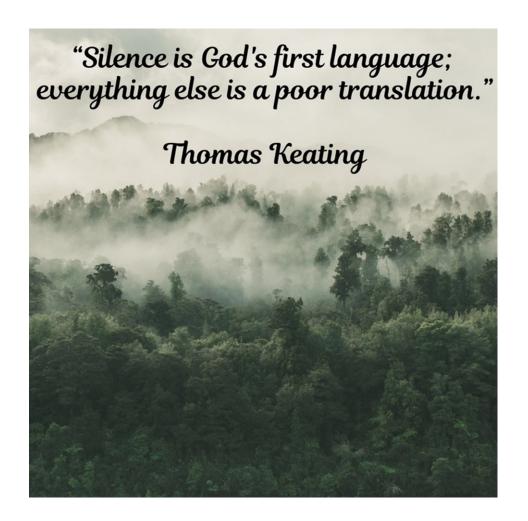


Day 5 - Silence

At the beginning of our worship the worship leader will sometimes invite people to take a moment of silence to collect ourselves; to prepare our hearts and minds for worship; to encounter God.

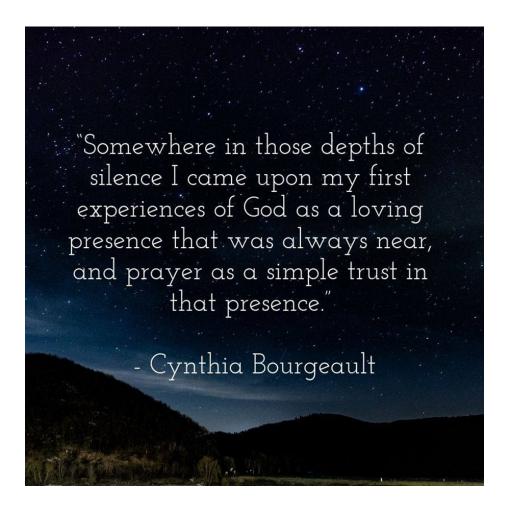
Today, as we come to the end of our week focused on silence, take 5 minutes to simply sit in the presence of God.





Day 4 - Silence

Father Thomas Keating wrote extensively on the gifts that practicing silence can have in one's life of faith. To Keating, silence is the way God speaks to us and thus should be an integral practice for people of faith.



Day 3 - Silence

Cynthia Bourgeault has written several books on the practice of Centering Prayer, a type of prayer where individuals are encouraged to simply sit in silence and trust in God's presence.

The above quote encourages us to see prayer not just as the words we say, but rather as a position of our heart; a type of resting in the reality of God.

Introduction

Epiphany is a time of discovery and insight. Throughout this liturgical season we are invited to allow the light of Christ to illumine our hearts and minds as we grow in faith and come to know Jesus more personally.

This devotional looks at six different "epiphanies" from my journey of faith. Each week we will explore one of these epiphanies and the ways that scripture, theologians, music, and our life of worship speak to the specific insight.

I hope that these reflections provide you with epiphanies of your own as we all grow in faith during this season.

Peace and Grace,

Pastor Nate

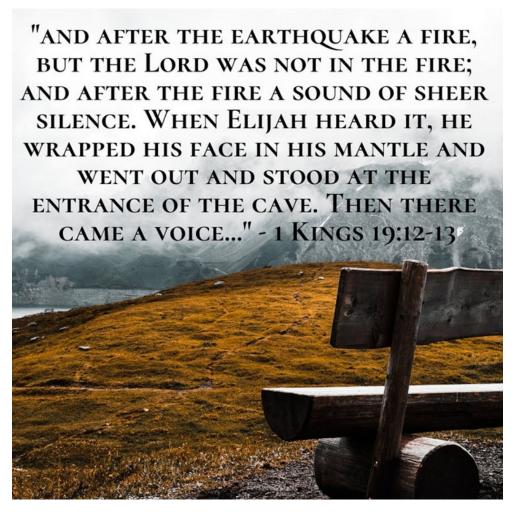


Epiphanies 4 Epiphany, Week 1: Grace



Grace - Day 1

Unfortunately, many people often see the Christian faith merely as a set of rules that must be followed in order to avoid punishment. However, at the very heart of the Christian faith is a belief in God's grace. A belief that God loves all of creation not because we follow the rules but simply because God can't help but love each and every one of us. This week, our posts will focus on this epiphany of Grace.



