



St Blasius Shanklin C of E Primary Academy

Enjoy and Achieve in life in all its fullness, following in the footsteps of Jesus

Wisdom ~ Endurance ~ Friendship

Newsletter 5

3rd October 2025

01983 862444

admin@stblasius.academy



St Blasius Church of England
Academy Shanklin

Dear St Blasius Families,

It is a great honour and privilege to share some wonderful moments from our school recently.

Our Worship this week, helped children understand the secret of true wealth: their faith in God and the gifts He gives us. Through the parable of the rich man and the poor man, children explored how God wants them to live life to the full now and for eternity! The Scripture Luke 16:19-31 was shared with the children to help support this.

We've celebrated the appointment of our new school leaders, and I want to take a moment to recognise the incredible effort of all our children who applied for these important roles. From our school council to worship leaders, and our house and vice captains, these positions are vital in helping shape the future of St. Blasius. The passion our children demonstrated during the application process was truly heartwarming.

Our children have been incredibly active in sports recently. The Pokémon football cup saw fantastic effort from all participants, and our Tag Rugby festival was particularly exciting. The players' performances were gripping, and the supporters were wonderfully loud and enthusiastic!

We've also been enjoying some special community moments. We recently welcomed Year 3 parents for lunch, with Year 2 parents scheduled to join us next week at a slightly different time. It was particularly delightful to welcome eighty eight grandparents into school to share an activity with their grandchildren. The response was tremendous, with a huge uptake of participants and lots of inspiring ideas about how we can continue to grow these intergenerational connections.

Year 3 visited Brading Roman Villa on Wednesday. From speaking to the children it sounds like they had a wonderful time! Full of history and questions to enhance their learning – well done Year 3!

These moments remind us of the vibrant, supportive community we are building together.

The big question last week was:

What would happen if no one ever asked questions?

We wouldn't learn if we didn't ask questions. **Freddie, EYFS**

How would you know what we want? **Ava T, Year 3**

No one would no the answers to things. **Naomi, Year 4**

The world would be dull, **Koby, Year 6**

The big question this week is:

What does it mean to take care of the Earth?

Warmest regards

Jemma Powell Assistant Principal

Important Dates

Monday 6th October-Friday 10th

October– Chance to Shine week

Tuesday 7th October– Year 3 Swimming lessons

Friday 10th October– St Blasius Parent Workshop

Friday 10th October– Hello Yellow Day

Tuesday 14th October– Year 3 Swimming lessons

Thursday 16th October– Harvest Festival

Friday 17th October– Last day of term

Monday 20th October– Half Term

Monday 3rd November– Return to school

Tuesday 4th November– Parents evening

Wednesday 5th November– Parents evening

Class Attendance

Congratulations to **Year 5** for having the highest class attendance this week.

Year 5 = 99.26%

Year 3 = 99.23%

Year 6 = 98.75%

Year 4 = 98.28%

Year 2 = 95.49%

Year R = 95.29%

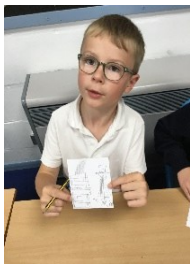
Year 1 = 92.94%

Year 2 Blog

Year 2 have been fantastically busy recently. In English, they have been fantastic writers. They have been working hard on their handwriting and they are independently writing their own 'journey tales'. The children prepared for this by creating their own expanded noun phrases and similes in order to describe the setting of the story.

In R.E., the children have been focused on their unit based around the concept of 'symbols' and Harvest and the Harvest loaf. They have enjoyed learning why Harvest and the Harvest loaf are so important to Christians. The children are going to come up with their own ideas of what might be a suitable alternative symbol of Harvest. In P.E., the class have been working on the fundamental skills of running, jumping, skipping and hopping, whilst enjoying tag rugby lessons with Mr. Linfield.

