

# LORD, TEACH US TO PRAY

## WHAT IS PRAYER?

*Prayer is not about bending God's will to ours but about bringing our lives into conformity with His purposes.*

PRAYER IS	PRAYER IS NOT
<ul style="list-style-type: none"><li>• Approaching our heavenly Father with humility in assurance of faith (Ex. 15:11-13; 1 Sam. 2:1-3; 2 Sam. 7:22-24; Rom. 7:24-25; Heb. 10:19-22; 11:6; Jas. 4:8-10)</li><li>• Seeking and listening to God, making our requests for help, guidance, wisdom, and needs (Pss. 18:6; 46:10; Luke 18:7; John 10:27; Rom. 8:26; Phil. 4:6; Jas. 1:5-8)</li><li>• Interceding for believers (Luke 22:32; John 17:9,20; Acts 12:5; 2 Cor. 1:10-11; Eph. 6:18-20)</li><li>• Interceding for the lost, hurting, and broken around us (Gen. 20:17; 1 Sam. 12:23; Neh. 1:5-11; Matt. 5:44; Acts 8:15; Rom. 10:1; Col. 4:3-4; Jas. 5:14-16)</li></ul>	<ul style="list-style-type: none"><li>• An opportunity to boast (Matt. 6:5; Mark 12:40; Luke 18:11-14)</li><li>• Vain repetition or babbling (Eccl. 5:7; Matt. 6:7)</li><li>• A good luck charm or incantation (1 Kings 18:26-29; Matt. 6:7)</li><li>• A list of demands for the Lord (Isa. 1:15; 29:13; Jas. 4:3-4)</li></ul>

## ELEMENTS OF PRAYER

**ADORATION**—Expressing love, worship, and praise (Neh. 9:5-15; Isa. 37:16; Dan. 9:4)

**CONFESSION**—Acknowledging our sin and our need for forgiveness (Neh. 9:16-37; Dan. 9:5-19)

**THANKSGIVING**—Expressing gratitude for God's gifts (2 Cor. 9:10-15; Eph. 5:20; Phil. 4:6; Col. 3:17)

**SUPPLICATION**—Requesting God's action or help (Matt. 26:39; Eph. 3:14-21; Phil. 4:6; Col. 1:9-12)

## JESUS'S MODEL PRAYER (LUKE 11:1-4)

OLD TESTAMENT CONNECTIONS	THE LORD'S PRAYER	NEW TESTAMENT CONNECTIONS
God is our Creator and Father (Gen. 1-2; Ex. 4:22-23; Isa. 9:6; 63:16; 64:8; Mal. 2:10).	<b>Father,</b>	All who trust in Jesus are God's children (John 1:12-13; Rom. 8:14-17; Gal. 3:26; 1 John 3:1-3).
God is perfectly holy (Ex. 20:7; Lev. 19:2; 1 Sam. 2:2; 1 Chron. 16:10; Ps. 99; Isa. 6:1-7).	<b>Your name be honored as holy.</b>	The Holy Spirit sanctifies believers to obey God's holy will (1 Cor. 3:16-17; 6:19-20; Titus 3:4-8).
God is king over all, and He promised a King to reign over His kingdom forever (Pss. 2; 47; 2 Sam. 7:12-16; Jer. 10:6-10).	<b>Your kingdom come.</b>	Jesus is enthroned at God's right hand (Heb. 1), and He will return to reign forever over the kingdom to come (Rev. 11:15; 19-22).
God provided manna for the Israelites (Ex. 16:4,13-15; cf. Deut. 8:3) and bread for Elijah (1 Kings 17:6; 19:6).	<b>Give us each day our daily bread.</b>	Jesus fed thousands (Mark 6:35-44; 8:1-9); His church shared bread (Acts 2:46; 6:1-7); and God provides for all of our needs (Phil. 4:10-20).
The Lord is compassionate, gracious, slow to anger (Ex. 34:5-9; Num. 14:19-20; 2 Chron. 7:14); He does not treat us as our sins deserve (Pss. 25:11; 103:1-3,10-13).	<b>And forgive us our sins, for we ourselves also forgive everyone in debt to us.</b>	Jesus forgave sins (Mark 2:5-12; Luke 7:40-50); Jesus told His disciples to forgive (Matt. 18:21-35) and to be merciful as God is merciful (Luke 6:35-36).
The Lord led Israel into the wilderness to test them and to teach them to trust Him (Ex. 15-17; Deut. 8).	<b>And do not bring us into temptation.</b>	Jesus was tempted and didn't sin (Matt. 4:1-11; Heb. 2:14-18; 4:14-16); God limits our temptations and helps us resist and escape (1 Cor. 10:1-14).