

CHEER INFINITY ALLSTARS HANDBOOK 2025 - 2026

Welcome to Cheer Infinity Allstars! We are so happy that you have chosen to be a part of our growing family. Our mission is to build self-confident, self-disciplined, team-oriented, and loyal athletes. At CIA we value sportsmanship, dedication, integrity, and development of the cheerleader both on and off the mat. In this handbook, you will find information on the tryout process, financial obligations, athlete and parent policies, and important dates. Please read this handbook in its entirety prior to tryouts.

TRYOUT CHECK LIST:

- New Customers: register online prior to Tryouts from the Cheer Infinity Allstars website.
- Returning Members: Login into your Client Portal to update policies from the Cheer Infinity website prior to Tryouts.

ITEMS TO BE TURNED INTO THE FRONT DESK:

- May 1st a \$70 Registration Fee for New CIA Members and May payment (Tryout Fee and the rest of May payment is due). Should an athlete tryout and decide they do not want to be a part of CIA they forfeit the \$70 Registration Fee and \$150 May Tryout Fee as we have made decisions based on their commitment to tryout/ rest of May Payment
- Evaluation Page with just the top filled out
- CIA Terms and Conditions checklist completed, signed and dated
- CIA Buyout contract signed and dated
- CIA Athlete Information completed, signed and dated

TEAM PLACEMENT:

CIA follows the guidelines and rules set by USASF. There may be athletes on any given team that tumble at a different level than the rest of their teammates. We try to match up the athletes by level as best we can, but please remember that stunting (Flyers flexibility), pyramids, jumps, dance, motions, age, mentality, dedication, attitude and *work ethic are huge factors as well. Some will be stronger tumblers than others. Some will contribute more with stunts than others. We chose our team based on the positions that we need to fill (Bases, flyers, tumblers, etc.) Every athlete is on the team for a reason - Please trust the staff. Our decisions are made on what is best for the ENTIRE program as well as the individual athlete.

PROGRAM COST OVERVIEW

REGISTRATION	\$70 for New CIA Members	
MONTHLY TUITION	Included in monthly Payments \$150.00 This includes two 2 Hour PRACTICES EACH WEEK. No additional cost for double competitors. A \$20.00 Discount per sibling is also given. * Athletes will need to enroll in a tumble class outside of their scheduled team practice time. * Allstars will be charged a discounted price of \$55 a month per each class the athlete is enrolled in. Not included in monthly payments. * This tumble class needs to best fit your athlete's skill level, be outside of regular scheduled team practice, and a convenient time to get your athlete to their class.	
PRACTICE WEAR	Included in your Monthly payments	
CHOREO/Music/COACH FEE	Included in Monthly payments	
UNIFORM/BOW	\$580.00 NEW UNIFORM YEAR!!! (cost is on payment schedule and is not included in monthly tuition fees) (Hair Piece is included in this Payments)	
COMPETITION FEES	included in Monthly payment	

PROGRAM POLICIES:

1. PAYMENT:

A schedule of payments is listed in this Handbook. All monthly fees will be drafted on the 1st of each month (May through March). Cheer accounts must keep a current credit card or bank account on file at all times. Accounts must remain current. No exceptions. If an account is not paid by the 15th of the month, that athlete will have to sit out of practice until the account is current but will still need to be at practice. If an account falls more than 30 days behind, the athlete will be dismissed from team and collections will be notified. Payments are divided by 11 month starting with the season (May-March) and is still a 12 month commitment. This includes but not limited to Tuition, Competition Fees, Practice wear, Choreography and Music, Coaches fees. April tuition only for that month. The Full Year can be paid upfront with Cash or Credit card (this is a great way to, not have a bill every month and/or alleviate late payments.

2. BUYOUT CONTRACT: If an athlete leaves the Allstar program prior to completion of the summer, payments are non-refundable and a charge of \$500 will incur. On Choreography date through US Finals and/or The Summit a charge of \$800 will incur. If an athlete quits, is removed, or becomes injured, no refunds will be given. Competition fees paid will be applied to a replacement. The Buyout Contract would apply and will not be able to tryout for the next season.

3. ABSENCES:

Attendance is crucial to a team's success. If an athlete is going to be absent, <u>notification must be made at the FRONT DESK and not the coach</u>. All absences are documented. Please give advance notices whenever possible for scheduling purposes and approval. Coaches will be notified of the absence from the Front Desk. No unexcused absences the week of any competition is permitted. ALLOWED absences:

3 excused personal absences (sickness, death in the family, family emergencies, etc.) 3 unexcused absences (vacations NOT during competition season and any other miscellaneous reason) Any absences after that will result in dismissal. No refund will be issued and Buyout Contract would apply.

