



St Blasius Shanklin C of E Primary Academy

Enjoy and Achieve in life in all its fullness, following in the footsteps of Jesus

Wisdom ~ Endurance ~ Friendship

Newsletter 7

17th October 2025

01983 862444

admin@stblasius.academy



St Blasius Church of England Academy Shanklin

Dear St Blasius Families,

What a fabulous half term we've had! I'm bursting with pride as I reflect on the wonderful experiences our children have enjoyed over the past weeks.

Our Harvest Festival was an absolute highlight, with an incredible turn out from parents. The children were simply superb, showcasing their enthusiasm and community spirit. It was heartwarming to see so many families come together to celebrate this special tradition.

Our curriculum has been vibrant and engaging. Year 3 transported themselves back in time with an immersive Roman day, while Year 4 explored the fascinating world of Ancient Greece. These experiential learning opportunities bring history to life in such a memorable way for our children.

Year 5 embarked on an exciting fossil hunting trip, connecting classroom learning with real-world exploration. Watching our children discover and investigate the natural world is always a joy. Their curiosity and excitement are truly infectious.

Our Year 6 children recently visited the D-Day Museum, exploring an important chapter of our historical heritage and enhancing their learning beyond the classroom

We also welcomed parents of our Year 1 children for a special lunch, creating wonderful opportunities for connection and shared learning. It will be the turn of EYFS as we return after the half term.

Our Aspiration Day for Early Years Foundation Stage (EYFS) was another memorable moment, helping our youngest learners dream big and understand the potential within themselves.

Each of these experiences contributes to our children's holistic development, creating memories and learning opportunities that extend far beyond traditional classroom boundaries.

The big question last week was:

How do you know what is true?

People with important jobs tell the truth. **Hudson, EYFS**

When you don't tell the truth, you try and blame someone else. **Alfie, Year 2.**

By listening to their words. **Esme, Year 3**

You need to trust the person that said it. **Mila, Year 4**

You can ask some questions to prove if someone is telling the truth. **Uma, Year 5**

Think about what could be true. **Santiago, Year 6.**

The big question for when we return is:

What does it mean to love someone you don't get along with?

Thank you to our incredible staff, supportive parents, and most importantly, our amazing children who make every day at St Blasius Primary so special.

Warmest regards

Jemma Powell Assistant Principal

Important Dates

Friday 17th October– Last day of term

Monday 20th October– Half Term

Friday 31st October-Deadline for Year 6 applications for Secondary School

Monday 3rd November– Return to school

Monday 3rd November– Year 2 MHST workshop

Monday 3rd November– Year 3 MHST workshop

Tuesday 4th November– Parents evening

Tuesday 4th November– Year 3 Swimming lessons

Wednesday 5th November - Bonfire night themed lunch day

Wednesday 5th November– Parents evening

Thursday 6th November - Open Day for Reception children starting September 2026

Friday 7th November - Reception Parent lunch

Friday 7th November - Flu immunisation session

Tuesday 11th November - Remembrance Day

Class Attendance

Congratulations to **Year 5** for having the highest class attendance this week.

Year 5 = 98.89%

Year 3 = 98.08%

Year 2= 97.24%

Year 6 = 96.67%

Year R = 94.71%

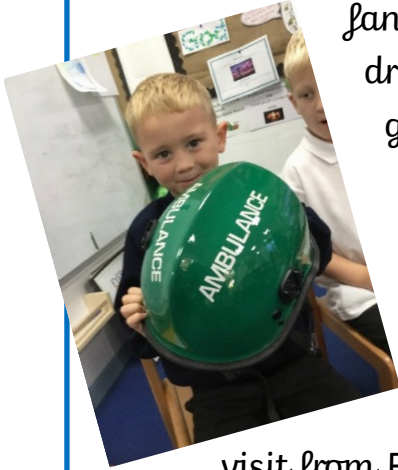
Year 1 = 85.19%

Year 4 = 84.83%

Reception's First Aspiration Day & Harvest Festival!

This week has been full of exciting firsts for our Reception class!

To kick things off, we celebrated Aspiration Day – and what a fantastic day it was! The children came to school dressed as what they would like to be when they grow up. From doctors and dancers to firefighters and astronauts, the classroom was filled with imagination and ambition. It was so inspiring to see the children confidently sharing their dreams with one another.