The class have also been fantastic historians. They have been enjoying learning about King James I, Guy Fawkes and the Gunpowder Plot. They have also learnt about Catholics and Protestants, why Guy Fawkes was so upset with the King and what his fate was.



In science, the children are coming to the end of their unit on Living Habitats by learning about the habitats of a variety of creatures, including mini-beasts and also looking at food chains. Finally, in music the children have learnt to sing the song Tony Chestnut with actions and are we about to move on to learning to play the tune on the glockenspiel.



In computing, Year 2 have been deepening their knowledge of online safety.

Finally, in PSHE the children have made a great effort at learning to tie their shoelaces.

They have made a great start to the year and I look forward to seeing what they will achieve.



St Blasius News



WE TAKE PART IN  **2025-26**

WOW THE WALK TO SCHOOL CHALLENGE 



What can you do?

- 1 Value your badges, you've earned them!**
Each WOW badge has been thoughtfully designed by a pupil from across the UK as part of our annual badge design competition. They are a collectable reward for walking to school to be cherished for years to come.
- 2 Recycle**
When surpluses do occur or badges are no longer wanted, we encourage you to recycle them wherever possible. You can do so if your local facilities accept High Impact Polystyrene (HIPS), removing any pins first. We recommend that all pins are removed by an adult.

WHAT DOES THE FUTURE HOLD?
We are committed to continuously reviewing our practices to ensure our resources are ethical and sustainable. In the coming years, we will be working with our suppliers to develop even better ways to repurpose and recycle our WOW badges, as well as exploring alternative materials.

livingstreets.org.uk/wow

Get involved on social media: **#WALKTOSCHOOL**
X @LIVINGSTREETS f LIVINGSTREETSUK @ LIVINGSTREETS

Living Streets (The Pedestrians' Association) is a Registered Charity No. 1108448 (England and Wales) and SC033808 (Scotland).
Company Limited by Guarantee (England & Wales), Company Registration No. 0368409.



Parent lunches

Parent lunches are returning, as welcome you in with your children's lunch, It will start with Year group 6 and following year group dates are below:

YEAR 2—Friday 10th October

YEAR 1—Friday 17th October

YEAR R— Friday 7th November

St Blasius Stars of the week



James Yr 1



Sophia Yr 2



Dolly Yr 3



Elsie Yr 4



Harper Yr 5



George Yr 6



House points

Yellow House—927

Blue House— 864

Green House—778

Red House—741

Well done Yellow House



This week's Top Doodlers



Mary Ellis Class-

Siena F

Tanni Grey-Thompson Class-

Max G

Tim Peake Class-

Rufus G

Ellen MacArthur Class-

Mila P

Malala Yousafzai Class-

Reggie R

Dina Asher-Smith Class-

Lincoln N

**Top Doodle
class:
Year 5**





St Blasius Sports Report



U11's Tag Tournament

Yr 5 and Yr 6 mixed teams went on a tag tournament to play other schools. They were amazing and they showed perseverance even when it was hard using their core value of endurance. They were also a great team and good team players showing strands of friendship. We had great support and encouragement which helped us play our best and hardest. Thanks for the experience!

The first match St Blasius played was against Godshill. St Blasius came away with a smashing win and everyone was so impressed. All the children were running there socks off. This win gave them resilience and it helped them to carry on strong. They smashed it!

The second game that St Blasius played was against Bembridge and it was phenomenal 4-4 draw. They were fired but happy as they brought the score back in the last minute.

The third match we played was a win against the Bay. The Children used each player and went through to win as a team united once again. It was a wonderful experience.

The fourth and fifth match to be played were played on two different pitches. Both were lost but St Blasius played well.

Written by Bea T and Rosie K

Squad:

| | |
|-----------|---------|
| Lincoln N | Koby P |
| Ernie B | Albie T |
| Bea T | Reggie |
| Rosie K | Arthur |

Under 9's Boy's Football V Bembridge

Last Friday, we played a football match V Bembridge Primary. It was a tough game but it ended as a draw our squad only had two practice clubs prior to the match and we kicked off at 15:30. Anthony scored to make it 1-0 in the first half and then Bembridge levelled it up. Then they scored another two and it was 1-3. We then scored with a great goal to then get another to make it 3-3.

