

Name: \_\_\_\_\_

Completed with: \_\_\_\_\_

Due Week of Nov. 8

First Reconciliation

# Blessed

# 4



- Step 1: Watch "What is Reconciliation?" video.
- Step 2: Complete the following activity.
- Step 3: Together complete the prayer on the back.

Read through the Examination of Conscience.

## EXAMINATION OF CONSCIENCE

Did I pay attention at Mass? Have I fooled around in Church? Did I argue with my parents about going to Mass?

Did I say my prayers every day?

Did I say mean things to my mom or dad?

Did I always say "Thank You" to people?

Am I hard to get along with (during school, at Grandma's, at home, etc.)?

Did I do what my mom and dad told me to do? My teacher?

Did I lose patience with my parents because I did not get my way?

Was I lazy around the house? Did I do my chores?

Did I think only of myself and not care about how my actions would hurt others?

Did I hurt others people's feelings by calling them bad names?

Have I started fights with my brothers and sisters at home?

Have I blamed other people for things I do?

Did I get other people into trouble?

Do I hit people when I get mad?

Have I forgiven people? Or am I holding a grudge?

Have I cheated or been unfair in games?

Did I refuse to play with someone for no good reason?

Did I walk past a student who was sitting along?

Did I gossip about others or do nothing when someone was being bullied or made fun of?

Have I laughed at people who made a mistake?

Was I was lazy about my schoolwork? Did I fail to do my homework?

Did I cheat in school?

Did I lie to my parents? My teachers? My friends?

Did I take anything that didn't belong to me?

Did I not stand up for my faith when people criticized my beliefs?

Did I focus on the faults of others?

Did I always put God first?

How does it make your heart feel when you think about your sins?

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How do you think your heart will feel after you tell Jesus you are sorry for your sins and your sins are forgiven in Reconciliation?

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Discuss how you are feeling about going to your 1st Reconciliation. Parents, share your experience of your 1st Reconciliation.

# My Little Prayer Process

- 1 Thank God for whomever and whatever you are most grateful today. List what you are grateful for.

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- 2 Think about today. Talk to God about the times when you were and were not the-best-version-of-yourself.

- 3 What do you think God is trying to say to you today? Talk to God about that.

- 4 Ask God to forgive you for anything you have done wrong and to fill your heart with peace.

- 5 Talk to God about some way he is inviting you to change and grow.

- 6 Pray for the other people in your life by asking God to guide them and watch over them. List those you are praying for.

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- 7 Pray the Our Father.