In preparation for Aspiration Day, Reception had a special visit from Emma the Paramedic last week. Emma spoke to the children about her exciting and important job, showing them some of the tools she uses and explaining how paramedics help people every day. The children loved asking questions and learning all about life as a real-life hero!



Then, on Thursday, we celebrated another big milestone – our very first Harvest Festival. The children did brilliantly walking to the church and sat so beautifully and respectfully throughout the service. It was a lovely opportunity to come together as a school



community and reflect on the importance of sharing and giving thanks. It's hard to believe we're already coming to the end of our first term at 'big school'! The children have settled in so well, made new friends, and embraced every new



experience with enthusiasm and joy. We're so proud of them and can't wait to see what next term holds!



St Blasius News



What can you do?

- 1 Value your badges, you've earned them!**
Each WOW badge has been thoughtfully designed by a pupil from across the UK as part of our annual badge design competition. They are a collectable reward for walking to school to be cherished for years to come.
- 2 Recycle**
When surpluses do occur or badges are no longer wanted, we encourage you to recycle them wherever possible. You can do so if your local facilities accept High Impact Polystyrene (HIPS), removing any pins first. We recommend that all pins are removed by an adult.

WHAT DOES THE FUTURE HOLD?
We are committed to continuously reviewing our practices to ensure our resources are ethical and sustainable. In the coming years, we will be working with our suppliers to develop even better ways to repurpose and recycle our WOW badges, as well as exploring alternative materials.

livingstreets.org.uk/wow

Get involved on social media: #WALKTOSCHOOL
X @LIVINGSTREETS f LIVINGSTREETSUK @ LIVINGSTREETS

Living Streets (The Pedestrians' Association) is a Registered Charity No. 1108448 (England and Wales) and SC039808 (Scotland).
Company Limited by Guarantee (England & Wales), Company Registration No. 0368409.



Parent lunches

Parent lunches, will continue after half term with our final class EYFS, link has been sent out via SurveyMonkey and to add payment on Arbor:

YEAR R– Friday 7th November

Here is the SurveyMonkey link for Year R Parent Lunch:

<https://www.surveymonkey.com/r/J965G5K>

St Blasius Stars of the week



Dimitar Yr 1



Caspian Yr 2



Finn Yr 3



Oliver Yr 4



Lacey Yr 5



Amber Yr 6



House points

Yellow House—1156

Green House—950

Red House—935

Blue House—897

Well done Yellow House



This week's Top Doodlers



Mary Ellis Class-

Dimitar L

Tanni Grey-Thompson Class-

Angelica A

Tim Peake Class-

Alfie H

Ellen MacArthur Class-

Daniel S

Malala Yousafzai Class-

Reggie R

Dina Asher-Smith Class-

Liezah H



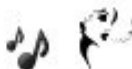
Top Doodle
class:

Year 5



St Blasius after school clubs



Mondays	Year 1 and Year 2 Multskill's Run by Mr Poplett 
Tuesdays	KS2 Girl's Football club Run by Mrs Cutler 
Tuesdays	Year 5 and Year 6 Boy's Football club Run by Mr Poplett 
Tuesdays	Year 3 and Year 4 Christmas club Run by Mrs Bushell 
Wednesdays	Choir Club Run by Mrs Potts 
Wednesdays	John Cattles Skateboarding club Run by John Cattle £4 per session 
Wednesdays	Indoor Athletics' Club Run by Mr Poplett 
Thursdays	Year 4, Year 5 and Year 6 Tag Rugby Run by Mr Linfield 
Fridays	Year 3 and Year 4 Boy's Football club Run by Mr Poplett 
Fridays	Year 1 and Year 2 Christmas club Run by Miss Mew 
Fridays	Dance club Run by Mrs James £3 per session 



School Uniform



Reception class

- White polo shirts with academy logo (no ties)
- Trousers – Black or dark grey
- Skirts/Pinafores – Navy or dark grey
- Academy navy blue V neck sweatshirt/cardigan/Hoodie with logo
- Pale blue and white check dresses in summer
- Socks or tights should be grey, black or navy and shoes black and sensible.
- Shoes should be black no labelled trainers

KS1 (Years 1 and 2)

- White polo shirts with academy logo (no tie)
- Trousers – Black or dark grey
- Skirts/Pinafores – Navy or dark grey
- Academy navy V neck sweatshirt/cardigan/Hoodie with logo
- Pale blue and white check dresses in summer
- Socks or tights should be grey, black or navy and shoes black and sensible.
- Shoes will be black no labelled trainers



