

GYGO Parenting Class

Now available virtually
and in person

Classes are held every Tuesday
for 7 weeks

In-Person from 1:30-3:00 pm
1441 S. Westnedge

Virtually from 5:15 - 6:45 pm

Class Schedule for 2026

Jan 20 thru Mar 3

Mar 17 thru Apr 28

May 5 thru June 16

Sept 8 thru Oct 20

Nov 3 thru Dec 15

All Classes are Free

Register online with QR Code or go to
www.ccdok.org/registration



Topics Covered:

- Baby Development
- Hygiene / Health
- Time Management
- Relationships
- Nutrition
- Positive Discipline
- Safety In / Outside
- Sexuality