Squad:

| | | |
|---------|-----------|---------|
| Henry H | Anthony H | |
| Alfie H | Archie P | |
| Alfie M | Simone P | |
| Finn S | Daniel S | |
| Lenny D | Freddie T | Kevin P |





PARKING PERMIT



| | |
|--|-----------------------------|
| DESIGNATED CAR PARK | Orchardleigh Rd Car Park |
| SCHOOL | ST BLASIUS ACADEMY |
| VALID TIMES a.m. | Valid between 0815 and 0845 |
| VALID TIMES p.m. | Valid between 1445 and 1515 |
| VALID DURING TERM TIMES ONLY AND UNTIL END OF JULY | 2026 |



FOLD HERE

**Isle of Wight Council
School Park & Stride
Parking Permit**

- This permit must be displayed on the front nearside windscreen
- The permit is only valid for the car park designated above, and for the times stated
- It is not valid during school holidays
- Having a permit does not guarantee a parking space
- Please do not park in the coach park
- Should you wish to continue parking in the space, please purchase an appropriate ticket
- Failure to park correctly or abide by the parking regulations set out could result in a penalty charge being issued

FOLD HERE

The Isle of Wight Council is helping schools to promote walking to school by providing free parking, at designated times and places, through this Park & Stride scheme. Parents of younger children are encouraged to walk to school with their child. Parents of older children may encourage their child to walk independently.

The scheme is administered by schools, with the agreement of the Parking Services section of the Isle of Wight Council. If there is any aspect of this scheme which you wish to discuss, please contact the school in the first instance, or the Council's Parking Operations Manager on 821000.



St Blasius after school clubs



| | |
|-----------|--|
| Monday | KS1 Multiskills Run by Mr Poplett |
| Tuesday | Year 5 and Year 6 Boys Football Run by Mr Poplett |
| Tuesday | KS2 Girls Football Run by Mrs Cutler |
| Wednesday | John Cattles Skateboarding club Run by John Cattle £4 per session FULL |
| Wednesday | Year 3 and Year 4 Tag Rugby Run by Mr Poplett |
| Wednesday | Choir Club Run by Mrs Potts |
| Thursday | Year 5 and Year 6 Tag Rugby Run by Mr Linfield |
| Thursday | KS1 Dance club Run by Mrs James £3 per session |
| Friday | KS2 Dance club Run by Mrs James £3 per session |
| Friday | Year 3 and Year 4 Football Club Run by Mr Poplett |



School Uniform



Reception class

- White polo shirts with academy logo (no ties)
- Trousers – Black or dark grey
- Skirts/Pinafores – Navy or dark grey
- Academy navy blue V neck sweatshirt/cardigan/Hoodie with logo
- Pale blue and white check dresses in summer
- Socks or tights should be grey, black or navy and shoes black and sensible.
- Shoes should be black no labelled trainers

KS1 (Years 1 and 2)

- White polo shirts with academy logo (no tie)
- Trousers – Black or dark grey
- Skirts/Pinafores – Navy or dark grey
- Academy navy V neck sweatshirt/cardigan/Hoodie with logo
- Pale blue and white check dresses in summer
- Socks or tights should be grey, black or navy and shoes black and sensible.
- Shoes will be black no labelled trainers



KS2 (Years 3, 4, 5 and 6)

- White shirt and academy tie
- Trousers – Black or dark grey
- Skirts/Pinafores – Navy or dark grey
- Academy navy V neck sweatshirt/cardigan/Hoodie with logo
- Pale blue and white check dresses in summer
- Socks or tights should be grey, black or navy and shoes black and sensible.
- Shoes will be black no labelled trainers



P.E kit – all years

- Black or navy shorts
- Academy blue t-shirt
- Plimsolls/Trainers
- In the event of cold weather a tracksuit may be worn over the P.E kit. Pupils can wear their Hoodies for PE.



