

CASHMERE
TECHNICAL FC

U12 MIXED PRE-ACADEMY
U13 GIRLS PRE-ACADEMY
U13 MIXED ACADEMY

2026 SEASON





**U12 Pre-Academy Vision &
U13 Pre-Academy/Academy Vision**
Creating Youth International Footballers

- ❖ **2030 FIFA Under 17 World Cup**
- ❖ **2031 FIFA Under 17 World Cup**

Constant – Growing young people with confidence
and character

Underpinned by everyone's
understanding that –

**Success is a direct product of our
collective hard work and
commitment**



2025 Vision

Win the Southern
League and play in
the National League
with 40% of first
team squad
developed within our
club

Projected player makeup each year to reach our goal:

- **2024** – First Team made up of 30% players developed within our club
- **2025** – First Team made up of 35% players developed within our club
- **2026** – Win the South Island League and play in the National League with 35% of first team squad developed within our club
- **2027** – Play in the National League with 40% of first team squad developed within our club
- **Reserve Team** – This will be made up of 80% or more of players that have come through the club.
- **U20s Team** – This will be made up of 80% or more of players that have come through the club.
- We are committed to providing a pathway for our players within our club.

*percentages based on a 16-person match day squad averaged out over the season

Academy & Pre-Academy Mixed & Girls Key Information



The 13s Academy Mixed, 13s Pre-Academy Girls and 12s Grade Pre-Academy Mixed teams are selected via Team Selections session running over multiple sessions beginning early February.

The Pre-Academy programme runs across Terms 1, 2 and 3 finishing with South Island Tournaments at the end of term 3.

The Academy programme runs across Terms 1, 2, 3 & 4 finishing with Technical Development sessions up to the end of Term 4.

The program is overseen by our NZF/OFC B-Licence and NZF JL3 qualified Football Development Officer, Lyle Matthysen, and led by our NZF JL3 or OFC C-Licence coaches.

Five selected teams made up of 13 players per team:

13th Grade Academy Boys/Mixed – Players born in 2013

13th Grade Academy Boys/Mixed – Players born in 2013

13th Grade Pre-Academy Girls – Players born in 2013 & 2014

12th Grade Pre-Academy Boys/Mixed Blue – Players born in 2014

12th Grade Pre-Academy Boys/Mixed Gold – Players born in 2014

This program will begin on the week beginning 2nd March, with the CDL (13s Academy) beginning on the Junior playing season begins 2nd of May.



Cashmere Technical FC Pre-Academy program focuses on improving players core skills required to play football within a supportive and engaging learning environment. 11-12 years is part of the 'golden age' of learning both technically and tactically for any footballer. This programme is aimed to accelerate the player's development and unlock a higher potential as they advance toward Youth & Senior football at Cashmere Tech and beyond.

Our Pre-Academy focusses on four key areas, with support tailored across each area to enable positive, long-term personal and player development:

Character Development | Producing mature young people who make a difference in the world. Our goal is to nurture resilience, humility, and leadership in every player, ensuring they grow into well-rounded individuals both on and off the field.

Individual Technique | Producing players who thrive under pressure and can compete with the best, by focusing on mastery of the fundamentals, we equip players with the tools to express themselves creatively and confidently in any football environment.

Football Intelligence | Producing intelligent and tactically flexible players who can problem-solve and work collaboratively. We teach critical thinking and adaptability to help players read the game and make effective decisions under pressure.

Physical Development | Enabling and supporting lifelong movement and physical development. Our program emphasizes not only athletic performance but also injury prevention, strength, and conditioning to support overall health and well-being.

We believe that this player-focused model offers our players the best chance to grow and be successful not only in football, but in life. For our parents; we believe that we must work together to develop young people, so building trusting relationships with you is also very important for us to deliver a successful programme.

Pre-Academy Training & Coaches

Overseen by our Football Development Officer, Lyle Matthysen, and led by our qualified (or working towards qualification) coaches, the Cashmere Tech Pre-Academy program offers our best young players a high level of advanced coaching to help take their football to the next level.

The Pre-Academy programme takes place across Terms 1, 2 & 3 and offers players 2 training contacts per week based on best practice and modern methodologies to improve skill learning and tactical development.

Players will have 1 contact per week at in the indoor facility at Nga Puna Wai, which will be similar to our Skill Centre sessions. The teams will also have 1 contact per week that will be a team training and this will be the introduction of team tactics and game realistic play. We will also offer an additional optional session in the clubs' skill centre program, at a cost.

