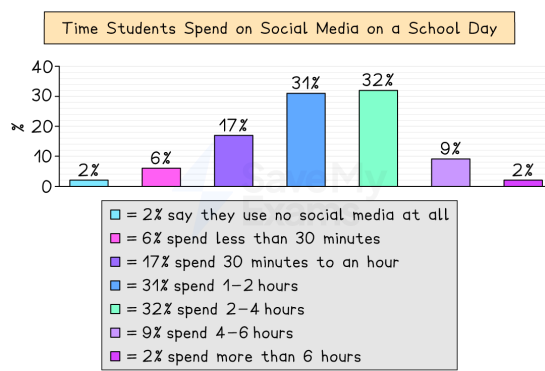


Dear Parents and Carers,

Safeguarding is of utmost importance here at Northwold and we need to ensure that we do all we can to protect our children both in their everyday world and online. Unfortunately, we hear more and more about how children are influenced by social media on a daily basis. While we appreciate the benefits of social media, we also need to understand the risks.



1. YouTube is the most widely used platform among UK students, with 84% using it.
2. 43% of students spend two or more hours on social media on a school day.
3. Half of all students (51%) use social media in bed before going to sleep on a school night.
4. 83% of students use social media to watch study or revision videos.
5. 64% of students agree that social media makes it harder for them to concentrate.
6. 77% of students have tried to cut down on or take a break from social media.

Thank you to the parents who came to the nursery coffee morning. It was so lovely to have you visit the setting. We hope you found it useful. Well done to the children who took part in the football tournament today. You did yourselves proud. Well done!

The link has been sent out to parents for Parent's Evening. Please sign up for the meeting on the 22<sup>nd</sup> October – places are issued on a first come first served basis. If you cannot make the date, please speak to your child's teacher, they will be able to find a convenient time to meet with you.

Have a restful week end,

Kind regards  
Bronwen Chalmers  
Headteacher

## SEND

### Parent Forum

**Friday 16th October at 9am  
with Mr Acharya (SENCo)**

### Health Care Plans

#### **Urgent:**

If your child has allergies, epilepsy, eczema or asthma you should have been given a care plan at your yearly review. This yearly review takes place with a specialist nurse or doctor. Please hand this in to reception for our team to take a copy.



**Northwold  
Primary School**

**Nursery  
Spaces Available**

**Apply Now!**

**We still have spaces in Nursery for  
2 and 3 year olds.**

**Part time & full-time applications are welcome**

Please contact the school office  
or email [office@northwold.hackney.sch.uk](mailto:office@northwold.hackney.sch.uk)  
for further information

### Readathon

We are half way through our Readathon!

Please support your child by:

- Encouraging them to read regularly.
- Discussing what they have read.

Signing their reading log after each reading session.

All completed reading logs should be returned to school by **22 October**. We will celebrate the children's achievements with certificates and special recognition for their reading efforts.

Thank you for your continued support in helping children develop a lifelong love of reading.

Mr. Acharya

### Parent Volunteers Needed!

We are always grateful for the support of our wonderful parent community. If you have a little spare time and would like to help with reading, school trips, events, or classroom activities, we would love to hear from you.

Please contact the school office or email [shaun.acharya@northwold.hackney.sch.uk](mailto:shaun.acharya@northwold.hackney.sch.uk) to find out more about becoming a volunteer.

Thank you for helping us make our school a great place to learn and grow!

### Parent Survey Feedback

**100% agreed or agreed that the school expects their child to work hard to do their best.**

**100% think that the school has high aspirations for their children.**

**97.1% agree that their child is taught well at school.**

♥ Northwold Primary School Community ♥

# Harvest Collection

♥ Supporting our local community ♥

Kind  
People  
Stronger  
Communities

EVERY  
FRIDAY

We are collecting Harvest donations  
**every Friday**, led by our **Charity Leads**.

Please bring your kind donations to the  
school entrance each Friday.

A collection box will also be available  
in the **school office** if you are unable  
to donate on a Friday.

