

Scriptural Affirmations

Hearing God's loving words to you

How To Use This Book



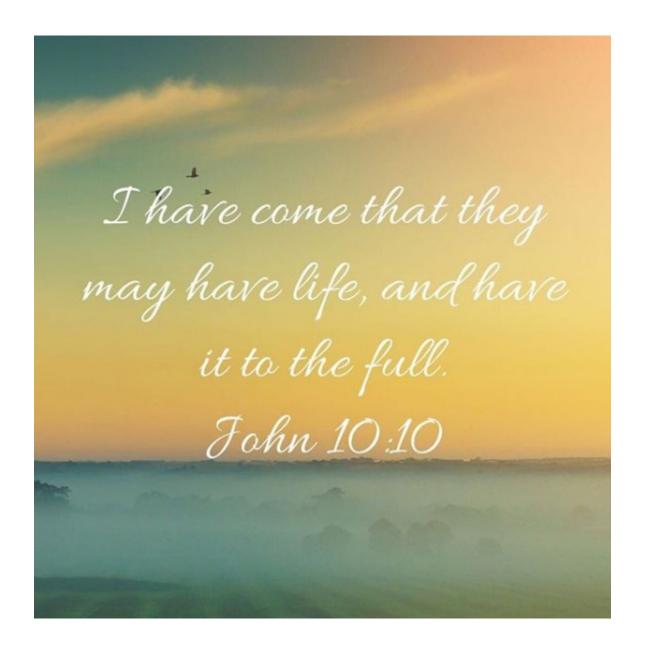
In our fast-paced, results driven world, words of hope and encouragement are often few and far between. The demands of everyday life can lead us to believe that we are only as good as what we accomplish. We become human-doings rather than human-beings and exist as mere machines always trying to produce more.

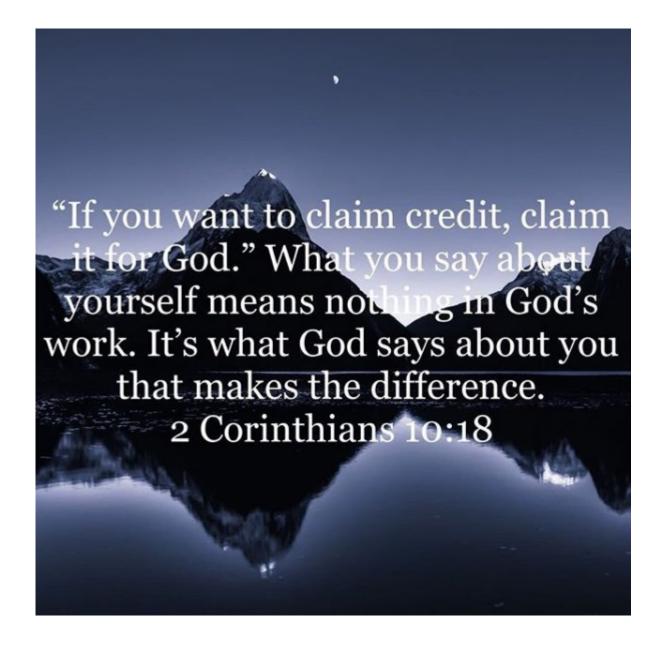
The stress and strain of living life like this is overwhelming and perhaps one of the most important and powerful practices we can develop is simply taking time to remember our true identity.

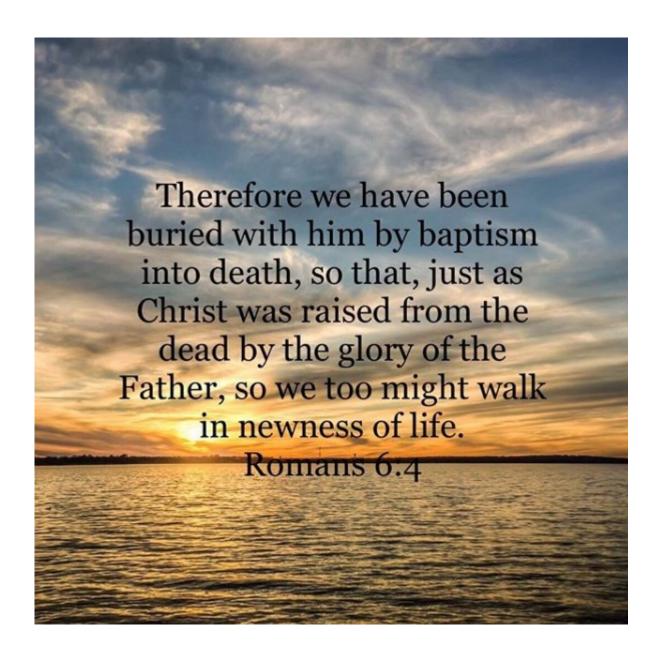
Our Christian faith declares to us that we are loved by an all-powerful and all-knowing God. God declares us to be Children of God, loved beyond measure, loved despite our mistakes or lack of accomplishments. In different and dynamic ways, the Scriptures declare to us again and again the promises that God has made to God's Children.

This book is a collection of specifically chosen scripture passages that are meant to affirm and remind us of what God has said to God's Children.

Affirmations have been proven to provide great emotional and psychological benefit. And so we invite you to take time each day to sit with one of the following scripture passages. Take a quiet moment to read the passage several times and imagine God sitting with you and speaking the words directly to you. Let this affirmation rest in your heart and mind as a way of reminding you of who you are and to whom you belong.