On Saturdays, teams will be led by one of our NZF qualified coaches and volunteer team managers under the guidance and direction of our club's football staff.

With this, we can work with and observe our players more regularly. This gives our players the best chance of reaching their potential and achieving great things in the game.

Pre Academy Training & Coaches

U12 Pre-Academy Boys
Gold – Head Coach

Jack Denison – JL2

Working on completing
his OFC C-Licence

Currently plays in the
Men's Reserve team

U12 Pre-Academy Boys
Blue – Head Coach

Toby Jenkins – JL2

Working on completing
his OFC C-Licence

Currently plays in the
Men's Reserve team

U13 Pre-Academy Girls –
Head Coach

Saskia Pelham – OFC
C-Licence

Currently plays in the
Women's First team

It is essential that our best coaches are working with our best players. In our Pre-Academy sessions, we want to work on Individual Player Plans (IPP) for each player. This will focus on improving each player as the rounded player but also focusing on each individual. This may include defending 1v1, attacking 1v1, dribbling, passing, finishing, technical ability etc.

We see lots of our players who are technically deficient, so the aim of the Pre-Academy program is to bring the technical level of all players involved up to a high standard. Working with good coaches and beside strong players will bring the level up for all involved.

13s Academy Training & Coaches

U13 Academy Mixed Blue –
Head Coach

Alex Ballard – JL2 & YL2

Working on completing his OFC
C-Licence

Currently plays in the Men's First
team

CTFC Academy Graduate

U13 Academy Mixed Gold –
Head Coach

Ewan Hyndman – JL2 & YL2

Working on completing his NZF
Junior Level 3

Currently the captain of the
Men's Reserve team

CTFC Academy Graduate

With the recent changes to the Whole of Football plan, the 13th Grade has changed to 9v9 and will be played on an intermediate pitch. Mainland Football have decided to run the 13th Grade as a Canterbury Development League and have invited the 7 licensed clubs to enter 1 or 2 teams. There has been 12 entries to the CDL, so the format will likely be play against the other 11 teams and then split into a top 6, bottom 6 for the remainder of the season.

Training Venue & Times – 13th Grade Girls

TERM 1

Tuesday – 4:00pm – 5:00pm – TBC by coach
Somerfield Park

Wednesday – 3:45pm – 4:45pm
Somerfield Park

TERM 2 & 3

Monday – 5:15pm-6:15pm
Garrick Park

Tuesday – 4:00pm – 5:00pm – TBC
Nga Puna Wai Indoor

Optional Extra Session

Wednesday – 5:15pm – 6:15pm (Mixed)
Garrick Park



Training Venue & Times – 12th Grade Mixed

TERM 1

Monday – 5:00pm – 6:00pm
Somerfield Park

Thursday – 4:00pm – 5:00pm – TBC by coach
Somerfield Park

Optional Extra Session (Skills Centre Session)

Tuesday – 5:00pm – 6:00pm
Somerfield Park

TERM 2 & 3

Monday – 5:15pm – 6:15pm
Garrick Park

Thursday – 4:00pm – 5:00pm – TBC by coach
Beckenham Park

Optional Extra Session (Skills Centre Session)

Wednesday – 5:15pm – 6:15pm
Garrick Park



Pre Academy Sessions

Session 1

Overseen by the club, but led by our coaches, this session focuses on individual player development. Topics include essential skills such as shielding/protecting the ball, passing/receiving, dribbling, outplaying opponents, and 1v1 attacking and defending. These sessions are tailored to help players build confidence and mastery of the fundamentals.

Session 2

The second session of the week focuses on team training, emphasizing the tactical side of the game while maintaining a fun and engaging environment. Throughout the season, players will be introduced to key team concepts such as playing out from the back or pressing the opposition. These foundational tactical themes prepare players for the transition to our Academy program at the 13th or 15th Grade level.

Match Day

On Saturday mornings, Pre-Academy teams are managed by one of our NZF-qualified coaches, supported by volunteer team managers under the guidance of our club's football staff. This structure allows us to closely observe and support players in a match environment, ensuring consistent development and providing every player with the best opportunity to reach their potential and achieve success in the game.



Academy Sessions

Session 1

The first session of the week will be an early morning session at Somerfield Park. The session will be from 6:30am to 7:45am but players can leave at any time if they need to get to school. These sessions will be only through Term 2 and Term 3. In term one, the first session will be on a Monday afternoon before we move to mornings. These sessions are aimed at improving the players technically, with lots of rondos, possession games and small sided games.