SCHOOL OFFICE

## What can you donate?

### Tinned foods



- Tinned vegetables
- Tinned fruit
- Tinned soup
- Tinned tomatoes
- Baked beans
- Tinned meals (e.g. chilli, curry)

### Packet foods



- Pasta
- Rice
- Cereal
- Biscuits
- Crackers
- Noodles
- Tea bags and coffee

### Long life items



- Long life milk
- Fruit juice (in a carton/box)
- Cooking sauces
- Jars (e.g. pasta sauce, jam, spreads)
- UHT custard or rice pudding

### Toiletries



- Shampoo
- Shower gel
- Toothpaste
- Toothbrushes (new)
- Deodorant
- Soap
- Toilet rolls

Thank you for helping us  
support local families and  
make a difference in our community.

### Year 6 - An Educational Visit to the Imperial War Museum!

Our children enjoyed a fascinating and memorable trip to the **Imperial War Museum**, where they had the opportunity to bring their classroom learning to life!

Through exploring historical artefacts, exhibitions and real-life stories, the children were able to **consolidate and deepen their understanding of history**, make meaningful connections to topics studied in class and develop a greater appreciation of the experiences of people during wartime.

A huge well done to all our children for their curiosity, thoughtful questions and excellent behaviour throughout the visit. We are incredibly proud of you!

**A wonderful day of learning, reflection and discovery!**



### KS2 Debate Challenge

Today, our talented KS2 pupils took part in an exciting Debate Challenge at school, exploring some fascinating and thought-provoking topics:

- ☀️ Year 4: Can you ever have too much money?
- ☀️ Year 5: Do you have to be religious to be a good person?
- ☀️ Year 6: War can never be justified.

The challenge provided a fantastic opportunity for children to develop their confidence, critical thinking, public speaking and active listening skills, while learning to respect different viewpoints and present convincing arguments.

👏 A huge well done to all our amazing debaters! Your confidence, thoughtful ideas, teamwork and enthusiasm were truly impressive. We are incredibly proud of you all!

🏆 Well done, future leaders and confident communicators! ☀️



Northwold Primary School

# WEAR IT PINK

for Breast Cancer Awareness

Small  
change  
makes a  
big  
difference

Organised  
by our  
Learning  
Council

Join us on  
**Thursday 22nd October**

Wear something pink to school and  
donate **£1** to help raise funds for  
breast cancer awareness.

**£1**

suggested  
donation

Wear  
something  
**pink!**

Donate  
**£1**

Help  
raise funds  
for breast  
cancer  
awareness

Together we can make  
a difference!



Be Kind

Show Support

Make a Difference



## **Diary Dates**

### **October**

- 15th Parent Council Meeting - 9.15am-10.30am
- 15th KS2 Interschool champions league debate
- 16th Learning councils to visit Trust Schools
- 16th Flu Immunisations
- 16th Coffee morning
- 22nd Charity Event: Wear it Pink
- 22nd Parents Evening
- 23rd Inset Day—school closed to pupils
- 26/10/26 –30/10/26 Half Term Holiday

### **November**

- 5th Y5 trip to Brunel Museum
- 5th Bonfire Night - Cooking marshmallows around the fire
- 5th Halloween Disco
- 6th Autism awareness coffee morning for parents - 9am-10am
- 6th Flu immunisations
- 6th Interschool Instrumental Music competition
- 11th Remembrance Day Assembly - Year 6 - Parents welcome -11am
- 11th Y5 Shakespear for Schools
- 12th Music performance assembly for parents and community - 9:30am
- 13th Learning Council to visit Trust School
- 13th Charity Event: Children in Need

**Please check the calendar on our website <https://www.northwoldschool.com/>**

## **School Term dates 2026 -2027**

### **Autumn Term: (73 days)**

Wednesday 2nd September 2026 to Friday 18th December 2026

- Wednesday 2nd September 2026 INSET day
- Thursday 3rd September 2026 INSET day
- Friday 23rd October 2026 INSET day
- Half term holiday Monday 26th October 2026 to Friday 30th October 2026
- Christmas Holiday Monday 21st December 2026 to Friday 1st January 2027

### **Spring Term: (54 days)**

Monday 4th January 2027 to Thursday 25th March 2027.