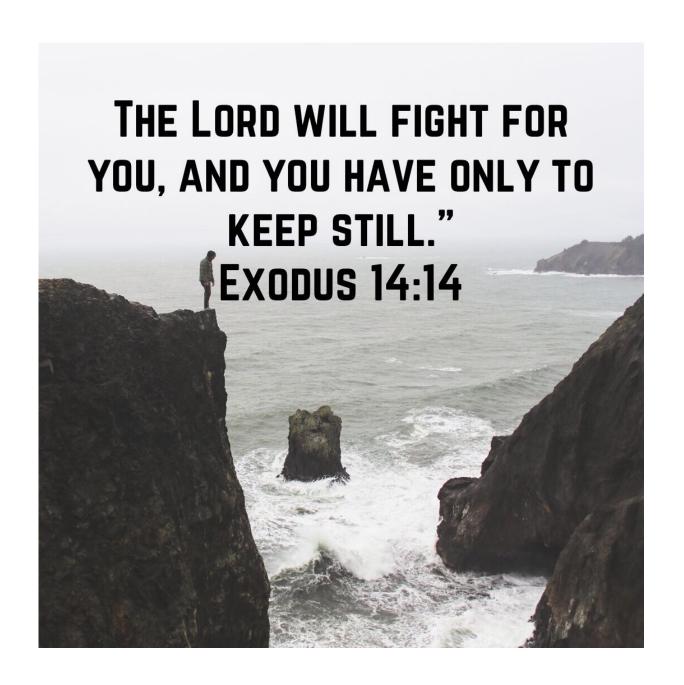


See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. 1 John 3:1

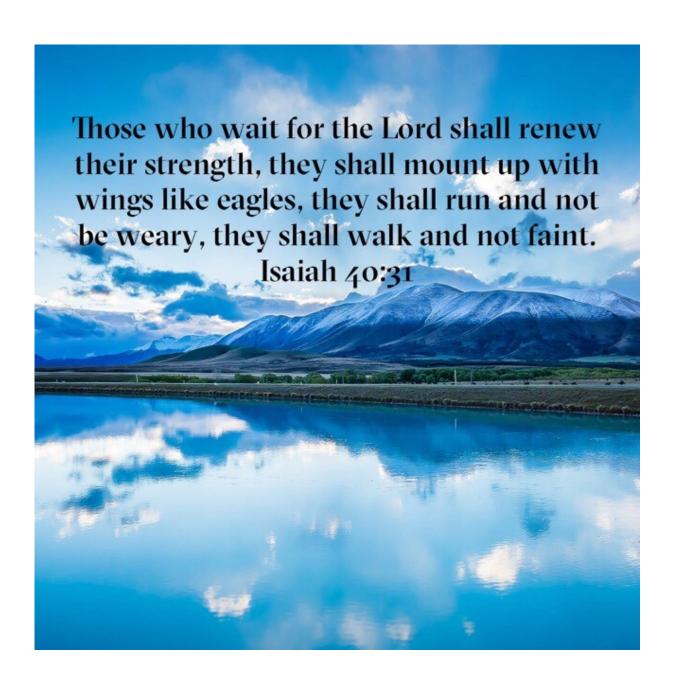
But the Lord stood at my side and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. And I was delivered from the lion's mouth.

2 Timothy 4:17



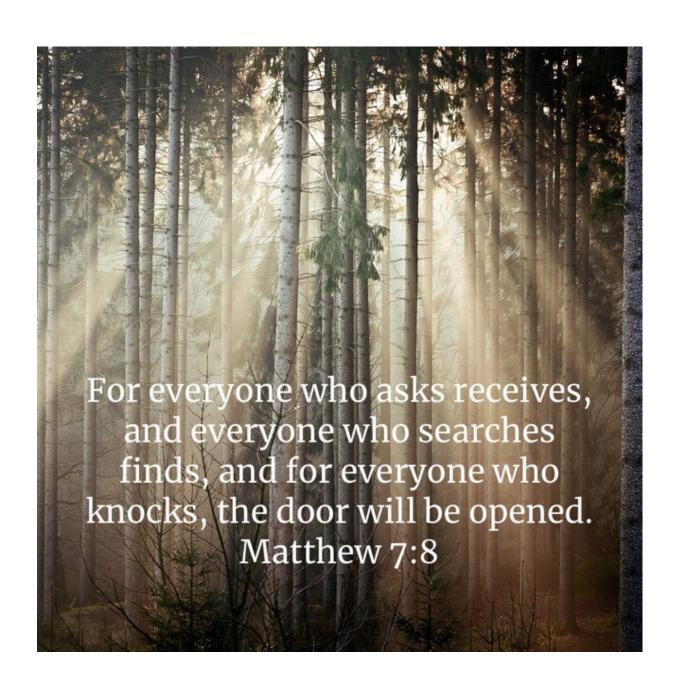






The Lord is good, a stronghold in a day of trouble; he protects those who take refuge in him, Nahum 1:7







For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Ephesians 2:10



THAT IS WHY I TELL YOU

not to worry

ABOUT EVERYDAY LIFE-WHETHER YOU HAVE

and the second s

ENOUGH FOOD AND DRINK, OR ENOUGH

CLOTHES TO WEAR. ISN'T LIFE MORE THAN

FOOD, AND YOUR BODY MORE THAN CLOTHING?

MATTHEW 6:25





"My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. 2 Corinthians 12:9

God is able to accomplish abundantly far more than all we can ask or imagine. Ephesians 3:20

Trust in God at all times, O people; pour out your heart before him; God is a refuge for us.

Psalms 62:8









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