KS2 (Years 3, 4, 5 and 6)

- White shirt and academy tie
- Trousers – Black or dark grey
- Skirts/Pinafores – Navy or dark grey
- Academy navy V neck sweatshirt/cardigan/Hoodie with logo
- Pale blue and white check dresses in summer
- Socks or tights should be grey, black or navy and shoes black and sensible.
- Shoes will be black no labelled trainers



P.E kit – all years

- Black or navy shorts
- Academy blue t-shirt
- Plimsolls/Trainers
- In the event of cold weather a tracksuit may be worn over the P.E kit. Pupils can wear their Hoodies for PE.



Our uniform supplier is Kids & Co, Ryde.

PE days

Monday – Year 1

Tuesday– Year 5 and Year 3

Wednesday– Year 4

Thursday– Year 2

Friday—Year 6 and EYFS

- **Please remember PE kit MUST be worn to school on your child's PE day. PE kits should be brought in for all after school sports.**



Invitation from the School nurses who will be attending on Wednesday 5th November:

We are able to offer targeted support for the following areas for students:

- **Sleep**
- **Constipation/toileting concerns**
- **Day and night time wetting**
- **Hearing/vision concerns**
- **Dietary advice/weight management/body image**
- **Development/puberty advice**
- **Personal hygiene/oral health**
- **Emotional wellbeing**



If you are interested please contact the school office to book an appointment on 01983 862444.

School information:

School starts at 8:30 and finishes at 15:00. Please ensure your child is dropped off in plenty of time for the start of the day and that you collect your child promptly at the end of the day of after their club.

Attendance

If your child is absent from school please ensure you contact the school office promptly in the morning you can leave a message on 01983 862444.

From August 2024, the fine for school absences across the country are £80 if paid within 21 days, or £160 if paid within 28 days. This rate is in line with inflation and is the first increase since 2012.

In the case of repeated fines, if a parent receives a second fine for the same child within any three-year period, this will be charged at the higher rate of £160.

Fines per parent will be capped to two fines within any three-year period. Once this limit has been reached, other action like a parenting order or prosecution will be considered.

If you're prosecuted and attend court because your child hasn't been attending school, you could get a fine of up to £2,500.

**WORRIED?
NEED TO TALK?**
Call Childline on
0800 1111



childline

Support for the most vulnerable children
childline.org.uk 0800 1111

It's free, you don't have to tell
us your name - and we're
here to talk all day and night,
whatever your worry.

**NSPCC
Helpline**



Call 0800 800 500

Email help@nspcc.org.uk

Complete our Report Abuse
online form

Search 'NSPCC Helpline'

Next Years Term Dates 2025-2026

Term Dates 2025 - 2026

SEPTEMBER 2025	OCTOBER 2025	NOVEMBER 2025
M 1 8 15 22 29	M 1 8 15 22 29	M 1 8 15 22 29
T 2 9 16 23 30	T 2 9 16 23 30	T 2 9 16 23 30
W 3 10 17 24	W 3 10 17 24	W 3 10 17 24
T 4 11 18 25	T 4 11 18 25	T 4 11 18 25
F 5 12 19 26	F 5 12 19 26	F 5 12 19 26
S 6 13 20 27	S 6 13 20 27	S 6 13 20 27
S 7 14 21 28	S 7 14 21 28	S 7 14 21 28
DECEMBER 2025	JANUARY 2026	FEBRUARY 2026
M 1 8 15 22 29	M 1 8 15 22 29	M 1 8 15 22 29
T 2 9 16 23 30	T 2 9 16 23 30	T 2 9 16 23 30
W 3 10 17 24	W 3 10 17 24	W 3 10 17 24
T 4 11 18 25	T 4 11 18 25	T 4 11 18 25
F 5 12 19 26	F 5 12 19 26	F 5 12 19 26
S 6 13 20 27	S 6 13 20 27	S 6 13 20 27
S 7 14 21 28	S 7 14 21 28	S 7 14 21 28
MARCH 2026	APRIL 2026	MAY 2026
M 1 8 15 22 29	M 1 8 15 22 29	M 1 8 15 22 29
T 2 9 16 23 30	T 2 9 16 23 30	T 2 9 16 23 30
W 3 10 17 24	W 3 10 17 24	W 3 10 17 24
T 4 11 18 25	T 4 11 18 25	T 4 11 18 25
F 5 12 19 26	F 5 12 19 26	F 5 12 19 26
S 6 13 20 27	S 6 13 20 27	S 6 13 20 27
S 7 14 21 28	S 7 14 21 28	S 7 14 21 28
JUNE 2026	JULY 2026	AUGUST 2026
M 1 8 15 22 29	M 1 8 15 22 29	M 1 8 15 22 29
T 2 9 16 23 30	T 2 9 16 23 30	T 2 9 16 23 30
W 3 10 17 24	W 3 10 17 24	W 3 10 17 24
T 4 11 18 25	T 4 11 18 25	T 4 11 18 25
F 5 12 19 26	F 5 12 19 26	F 5 12 19 26
S 6 13 20 27	S 6 13 20 27	S 6 13 20 27
S 7 14 21 28	S 7 14 21 28	S 7 14 21 28

