



DECEMBER 2025
DELIVERY HOURS BETWEEN 11AM-1PM
PLEASE RETURN COLOR COPY FILLED OUT BY NOV. 24th

	MONDAY DECEMBER 1st	TUESDAY DECEMBER 2nd	WEDNESDAY DECEMBER 3rd	THURSDAY DECEMBER 4th	FRIDAY DECEMBER 5th
Entrée (Please Circle One)	Chicken Marsala Or Stuffed Cabbage Roll	Salisbury Steak Or Liver & Onions	Pork Loin Roast Or Vegetable Primavera Pasta	Honey Citrus Salmon Or Roast Turkey and Gravy	Maple Mustard Chicken Or Swiss Steak
Side Dishes	Herbed Potatoes & Squash Medley	Whipped Potatoes & Pacific Blend of Vegetables	Tri-Color Rotini & Creamed Spinach	Au Gratin Potatoes & Parslied Carrots	Rice Pilaf & Sicilian Blend of Vegetables
Dessert (Please Circle One)	Peach Pie Or Applesauce	Banana Cake Or Pineapple	Peach Cobbler Or Pears	Chilled Fruit Salad Or Mandarin Oranges	Rice Crispy Bar Or Apricots
Evening Meal	Turkey and American on Wheat Lettuce and Tomato Fresh Fruit	Ham & Cheese on Bun Tossed Lettuce Salad Fresh Fruit	Egg Salad on Croissant Lettuce and Tomato Fresh Fruit	Turkey and Swiss on Wheat Potato Salad Fresh Fruit	Tuna Salad on Wheat Lettuce & Tomato Coleslaw Fresh Fruit

____ (# of days) X \$18.00 -3 meal a week min per full 5 day week. = ____
____ Weekly rate for five deliveries per week = \$80.00
____ Yes, I would like milk with my meal (\$.60/day for 2 milks) = ____

TOTAL: ____

Norwood Seniors Network
Reshaping Aging®

A non-for-profit organization serving seniors in their homes since 1994

(773) 631-5673



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	MONDAY DECEMBER 8 th	TUESDAY DECEMBER 9 th	WEDNESDAY DECEMBER 10 th	THURSDAY DECEMBER 11th	FRIDAY DECEMBER 12th
Entrée (Please Circle One)	Garlic Shrimp Or Herbed Roasted Turkey	Lemon Mustard Chicken Or Pork Paprika	Beef Stroganoff Or Veal Parmesan	Spinach Lasagna Or Chicken Chardonnay	Braised Pork Chop Or Pesto Turkey
Side Dishes	Bread Dressing & Herbed Green Beans	Mashed Potatoes & Orange Glazed Beets	Parslied Noodles & Scandinavian Blend of Vegetables	Jasmine Rice & Italian Blend of Vegetables	Herbed Green Beans & Mashed Potato
Dessert (Please Circle One)	Brownie Or Honeydew Cubes	Apple Crisp Or Pineapple	Cookies Or Fruit Cup	Lemon Bar Or Chilled Apricots	Cherry Cobbler Or Peaches
Evening Meal	Turkey and American on Wheat Lettuce and Tomato Fresh Fruit	Ham and American on White Tossed Lettuce Salad Fresh Fruit	Egg Salad on White Lettuce & Tomato Pasta Salad Fresh Fruit	Turkey and American on Wheat Lettuce & Tomato Potato Salad Fresh Fruit	Tuna Salad w/th Croissant Lettuce & Tomato Coleslaw Fresh Fruit

(# of days) X \$18.00 -3 meal a week min per full 5 day week.

=

Weekly rate for five deliveries per week

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\$80.00

Yes, I would like milk with my meal (\$.60/day for 2 milks)

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TOTAL:

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	MONDAY DECEMBER 15th	TUESDAY DECEMBER 16th	WEDNESDAY DECEMBER 17th	THURSDAY DECEMBER 18th	FRIDAY DECEMBER 19th
Entrée (Please Circle One)	Chicken Fricassee Or Pork Loin Medallion	Garlic Steak Bites Or Grilled Ham Steak	Mediterranean Baked Fish Or Crispy Pork Loin	Meatloaf and Gravy Or Turkey Divan	BBQ Chicken Thigh Or Patty Melt
Side Dishes	Orzo Pasta & Broccoli Floretts	O’Brien Potatoes & Brussels Sprouts	Fluffy Rice & Zucchini & Tomatoes	Mashed Potato & Sicilian Blend of Vegetables	Macaroni and Cheese & Seasoned Green Beans
Dessert (Please Circle One)	Cookie Or Pears	Brownie Or Pineapple	Cookies Or Fruit Cup	Pudding Or Chilled Apricots	Apple Crisp Or Peaches
Evening Meal	Turkey and American on Wheat Lettuce and Tomato Fresh Fruit	Ham and American on White Tossed Lettuce Salad Fresh Fruit	Egg Salad on White Lettuce & Tomato Pasta Salad Fresh Fruit	Turkey and American on Wheat Lettuce & Tomato Potato Salad Fresh Fruit	Tuna Salad w/th Croissant Lettuce & Tomato Coleslaw Fresh Fruit

(# of days) X \$18.00 -3 meal a week min per full 5 day week.