Day 2 - Silence

The prophet Elijah once waited in a cave for God to speak. From his spot in the cave, he saw fires and earthquakes and mighty winds and yet, God chose to speak to Elijah through "the sound of sheer silence."

This is a powerful reminder that the grand, powerful, overwhelming moments of life will not always be the places where God speaks to us. Rather, sometimes the voice of God will find us in simple moments of silence.

Epiphanies 4 Epiphany - Week 7 - Silence

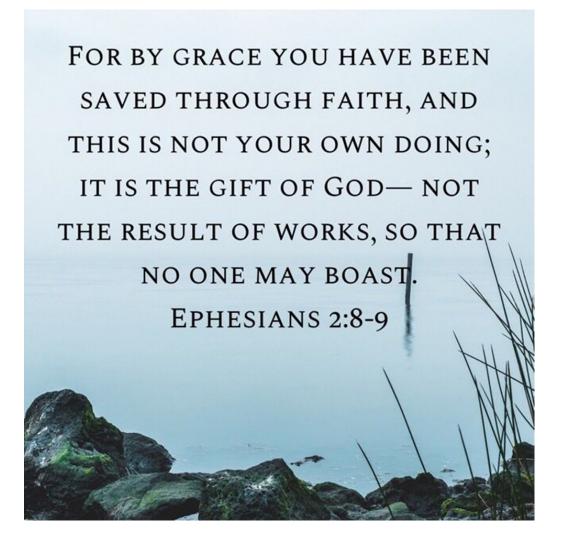


Silence – Day 1

In our world of commercials, billboards, push notifications, and endless talking heads, connecting with God can often happen through simply being quiet.

When I began including extended periods of silence into my prayer life I was amazed by the ways that I quickly felt more settled and connected to God.

This week, we will be looking at the important role silence can play in our life of faith.



Grace - Day 2

This week we are exploring the promise of God's grace. The Apostle Paul in his letter to the Ephesians gives us this succinct explanation of what grace does for us.

"Grace does not depend on what we have done for God but rather what God has done for us. Ask people what they must do to get to heaven and most reply, 'Be good.'Jesus' stories contradict that answer. All we must do is cry, 'Help!"" -Philip Yancey

Grace - Day 3

What is Grace? Author Philip Yancey provides this explanation: "Grace does not depend on what we have done for God but rather what God has done for us. Ask people what they must do to get to heaven and most reply, "Be good." Jesus' stories contradict that answer. All we must do is cry, "Help!""

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Day 5 - The Importance of Faith

As part of our worship service each week, we recite together the Apostles' Creed. The creed is an ancient statement of faith that has been used in the Christian church for well over a thousand years.

By proclaiming this statement of faith together each week, we are reminded that the journey of faith isn't something that we do alone. We support one another in our walk of faith and lift each other up when doubt and struggle arise.





The song "Give me Faith" has some beautiful lyrics that serve as a prayer, asking God to give us the faith we need to continue believing in the promises of God.

"Give me faith to trust what you say That you're good and your love is great I'm broken inside, I give you my life"



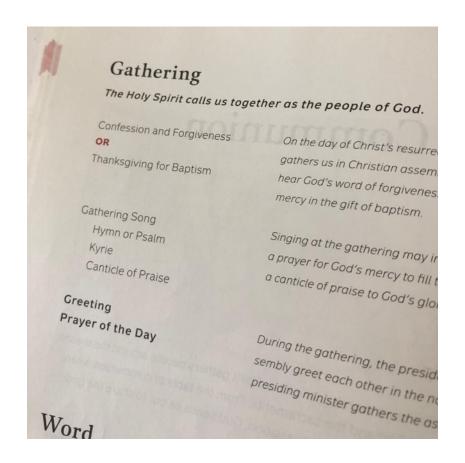
"Amazing grace
how sweet the
sound that
saved a wrech
like me, I once
was lost but
now am found
was blind but
now I see."



