



**SEPTEMBER 2025**  
**DELIVERY HOURS BETWEEN 11AM-1PM**  
**PLEASE RETURN COLOR COPY FILLED OUT BY AUGUST 15<sup>th</sup>**

	<b>MONDAY SEPTEMBER 1st</b>	<b>TUESDAY SEPTEMBER 2nd</b>	<b>WEDNESDAY SEPTEMBER 3rd</b>	<b>THURSDAY SEPTEMBER 4<sup>th</sup></b>	<b>FRIDAY SEPTEMBER 5th</b>
<b>Entrée (Please Circle One)</b>	<b>LABOR DAY HOLIDAY NO HOME DELIVERY TODAY!!! WE ARE OFF FOR LABOR DAY HOLIDAY!!!</b>	<b>Vegetable Lasagna Or Apricot Glazed Pork Loin</b>	<b>Cranberry Chicken Or Beef and Broccoli</b>	<b>Herb &amp; Mustard Crusted Pork Loin Or Burgundy Turkey Cutlets</b>	<b>Seafood Newburg Or Lemon Glazed Chicken</b>
<b>Side Dishes</b>	<b>LABOR DAY HOLIDAY PLEASE PLAN ACCORDINGLY WELL IN ADVANCE!!!</b>	<b>Garlic Noodles &amp; Carrots</b>	<b>Balsamic Brussels Sprouts &amp; Fluffy Rice</b>	<b>Mashed Potato &amp; Seasoned Spinach</b>	<b>Penne Pasta &amp; Herbed Green Beans</b>
<b>Dessert (Please Circle One)</b>	<b>NO HOME DELIVERY TODAY!!!</b>	<b>Rosy Applesauce Or Chilled Pineapple</b>	<b>Brownie Or Cantaloupe</b>	<b>Cookie Or Fruit Cocktail</b>	<b>Chilled Peaches Or Pears</b>
<b>Evening Meal</b>	<b>HDM HOLIDAY!!!</b>	<b>Turkey and American on Wheat Lettuce and Tomato Fresh Fruit</b>	<b>Bologna and Cheese on White Lettuce and Tomato Fresh Fruit</b>	<b>Ham and Cheese on Wheat Lettuce &amp; Tomato Potato Salad Fresh Fruit</b>	<b>Tuna Salad on White Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

\_\_\_\_ (# of days) X \$18.00 -3 meal a week min per full 5 day week. = \_\_\_\_  
\_\_\_\_ Weekly rate for five deliveries per week = \$80.00  
\_\_\_\_ Yes, I would like milk with my meal (\$.60/day for 2 milks) = \_\_\_\_  
  
TOTAL: \_\_\_\_\_

Norwood Seniors Network home delivered meals are made in one main production kitchen so we cannot guarantee that food will be produced separately. Norwood Seniors Network cannot be held responsible for any issues resulting from food allergies.

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	<b>MONDAY SEPTEMBER 8th</b>	<b>TUESDAY SEPTEMBER 9<sup>th</sup></b>	<b>WEDNESDAY SEPTEMBER 10<sup>th</sup></b>	<b>THURSDAY SEPTEMBER 11th</b>	<b>FRIDAY SEPTEMBER 12<sup>th</sup></b>
<b>Entrée (Please Circle One)</b>	<b>Chicken Marsala Or Stuffed Cabbage Roll</b>	<b>BBQ Pork Chop Or Liver &amp; Onions</b>	<b>Pork Loin Roast Or Vegetable Primavera Pasta</b>	<b>Honey Citrus Salmon Or Roast Turkey and Gravy</b>	<b>Caprese Chicken Or Swiss Steak</b>
<b>Side Dishes</b>	<b>Herbed Potatoes &amp; Squash Medley</b>	<b>Whipped Potatoes &amp; Pacific Blend of Vegetables</b>	<b>Tri-Color Rotini &amp; Creamed Spinach</b>	<b>Au Gratin Potatoes &amp; Parslied Carrots</b>	<b>Rice Pilaf &amp; Sicilian Blend of Vegetables</b>
<b>Dessert (Please Circle One)</b>	<b>Peach Pie Or Applesauce</b>	<b>Banana Cake Or Pineapple</b>	<b>Peach Cobbler Or Pears</b>	<b>Chilled Fruit Salad Or Mandarin Oranges</b>	<b>Rice Crispy Bar Or Apricots</b>
<b>Evening Meal</b>	<b>Turkey and American on Wheat Lettuce and Tomato Fresh Fruit</b>	<b>Ham &amp; Cheese on Bun Tossed Lettuce Salad Fresh Fruit</b>	<b>Bologna and Cheese on Bun Lettuce and Tomato Fresh Fruit</b>	<b>Chicken Salad on Croissant Potato Salad Fresh Fruit</b>	<b>Tuna Salad on Wheat Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