Development Day
(no children)

Holiday

Bank Holiday

* first day after break # last day before break

Bank and Public Holidays 2025/2026

Christmas Day	25 December 2025	Easter Monday	6 April 2026
Boxing Day New Year's	26 December 2025	May Day Holiday	4 May 2026
New Year's Day Holiday	1 January 2026	Spring Bank Holiday	25 May 2026
Good Friday	3 April 2026	Summer Bank Holiday	31 August 2026

New Autumn Menu 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose from...					
Main	Cheese & Tomato Pizza Baguette to go with Sunshine Rice	Cottage Pie to go with Sweetcorn, Gravy	Roast Chicken & Stuffing to go with Carrots, Roast Potatoes, Gravy	Chicken & Broccoli Pasta Bake to go with Homemade Garlic Bread, Mixed Salad	Fish Fingers to go with Chips, Peas
Vegetarian	Vegetable Pizza to go with Vegetable Cous Cous	Mac N Cheese to go with Homemade Garlic Bread, Peas	Vegetable Yorkshire Pie to go with Carrots, Roast Potatoes, Gravy	Cheese & Tomato Hash Brown Bake to go with Baked Beans	Southern Style Quorn Burger to go with Chips, Peas
Combo	Pasta with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Jacket Potato to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Pasta with choice of fillings Homemade Tomato & Basil Sauce, Grated Cheese, No Topping	Jacket Potato to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans	Jacket Potato to go with Side Salad with choice of fillings Baked Beans, Grated Cheese, Cheese & Beans
Packed lunch	Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack to go with Cheese Wrap, Ham Wrap, Egg Mayo Wrap	Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with Cheese Bap, Tuna Roll, Ham Roll	Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack to go with Ham Baguette, Cheese Baguette, Egg Mayo Bagel	Packed Lunch - Box 2 with Baked Tortillas & Salsa, Carrot Cake Muffin and Fresh Fruit to go with Ham Sandwich on White, Cheese Sandwich on White, Tuna Mayo Wrap	Packed Lunch - Box 4 with Baked Tortillas & Salsa, Crunchie Vegetables and Flapjack to go with Ham Wrap, Cheese Roll, Egg Mayo Bagel
...and to finish!	Raspberry Doughnut Traybake	Apple Flapjack	Cherry Shortbread	Carrot Cake	Vanilla Ice Cream
	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly	Fresh Fruit Pot, Yoghurt, Jelly	Fresh Fruit Pot, Yoghurt, Cheese and Biscuits, Jelly

Please speak to a member of the Catering Team or view relishschoolfood.co.uk for Allergen Information

Relish and School Meals:

Children will no longer be able to book their meals in the classroom, all meals including home packed lunch should be booked via Relish.

Healthy Snacks

A reminder that only healthy snacks should be brought in for breaktime, not crisps or chocolate. Thank you.

Meal price change

Relish have increased the cost of paid school meals to £3.10.

Safeguarding

Safeguarding is everyone's responsibility - if you feel a child is at risk in anyway, for any reason, please report this in confidence to the safeguarding leaders of our academy. By reporting a concern, you are not passing judgment on any other parent, nor is the school, we are simply fulfilling our core role of keeping children safe.