Grace - Day 4

Today, listen or sing that famous song about Grace, "Amazing Grace". Reflect on the lyrics and this revelation about God's ways: By God's grace the lost are found and the blind see.

Listen to a version of the song by following the QR Code.



Grace - Day 5

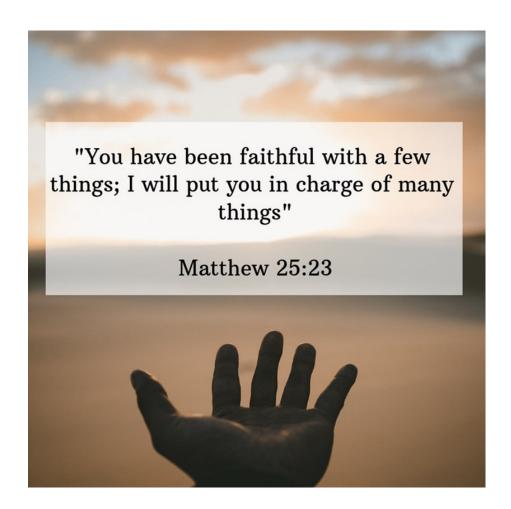
Where do we see Grace when the Church gathers for worship? During worship the Invocation and opening hymn acknowledge that grace has brought us together. As the worship service continues, the confession and forgiveness of our sin, the proclamation of the Gospel, and the sharing of Holy Communion all point us to the reality and promise of God's unending grace in our lives.



Day 3 - The Importance of Faith

Faith doesn't always have to be expressed in huge and heroic displays. Faith also means remembering God during the seemingly insignificant moments of your day.

Today, remind yourself again and again, that faith in God happens right now. In whatever little action or chore, you are taking right now, that is an expression of your faith.



Day 2 - The Importance of Faith

The Parable of the Talents found in Matthew 25 illustrates God's emphasis on faith. The last servant was so concerned about doing everything right and carefully preserving the owners money, that he failed in the end.

Towards the end of The Parable, the Master says this: "Well done you good and faithful servant, you who have been faithful with few things, I will put in charge of many things." The message is clear, God asks us to be faithful, not necessarily successful.

Epiphanies 4 Epiphany, Week 2: Sanctification



Sanctification - Day 1

"Sanctification" literally means "the process of becoming holy". The beautiful truth of our faith is that our sanctification takes place as a result of God's gracious action. It is not our job to become more holy, rather in light of and in response to all that God has done for us we become more holy. The goodness of God molds us into the people we are called to be.

"Through the Spirit, Christ offered himself as an unblemished sacrifice, freeing us from all those dead-end efforts to make ourselves respectable, so that we can live all out for God."

Hebrews 9:14 The Message

Sanctification - Day 2

The author of Hebrews provides us with many passages, including this one, about the ways that the work of Jesus Christ frees us to more fully be the people of God. (Hebrews 9:14)

Epiphanies 4 Epiphany Week 6 - The Importance of Faith

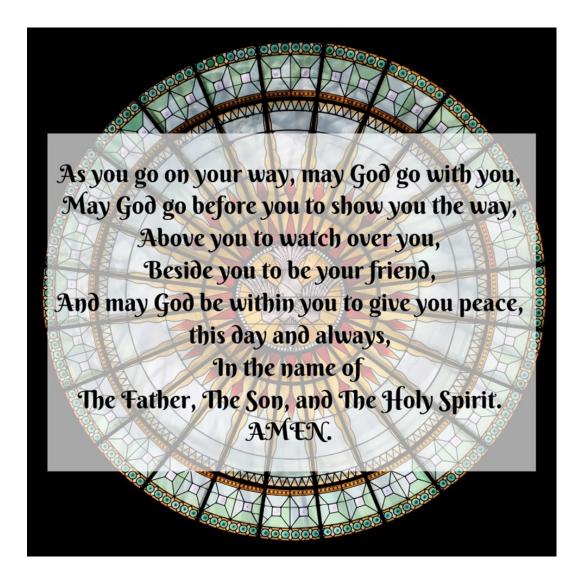


The Importance of Faith – Day 1

Growing up, I often thought of church as a place with lots of rules: where you nice clothes, don't run in the building, no talking during the service etc. I was also taught the 10 Commandments, which while valuable, only reinforced this idea that church and faith was all about getting everything right.