Our uniform supplier is Kids & Co, Ryde.

Isle of Wight Secondary Colleges and 6th Form 2025-26 Open Day/Evening dates (as at 20 July 2025)

| School/College | Date | Time |
|--|--|--|
| Carisbrooke College | 29 September 2025 | Year 6 open evening: 5-8pm |
| Christ the King College | 18 September 2025 | Year 6 open evening: 5.30-7.30pm |
| | 06 November 2025 | 6 th Form open evening: 5.30-7.30pm |
| Cowes Enterprise College | 1 st to 31 st October 2025 | Year 6 Open Month |
| | 3 November 2025 – 8 December 2025 | 6 th Form Open Month |
| Island Free School | 11 October 2025 | Y6 open day: 09.30-1pm |
| | | Headmaster's Talks at 10am, 11am and 12noon |
| Medina College | 23 September 2025 | Year 6 open evening: 5-8pm |
| Ryde Academy | 8 October 2025 | Y6 Open Evening |
| | 19 November 2025 | 6th Form Open Evening |
| Ryde School | 4 October 2025 | Y6 and 6 th Form Open Morning: 10-12.30pm |
| | 7 February 2026 | |
| The Bay CE School | 2 October 2025 | Y6 Open Evening: 5-8pm |
| The Island VI Form | 13 November 2025 | VI Form open evening: 5-8pm |
| The Isle of Wight College | 23 September 2025 | 4.30-6.30pm Open Evening |
| | | 10-2pm Open Day |
| | 15 November 2025 | 10-2pm Open Day |
| | 10 January 2026 | Open Day |
| | 7 March 2026 | |
| The Priory School of our Lady Walsingham | n/a | Don't hold open days. Ring up to make an appointment for a show round. Marion Ahmed – Tel: 861222 or email: mail@prioryschool.org.uk |

• Please note St George's School is not offering open days.
Places are allocated via the SEND department.

October 2025
Issue 17

MHST Newsletter

iownt.mhst@nhs.net ~ 0300 365 4010

MHST Update:

- Welcome back to a new school term!
- We held transition workshops in August and early September to help support year 6s transitioning up to secondary school/college. If any of the new year 7s require more support coping with starting their new school, please speak with the school's Designated Mental Health Lead who can refer them into our service.
- Our team have been attending the year 6 open days at some of the secondaries that we work with. Our MHST works in all of the mainstream secondaries on the island and are happy to help students with the transition up to secondary school/college.
- Over the summer, we held intensive groups supporting young people with their anxiety or emotions. These were beneficial for those who attended, but we'd like to work on increasing the number of students who attend these workshops for next summer.
- We also developed and expanded our primary Whole School Approach programme over the summer which is explained in more detail on the third page. We have started offering these workshops to schools and have already delivered some.
- Our team recently enjoyed a team day where we were able to share what has been going well and what needs improving. Moving forward, some of our processes may change, but we will communicate to schools as and when appropriate.



The MHST are now working in 47 educational sites.

67% of our transition workshop attendees were more confident with the move up to secondary after the summer workshop.

We assessed 43 young people in August.

94% of referrals that had an assessment in August waited less than 4 weeks.

YOUTH TRUST **BARNARDOS** Changing childhoods. Changing lives.

NHS Hampshire and Isle of Wight Healthcare NHS Foundation Trust

mental health support TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust.

Tips to help with your mental health:

Use your phone for something different to get outdoors and in nature every day... identify trees by recognising leaves, sticks, tree shape and even bark! We are surrounded by trees most of the places we go, especially on the island, but do we know much about them?