Weekly rate for five deliveries per week

Yes, I would like milk with my meal (\$.60/day for 2 milks)

TOTAL:

Norwood Seniors Network home delivered meals are made in one main production kitchen so we cannot guarantee that food will be produced separately. Norwood Seniors Network cannot be held responsible for any issues resulting from food allergies.



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	MONDAY DECEMBER 22nd	TUESDAY DECEMBER 23rd	CHRISTMAS EVE DECEMBER 24th	CHRISTMAS DAY DEMEMBER 25th	FRIDAY DECEMBER 26th
Entrée (Please Circle One)	Honey Chicken Or Baked Fish & Dill Sauce	Butternut Squash Lasagna Or Apricot Glazed Pork Loin	HOME DELIVERED MEALS HOLIDAYS WE ARE OFF for DELIVERY ON THE 24th and 25th of DECEMBER Please Plan Accordingly.	NO HOME DELIVERY ON ON THIS HOLIDAY!!! IF YOU NEED EXTRA MEALS PRIOR PLEASE PLAN ACCORDINGLY WELL IN ADVANCE!!!	SeaFood Gumbo Or Lemon Glazed Chicken
Side Dishes	Sautéed Cabbage & Garden Blend of Rice	Garlic Noodles & Carrots	IF YOU NEED EXTRA MEALS PLEASE ORDER THEM WELL IN ADVANCE OF THIS 2 DAY BREAK...	WE ARE OFF THE 24th 25th and January 1st for HOME DELIVERY OF MEALS. PLEASE PLAN ACCORDINGLY PRIOR.	Penne Pasta & Green Beans
Dessert (Please Circle One)	Banana Cream Pie Or Peaches	Rosy Applesauce Or Chilled Pineapple	NO HOME DELIVERY THE 24th and 25th and we are also Off January the 1st. FYI PLEASE PLAN WELL IN ADVANCE.	WE WANT TO THANK YOU FOR Choosing NSN FOR your HOME DELIVERY!!!	PEACHES OR PEARS
Evening Meal	EGG SALAD on White Lettuce and Tomato Fresh Fruit	Turkey and American on Wheat Lettuce and Tomato Fresh Fruit	HAPPY HOLIDAYS to All whom celebrate this time of year!	TO ALL OF THOSE who Celebrate this Holiday Season HAPPY HOLIDAYS!!!	Ham and Cheese on Wheat Lettuce and Tomato Fresh Fruit

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_____ Weekly rate for five deliveries per week

_____ Yes, I would like milk with my meal (\$.60/day for 2 milks)

= _____

= \$80.00

= _____

TOTAL: _____

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	MONDAY DECEMBER 29th	TUESDAY DECEMBER 30th	WEDNESDAY DECEMBER 31st	THURSDAY JANUARY 1st 2026
Entrée (Please Circle One)	Chicken Marsala Or Stuffed Cabbage Roll	Salisbury Steak Or Liver & Onions	Pork Loin Roast Or Vegetable Primavera Pasta	HOME DELIVERED MEALS HOLIDAY!!! NO DELIVERY TODAY!!! PLEASE SEE NEXT MONTHS MENU.
Side Dishes	Herbed Potatoes & Squash Medley	Whipped Potatoes & Pacific Blend of Vegetables	Tri-Color Rotini & Creamed Spinach	JANUARY 2nd will appear on THE FIRST PAGE OF NEXT MONTHS MENU.
Dessert (Please Circle One)	Peach Pie Or Applesauce	Banana Cake Or Pineapple	Peach Cobbler Or Pears	NO HOME DELIERY ON JANUARY 1st 2026.
Evening Meal	Turkey and American on Wheat Lettuce and Tomato Fresh Fruit	Ham & Cheese on Bun Tossed Lettuce Salad Fresh Fruit	Egg Salad on Croissant Lettuce and Tomato Fresh Fruit	HAPPY NEW YEAR EVERYONE!!!

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