During the school day please contact the school safeguarding team on 01983 school number or email school email address. The safeguarding team in this academy is Ms J Crane, Mr A Augustus, Miss E Brewerton, Miss J Powell

If your concern is urgent or out of school hours, please contact the Multi Agency Safeguarding Hub Telephone: [0300 555 1373](tel:03005551373) or report online Web: <http://www.iow.gov.uk/children-and-family-support/childrens-services/concerned-about-a-child/report-a-concern/>

If there is an emergency and you believe a child is immediate danger, you must call 999 without delay.

Thank you for helping to keep children in our community safe.

Crime Prevention and Let's Talk event : Fri 31 Oct 10:30

Your local Safer Neighbourhood Team will be at Shanklin Post Office in Regent Street on Friday 31st Oct from 10.30- 11.00

Please take this opportunity to raise any concerns you may have and to find out what we are doing to tackle the issues that matter to you.

Everyone is welcome and it would be great to see you there.

When and Where?

Fri 31 Oct 2025 10:30 - 11:00

**Shanklin Post Office, 42 Regent Street
Shanklin PO37 7AA**



Parent Evenings



We will be holding the St Blasius class
teacher parent evenings-

Tuesday 4th November 2025

Wednesday 5th November 2025

booking available on Arbor.

We're looking for passionate, community-minded individuals to join our Governing Body and help shape the strategic direction of our school over the coming years.

As a governor, you'll:

- Influence key decisions that impact pupils and staff
- Support school leadership in driving improvement
- Gain valuable experience in leadership and governance

No prior experience in education is needed—just commitment, curiosity, and a desire to make a difference. Full training and support provided.

If you are interested, then please contact the office on 01983 862444.



PARKING PERMIT



DESIGNATED CAR PARK	Orchardleigh Rd Car Park
SCHOOL	ST BLASIUS ACADEMY
VALID TIMES a.m.	Valid between 0815 and 0845
VALID TIMES p.m.	Valid between 1445 and 1515
VALID DURING TERM TIMES ONLY AND UNTIL END OF JULY	2026

FOLD HERE

**Isle of Wight Council
School Park & Stride
Parking Permit**

- This permit must be displayed on the front nearside windscreen
- The permit is only valid for the car park designated above, and for the times stated
- It is not valid during school holidays
- Having a permit does not guarantee a parking space
- Please do not park in the coach park
- Should you wish to continue parking in the space, please purchase an appropriate ticket
- Failure to park correctly or abide by the parking regulations set out could result in a penalty charge being issued

FOLD HERE

The Isle of Wight Council is helping schools to promote walking to school by providing free parking, at designated times and places, through this Park & Stride scheme. Parents of younger children are encouraged to walk to school with their child. Parents of older children may encourage their child to walk independently.

The scheme is administered by schools, with the agreement of the Parking Services section of the Isle of Wight Council. If there is any aspect of this scheme which you wish to discuss, please contact the school in the first instance, or the Council's Parking Operations Manager on 821000.



Health Visitor Drop-in Clinic

Appointments will no longer be booked please just drop in

Weekly

Ventnor Family Centre

PO38 1EZ Monday 10.30-12pm

Sandown Family Hub

PO36 9EQ Wednesday 9.30-11.30am
with Infant feeding support

Carisbrooke Family Centre

PO30 5QT Friday 9.30 – 11am
with Infant feeding support

Ryde Family Hub

PO33 2JF Wednesday 9.30 – 11.30am

East Newport Family Hub

PO30 2AX Wednesday 12.30 – 2.30pm

A Barnardo's Worker will also be available for information about family hub services

Fortnightly

East Cowes Family Centre

PO32 6PA Monday 10 – 11.30am
with Infant feeding support

Cowes Family Centre

PO31 7ET Tuesday 9.30 – 11am

West Wight Family Centre

1st Wednesday of every month
9.30 – 11am

PO40 9XH

If you have any questions or would like to speak to a health visitor outside of these times, please ring the 0-19 duty desk on
0300 123 5224



Barnardo's Registered Charity Nos. 216220 and 50337605 244236v23



Sandown

Health Visitor Drop-in Clinic

The Health Visitor clinic at Sandown Family Hub will be changing to drop-in
Starting from June

Appointments will no longer be booked, please just drop in

A Barnardo's Worker will also be available for information about family hub services and
infant feeding support

The Fairway,
Sandown,
PO36 9EQ



01983 408718

If you have any questions or would like to speak to a health visitor outside of these times, please ring the 0-19 duty desk on
0300 1235224



Barnardo's Registered Charity Nos. 216220 and 50337605 244236v23



Every

Wednesday

9.30 –

11.30am



Family Assist
Solent

NHS
Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust

Helping to keep your child healthy

The Isle of Wight 0-19 Team is made up of Health Visitors, School Nurses, Community Nurses, Associate Practitioners and Administrators.