Noticing our surroundings and taking time to understand and appreciate our living landscapes can help us feel connected to nature – we can feel more grounded and less trapped in our own thoughts, which can happen during school holidays when we are away from our usual routines and friends. Sometimes it can feel like everyone else is busy having fun without us, but often having some time outdoors can help shake that feeling and improve our mood. So, try taking yourself for a walk – or invite along a friend or family member – and use a phone app to identify different trees along the way, such as this one from the Woodland Trust: <https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/tree-id-app/>

You could collect the information and photos of your trees to share with someone else – you'd be surprised how good it feels to know which trees are which, just by looking at them, and some interesting facts about them. Try it!

IDEA:
You could maybe take fallen leaves home and make a wreath?

YOUTH TRUST **BARNARDOS** Changing childhoods. Changing lives. **NHS** Hampshire and Isle of Wight Healthcare NHS Foundation Trust

mental health support TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust.

We have recently launched our new Facebook page, please follow us so you can find out more about our team as well as keep up-to-date with what we have been up to. We have struggled to find some of our school's pages, so please send us the link if we are not yet tagging you in our posts. We have already had people enquire about our workshops after seeing them on our Facebook page.

Primary Whole School Approach Programme

Over the summer, we have adapted our primary Whole School Approach (WSA) programme which offers workshops to specific year groups. Your child's school may not offer all of these workshops, as they are dependent on school need. Below is some of what we offer:

- Reception - **Let's Explore Emotions** - Introduce the idea that emotions can be felt in the body. Help children begin identifying how different feelings show up in their bodies. Normalise all emotions as part of being human.
- Year 1 - **Emotion Explorers** - Identify basic emotions (happy, sad, angry, scared, surprised, etc.). Understand that people express emotions in different ways. Recognise that the same facial expression may represent different feelings. Begin to show empathy and awareness of others' emotions.
- Year 2 - **What To Do With Worries** - Understand that everyone has worries. Recognise what a worry might feel like. Know that sharing a worry can help. Develop simple strategies to manage worries.
- KS2 - **The Big 5 - (5 Ways To Wellbeing)** - Understand the five key ways to support their wellbeing. Reflect on things they already do and what they'd like to try. Listen to and share ideas with others.
- KS2 - **Sleep Superpowers** - Understand why sleep is important. Learn simple and age-appropriate skills to build a bedtime routine.
- KS2 - **Building Resilience** - Understand that change is a normal part of life and learn simple techniques to manage change.
- Years 5&6 - **Worry Management** - Recognise that worry is a symptom of anxiety. Understand that worries can be practical and hypothetical. Learn simple techniques to manage hypothetical and practical worries.
- Years 5&6 - **Low Mood Awareness** - Understand that everyone feels sad or low sometimes – and that this is a normal part of being human. Be able to spot signs that low mood is affecting their daily life – like feeling tired, not wanting to join in, or stopping fun activities. Learn that what we do can change how we feel – and that doing Identify ACE behaviours which can help boost their mood.

A huge thank you to all of our schools for their continued support. We wouldn't have been able to achieve so much without it. We look forward to this continued support in 2025/2026.

Services who can support your mental health over the half term:

Samaritans
116 123
jo@samaritans.org
Calls will be answered quickly. Emails are replied to within 24 hours.

NHS
111
OR
Visit A&E

The Mix
Crisis Messenger:
Text: THEMIX to 85258

YOUTH TRUST **BARNARDOS** Changing childhoods. Changing lives. **NHS** Hampshire and Isle of Wight Healthcare NHS Foundation Trust

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust.

mental health support TEAM

PE days

Monday – Year 1

Tuesday– Year 5 and Year 3

Wednesday– Year 4

Thursday– Year 2

Friday—Year 6 and EYFS

- Please remember PE kit **MUST** be worn to school on your child's PE day. PE kits should be brought in for all after school sports.



**Hello
Yellow**
FRIDAY 10 OCT

M&S | YOUNGMINDS

On October 10th, we are asking the staff and pupils to wear yellow in support of Young Minds. This is to raise awareness of Mental Health.

