

## FLUORIDE VARNISH APPLICATION

## CONSENT FORM



Valley Pediatrics will be applying a varnish to your child's teeth as a means of preventing tooth decay (cavities). Fluoride varnish is a protective coating that is painted on teeth. The varnish releases fluoride over a period of time, which strengthens teeth and prevents tooth decay.

I understand that my child still needs to see a dentist regularly.

Lunderstand that this application costs \$25.00 and that my insurance does not cover this service and I will be

responsible for the fee.	1 00013 \$20.00 and that	thy insurance does not be	ver this service and I will be	
Varnish should not be used if child Colophony or colophonium Ethyl alcohol anhydrous	has allergies to any of the Shellac powder Rosin USP	e ingredients: Copal Sodium Fluoride	Sodium Saccharin USP Cetostearyl Alcohol	
Adverse Reactions: The follow breath in people with asthma; N	•			
YES I would like my ch allergies and I have read the ins		de varnish application. He/	She has none of the above	
No I do not wish for my	child to receive the fluc	oride varnish application.		
Child's Name		Date of	Date of Birth	
Signature of Parent / Caregiver		Date	Date	

## FLUORIDE VARNISH INSTRUCTIONS

Your child had Fluoride varnish applied to prevent tooth decay (cavities). Tooth Decay is the most common chronic disease in children. Fluoride varnish is a protective coating that is painted on teeth. The varnish releases fluoride over a period of time, which strengthens teeth and prevents tooth decay.

Teeth will temporarily appear dull and yellow until brushed.

## **HOME INSTRUCTIONS**

- teeth should **not** be **brushed** until tomorrow morning
- your child should eat a soft diet and avoid hot, sticky food for the rest of the day.

To further reduce tooth decay in your child:

- Regular brushing with fluoridated tooth paste (only a smear, less than ½ a pea, just enough to see some on the brush);
- Avoid juice and other sweetened drinks.
- Regular dental care at age 2