We use our skill mix team to ensure that all families are offered mandated health contacts for needs assessment, advice and support.

Please see Family Assist for additional support information.



If you have any questions or would like to speak to a Health Visitor or School Nurse, please ring the 0-19 duty desk on **0300 123 5224**



FREE

ASPIRE
Welcoming Belonging Supportive Safe



SHANKLIN YOUTH TAKEOVER

ARTS, CRAFTS, GAMES &
MUSIC ACTIVITIES

EVERY THURSDAY

AGES 11 TO 16
5PM TO 7PM



SNACKS, DRINKS AND TUCKSHOP

scan the QR Code to sign up or use the link below
<https://forms.office.com/e/mj1ab2icPq>

CREATIVEHUB@ASPIRERYDE.ORG.UK @aspireryde.org.uk 01983 716020

SHANKLIN CREATIVE HUB, FURZE HILL ROAD,
SHANKLIN, PO37 7PA



The Mental Health Support Team & St Blasius invite you to:

A 4-part series of workshops supporting you to learn skills to feel more able to manage challenging behaviour at home.

When & Where?

Workshops will be delivered online via microsoft teams on the following dates:

- Wednesday 12th November @ 13:00PM-14:30PM - Introduction
- Wednesday 26th November @ 13:00PM-14:30PM - Session One
- Wednesday 10th December @ 13:00PM-14:30PM - Session Two
- Wednesday 17th December @ 13:00PM-14:30PM - Session Three

If you wish to attend, Please register your interest with Miss Powell

mental health support TEAM



October 2025
Issue 17

MHST Newsletter

lownt.mhst@nhs.net ~ 0300 365 4010

MHST Update:

- Welcome back to a new school term!
- We held transition workshops in August and early September to help support year 6s transitioning up to secondary school/college. If any of the new year 7s require more support coping with starting their new school, please speak with the school's Designated Mental Health Lead who can refer them into our service.
- Our team have been attending the year 6 open days at some of the secondaries that we work with. Our MHST works in all of the mainstream secondaries on the island and are happy to help students with the transition up to secondary school/college.
- Over the summer, we held intensive groups supporting young people with their anxiety or emotions. These were beneficial for those who attended, but we'd like to work on increasing the number of students who attend these workshops for next summer.
- We also developed and expanded our primary Whole School Approach programme over the summer which is explained in more detail on the third page. We have started offering these workshops to schools and have already delivered some.
- Our team recently enjoyed a team day where we were able to share what has been going well and what needs improving. Moving forward, some of our processes may change, but we will communicate to schools as and when appropriate.



The MHST are now working in 47 educational sites.

67% of our transition workshop attendees were more confident with the move up to secondary after the summer workshop.

We assessed 43 young people in August.

94% of referrals that had an assessment in August waited less than 4 weeks

youth trust

BARNARDOS

Changing childhoods. Changing lives.

NHS

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

mental health support TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust

Tips to help with your mental health:

Use your phone for something different to get outdoors and in nature every day... identify trees by recognising leaves, sticks, tree shape and even bark! We are surrounded by trees most of the places we go, especially on the island, but do we know much about them?

Noticing our surroundings and taking time to understand and appreciate our living landscapes can help us feel connected to nature – we can feel more grounded and less trapped in our own thoughts, which can happen during school holidays when we are away from our usual routines and friends. Sometimes it can feel like everyone else is busy having fun without us, but often having some time outdoors can help shake that feeling and improve our mood. So, try taking yourself for a walk – or invite a friend or family member – and use a phone app to identify different trees along the way, such as this one from the Woodland Trust: <https://www.woodlandtrust.org.uk/trees-woods-and-wildlife/british-trees/tree-id-app/>

You could collect the information and photos of your trees to share with someone else – you'd be surprised how good it feels to know which trees are which, just by looking at them, and some interesting facts about them. Try it!

IDEA:

You could maybe take fallen leaves home and make a wreath?



