



Sorrento Bay Swim

Sunday 11th January 2026

PROGRAM (Proposed)

E: swim2026@sorrentoslsc.au
M: 0414 816 572

OVERALL TIMES - SUNDAY 11th JANUARY 2026

EVENT	TIMING	LOCATION
Registration marquee opening time	8:30am	Behind Race Director's tower
Competitor briefing for 4,000m swimmers	9:00am	In front of Race Director's tower
Competitor briefing for 600m swimmers	9:30am	In front of Race Director's tower
Start for 4,000m swimmers	10:00am	Blairgowrie Yacht Squadron 2 waves: Elite male, Elite female
Start for 600m swimmers	10:15am	East of The Baths Restaurant 2 waves: Junior, Novice
Competitor Briefing for 2,000m swimmers	10:45am	In front of Race Director's tower
Presentation - 600m	11:00am	In front of Race Director's tower
Start for 2,000m swimmers	11:45am	Sullivans Bay. 6 waves: Junior, Open, Senior, Master, Grand Maste, Legend
Presentations - 4,000m and 2,000m	12:50pm	In front of Race Director's tower

REGISTRATION CLOSES 15 MINUTES BEFORE EACH START TIME

Courtesy buses will be available to transport swimmers from near the Registration marquee (on The Baths side) to the 2,000m and 4,000m start lines, from an hour before the events, so please arrive early to ensure you make the start line in time. If planning to walk to the 2,000m start line, please allow at least 30 minutes.

Cloaking service is available at the start lines, for collection at the finish line (please ensure your bag is identifiable).

COURSE DISTANCE AND DEPARTURE TIMES - SUNDAY 12th JANUARY 2025

AGE CATEGORY	DISTANCE	CAP COLOUR	START TIME
ELITE 4,000 Male	4,000m	Fluro Green	10.30am at Blairgowrie Yacht Squadron
ELITE 4,000 Female	4,000m	Fluro Pink	10.35am at Blairgowrie Yacht Squadron
8 - 17 Juniors	600m	White	10.45am east of The Baths jetty
18+ Novice	600m	Royal Blue	10.50am east of The Baths jetty
12 - 17 Juniors	2,000m	Orange	11.45am at Sullivans Bay (1.7km to the east)
18 - 29 Open	2,000m	Yellow	11.50am at Sullivans Bay (1.7km to the east)
30 - 39 Seniors	2,000m	Green	11.55am at Sullivans Bay (1.7km to the east)
40 - 49 Masters	2,000m	Purple	12.00pm at Sullivans Bay (1.7km to the east)
50 - 59 Grand Masters	2,000m	Red	12.05pm at Sullivans Bay (1.7km to the east)
60 - 69 Legends	2,000m	Sky Blue	12.10pm at Sullivans Bay (1.7km to the east)
70+ Super Legends	2,000m	Silver	12.15pm at Sullivans Bay (1.7km to the east)

Estimated high tide at Sorrento Pier is 8:50am