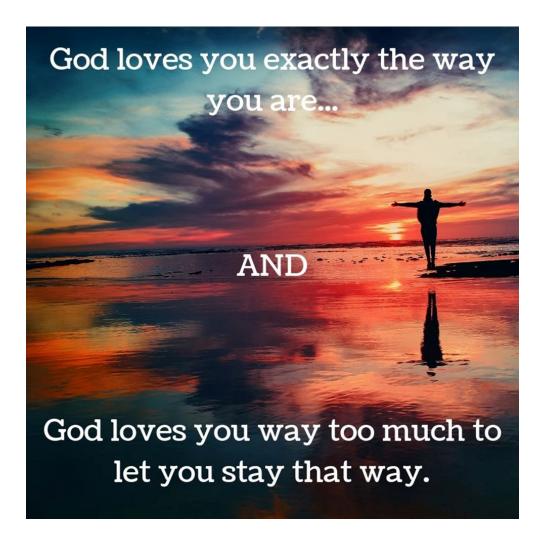
While working at a church in my adult years I tried so hard to get everything exactly right, after all, I assumed that because it was church, things had to be perfect. But a wise mentor freed me from this mindset and told me that our job is to be faithful, not necessarily successful.

This week, we will be reflecting upon the importance of faith; the importance of simply believing in the promises of God above all else.



Trinity - Day 5

At the closing of every worship service the Pastor offers similar to the ones above. The Benediction is a blessing that asks for God to be present in, within, around, and under us. When we say we believe in a God that is Three-in-One, we are acknowledging this very ideathat God is present in our world in many and various ways.



Sanctification - Day 3

Reflect on this quote today: God loves you exactly the way you are AND God loves you way too much to let you stay that way. How does this Truth cause you to look at your life differently?



Sanctification - Day 4

Listen to the beautiful hymn "God Soil" and reflect on these lyrics today. How can our faith in God change us to more fully serve those in need?

This QR code will link to a version of the song.

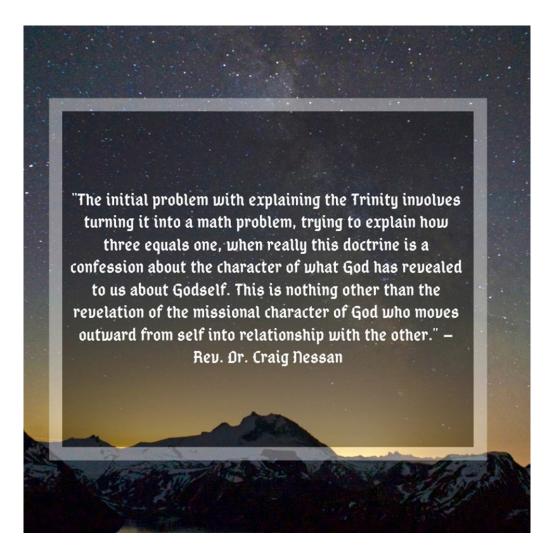
Come, Join the Dance of Trinity



Text: Richard Leach, b. 1953 Music: KINGSFOLD, English folk tune Text © 2001 Selah Publishing Co., Inc. www.selahpub.com. All rights reserved. Used by permission.