We have recently launched our new Facebook page, please follow us so you can find out more about our team as well as keep up-to-date with what we have been up to. We have struggled to find some of our school's pages, so please send us the link if we are not yet tagging you in our posts. We have already had people enquire about our workshops after seeing them on our Facebook page.



Primary Whole School Approach Programme

Over the summer, we have adapted our primary Whole School Approach (WSA) programme which offers workshops to specific year groups. Your child's school may not offer all of these workshops, as they are dependent on school need. Below is some of what we offer:

- Reception - **Let's Explore Emotions** - Introduce the idea that emotions can be felt in the body. Help children begin identifying how different feelings show up in their bodies. Normalise all emotions as part of being human.
- Year 1 - **Emotion Explorers** - Identify basic emotions (happy, sad, angry, scared, surprised, etc.). Understand that people express emotions in different ways. Recognise that the same facial expression may represent different feelings. Begin to show empathy and awareness of others' emotions.
- Year 2 - **What To Do With Worries** - Understand that everyone has worries. Recognise what a worry might feel like. Know that sharing a worry can help. Develop simple strategies to manage worries.
- KS2 - **The Big 5 - (5 Ways To Wellbeing)** - Understand the five key ways to support their wellbeing. Reflect on things they already do and what they'd like to try. Listen to and share ideas with others.
- KS2 - **Sleep Superpowers** - Understand why sleep is important. Learn simple and age-appropriate skills to build a bedtime routine.
- KS2 - **Building Resilience** - Understand that change is a normal part of life and learn simple techniques to manage change.
- Years 5&6 - **Worry Management** - Recognise that worry is a symptom of anxiety. Understand that worries can be practical and hypothetical. Learn simple techniques to manage hypothetical and practical worries.
- Years 5&6 - **Low Mood Awareness** - Understand that everyone feels sad or low sometimes – and that this is a normal part of being human. Be able to spot signs that low mood is affecting their daily life – like feeling tired, not wanting to join in, or stopping fun activities. Learn that what we do can change how we feel – and that doing identify ACE behaviours which can help boost their mood.

A huge thank you to all of our schools for their continued support. We wouldn't have been able to achieve so much without it. We look forward to this continued support in 2025/2026.

Services who can support your mental health over the half term:

Samaritans

116 123
jo@samaritans.org
Calls will be answered quickly. Emails are replied to within 24 hours.

NHS

111
OR
Visit A&E

The Mix

Crisis Messenger:
Text; THEMIX to
85258

youth trust

BARNARDOS

Changing childhoods. Changing lives.

NHS

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

mental health support TEAM

The Mental Health Support Team is a collaboration between the Isle of Wight NHS Trust, Barnardo's and the Isle of Wight Youth Trust



ST BLASIUS CHURCH OF ENGLAND PRIMARY ACADEMY OPEN DAY TOURS

We would love to welcome you to look around our exceptional school. Please call or email the school office to book your personal tour for the dates below. We cannot wait to meet you all.

DATES



Thursday 16th October 2025
Thursday 6th November 2025
Thursday 4th December 2025
Thursday 8th January 2026

01983 862444
admin@stblasius.academy



DCA
DIOCESE OF CHICHESTER
ACADEMY TRUST



Are you a Parent or Carer of a child aged 6-12 years?

Does your child have a diagnosis of ADHD and are they experiencing sleep problems?



The University Hospital of Southampton and Southampton Clinical Trials Unit are running a study. The study aims to test whether a new website **Sleep Buddy**, which has been designed by medics and psychologists, improves sleep problems in children aged 6-12 years with an ADHD diagnosis.

You can take part if...

- ✓ Your child is aged 6-12 years.
- ✓ Your child has a diagnosis of ADHD (including ADD).
- ✓ You have noticed that your child is experiencing problems falling asleep.
- ✓ You can read and understand English without assistance.

How do I find out more?

Visit the **study website** by scanning the QR Code, or follow this link: https://www.trial-deck.com/trial/sleepbuddy?reg_code=PTWr xDd15a

You can also **contact the study researcher** by calling 0330 1334 689 or emailing sleepbuddysupport@oton.ac.uk.



