GREEN	<u>COURT 1</u> 16 GREEN	<u>COURT 1</u> 13 GREEN	<u>COURT 1</u> 16 GREEN	<u>COURT 1</u> ACADEMY MS (beginner)	Actual practice time is 7-9pm. 30 min of plyo training (7-7:30) and 90 min on court
7:30-9:00	<u>COURT 2</u> 14 BLACK	<u>COURT 2</u> 17 BLACK	<u>COURT 2</u> 14 BLACK	<u>COURT 2</u> 17 BLACK	<u>COURT 2</u> ACADEMY MS (advanced)	
7:30-9:00	<u>COURT 3</u> 14 GREEN	<u>COURT 3</u> 18 BLACK	<u>COURT 3</u> 14 GREEN	<u>COURT 3</u> 18 BLACK	<u>COURT 3</u> TBD	

2026-2027 CLUB SEASON PRACTICE SCHEDULE (COURT TIMES).
PLYO TIMES WILL BE BEFORE (2ND WAVE) OR AFTER (1ST WAVE)