Session 2

Overseen by the club, but led by our coaches, this session focuses on individual player development. Topics include essential skills such as shielding/protecting the ball, passing/receiving, dribbling, outplaying opponents, and 1v1 attacking and defending. These sessions are tailored to help players build confidence and mastery of the fundamentals. In term 2 & 3 this will be indoors at Nga Puna Wai.

Session 3

The second session of the week focuses on team training, emphasizing the tactical side of the game while maintaining a fun and engaging environment. Throughout the season, players will be introduced to key team concepts such as playing out from the back or pressing the opposition. These foundational tactical themes prepare players for the transition to our Academy program at the 14th or 15th Grade level. This session will be held at either Garrick or a 9v9 pitch, to allow teams to work on match play.

Match Day

On Saturday mornings, Academy teams are managed by one of our NZF-qualified coaches, supported by volunteer team managers under the guidance of our club's football staff. This structure allows us to closely observe and support players in a match environment, ensuring consistent development and providing every player with the best opportunity to reach their potential and achieve success in the game. Home games will be held at English Park.

Feedback & Performance

- Pre-Academy teams play together in the A-Band of Mainland Football Competitions. Academy teams play in the Canterbury Development League with other licenced clubs.
- Access to the Christchurch International Cup/Alan Fraser Tournament and South Island Tournaments.
 - Player welfare support with workshops on injury prevention, S&C and nutritional advice.
- Video analysis tools and workshops using our VEO Camera system (when available) to provide individual and team support. Individual player/parent/coach feedback meetings throughout the season on technical, tactical, social and cognitive development.



Feedback & Performance

The curriculum will also provide workshop opportunities for players, including video analysis using our clubs VEO camera system, nutrition & Strength and Conditioning support amongst other things.

Coaches are working from the NZF Skill Centre manual training curriculum which incorporates both technical and tactical principles and focuses on the Cashmere Technical FC values and the clubs football philosophy/playing style which stems from our First Team, Reserves, Academy teams through to all our Junior and Youth members. This ensures that our players are properly prepared for match day and gives them the best chance of succeeding as they advance towards senior football at Cashmere Tech and beyond.



Team Model & Style of Play

- We will pass the ball out from the goalkeeper to the back line and because of this we will make mistakes that sometimes cost us goals and games. We strongly feel this is in the best development of the players. Effectiveness today vs effectiveness in 5 years is what we are striving for as a club.
- At this age it is still beneficial for players overall tactical development to experience playing in different positions. Some players may focus on specific areas on the pitch like defender or on the left side of the pitch eg left back/left wing.
- The coach may make changes halfway through the season to the team formation. We believe this is good for players development to experience different formations so that when they enter the Academy, they have seen a variety of different formations.
- We want to play an attacking brand of football. One that players like being a part of and supporters like watching. All of our players must be good on the ball with an ability to pass, dribble and run while also having a grasp on different tactical setups.

Team Model & Style of Play

The CTFC Pre-Academy playing approach is designed to support all footballers as they develop at different rates and ages. We aim to provide maximum playing opportunities, balanced with the need to experience on-field success through the later years. The importance of training can not be understated. Quality training is key to success. Training is where you learn. Our focus is on developing effective players and love for football over a 6-year program.

U12 Pre-Academy, U13s Pre-Academy & U13s Academy

Team focus on player development and opportunities ahead of results.

Emphasis on developing overall technical and tactical skills plus experience from playing different positions.

Relatively even playing time for all players – with lack of training attendance or poor effort and attitude factors that could impact this. This will also apply for travelling tournaments.

The ball will always be passed out from the goalkeeper and backline – we accept mistakes will occur as a result.

Greater focus on being competitive in tournaments (particularly the CIC & Alan Fraser) – with quality playing opportunities for all.