- Monday 4th January 2027 INSET day
- Half term holiday Monday 15th February 2027 to Friday 19th February 2027.
- Easter holiday Friday 26th March 2027 to Friday 9th April 2027.

### **Summer Term: (68 days)**

Monday 12th April 2027 to Thursday 22nd July 2027

- Monday 12th April 2027 INSET day
- Half term holiday Monday 31st May 2027 to Friday 4th June 2027
- Summer holiday Friday 23rd July

### **Public holidays**

- Friday 25th December 2026 (Christmas Day)
- Monday 28th December 2026 (Boxing Day)
- Friday 1st January 2027 (New Year's Day)
- Friday 26th March 2027 (Good Friday)
- Monday 29th March 2027 (Easter Monday)
- Monday 3rd May 2027
- Monday 31st May 2027
- Monday 30th August 2027

## Caught Being Kind

Please find below the names of the children in each year group who are recognised for their kindness this week.

**Congratulations!**

|           |                          |                     |
|-----------|--------------------------|---------------------|
| Nursery   | (Elm 1 & 2)<br>Annabella |                     |
| Reception | (Maple)<br>Sarai         |                     |
| Year 1    | (Ash)<br>Ayla            | (Sycamore)<br>Lia   |
| Year 2    | (Redwood)<br>Efehan      |                     |
| Year 3    | (Pine)<br>Masal          |                     |
| Year 4    | (Elder)<br>Zanya         | (Teak)<br>Kuzey     |
| Year 5    | (Cedar)<br>Lauren        |                     |
| Year 6    | (Beech)<br>Layla         | (Hazel)<br>Saffiyah |

## What is on the menu next week?

### Northwold Primary School Menu – Week 1

|                            | Monday<br><b>MEAT FREE MONDAY</b>                                                                                                                                                                                                                              | Tuesday                                                            | Wednesday                                                | Thursday                                                    | Friday                                           |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------|
| <b>Meat Choice</b>         | Homemade Vegetable Pizza<br>(G, MK)                                                                                                                                                                                                                            | Chicken & Vegetable Lasagne (wholemeal)<br>(G, MK, MU)             | Lamb Curry<br>(CE, MU)                                   | Chicken Sausage with Gravy<br>(G, MK, SO, SU, CE, MU)       | Cod Fish Fingers<br>(F, G)                       |
| <b>Vegetarian Choice</b>   | Whole meal Pasta with Vegetables in Tomato Sauce<br>(G)                                                                                                                                                                                                        | Lentil Wellington<br>(G, V)                                        | Vegetable Chow Mein<br>(G, SO, V)                        | Cheese or Tuna Wrap with Salad<br>(G, MK, MU, F, E)         | Jacket Potato with Cheese/Beans/Tuna<br>(MK, F)  |
| <b>Alternative Choice</b>  | Vegetable Pasty<br>(G, V, MK, MU)                                                                                                                                                                                                                              | Stuffed Peppers<br>(V)                                             | Baked Salmon with Lemon Sauce<br>(F)                     | Red Kidney Bean & Vegetable Stew<br>(V)                     | Vegetable Samosa<br>(G, V)                       |
| <b>Sides</b>               | Bread<br>Potato Wedges<br>(G, MK, E)                                                                                                                                                                                                                           | Bread<br>Diced Potatoes<br>(G, MK, E)                              | Homemade Bread<br>Brown Rice<br>(G, MK, E)               | Bread<br>Mash Potatoes<br>(G, MK, E)                        | Homemade Bread<br>Oven Chips<br>(G, MK, E)       |
| <b>Vegetables</b>          | Mixed Vegetables<br>Cauliflower                                                                                                                                                                                                                                | Diced Carrot<br>Broccoli                                           | Sweetcorn<br>Peas                                        | Sliced Carrots<br>Green Beans                               | Baked Beans<br>Peas                              |
| <b>Dessert Choice</b>      | Fruit Jelly<br>Plain yoghurt<br>Fresh Fruit<br>(MK)                                                                                                                                                                                                            | Iced Sponge with Custard<br>Plain Yogurt<br>Fresh Fruit<br>(MK, G) | Fresh Fruit Salad<br>Fruit Yogurt<br>Fresh Fruit<br>(MK) | Cheese & Crackers<br>Fruit Yogurt<br>Fresh Fruit<br>(G, MK) | Ice Cream<br>Fruit Yogurt<br>Fresh Fruit<br>(MK) |
| <b>Dietary Information</b> | <b>Fresh salad served daily - All our meat is Halal</b><br>V - Vegetarian<br>CE - contains Celery<br>G - contains Gluten<br>F - contains Fish<br>E - Egg<br>SO - contains Soya<br>MK - contains Milk<br>SU - contains Sulphur Dioxide<br>MU - contains Mustard |                                                                    |                                                          |                                                             |                                                  |