We are not asking for donations, however, if you would like to donate, there is a link attached.

Here's the link to your fundraising page: <https://fundraise.youngminds.org.uk/fundraisers/jemmapowell>

School information:

School starts at 8:30 and finishes at 15:00. Please ensure your child is dropped off in plenty of time for the start of the day and that you collect your child promptly at the end of the day of after their club.

Attendance

If your child is absent from school please ensure you contact the school office promptly in the morning you can leave a message on 01983 862444.

From August 2024, the fine for school absences across the country are £80 if paid within 21 days, or £160 if paid within 28 days. This rate is in line with inflation and is the first increase since 2012.

In the case of repeated fines, if a parent receives a second fine for the same child within any three-year period, this will be charged at the higher rate of £160.

Fines per parent will be capped to two fines within any three-year period. Once this limit has been reached, other action like a parenting order or prosecution will be considered.

If you're prosecuted and attend court because your child hasn't been attending school, you could get a fine of up to £2,500.

**WORRIED?
NEED TO TALK?**
Call Childline on
0800 1111



childline

Support for the most vulnerable children
childline.org.uk 0800 1111

It's free, you don't have to tell
us your name - and we're
here to talk all day and night,
whatever your worry.

**NSPCC
Helpline**



Call 0800 800 500

Email help@nspcc.org.uk

Complete our Report Abuse
online form

Search 'NSPCC Helpline'

Next Years Term Dates 2025-2026

Term Dates 2025 - 2026

| SEPTEMBER 2025 | OCTOBER 2025 | NOVEMBER 2025 |
|---|---|---|
| M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 |
| DECEMBER 2025 | JANUARY 2026 | FEBRUARY 2026 |
| M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 |
| MARCH 2026 | APRIL 2026 | MAY 2026 |
| M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 |
| JUNE 2026 | JULY 2026 | AUGUST 2026 |
| M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | M 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 |

Development Day
(no children)

Holiday

Bank Holiday

* first day after break # last day before break

Bank and Public Holidays 2025/2026

| | | | |
|------------------------|------------------|---------------------|----------------|
| Christmas Day | 25 December 2025 | Easter Monday | 6 April 2026 |
| Boxing Day New Year's | 26 December 2025 | May Day Holiday | 4 May 2026 |
| New Year's Day Holiday | 1 January 2026 | Spring Bank Holiday | 25 May 2026 |
| Good Friday | 3 April 2026 | Summer Bank Holiday | 31 August 2026 |

New Autumn Menu 2025



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|--|--|---|---|---|
| 1 Choose from... | | | | | |
| Main | Ham & Pineapple Pizza to go with Coleslaw, Homemade Herby Diced Potatoes | Spiced Chicken Rice to go with Broccoli | Sausage to go with Carrots, Roast Potatoes, Gravy | Mexican Lasagne to go with Mexican Corn Coleslaw, Tortilla Crisps | Cod in Batter to go with Chips, Peas |
| Vegetarian | Cheese & Tomato Pizza to go with Coleslaw, Homemade Herby Diced Potatoes | Veggie Balls to go with Broccoli, Sunshine Rice | Vegetarian Sausage to go with Carrots, Roast Potatoes, Gravy | Roasted Vegetable Cheesy Stack to go with Homemade Garlic Bread, Peas | Homemade Crispy Vegetable Nuggets to go with Chips, Peas |
| Combo | Pasta with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping | Jacket Potato to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Bacon | Pasta with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping | Jacket Potato to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Bacon | Pasta with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping |
| Packed lunch | Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with Ham Sandwich on White, Cheese Baguette, Egg Mayo Wrap | Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with Cheese Wrap, Tuna Roll, Ham Roll | Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with Cheese Sandwich on White, Egg Mayo Wrap, Jerk Chicken Wrap | Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with Cheese Sandwich on White, Tuna Mayo Baguette, Ham Wrap | Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchy Vegetables and Flapjack to go with Ham Sandwich on White, Cheese Wrap, Egg Mayo Wrap |
| 2 ...and to finish! | Fruit Crumble to go with Custard | Chocolate Shortbread Cookie | Fruity Chocolate Traybake | Syrup Sponge | Lemon Pancakes |
| | Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly | Fresh Fruit Pot, Yoghurt, Jelly | Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly | Fresh Fruit Pot, Yoghurt, Jelly | Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly |

