

# Annual First Aid at Work Refresher Course



The aim of this course is to refresh knowledge and competencies to ensure you are able to deal with any first aid emergency situations. Anyone who has completed the Emergency First Aid at Work, the First Aid at Work Course or the First Aid Re-Qualification.

Reinforcing and updating essential skills and knowledge to combat skill fade, ensure compliance with regulations, and boost confidence. It ensures workers remain competent and aware of new procedures, keeping information fresh, preventing accidents and ensuring legal due diligence.

Packed with real-life practical scenarios we aim to make this an interactive experience. Our team of expert trainers have over 20 years experience working on the front line of ambulance services and in clinical settings as registered healthcare professionals.

## WHAT'S COVERED?

- Primary survey
- CPR
- Unconscious casualty
- Choking
- Managing a casualty in seizure
- External bleeding and shock



Duration: 1 Day



Valid for 3 years



Our Venue or Yours



Blended Learning Available



£45.00 per learner  
*Group booking discount available*

## ASSESSMENT DETAILS

### 3 Practical Assessments

Upon successful completion, you will receive a BLS, AED and Management of Anaphylaxis for Adults, Children and Infants certificate, valid for 3 years.

## COURSE REQUIREMENTS

- Learners must be physically able to take part in practical activities \*\*
- Age 14 years +
- Basic literacy/numeracy skills are recommended for understanding concepts.
- Due to the practical nature of this course, Learners should wear appropriate clothing and footwear, e.g. trousers and flat footwear.

\*\* Contact us to discuss any physical limitations and we will accommodate wherever possible.



**For group bookings, more information  
or to book please contact:**  
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