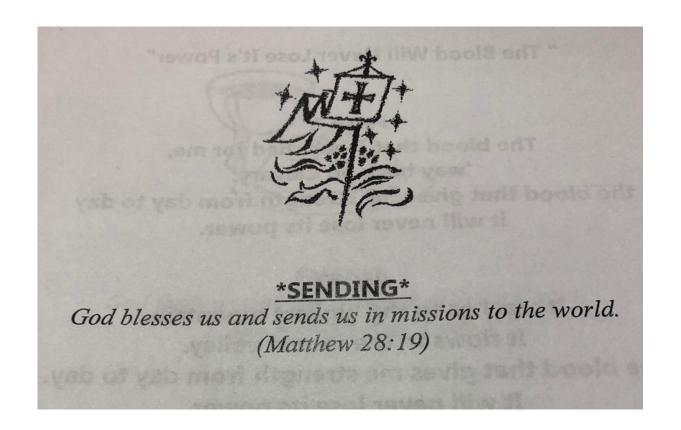
Trinity- Day 4

The Hymn, "Come, Join the Dance of Trinity" contains a beautiful picture of the ways that creation, the life of Jesus, the power of Pentecost, and our lives today all interweave just as the Trinity interweaves. The overall picture of the Trinity as a dance is also a powerful image that captures the creative, joyful, and expressive nature of God.



Trinity- Day 3

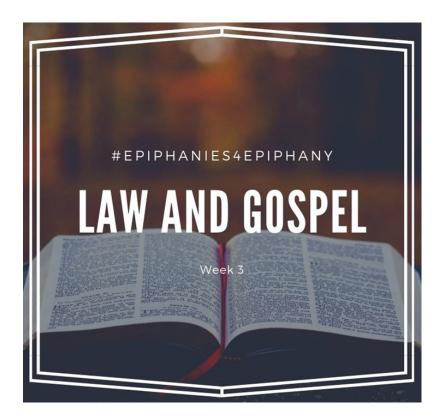
The above quote from Rev. Dr. Craig Nessan encourages us to see the doctrine of the Trinity as something that reveals God's character to us. Just as the Father, Son, and Holy Spirit are in relationship with each other, we in turn know that God desires to be relationship with us.



Sanctification - Day 5

Every Sunday our worship ends with the following call and response: "Go in peace, and serve the Lord. Thanks be to God." This ending reminds that God's peace in our lives allows us to serve God's mission in the world with a grateful heart.

Epiphanies 4 Epiphany Week 3



Law and Gospel - Day 1

Early on in my faith journey, I saw the 10 Commandments and the Commands of Jesus as rules that I was required to follow or risk punishment. But as I've grown, I've come to see these commands as rules lovingly given by God to help guide me.

"The Law" is what helps us to see how our life is out of alignment and thus helps us to more fully understand the Good News ("The Gospel") of Jesus Christ.

This week we will be exploring this theme of Law and Gospel.



Trinity- Day 2

In John's 14th chapter we see a clear picture of God existing in Three Persons: The Holy Spirit, God the Father, and Jesus Christ the Son are each an expression of the One True God.

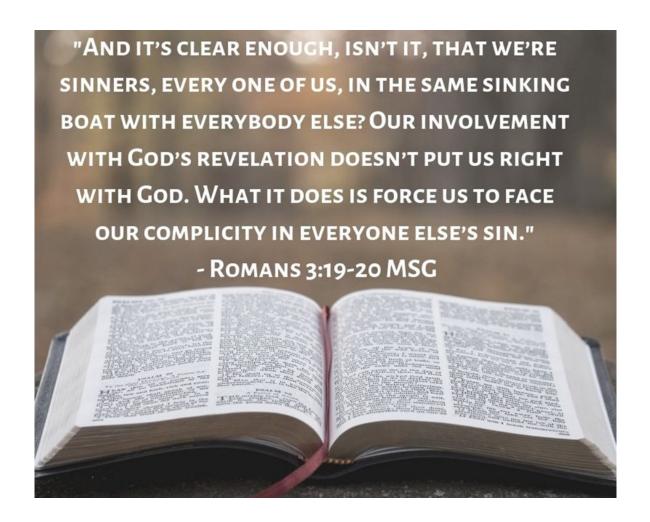
Epiphanies 4 Epiphany - Week 5 - Trinity



Trinity – Day 1

This is a picture that hangs in my office. It is a print of Rublev's Icon of the Trinity. The three angel figures are in fact the Father, Son, and Holy Spirit. What I love about this picture is that it depicts all three figures seated around a 4-sided table. The viewer is seemingly invited to sit at the table with the Holy Trinity.