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

Relish and School Meals:

Children will no longer be able to book their meals in the classroom, all meals including home packed lunch should be booked via Relish.

Healthy Snacks

A reminder that only healthy snacks should be brought in for breaktime, not crisps or chocolate. Thank you.

Meal price change

Relish have increased the cost of paid school meals to £3.10.

Safeguarding

Safeguarding is everyone's responsibility - if you feel a child is at risk in anyway, for any reason, please report this in confidence to the safeguarding leaders of our academy. By reporting a concern, you are not passing judgment on any other parent, nor is the school, we are simply fulfilling our core role of keeping children safe.

During the school day please contact the school safeguarding team on 01983 862444 or email school admin@stblasius.academy The safeguarding team in this academy is Ms Crane, Mr Augustus, Miss Brewerton, Miss Powell or Mrs Potts.

If your concern is urgent or out of school hours, please contact the Multi Agency Safeguarding Hub Telephone: 01983 823435 or report online Web: <http://www.iow.gov.uk/children-and-family-support/childrens-services/concerned-about-a-child/report-a-concern/>

If there is an emergency and you believe a child is immediate danger, you must call 999 without delay.

Thank you for helping to keep children in our community safe.



ST BLASIUS CHURCH OF ENGLAND PRIMARY ACADEMY OPEN DAY TOURS

We would love to welcome you to look around our exceptional school. Please call or email the school office to book your personal tour for the dates below. We cannot wait to meet you all.

DATES



Thursday 16th October 2025
Thursday 6th November 2025
Thursday 4th December 2025
Thursday 8th January 2026

01983 862444
admin@stblasius.academy



DCAT
DIOCESE OF CHICHESTER
ACADEMY TRUST



Are you a Parent or Carer of a child aged 6-12 years?

Does your child have a **diagnosis of ADHD** and are they experiencing sleep problems?



The University Hospital of Southampton and Southampton Clinical Trials Unit are running a study. The study aims to test whether a new **website Sleep Buddy**, which has been designed by medics and psychologists, improves sleep problems in children aged 6-12 years with an ADHD diagnosis.

You can take part if...

- ✓ Your child is aged 6-12 years.
- ✓ Your child has a diagnosis of ADHD (including ADD).
- ✓ You have noticed that your child is experiencing problems falling asleep.
- ✓ You can read and understand English without assistance.

How do I find out more?

Visit the **study website** by scanning the QR Code, or follow this link: https://www.trial-deck.com/trial/sleepbuddy?reg_code=PTWr xDd15a

You can also **contact the study researcher** by calling 0330 1334 689 or emailing sleepbuddysupport@soton.ac.uk.



Sleep Buddy Flyer Southampton Hub- Community Paediatric Nursing (Schools)
Version 1 08 Dec 2024

IRAS ID: 349971

REC reference: 25/WS/0007

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Parent Evenings



We will be holding the St Blasius
class teacher parent evenings-

Tuesday 4th November 2025

Wednesday 5th November 2025

We're looking for passionate, community-minded individuals to join our Governing Body and help shape the strategic direction of our school over the coming years.

As a governor, you'll:

- Influence key decisions that impact pupils and staff
- Support school leadership in driving improvement
- Gain valuable experience in leadership and governance

No prior experience in education is needed—just commitment, curiosity, and a desire to make a difference. Full training and support provided.

If you are interested, then please contact the office on 01983 862444.