Vacations are not permitted during competition season. If an athlete misses practice for vacation or any other unexcused absence the week prior to competition they will be removed from their team. Summer Choreography camps are MANDATORY and cannot be missed. If you cannot come to Choreography camp, you cannot be on team. Please try to plan your vacations during our closing dates. (See "Important Dates" in this Handbook) We ask Please take vacations during our week long breaks!!!

Competitive Cheerleading is a team sport and practice cannot be taken away from the athlete as a consequence for bad behavior at home or school. When cheer is taken away from the athlete you are removing vital exercise from their weekly schedule and removing the opportunity to develop and work on life skills. Please find a punishment that does not also punish the coaches and teammates or this action is grounds for dismissal from the team. CIA must be your athlete's main priority when it comes to extra curricular activities. This means no missing practice for another sport or activity. This will be grounds for dismissal from the team. If you do not feel you can adhere to these rules then we ask that you not tryout for our program.

4. COMMUNICATION:

Each team will have a private groupMe page, which will be used to communicate with the parents to distribute information and reminders and usually a FB or Instagram page to pass on pictures and videos of memories made. This is not used to have long conversations. Email will also be a part of our communication from the coach, team mom and gym. Team moms will use your cell number to pass along urgent info and use during competitions to keep you informed of any last minute changes. It is the parent's responsibility to stay informed. Please make sure your email and cell numbers are current with the team mom and Front Desk. If you have a question or concern about your team or child, please contact the Allstar Director via email at curetonml@gmail.com If it is necessary, Marcus will make an appointment to speak with you directly.

5. TRAVELING/COMPETITIONS:

All transportation/accommodations are solely the responsibility of each family.

Competitions are MANDATORY for everyone. The competition schedule is included in this Handbook. Please make sure you have no conflicts. Schedule around these comps please. If a competition is missed, it will result in an immediate dismissal from the program. No refund will be given and Buyout Contract will apply.

Athletes are required to wear the appropriate hair, makeup, and clothing required. It is the responsibility of the families to bring their uniform, bow, cheer shoes, warm-up and additional items listed on the itinerary to competitions. Uniforms are required to be worn at awards.

*** STAY TO PLAY ***

This is a policy enforced by certain event producers requiring that all participating athletes register for housing through Tournament Housing Services (THS). The Stay to Play events will be marked on the Master Competition Schedule included in this Handbook.

When attending any event with Cheer Infinity, all rules apply. You are going as a representative of our program. All athletes must be accompanied by an adult chaperone at competitions. We do not condone athletes traveling to events alone. We encourage our parents to sit together and support all CIA teams. Show respect for the coaching staff, other teams and hosting organizations with good sportsmanship conduct. Parents are encouraged to show support by wearing Cheer Infinity Allstars clothing. See our CI Pro Shop throughout the year!

APRIL: All practices will be MANDATORY SO KEEP YOUR APRIL SCHEDULE <u>WIDE</u> <u>OPEN</u>! Do not schedule vacations. WE DO HAVE A COMP IN APRIL NOW (Check schedule) If you miss these practices you will not compete at summit and buy out contract will apply. There will be a \$150 Tuition charged for All teams.

6. UNIFORM/WARMUP/PRACTICE WEAR:

It is the responsibility of the athlete to keep their uniform in good condition. Lost, misplaced, or damaged clothing will be replaced at your expense (taxes and shipping will apply). During practice, all clothing and belongings must be stored in the cubbies and not thrown on the floor. Please LABEL you child's practice wear and warm-ups! Everyone wears the same clothing and similar sizing. Uniform Change will happen every two years from here on out.

7. TEAM PRACTICES:

Athletes are expected to be punctual and ready (Hair up, shoes on, etc) to go out on the floor on time and wearing scheduled practice wear. If athlete is late or dressed incorrectly, they will have conditioning after practice. This will be implemented every practice. A calendar will be provided with the scheduled practice wear monthly. A dress code is enforced.

EXTRA PRACTICES are already scheduled and listed in this Handbook under "Important Dates." Please mark your calendars now. These practices are just as important so please do not miss them. At the coach's discretion, additional extra practices can be added throughout the season. This can happen prior to a competition if needed.

