



Hægt að fá vegan útgáfu
vegan options available

Kúmen - Kringlan 4-12

mibowls.is

546-6868

Pho núðlusúpa

Pho noodle soup

Hrisgrjónanúðlur, nautakjöt, baunaspírur, laukur, vorlaukur og kóriander.

Rice noodles, beef, bean sprouts, onions, spring onions and cilantro.

2.490 kr.

Wonton núðlusúpa

Wonton noodle soup

Eggjanúðlur, char siu svínakjöt, wonton, pak choi, vorlaukur, kóriander, steiktur laukur.

Egg noodles, char siu pork, wonton, pak choi, spring onions, cilantro, crispy onions.

2.490 kr.

Wonton skál

Wonton bowl

Eggjanúðlur, char siu svínakjöt, wonton, pak choi, steiktur laukur.

egg noodles, char siu pork, wonton, pak choi, crispy onions.

Hvítlauks-soyasósa / *Garlic soy sauce.*

2.490 kr.

Udon skál

Udon bowl

Udon núðlur, nautakjöt, brokkolí, sveppir, laukur, vorlaukur.

Udon noodles, beef, broccoli, mushrooms, onions, spring onions.

Hoisin & svartpiparsósa / *Hoisin & black pepper sauce.*

2.490 kr.

Sumar skál (V)

Summer bowl

Bókvhveitinúðlur, tofu, brokkolí, baby maís, hvítkál & gulrætur, ristaðar kókosflögur.

Buckwheat noodles, tofu, broccoli, baby corn, cabbage & carrots, toasted coconut.

Engifer & sítrónugrassósa / *Ginger & lemongrass sauce.*

2.390 kr.





Hægt að fá vegan útgáfu
vegan options available

BTN skál

2.490 kr.

BTN bowl

Vermicelli núðlur, sitrónugras svínakjöt, vorrúllur (2stk), salatblanda, agúrka, mynta, jarðhnetur.
Vermicelli noodles, lemongrass pork, spring rolls (2pcs), iceberg lettuce, cucumber, mint leaves, peanuts. BTN sósa / BTN sauce.

Hu Tieu skál

2.390 kr.

Hu Tieu bowl

Hu Tieu hrísgrjónanúðlur, svínahakk, risarækjur, spínat, baunaspírirur, steiktan hvítlaukur
Rice noodles, minced pork, prawns, spinach, bean sprouts, fried minced garlic
Hvítlauks-soyasósa / *Garlic soy sauce.*

Topp skál

2.290 kr.

Top bowl

Eggjanúðlur, kjúklingur, brokkolí, paprika, hvítkál og gulrætur.
Egg noodles, chicken, broccoli, bell pepper, cabbage & carrots,
Létt soyasósa / *Light soy sauce*

Gleði skál

2.490 kr.

Happy bowl

Glernúðlur, nautakjöt, laukur, sveppir, paprika, kúrbítur, sesamfræ, sesamolía.
Glass noodles, beef, onions, mushrooms, bell pepper, zucchini, sesame seeds, sesame oil.
Létt soyasósa / *Light soy sauce*



Settu saman þína eigin skál

make your own noodle bowl



Eggjanúðlur / Egg noodles
Udon núðlur / Udon noodles
Bókhveitinúðlur / Buckwheat noodles
Hu Tieu Hrísgrjónanúðlur / Hu Tieu rice noodles

Grunnur

Base

1.490 kr.

Ramen noodles / Ramen núðlur
Glass noodles / Glernúðlur
Vermicelli noodles / Vermicelli núðlur



Noodles / Núðlur **Auka**
Extra
390kr.

Kjöt

Meat

390 kr.

Kjúklingur / chicken
Nautakjöt / beef
Char siu svínakjöt / char siu pork
Sítrónugras svínakjöt / lemongrass pork
Svínahakk / minced pork

King oyster mushrooms / King oyster sveppir

egg / Egg
tofu / Tofu

shrimps / Rækjur

Prótein

Protein

390 kr.

Agúrka / Cucumber
Paprika / Bell pepper
Laukur / Onions
Íssalat / Iceberg lettuce
Kúrbítur / Zucchini
Brokkolí / Broccoli

Grænmeti

Vegetables

190 kr.

