

LITURGICAL LIVING

Series 20: January 7-13

Feast of the Baptism of the Lord (7)

We rejoice that Jesus is born, and then in a few short weeks, the Sunday after Epiphany, we celebrate His baptism. We honor Jesus' baptism and the beginning of His public ministry at age thirty. When John the Baptist baptized Jesus in the Jordan River, the Holy Spirit came down in the form of a dove, and God the Father announced Jesus's place as His Son. With this, Jesus was sent out to proclaim the Gospel. This feast also highlights the humility of Jesus, who submitted Himself to John even as John said Jesus was superior. We celebrate Jesus's desire to become one with us in all things except sin. We ask the Holy Spirit to guide us to minister to his people.

Celebrate

Celebrate your families baptisms: We talked about this practice during [Week 11's Issue](#).

Celebrate Godparents

- Reach out to your children's godparents. You could invite them to dinner or spend time with them this Sunday! But that doesn't always work out so you could call them, send them a card or even just pray for them!

Baptismal Promises Renewal

- Try renewing your Baptismal promises as a family. A leader will read the V. part and everyone will give the response, R part.

V. Do you reject Satan?

R. I do.

V. And all his works?

R. I do.

V. And all his empty promises?

R. I do.

V. Do you believe in God, the Father Almighty, Creator of heaven and earth?

R. I do.

V. Do you believe in Jesus Christ his only Son, our Lord, who was born of the Virgin Mary, was crucified, died and was buried, rose from the dead, and is now seated at the right hand of the Father?

R. I do.

V. Do you believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

R. I do.

V. God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit, and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever.

R. Amen.

Water Fun.

There is a tradition in many Eastern countries to take a plunge into their frigid rivers on this day. You will not see me in the Minnesota river on this day. However, I'll be setting up a water sensory table/activity for my boys. Indoors of course!



LITURGICAL LIVING

Series 20: January 7- 13

Celebrating Name Days

- Celebrating name days is an example of a way to be more intentional about incorporating the saints into your rhythm of life and to honor each member of your family.
- Choose a patron saint for each person in the family. Often this would be a saint whose name a person shares. However it could also be a confirmation saint or another saint that person has a connection to.



Celebrate

- Do a little research on each person's saint. Learn about their story, their example of faith, what they are patrons of and traditions to honor them. Mark their feast day in your calendar. On their feast day, say a prayer for them and celebrate in your own way. It can be as simple or as much as you want it to be. Make it your own. A meal and a special dessert is always a classic.
- Additionally, some friends always add in their name saints when they finish their family rosaries or other family prayers growing up. Just the simple, "Saint _____, pray for us." An easy way to remember this saint and ask for their intercessions on the regular!

The Liturgical Year

"The Church, in the course of the year, unfolds the whole mystery of Christ from His Incarnation and Nativity through His Ascension, to Pentecost and the expectations of the blessed hope of the coming of the Lord." ~CCC 1194

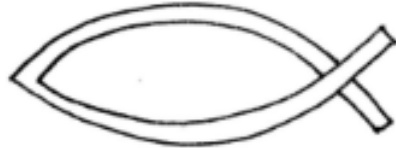
Ordinary Time

Ordinary Time occurs twice during the year— a shorter time after Christmas and before Lent, as well as a longer time after Easter and before the next Advent. Ordinary doesn't mean boring or typical, it means that this season is about order, structure, and growth. We are called to learn about the life and ministry of Christ during this time as we strive to grow more and more like Him.



See AFC
Website for
Digital
Version!





Ordinary Time