Remove All Piercings. If you chose to wear stud earrings, you do so at your own risk. We are not responsible for damages incurred to athletes who do not adhere to the NO jewelry policy.

Coaches reserve the right to close practices at their discretion.

8. INJURIES:

If an injury should occur, it is the responsibility of the parent to seek professional help. Each athlete must have his/her own medical insurance. After seeking a physician, please provide Cheer Infinity Allstars with an evaluation of the athlete's injury/status. A release from a doctor is required if a serious injury should occur. If an injury prevents the student from continuing, there will be no refunds. Monies will be used for a replacement.

9. ATTITUDE/BEHAVIOR:

Our goal is to train your athletes not only to be winners on the floor but most importantly to be winners in life. Therefore, we STRICTLY enforce a positive, encouraging atmosphere from all participants and families. GOSSIP, profanity, rude language or negativity will NOT be tolerated including photos that are inappropriate. Do not post negative comments either direct or underlying about Cheer Infinity on social media or our competitors. We need to be an example to our children and understand that a public forum is not the place for this. We reserve the right to remove immediately an athlete/parent from the program if the parent or child is aggressive, states misleading or false information or has poor sportsmanship. If you have a concern, we encourage you discuss the issue with management or owners. Nip it in the bud before it gets out of hand!

If anyone threatening to quit or to pull his or her child from the program will be dismissed immediately. No refunds and Buyout Contract would apply.

10. TEAM MOMS:

A team mom will be assigned to each team. The team mom will assist in helping with communication between the coaches and the parents. They will keep updated contact information such as phone numbers and emails for their team and send out information to parents/guardians such as itineraries, scheduled practice information, events, team bonding information, meeting time locations at competitions, schedule changes, etc. Team moms will also help at competitions by making sure athletes return safely to their parents. Team moms are not coaches nor work for CIA and have no rights to make decision with out management approval. Please come to us if you need to speak about anything dealing with your child... do not go to your team mom.

11. BOOSTER CLUB:

CIA does not have a boosters, but there is a booster club that you can join and more info will be given out by the booster club officers when you join.

11. Nonparticipants:

Parents, siblings, friends, etc. are not allowed on the floor unless invited. No yelling out onto the floor or make contact through the viewing room window. For safety reasons, You will be asked to leave if you do so. If you need a student, please see the front desk for assistance. Opening the door to the gym disrupts all classes and the safety of all our students.

12. CIA Logo and Merch:

You cannot create for Summit wear etc. or sell your own CIA clothing or CIA items. Our name, Logo and Team logos are copyrighted and TM. All CIA Merch can be bought at www.ciaproshop.com

13. Though we trust everyone until we can't, Do not bring items of value to the gym. CIA is not responsible for lost or stolen items.

14. Communication with Staff and Coaches:

Please be respectful of our staff's personal time. DO NOT call or text the staff on their personal phones unless it is an emergency! The staff need to have their personal time away from work. If you need to speak with them, please email them to setup a meeting time or give the front desk a message to give to them and they will respond in a timely manner. Thank you in advance for respecting this rule.

15. No animals permitted in Cheer Infinity facility due to allergies of participants.

BUYOUT CONTRACT

I understand that all payments are nonrefundable and any practice wear and/or Uniform cost will be forfeited. I also understand that payments are never prorated or refunded, including cases of illness/injury, sitting out, joining late, or leaving early. I further understand that if my child leaves the Allstar program prior to the completion of the season I forfeit all payments and will be charged a \$500 or a \$800 buyout fee.

Buyout contract for Double Competitors is charged "per team" depending on commencement date located below.

Buyout contract commencement is May 24, 2025 until Choreography. If the athlete leaves the team for any reason or is dismissed from the program for any reason after this commencement date the \$500 buyout contract will be in effect (per team) and will not be able to tryout the next season.

Buyout contract commencement from Choreography date through April and May Summit Attendees. If the athlete leaves the team for any reason or is dismissed from the program for any reason after the commencement date the \$800 buyout contract will be in effect (per) team and will not be able to tryout for the next season.