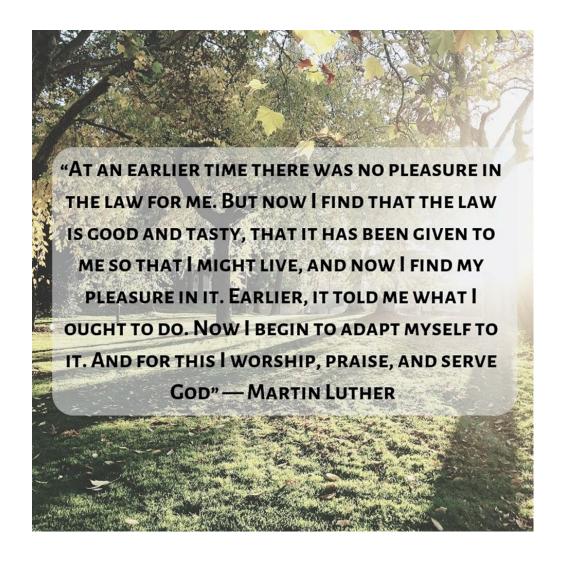
This week, we will be exploring this complex idea of the Trinity. What does it mean for our life of faith to say that God is Three-in-One?



Law and Gospel - Day 2

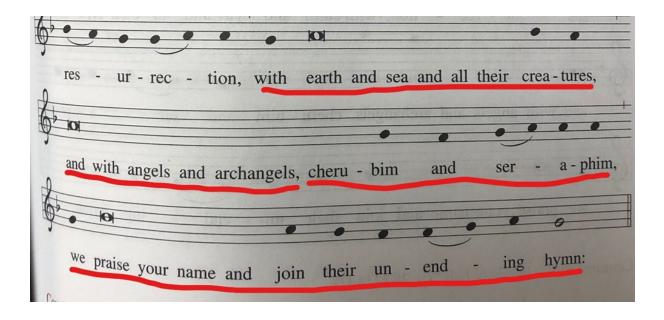
In Paul's Letter to the Romans we are reminded of the ways that the Law makes us aware of our sin and that we are responsible for one another. A few verses later Paul provides us with this encouraging reminder:

"we are now justified by Christ's grace as a gift, through the redemption that is in Christ Jesus." - Romans 3:24



Law and Gospel – Day 3

Many often see the Law as a list of things we ought to do, but Martin Luther reminds us that the Law invites us to adept our lives to its instructions; to see the Law as a guide toward living our lives more in tune with God's desires for our life.



Creation - Day 5

On some Sundays the Pastor will sing words similar to the ones highlighted above. This occurs as part of the communion liturgy. The idea is that when we gather for Holy Communion we rejoice with ALL OF CREATION (and with angels too!) praising God for the blessing of our salvation.

For the Beauty of the Earth



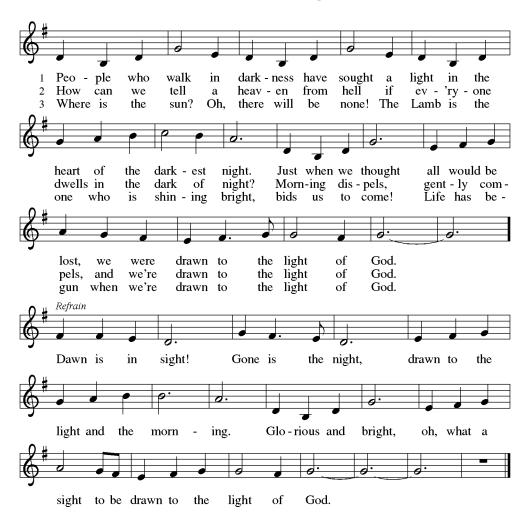
Creation - Day 4

The Hymn "For the Beauty of the Earth" does a wonderful job of speaking about the many and various ways that God's beauty is found in creation.