University Hospital Southampton
NHS Foundation Trust



NIHR

National Institute for Health Research

NIHR

Isle of Wight Healthcare

NHS Foundation Trust

Isle of Wight Healthcare

NHS Foundation Trust

Isle of Wight Healthcare

NHS Foundation Trust

Sleep Buddy Flyer Southampton Hub- Community Paediatric Nursing (Schools)
Version 1.08 Dec 2024

IRAS ID: 349971

REC reference: 25/W5/0007

CHARITY ANIMAL FEEDING TOUR



£10 PER PERSON

DATE:
25TH OCTOBER

TIME:
12:30



Meet our
Chickens,
Goats, Cows,
Sheep and
more!

ALL MONEY
RAISED FOR

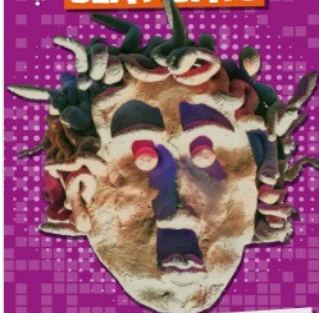


SECURE YOUR SPOT HERE

MESSAGE TALLULAH ON
MESSENGER OR 07919411553



CLAY DAYS



- Discover more about Roman gods
- Explore the villa remains
- Create a Roman shrine or an offering to the gods

FOSSILS



- Create a dinosaur diorama
- Visit pop-up Dinosaur Isle gift shop
- Discover local dinosaurs and get hands-on with fossils

Pictured: Australoceras gigas found at Chale Bay

• £1 per person
• 10am to 2pm
• Wednesday 22 October
• Wednesday 29 October



• £1 per person
• 10am to 2pm
• Tuesday 28 October
• Thursday 30 October

Cypress Road,
Newport,
IW, PO30 1HA

01983 823433
iow.gov.uk/museums
museums@iow.gov.uk

Guildhall, High Street,
Newport, IW, PO30 1TY



Events organised by the Isle of Wight Heritage Service



Sandown Soccer - Isle of Wight

SANDOWN SOCCER

at The Bay CE Secondary

FOR CHILDREN AGED 4-12

Week 1: 20th - 24th October
Week 2: 27th - 31st October

10 DAYS OF FOOTBALL FUN!

Mini-Soccer camp for children. Aiming to provide a fun and enjoyable environment whilst developing and improving players footballing ability!

10AM - 3PM

- ★ FA Qualified coaches with enhanced DBS and up to date first aid and safeguarding training.
- ★ Fun football games to develop agility, balance, coordination and speed!
- ★ Win medals by becoming Penalty, Keepy-uppy, Crossbar or Speed Champion as well as our Best Attitude, Most Improved and Future Star awards!
- ★ Take part in the Sandown Soccer World Cup where one team will be crowned WORLD CHAMPIONS!!!



5 hours of fun EVERY day!
10am - 3pm
Inclusive football for ALL abilities!

Only £15 a day
Special Discounts!
5 days only £67!
Sibling Discount available!

Have questions or would like more information?
Contact Lewis (Mr Mitchell)
sandownsoccer@yahoo.com
07594 389531

SANDOWN SOCCER

Children are welcome to come for one day or for ALL the days!

Attend at least 4 out of the 5 days during the week and win a medal for all of your hard work!

To book a place text your child's name, school year, dates and your name to 07594 389531



CALLING ALL WITCHES AND WIZARDS

POTTY ABOUT POTTER! AND PERFORMANCE

Students aged 7-16 will build confidence, creativity, and teamwork as they step into the wizarding world of Harry Potter to bring their own story to life. Together, we'll create and perform a brand-new magical mystery.

Show back performance at 3:30 pm

Early bird rate: £25 for the day if booked before 13/10

Full Price: £30 (if booked after 13/10)

Sibling rate: £25 (if adding on a second child booking)

SCAN ME TO BOOK
YOUR PLACE



TUESDAY 21ST OCTOBER, 10:00AM TO 4:00PM
@ DEPARTMENT, RYDE

LIGHT UP IOW YOUTH THEATRE



BEGINNERS CLASS RYDE

WHAT CAN YOU EXPECT?

- DRAMA GAMES
- IMPROVISATION AND CHARACTER WORK
- MAKE NEW FRIENDS
- LOTS OF CREATIVE FUN

IDEAL FOR ANYONE WANTING
TO TRY DRAMA OR
DEVELOP THEIR DRAMA SKILLS



Starting Tuesday
11th November
Weekly 6pm-7pm
Ages: 6+
@Department
£6 per class



Scan the QR code to book
a free trial

Email: donna@lightupdrama.org.uk for more information