SIGNATURE	
PRINTED NAME	DATE

CHEER INFINITY TERMS AND CONDITIONS

**Please initial each statement and sign the bottom agreeing to our policies and terms:
I understand that by trying out and paying \$70 registration and \$150 Tryout Fee / May Tuition that I am committing to being on a team. If I decide that me/my athlete will not be committing to the team after tryouts that I forfeit my \$70 registration fee/ \$150 tryout fee and rest of May payment.
I understand that all monthly tuition fees are due and will be drafted on the 1st of every month. No exceptions.
I understand that if my credit card or bank information changes, I will notify CIA immediately with updated information.
I understand that all competition fees are NON-REFUNDABLE.
I understand that if I have an outstanding balance after 15 days, my child will be asked to sit out and a replacement will learn my child's position. I also understand that if I have an outstanding balance after 30 days, my child will be asked to leave the program. The Buyout Contract would apply.
I understand the absence policy and if an athlete exceeds the number of absences, they will be dropped from the team . No refunds and the Buyout Contract would apply.
I understand that Competitive Cheerleading is a team sport and that a practice cannot be taken away from the athlete as a consequence for bad behavior at home or at school. Please find a punishment that does not also punish the coaches and teammates. This action is grounds for dismissal from the team. ATTENDANCE is vital to a team's success. Aim to be at every practice.
I understand that Choreography Camp is MANDATORY. I understand that the coaching staff have the right to close practices as they deem necessary. I understand that an athlete CANNOT miss any competitions or will be dismissed from the team.
I understand the importance of being a positive role model for all athletes. GOSSIPING, spreading negativity in or out of our facilities or on social media will not be tolerated and we reserve the right to remove immediately any athlete/parent from the program violating this policy. Attitude is everything on and off the floor. We require respect and you can expect respect from CI.
I understand that "Good Sportsmanship" will be practiced at ALL times while representing Cheer Infinity. EVERY athlete is expected to be a good ambassador of our program.
I understand if an athlete leaves the Allstar program prior to completion of the season, payments are non- refundable. The Buyout Contract would apply and a charge of \$500/\$800 per team will incur.
I have read the Handbook thoroughly and understand and agree to all policies stated therein.
PARENT / GUARDIAN SIGNATURE DATE
ATHLETE'S NAME (PRINT)

2025-2026 EVALUATION FORM (Print and Bring to Tryouts)

Athlete's Name	Birth Year	Iryout Number:	
(circle one) I AM / I AM NOT/ Fill In if it	interested in cross con	npeting on two teams.	Cross competitors
will be responsible for additional competit	tion fees. All members	s will compete on the t	eam the coaches see
fit. Athletes will be chosen to cross compe	ete ONLY if the coach	es agree on the position	n. Circling this does
not guarantee an athlete will be on two tea	ims.		_
Please list any dates that you know you wi	ill be absent:		
Tumbling			

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Y N Front Walkover	Y N BHS Stepout	Y N 3 BHS Stepout	Y N Standing Tuck	Y N Standing to LO	Y N BHS Full
Y N Cartwheel	Y N BHS Stepout, BWO, BHS	Y N R/O BHS Tuck	Y N BHS (step out) Tuck	Y N Standing BHS series to Whip-Tuck	Y N Jump BHS Full
Y N Round-off	Y N BWO BHS	Y N Combo to Tuck	Y N Cartwheel Tuck	Y N R/O BHS Full	Y N Standing Full
Y N Back Walkover Series	Y N Valdez BHS	Y N Jump BHS Series	Y N BWO Tuck	Y N Standing Combo to LO	Y N Combo to Double
Y N Valdez	Y N R/O 2 BHS	Y N FWO Aerial	Y N Jump BHS Tuck	Y N Combo to Full	Y N BHS Series to Full/ Double
Y N Back Extension Roll	Y N Combo to 2BHS	Y N Flyspring to Tuck	Y N Layout, Whip Tuck, Combo Pass	Y N Jump BHS Series to Layout	Y N BHS Series to Whip Full/ Double

Stunt (Age Bracket #1_____ Position____

Level 1	Level 2	Level 3	Level 4	Level 5	
Y N Prep	Y N 1/2 up Ext	Y N Ext Lib Body Position	Y N Ext 1 leg Full Down	Y N Double Down- 1 leg	
V N O I - O II -	V N 4/0 D 4 I	Y N Switch up to Body	Y N Switch up Extended 1	VNE II . I. B. I. B	
Y N Straight Cradle Y N 1/2 Prep 1 leg		Position	Leg	Y N Full up to Body Pos.	
Y N Below Prep 1 leg tic	Y N Tic Toc Lib to Lib or	Y N Tic Toc Lib to Body	Y N Extended Double	V N d 5 to Dietform	
toc to Body Position	Body position	Position	Down	Y N 1.5 up to Platform	
VNd lan Duan dilan	V N I managing to man d I am	V N Federade d Fedi Deces	Y N High Lib to Low	Y N Tic Toc Extended 1	
Y N 1 leg Prep 1 leg	Y N Inversion to prep 1 leg	Y N Extended Full Down	Stretch	leg	