## Class Attendance W/E 02/10/2026

Well done to **Y2 Redwood** with the highest attendance last week. They had **100%** attendance.

| Class              | Attendance % |
|--------------------|--------------|
| N Elm              | 82.9%        |
| RC Maple           | 98.0%        |
| Y1 Ash             | 97.7%        |
| Y1 Sycamore        | 99.4%        |
| Y2 Redwood         | 100%         |
| Y3 Pine            | 96.7%        |
| Y4 Elder           | 97.6%        |
| Y4 Teak            | 99.0%        |
| Y5 Cedar           | 98.5%        |
| Y6 Beech           | 96.9%        |
| Y6 Hazel           | 95.3%        |
| <b>Grand Total</b> | <b>97.4%</b> |

**THE CLASS WITH THE HIGHEST ATTENDANCE  
WILL WIN A PIZZA PARTY  
AT THE END OF THE  
TERM!**



## Have Your Say on Childcare

Hackney Council is calling for urgent action from the Government to make childcare fairer, more affordable and accessible for all families.

**We want to hear from parents and carers in Hackney.** Tell us about your childcare experiences — what works well, the challenges you face, and what would make the biggest difference to your family.

Whether you use a nursery, childminder, children's centre, family support, or a combination of childcare options, **your experience matters.**

**Please share your views by 11 October 2026:**

At the end of this period, we will bring the stories together, in an anonymised form, and create a report that will be shared publicly and sent to central government, together with a letter urgently asking for change.

Families can share their experiences online, at <https://consultation.hackney.gov.uk/children-families/fixing-childcare>, or by mailing the Council.



## MyChildAtSchool (MCAS) App

MCAS is our online portal and app used to monitor your child.

If you require assistance with setting up or using the app, please visit the MCAS Support Page using the link below:

<https://docs.bromcom.com/article-categories/for-parents/>

The support page includes guidance on logging in, resetting passwords, and accessing key features. If you continue to experience difficulties, please contact the school office for further assistance.



## Scholastic Book Club

Our new Scholastic Book Club is up and running!

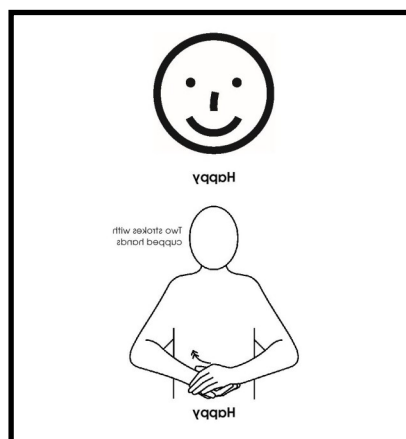
Go to <https://clubs.scholastic.co.uk/C-23X3D969> to browse the latest books and order online.

Please place your order online by  
October 20th, 2026

# SEND CORNER

## Sign of the Week

Learning a new sign each week helps everyone in our setting become more confident in using Makaton, making our environment more inclusive and supportive for all children.



## You Are Not Alone Drop-in

Every 1<sup>st</sup> Tuesday of the month - 7.00pm - 8.30pm

A free monthly online drop-in for parents & carers

The **You Are Not Alone** community is a friendly and safe space run by Erik & Sally Wagter where you can come and learn about autism & PDA, ask questions, connect with like-minded people or simply listen and learn from other people's conversations.



