

Blister Pain Care

ORAL PAIN: Every 4 hours apply with a Q-tip the following mixture:

1 tsp Benadryl mixed with 1 tsp Milk of Magnesia

The Benadryl will soothe the pain and the Milk of Magnesia will help coat the open sores, avoid swallowing the mixture.

FOOD Avoid hot, spicy, citrus, acidic food/drink such as juice, spaghetti sauce, etc.

PAIN: Give Tylenol or Motrin every 4-6 hours as directed on bottle.

BRUSHING: Can be painful. It is better to use a wet Q-tip or cotton ball to gently clean teeth and gums.

AVOID: using Hydrogen Peroxide as it makes the sores worse.

HEALING: Can take up to 2 weeks

CALL US: If child is unable to eat or drink the usual daily amount or develops a fever.

QUESTIONS: Please call us for the Novi office at **248.478.3232**

Please call us for the Brighton office at **248.329.0357**