

# LITURGICAL LIVING

Series 2  
September 03-09



## St. Teresa of Kolkata (Calcutta) September 5

- Lived August 26, 1910- September 5, 1997
- Patron Saint of World Youth Day and the Missionaries of Charity
- "Not all of us can do great things. But we can do small things with great love."

The Catholic church celebrates, Mother Teresa, the universal symbol of God's merciful and preferential love for the poor and forgotten (CNA).

St. Teresa of Kolkata is a shining example of a modern day Saint. She was alive with modern comforts and the internet and yet radically lived for Christ. She worked, quietly, helping the poorest of the poor. While loudly defending life, especially the unborn.

You can learn more about her on [Catholic.org](http://Catholic.org)

### How can we celebrate St. Teresa of Kolkata?

1. Did you know there is a Missionaries of Charity office in Minneapolis? This feast day is a good one to prayerfully consider visiting and/or supporting St. Teresa's legacy.
2. You could pray the "Flying Novena" which was a prayer frequented by Mother Teresa for the speedy assistance from Mary.
3. Eat an Indian inspired meal or even something Chai.
4. Read a book about her!
  - Stories Told by Mother Teresa
  - Mother Teresa: A Life in Pictures

### *Mother Teresa's "Flying Novena"*

*Pray the Memorare ten times*

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.

### Resources

- "Catholic all Year" by Kendra Tierney
- St. Teresa Kolkata- [Catholic.org](http://Catholic.org)

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### What's the deal with the Liturgical Calendar?

The Liturgical Calendar of the Catholic Church follows the sacred mysteries of the life of Christ. Celebrating the one Paschal Mystery over and over again. While the feasts may be the same each year, each year is still ever new in Christ. We are called to conversion and to grow deeper in our relationship with Christ.

The Liturgical Calendar includes 6 seasons- Advent, Christmas, Lent, Triduum, Easter and Ordinary Time. We are currently in Ordinary Time. There are two sections each year- one after Christmas and one after Lent.

Ordinary Time is a season of growth and maturation. This is signified by the color green. During this time we are called to actively participate in the everyday life of Jesus.

#### How can we more fully participate in Ordinary Time?

- We can focus on Christ's life
- We can learn more about the Saints
- We can try new prayers and devotionals
- We can frequent the sacraments of the Eucharist and Confession