In this community we talk about all sorts of things such as:

- helping your child regulate their emotions & feelings (meltdowns etc)
- understanding autism and PDA
- navigating school and EHCPs
- Supporting your child with friendships
- understanding and managing challenging behaviour
- managing sensory needs
- developing a positive relationship with your child (family dynamics)
- exploring EOTAS or home education
- looking after your wellbeing
- and so much more



Here's what parents have said:

*"My husband Jamie was saying that in the last few sessions, he has learned so much more about autism and PDA than he has over the past year - Jo (parent)"*

*"Thank you so much for the group this evening. I can't tell you how grateful I feel and I really do feel less alone and more validated. My hope is back" - Louise (parent)"*

You can request the **Zoom link** on our website

<https://youarenotalone.community> or you can send an email to

[team@youarenotalone.community](mailto:team@youarenotalone.community)



## Autism Support for Parents & Carers

### Autism Coffee Mornings—Hackney Ark

Run by Occupational Therapy and Clinical Psychology teams.

- Meet other parents and carers
- Share experiences in a supportive space
- Speak directly with clinicians
- Online and face-to-face sessions available

### National Autistic Society (NAS)

Trusted information and guidance for parents, young people and schools.

- Education and EHCP advice
- Local support information
- [www.autism.org.uk](http://www.autism.org.uk)

### Ambitious about Autism—Talking Tuesdays

Free webinar series for parents and carers.

- Practical advice
  - Expert guidance
  - Opportunities to ask questions
- [ambitiousaboutautism.org.uk](http://ambitiousaboutautism.org.uk) (search: Talking Tuesdays)

**You are not alone—support and community are available.**

## Safeguarding Policy

Keeping Our Community Safe: We are committed to providing a safe, welcoming space for all our families. To reflect the latest best practices, we have launched an updated Safeguarding Policy.

You can read the full policy [here](#). If you have any safeguarding concerns, please speak to Designated Safeguarding Lead: Mr. Acharya; and Deputy DSLs: Ms. Chalmers and Mr. Williams.

Thank you for partnering with us to keep our children safe.

## YEAR 6 RESIDENTIAL 2027

Adventure • Friendship • Challenge • Memories

**Could your child be part of the adventure?**

Year 6 pupils will have the opportunity to take part in an **unforgettable residential experience at PGL Osmington Bay on the beautiful Dorset coast!**

From exciting outdoor challenges to exploring some of Dorset's most spectacular landmarks, this is a week packed with **adventure, team-work, laughter and new experiences.**

The Year 6 residential is a fantastic opportunity for children to **build confidence, develop resilience and independence, overcome challenges and strengthen friendships** before making the exciting move to secondary school.

**There will be plenty of opportunities to try something new, support one another and create memories that will last a lifetime!**



## Open Events at Hackney Secondary Schools in 2026

Please see the link below detailing Open Mornings and Evenings in Hackney for Y6 students transitioning from primary to secondary in September 2027.

<https://education.hackney.gov.uk/sites/default/files/document/Hackney%20Secondary%20School%20Open%20Events.pdf>

## PE Autumn Days

Please find the PE days for this term below.

Pupils may come to school wearing PE Kit on the days that they have PE.

|                |                   |
|----------------|-------------------|
| <b>Year 1:</b> | Monday, Wednesday |
| <b>Year 2:</b> | Thursday          |
| <b>Year 3:</b> | Tuesday           |
| <b>Year 4:</b> | Monday, Wednesday |
| <b>Year 5:</b> | Tuesday, Thursday |
| <b>Year 6:</b> | Wednesday, Friday |

## School Uniform

White collared shirt  
Charcoal grey dropped waist pinafore  
Charcoal grey skirt  
Charcoal grey trousers  
Charcoal grey shorts  
Grey tights  
Grey headscarves  
White socks  
Black school shoes  
Red school jumper  
Red school cardigan  
Red school fleece



### P.E. kit

White t-shirt  
Black P.E. shorts  
Black tracksuit bottoms/ top  
Black trainers/ plimsolls