Flyer Body Positions: +/- Heel stretch +/- Scorpion +/- Scale +/- Arabesque +/- Bow-n-Arrow

(Age Bracket #2 Position)

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Level 1	Level 2	Level 3	Level 4	Level 5
Y N Prep	Y N 1/2 up Ext	Y N Ext Lib Body Position	Y N Ext 1 leg Full Down	Y N Double Down from 1 leg
Y N Straight Cradle	Y N Prep 1 leg	Y N Switch up to Body Position	Y N Switch up Extended 1 Leg	Y N Full up to Body Position
Y N Below Prep 1 leg tic toc to Body position	Y N Tic Toc Lib to Lib or Body position	Y N Tic Toc Lib to Body Position	Y N Extended Double Down	Y N 1.5 up to Platform
Y N 1 leg Prep 1 leg	Y N Inversion to prep 1 leg	Y N Extended Full Down	Y N High Lib to Low Stretch	Y N Tic Toc Extended 1 leg

MUST BE FLEXIBLE TO FLY and HAVE STRENGTH TO HOLD THEIR BODY POSITIONS

SINGLE COMPETITOR

May 1, 2025		\$425
June 1st, 2025		\$425
June 15th, 2025 (UNIFORM)	All Athletes:	\$290
July 1 st , 2025		\$425
July 15th, 2025 (UNIFORM)	All Athletes:	\$290
August 1 st , 2025		\$425
September 1 st , 2025		\$425
October 1st, 2025		\$425
November 1 st , 2025		\$425
December 1st, 2025		\$425
January 1st, 2026		\$425
February 1st, 2026		\$425
March 1st, 2026		\$425
April 1st, 2026		\$150

Other Fees: (Not associated with this Payment schedule)

Registration: \$40 due at sign-up

Shoes: You will need to order a pair of <u>cheer shoes</u> from the gym and get sized at tryouts by varsity. These shoes are made specifically for the spring floor that the athletes will compete on. <u>Make-up</u>: TBA

Payment Terms: Payment is due in full at the above dates listed. If Payments are not made before the 1st of the month, the card on file will be drafted the amount of payment owed. Payments remaining unpaid more than ten (10) days from required payment shall be subject to late payment charges consistent with applicable law. Cheer Infinity Allstars may suspend students for non-payment of more than 30 days from payment date. At which time payments along with fees must be paid to continue. If an account is behind 30 days Cheer Infinity will begin the process of turning over the account to it's contracted collection agent. If any court cost are associated with collection of amounts owed, the customer will be responsible for payment of those court costs.

(Signature of Parent Guardian)) Date

DOUBLE COMPETITOR

May 1, 2025		\$520
June 1st, 2025		\$520
June 15th, 2025 (UNIFORM)	All Athletes:	\$290
July 1st, 2025		\$520
July 15th, 2025 (UNIFORM)	All Athletes:	\$290
August 1 st , 2025		\$520
September 1 st , 2025		\$520
October 1st, 2025		\$520
November 1st, 2025		\$520
December 1st, 2025		\$520
January 1 st , 2026		\$520
February 1 st , 2026		\$520
March 1 st , 2026		\$520
April 1st, 2026	All Elite	Competitors \$150

Other Fees: (Not associated with this Payment schedule)

Registration: \$70 due at sign-up

Shoes: You will need to order a pair of <u>cheer shoes</u> from the gym and get sized at tryouts by varsity. These shoes are made specifically for the spring floor that the athletes will compete on.

Make-up: TBA

Payment Terms: Payment is due in full at the above dates listed. If Payments are not made before the 1st of the month, the card on file will be drafted the amount of payment owed. Payments remaining unpaid more than ten (10) days from required payment shall be subject to late payment charges consistent with applicable law. Cheer Infinity Allstars may suspend students for non-payment of more than 30 days from payment date. At which time payments along with fees must be paid to continue. If an account is behind 30 days Cheer Infinity will begin the process of turning over the account to it's contracted collection agent. If any court cost are associated with collection of amounts owed, the customer will be responsible for payment of those court costs.

