

National Puzzle Day  
PuzzleDayFun.com  
(323)350-9862  
Info@PuzzlestoPlay.com

❧ ❧ January is Puzzle Month ❧ ❧

## Puzzle Site Launched to Celebrate National Puzzle Day

(FOR IMMEDIATE RELEASE: December 19) -- Calling all puzzle fanatics and curious minds! Puzzle Month is almost here! Puzzle enthusiasts nationwide are gearing up for the 2024 celebration of puzzles kicking off on January 1<sup>st</sup>! How? PuzzleDayFun.com is offering free puzzles to download, until the day after National Puzzle Day, for everyone to celebrate this holiday.

*January is Puzzle Month -- National Puzzle Day is on January 29<sup>th</sup>*

So why do people get ready to dive into the ultimate puzzle bash – National Puzzle Day on January 29<sup>th</sup>? This mind-boggling tradition has become THE event to captivate millions, both young and young-at-heart. Last year saw a whopping 7 million puzzle enthusiasts join the festivities, to play puzzles, and this year promises even more thrilling surprises.

Launched in 2002 by the founder, Jodi Jill, National Puzzle Day has evolved into a nationwide phenomenon, drawing millions of puzzle players each year. Crossword, Sudoku, jigsaws, so many others – the puzzles never stop. People love puzzles, particularly solving puzzles. That’s why Jill decided to offer puzzles to play, at no charge, as a way to celebrate! With a mission to unlock the cognitive wonders of puzzle-solving, Jill uses this event to engage individuals of all ages and embrace the joy puzzles offer. To ensure that no one feels left out, Jill noted that even educators can find age-appropriate puzzles to share with their students to encourage puzzle playing.

“National Puzzle Day is all about the celebration of puzzles,” said Jill. “I started this with the idea to share with kids of the importance of puzzle playing and it’s been a crazy puzzle experience ever since.” Jill continued, “Puzzle playing is good for all of us, it helps keep our cognitive skills sharp.

Puzzles are for everyone. With hundreds of different puzzles to choose from, people can play on paper, on the computer, tablet, or even their cell phones. Plus, they can play with others from anywhere in the world. Puzzles are fun, but they offer other positive attributes that help individuals in their everyday lives.

Ready to release stress after the holidays? You won't have to wait long. Puzzles reduce stress. Don't take our word for it, the *Baylor College of Medicine* shares that puzzles help us focus on a task at hand and reduces our stress from the everyday world. Puzzles offer a mental workout that not only entertains but supercharges problem-solving skills and leaves you with that sweet sense of accomplishment. While the choices of puzzles are endless, no matter who you are or where you live, puzzles can impact your life in a positive way.

Knowing the value of puzzling for youngsters, educators and homeschoolers use puzzles as a tool for learning. Grabbing the attention of the students, puzzles make learning fun and allow kids to explore without feeling intimidated about new information.

For the scoop on National Puzzle Day and to snag your puzzles to download at no charge, check out the official National Puzzle Day website: [PuzzleDayFun.com](http://PuzzleDayFun.com).

As Jill puts it, "No strings for the fun, yes, it's free – really. No emails required. Just come and play puzzles!" Remember, the puzzle fun will only last all month long as January is puzzle month.

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News Media: For more information on National Puzzle Day and the new site launched to celebrate puzzles, check out [PuzzleDayFun.com](http://PuzzleDayFun.com). All offerings are currently available to enjoy. Additionally, we are setting up interviews with Jodi Jill to talk puzzles and reflect on the success of celebrating puzzles with the world every year. Contact: [Info@PuzzlestoPlay.com](mailto:Info@PuzzlestoPlay.com) or (323)350-9862