You can listen to a recording of the song by scanning this QR code:



Drawn to the Light



Text: John C. Ylvisaker, b. 1937 Music: LA CROSSE, John C. Ylvisaker Text and music © 1990 John C. Ylvisaker.

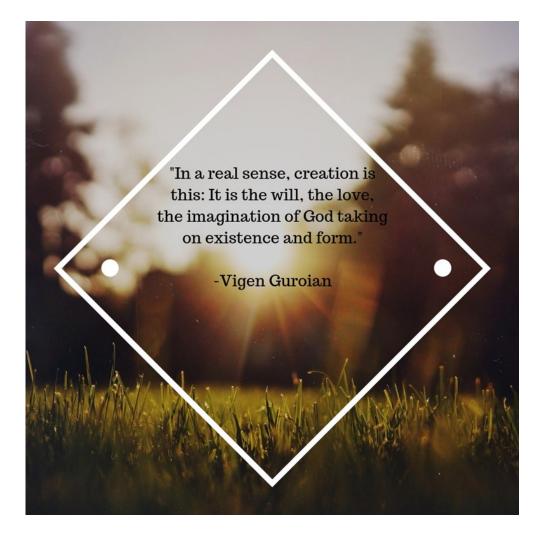
Law and Gospel - Day 4

The Hymn "Drawn to the Light" articulates a beautiful understanding of the ways that God draws us out of our darkness and into the Light of living in the Gospel. Above is a picture of the entire song.



Law and Gospel - Day 5

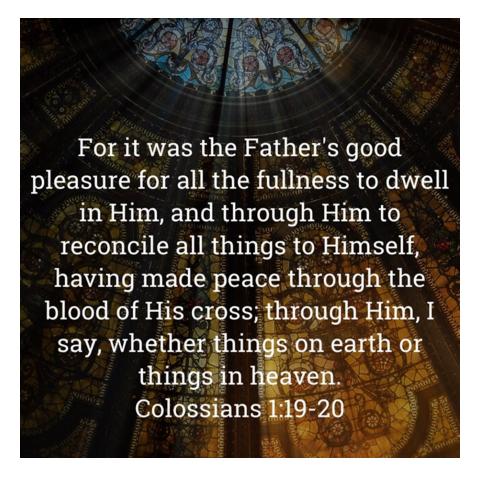
On most Sundays we pray our way through a time of Confession and Forgiveness. During this portion of our worship service we, as a community, come before God to repent of our faults and to ask God for forgiveness. This happens at the beginning of our worship service to remind us that we are all struggling to live in The Way of Jesus. But it is then followed by a pronouncement of God's forgiveness, reminding us that the knowledge and admission of our sin is always followed by God's forgiveness and grace.



Creation - Day 3

Oftentimes a sunset or walk in the woods or mountain top view will remind me of the immeasurable beauty of this world. In these moments, I'm reminded that creation is in fact the "imagination of God taking on existence and form"

Find a picture (or better yet get out and take one yourself!) of creation that you find beautiful or meaningful. Keep it in a place where you will see it often to remind you of God's beauty and presence.



Creation - Day 2

This beautiful passage from the book of Colossians reminds us that God's ultimate plan is to redeem all of creation. All that is broken, all that is incomplete, all that is polluted or decaying or dying or sick will be put back together by God.

Today, reflect on this promise. What small action could you take today to participate in God's grand redemption plan?



Creation – Day 1

I never gave much thought to the importance of believing in God as the Creator of everything. I realized that to say God is the Creator of Heaven and Earth means that all of creation is important, beautiful, and sacred because it was made by God. As such, simple acts like recycling, planting trees, or gardening could be viewed as spiritual practices that are deeply connected to the character of God.

This week, our devotions will focus on Creation and the different ways that we experience God through the goodness of creation.