 (Signature of Parent Guardian)	Date

COMPETITION LIST

DATE	COMPETITION	EVENT LOCATION	STAY TO PLAY
December 7, 2025	CHEERSPORT	Cheersport Raleigh Convention Center 500 S. Salisbury Street Raleigh, NC 27601	NO
December 13-14, 2025	E PO	Bojangles Coliseum 2700 E. Independence Blvd Charlotte, NC 28205	NO
January 17-18, 2026	UNIVERSAL SPIRIT SPIRIT OF HEREE	Charlotte Convention Center 501 South College St Charlotte NC 28202	*Mandatory* https://www.teamtravelsource- cheer.com/housing-launch-details
January 31 - 1, 2026	TOTAL PROPERTY OF THE PARTY OF	Raleigh Raleigh Convention Center 500 S. Salisbury Street Raleigh, NC 27601	Optional Go to https:// www.teamtravelsource-cheer.com/ housing-launch-details
February 13 -15, 2026	GHEERSPORT	Cheersport Nationals Georgia World Congress Ctr 285 Andrew Young Int Blvd Atlanta GA 30313	YES Marcus will send INFO to you as soon as he gets it!
March 21 - 22, 2026	*Cheer@Itd * NATIONALS ** **CANAM***	Cheer Ltd Nationals Myrtle Beach Convention Center 2101 N. Oak Street Myrtle Beach, SC 29577	Optional Go to thsweb.com below the login you will see "Select Sport" click the drop down to choose "Cheer/Dance" Then find the event.
March 28 - 29, 2026	S. O. W.	SS Nationals Myrtle Beach Convention Center 2101 N. Oak Street Myrtle Beach, SC 29577	Optional Go to thsweb.com below the login you will see "Select Sport" click the drop down to choose "Cheer/ Dance" Then find the event.
April 17 - 19, 2026	PO	Grand Finale Myrtle Beach Convention Center 2101 N. Oak Street Myrtle Beach, SC 29577	NO
April 23-24 May 8-10	Youth & D2 Summit	Youth Summit Tampa FL D2 Summit Orlando, FL	More info will be provided for the teams attending

ADDITIONAL INFORMATION

Allstar Choreography Camp	July 12-14 - with Keith August 22-24 - with Keith We may have another TBA	Teams TBA after Tryouts
Extra Practices MANDATORY ** All extra practices are CLOSED to Parents etc	October 26th November 2nd November22nd- Extravaganza January 11 th	Practice times TBA
Gym Closings	May 24 th - 26th June 23rd - 27 th June 29th - July 6th August 4th - 8th September 1st November 26 th - 30 th December 21st - Jan 3 April 5th - 12th April- Leave schedule open for summit practices	Memorial Day No Allstar Practices- ONLY Independence Day No Allstar Practices- ONLY Labor Day Thanksgiving Break Christmas Break Spring Break
Sizing Uniform/PW/Shoes Date	May 23rd	Varsity Rep will be at tryouts sizing

Client Portal: If you are already a registered member at Cheer Infinity you can login into your client portal by clicking "Client Portal" on the home screen. Use your email address that we have on file as your login username. Then click "Forgot password or need to get started." We will send you a temporary password that you may change once in the system. Inside the client portal you may change things like your email address, update your CC or registration information, make payments, enroll in classes/events and much more.

ATHLETE INFORMATION

NAME OF CHEERLEADER:
Championship Prizes: Some competitions give t-shirts, jackets, or hoodies to there champion teams. We will need to have a list ready to bring the competitions. Please keep in mind that your child might grow through the year. We like to tell people to order jacket and hoodie sizes one size bigger than what you wear normally to allow for growing room be your child will grow through the year.
T-Shirt/Tank Size (Please circle one size): YXS YS YM YL AS AM AL AXL AXXL
Jacket Size (Please circle one size): YS YM YL AS AM AL AXL AXXL
Hoodie Size (Please circle one size): YS YM YL AS AM AL AXL AXXL
IBUPROFEN AT THE GYM During the course of the year it is likely that your child may have a headache or small injury during practice. Some children experience headaches more than others. We always call the parents to ask for verbal permission to administer medicine to the child. Please check one of the following options:
Please call me to ask my permission to give ibuprofen to my child. I understand that if my child is experiencing a headache or small injury and I cannot be reached that Cheer Infinity will not give my child any ibuprofen until my permission is given.
I
Date: