Choosing a Confirmation Sponsor

As part of Confirmation, you will be more equipped with the Holy Spirit to be incorporated more firmly into Christ and to help the Church bear witness of the Christian faith in words and deeds. We are not called to undertake this call to be witnesses alone; therefore, every Confirmation candidate must have a sponsor to walk this journey with together. The sponsor will be able to guide you and challenge you in your faith journey, while sharing their own walk with Christ with you. A good sponsor will make the Confirmation process have more meaning and help you to grow in your own relationship with Jesus Christ on a deeper level.

When choosing your sponsor the first place to look is your Baptismal godparents. Having one of your godparents as a sponsor helps us to see how Baptism and Confirmation are connected. However, it may be the case that your baptismal godparents might not have a close relationship with you or they are no longer good role models in the faith. Or maybe they just live too far away. If this is the case, then you have the opportunity to choose a new sponsor. There are a few requirements to be a Confirmation sponsor:

- Practicing Catholic in word and deed.
- Received the Sacraments of Baptism, Eucharist, and Confirmation.
- Must possess sufficient maturity to fulfill their role and be at least age 16.
- Sponsors should participate at the Sunday Mass and be active members in the church.
- Parents of the one to be confirmed cannot be the sponsor.

Whether you want to ask a godparent or someone else, like family members or an adult in the Church that you respect, to be your Confirmation sponsor, a few things that you should consider:

- Do they meet the requirements above?
- Can you have conversations with them about your faith?
- Can you meet with them 4 times during the year, before Confirmation?
- Are they able to attend the Confirmation Mass (If something comes up and they cannot make the Mass, talk with the youth minister as soon as possible).

It is very important to have your sponsor chosen early to begin the journey together. If you have any questions or need help deciding on your sponsor please contact the youth minister to help you with this process.

Once you have a sponsor asked, work with them to fill out the Confirmation Sponsor form and return it to the youth minister.