Baby corn / Baby maís
Mushrooms / Sveppir
Cauliflower / Blómkál
Spinach / Spínat
Bean sprouts / Baunaspirur
Pak Choi / Bláðkál

Vorlaukur / Spring onions
Kóriander / Cilantro
Steiktur laukur / Crispy onions
Steiktur hvítlaukur / Fried garlic
Sesamfræ / sesame seeds
Vorlauksolía / Spring onion oil

Toppings

Toppings

90kr.

Cashew nuts / Cashew hnetur
Peanuts / Jarðhnetur
Chili / Chili
Lime / Lime
Sesame oil / Sesamolía
Toasted coconut / Ristaður kókósflögur

Hvítlauks-soyasósa / Garlic soy sauce
Chilisósa / Chili sauce
Char siu sósa / Char siu sauce
Engifer & sítrónugrassósa / Ginger & lemongrass sauce

Sósur

Sauces

BTN sauce / BTN sósa
Tamarind Sauce / Tamarind sósa
Spicy mayo / Spicy mæjó
Hoisin & black pepper sauce / Hoisin & svartpiparsósa



Matseðill **MENU**

Kúmen - Kringlan 4-12
mibowls.is
546-6868



Smáréttir

Small Courses



Vorrúllur 4stk

1.390 kr.

Spring rolls 4pcs

Svínahakk, laukur, gulrætur, egg, glernúðlur, fungus sveppir
Minced pork, onions, carrots, egg, glass noodles, fungus

Grænmetis vorrúllur 4stk

1.390 kr.

Vegetable spring rolls 4pcs

Tofu, taro, fungus sveppir, laukur, glernúðlur, hvítkál & gulrætur
Tofu, taro, fungus, onions, glass noodles, cabbages & carrots

Wonton 5stk

1.390 kr.

Wontons 5pcs

Svínahakk, rækjur, skalottlauk solía
Minced pork, prawns, shallot oil

Grænmetis wonton 5stk

1.390 kr.

Vegetable wontons 5pcs

Tofu, laukur, gulrætur, blómkál, skalottlauks olía
Tofu, onions, carrots, cauliflower, shallot oil



Kúmen - Kringlan 4-12
mibowls.is
546-6868



Anda bao bun 1stk

990 kr.

Duck bao bun 1pc

Hoisin andakjöt, agúrka, gulrætur, vorlaukur, koriander, spicy mæjó
Hoisin duck, cucumber, carrots, spring onions, cilantro, spicy mayo



Char siu bao bun 1stk

990 kr.

Char siu bao bun 1pc

Char siu svínakjöt, pikklaðar gulrætur & kínahreðkur, vorlaukur, koriander, spicy mæjó
Char siu pork, pickled carrots & daikon, spring onions, cilantro, spicy mayo



Vegan bao bun 1stk

990 kr.

Vegan bao bun 1pc

Djúpsteikt hoisin tofu, pikklaðar gulrætur og kínahreðkur, vorlaukur, koriander, spicy mæjó
Deep fried hoisin tofu, pickled carrots & daikon, spring onions, cilantro, spicy mayo



Bao buns (3stk)

2.490 kr.

Bao bun (3pcs)



Barnaskál

Juinar bowl
1.190kr.

- 1 grunn / 1 base
- 1 kjöt / 1 meat
- 1 grænmeti / 1 vegetable
- 1 sósa / 1 sauce
- 1 topping / 1 topping



Fjölskyldutilboð

Family meal offer
6.990kr.

- 2 skálar að eigin vali
2 bowls of your own choice
- 2 barna skálar að eigin vali
2 junior bowls of your own choice
- 2 gos 330cl að eigin vali
2 soft drinks of your own choice
- 2 flóridana að eigin vali
2 Floridana of your own choice



Drykkir

Drinks

Vietnamskt ískaffi

Vietnamese iced coffee

890 kr.



Gos

Soft drinks 330cl

390 kr.



Íste

Iced tea



Sítrónugras íste / *Lemongrass iced tea*

Jarðaberja-sítrónugras íste / *Strawberry-lemongrass iced tea*

790 kr.

Safar

Juices



Flóridana appelsínusafi / *Orange juice*

Flóridana eplasafi / *Apple juice*

Flóridana heilsusafi / *Healthy juice*

250 kr.