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	<b>MONDAY SEPTEMBER 15<sup>th</sup></b>	<b>TUESDAY SEPTEMBER 16<sup>th</sup></b>	<b>WEDNESDAY SEPTEMBER 17<sup>th</sup></b>	<b>THURSDAY SEPTEMBER 18<sup>th</sup></b>	<b>FRIDAY SEPTEMBER 19<sup>th</sup></b>
<b>Entrée (Please Circle One)</b>	<b>Garlic Shrimp Or Herbed Roasted Turkey</b>	<b>Lemon Mustard Chicken Or Pork Paprika</b>	<b>Marinated Beef Kabob Or Veal Parmesan</b>	<b>Spinach Lasagna Or Chicken Chardonnay</b>	<b>Braised Pork Chop Or Pesto Turkey</b>
<b>Side Dishes</b>	<b>Bread Dressing &amp; Herbed Green Beans</b>	<b>Mashed Potatoes &amp; Orange Glazed Beets</b>	<b>Tri-Color Couscous &amp; Scandinavian Blend of Vegetables</b>	<b>Parslied Noodles &amp; Italian Blend of Vegetables</b>	<b>Herbed Green Beans &amp; Mashed Potato</b>
<b>Dessert (Please Circle One)</b>	<b>Brownie Or Honeydew Cubes</b>	<b>Apple Crisp Or Pineapple</b>	<b>Cookies Or Fruit Cup</b>	<b>Lemon Bar Or Chilled Apricots</b>	<b>Cherry Cobbler Or Peaches</b>
<b>Evening Meal</b>	<b>Turkey and American on Wheat Lettuce and Tomato Fresh Fruit</b>	<b>Bologna and American on White Tossed Lettuce Salad Fresh Fruit</b>	<b>Chicken Salad on White Lettuce &amp; Tomato Pasta Salad Fresh Fruit</b>	<b>Turkey and American on Wheat Lettuce &amp; Tomato Potato Salad Fresh Fruit</b>	<b>Tuna Salad w/th Croissant Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

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	<b>MONDAY SEPTEMBER 22<sup>nd</sup></b>	<b>TUESDAY SEPTEMBER 23<sup>rd</sup></b>	<b>WEDNESDAY SEPTEMBER 24<sup>th</sup></b>	<b>THURSDAY SEPTEMBER 25<sup>th</sup></b>	<b>FRIDAY SEPTEMBER 26<sup>th</sup></b>
<b>Entrée (Please Circle One)</b>	<b>Chicken Fricassee Or Chimichurri Pork Loin</b>	<b>Garlic Steak Bites Or Grilled Ham Steak</b>	<b>Mediterranean Baked Fish Or Crispy Pork Loin</b>	<b>Meatloaf and Gravy Or Turkey Divan</b>	<b>BBQ Chicken Thigh Or Pork Chop in Mushroom Sauce</b>
<b>Side Dishes</b>	<b>Orzo Pasta &amp; Broccoli Floretts</b>	<b>O’Brien Potatoes &amp; Brussels Sprouts</b>	<b>Fluffy Rice &amp; Steamed Summer Squash</b>	<b>Mashed Potato &amp; Sicilian Blend of Vegetables</b>	<b>Macaroni and Cheese &amp; Seasoned Green Beans</b>
<b>Dessert (Please Circle One)</b>	<b>Cookie Or Pears</b>	<b>Brownie Or Pineapple</b>	<b>Cookies Or Fruit Cup</b>	<b>Pudding Or Chilled Apricots</b>	<b>Apple Crisp Or Peaches</b>
<b>Evening Meal</b>	<b>Turkey and American on Wheat Lettuce and Tomato Fresh Fruit</b>	<b>Bologna and American on White Tossed Lettuce Salad Fresh Fruit</b>	<b>Chicken Salad on White Lettuce &amp; Tomato Pasta Salad Fresh Fruit</b>	<b>Turkey and American on Wheat Lettuce &amp; Tomato Potato Salad Fresh Fruit</b>	<b>Tuna Salad w/th Croissant Lettuce &amp; Tomato Coleslaw Fresh Fruit</b>

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	<b>MONDAY SEPTEMBER 29<sup>nd</sup></b>	<b>TUESDAY SEPTEMBER 30<sup>th</sup></b>			
<b>Entrée (Please Circle One)</b>	<b>Honey Chicken Or Baked Fish in Dill Sauce</b>	<b>Vegetable Lasagna Or Apricot Glazed Pork Loin</b>			
<b>Side Dishes</b>	<b>Garden Blend of Rice &amp; Sautéed Cabbage</b>	<b>Garlic Noodles &amp; Carrots</b>			
<b>Dessert (Please Circle One)</b>	<b>Banana Cream Pie Or Peaches</b>	<b>Rosy Applesauce Or Chilled Pineapple</b>			
<b>Evening Meal</b>	<b>Ham American on White Lettuce and Tomato Fresh Fruit</b>	<b>Turkey and American on Wheat Lettuce and Tomato Fresh Fruit</b>			

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\_\_\_\_ Yes, I would like milk with my meal (\$.60/day for 2 milks)

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