Team	CTFC Registration Due by 1 st March	Academy Annual Training Fees	Total Cost	Training Weeks/ Sessions	Academy Fees Payment Terms	Available Tournament
12 th Grade Mixed Pre-Academy	\$255	\$990*	\$1,245	30 / 60	Upfront on 20 March 2026 or 6 x \$165 monthly instalments	CIC (if selected)/South Island Tournament
13 th Grade Mixed Academy	\$255	\$1,350	\$1,605	42 / 126	Upfront on 20 March 2026 or 6 x \$225 monthly instalments	CIC (if selected)/South Island Tournament
14 th Grade Mixed Academy	\$255	\$1,600	\$1,855	42 / 126	Upfront on 20 Feb 2026 or 6 x \$267 monthly instalments	CIC/South Island Tournament
15 th Grade Mixed Academy	\$255	\$1,550	\$1,805	42 / 126	Upfront on 20 Feb 2026 or 6 x \$258 monthly instalments	CIC/South Island Tournament
17 th Grade Mixed Academy	\$255	\$1,300	\$1,555	42 / 126	Upfront on 20 Feb 2026 or 6 x \$258 monthly instalments	CIC/South Island Tournament
13 th Grade Girls Pre-Academy	\$255	\$950	\$1,255	30 / 60	Upfront on 20 March 2026 or 6 x \$165 monthly instalments	Alan Fraser/South Island Tournament
15 th Grade Girls Academy	\$255	\$1,200	\$1,455	30 / 60	Upfront on 20 March 2026 or 5 x \$240 monthly instalments	Alan Fraser/South Island Tournament
17 th Grade Girls Academy	\$255	\$1,200	\$1,455	30 / 60	Upfront on 20 March 2026 or 5 x \$240 monthly instalments	Alan Fraser/South Island Tournament/U17 Western Springs

Pre-Academy Costs – 12th Grade Mixed & 13th Grade Girls

The Pre-Academy programme will cost \$990 per player, and this fee includes all of the following:

- ✓ Two trainings per week in time (total 32 weeks)
- ✓ Indoor courts at Nga Puna Wai
- ✓ Pre-Academy training gear including Academy jersey, training tee, CTFC shorts & socks**
- ✓ A professional & qualified head coach and GK coach
- ✓ Alan Fraser Tournament entry fee*
- ✓ Shared use of the clubs VEO camera
- ✓ Player/Parent feedback meetings twice during the season
- ✓ Nutrition workshop, Performance and Recovery workshop and Strength & Conditioning presentation
- ✓ Introduction to strength and conditioning, and Functional Movement

* Travel, accommodation and all other tournament costs not included

** Option to buy Academy jacket & backpack. Gear will be distributed when the program begins.

Academy Costs – 13th Grade Mixed Academy

The 13s Academy programme will cost \$1,350 per player, and this fee includes all of the following:

- ✓ Three trainings per week in Terms 1, 2 & 3, and two sessions per week in Term 4 (total 42 weeks)
- ✓ Indoor courts at Nga Puna Wai
- ✓ A professional & qualified head coach and GK coach
- ✓ Use of the clubs VEO camera
- ✓ Video analysis via the HUDL platform
- ✓ Homes games held at English Park (subject to MF confirmation)
- ✓ Referees provided for home games
- ✓ Player/Parent feedback meetings three times during the season
- ✓ Nutrition workshop, Performance and Recovery workshop and Strength & Conditioning presentation
- ✓ Introduction to strength and conditioning, and Functional Movement

Pre-Academy & Academy Costs

- We have worked hard to try to keep our costs as low as possible to deliver a quality program in line with New Zealand Football's Club Licensing requirements.
- In the 2025 season, we delivered over 140 sessions for our Academy team players. With the addition of the morning sessions, it increased our on-grass sessions substantially. This season coming, we are looking at delivering even more.
- Once again, we won't be doing Sunday recovery sessions, but we will provide resources for players to do their active recovery at home post game. Recovery is essential if we want to push our players to perform week in, week out.
- Registrations fees have increased slightly from 2025 for all players across the club.

Christchurch International Cup (CIC)

For the 12th Grade Boys/Mixed Pre-Academy and 13th Grade Boys/Mixed Academy teams, the CIC entry fee is not included at this stage. CIC regulations allow only one team entry per age grade, and at 12s Pre-Academy and 13s Academy level we have two teams from which the CIC squad will be selected.

Once a squad of 13 players has been confirmed from across the two teams, the CIC fee will be charged. To support the selection process, we will run several combined training sessions for both the 12th and 13th Grade groups. Selection will be based on attitude, ability, attendance, and application.

We acknowledge that not all players will be selected and that some disappointment is inevitable. Where possible, players will be given feedback prior to the squad being released, so they clearly understand the areas they need to continue working on. Players (and parents) are reminded that for all players we are looking at their long-term development and selection or non-selection at 12th/13th Grade does not define how far or what level you can get to in the sport.

The CIC is an excellent opportunity to showcase the quality of our young players and measure ourselves against leading clubs from around the country. While the tournament remains a strong development experience, there will be a slight shift towards a more competitive mindset, as we aim to show how good we are. Playing time will be shared to ensure all selected players have a positive and valuable tournament experience.

Questions?