

Foxlease Park Risk Assessment

Risk information



Ropes	
Land	
Water	
Self Led	

S x L = RF				
S / L	RF	Colour code	Response	RF what to do next
1-2	1-5		Low	Manage through routine procedures
3	6-10		Moderate	Specific monitoring or procedures required, action must be specified
4-5	11-18		High	Action plan required, senior management attention needed
	19-25		Extreme	Immediate action required

Clarification	
Instructor	The ones running the session
Leaders	The additional adult to help with the group management
Participants	The person or persons that are using the activity e.g. climber or belayer on the climbing wall
All users	All users that are involved in the session use e.g. Instructor, Leaders, Participants not Spectators
Everybody	Anyone that could be using the activity or may walk through or pass the activity such as Spectators



Location:	Foxlease Park	Assessor:	Alison Dixon
Date of Assessment:	17/05/2026	Date of review:	17/05/2027
Description of area or activity:	Generic risks for all self-led activities		Technical Advisor: n/a
Equipment used:			

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
All	Roads and traffic	Crossing roads – major injury/death	Participants & staff	Sessions take place within Foxlease Park. Vehicular traffic will be using roads and tracks. Group briefing to be made aware of the traffic around the site	5	1	5	A 10mph speed restriction and speed bumps are in place.	Foxlease Park	3	1	3
All	Adverse weather lightning	Hit by lightning, possible death	All users	The activity will not go ahead if there are thunderstorms and lightning conditions. The weather forecast will be checked by a duty manager on the day. Upon collecting the equipment, the session leaders will be advised by the duty manager whether the activity can proceed. The session will be rescheduled if necessary. If during the session the leader hears thunder and sees lightning the session should stop/pause, and shelter should be sought.	5	1	5	The duty manager will follow the 3030 rule. If the flash to bang is 30 seconds in length, you should seek some shelter. Staying inside the shelter is advised until 30 minutes after the last clap of thunder. A QR code to the latest weather forecast will be displayed in the reception.	Duty Manager Session Leader	4	1	4
All	Injuries from inadequate supervision	Groups out of control	All	Session leaders are responsible for the pastoral care of their group. Advice given and supervision appropriate to the group. The session leader should read the activity guidance notes along with this risk assessment to operate the session safely.	2	1	2	All self-led activities have activity guidance on how to run the session.	Session Leader	1	1	1
All	Session leaders not following guidance notes.	Session notes not followed could cause injuries or damage equipment.	Everyone	All self-led sessions are low-key activities and are safe. Guidance notes give session ideas and instructions.	3	1	3	Foxlease Park team will stop the session if deemed unsafe or session leader is not following the guidance notes.	Foxlease Park	2	1	2
All	Ratios	Groups too large and endangers safety of the group	Participants	Activity guidance notes state the recommended group size for the activity.	3	3	9	Any member of the Senior Foxlease Park team will stop the session if deemed unsafe and no refund will be given.	Session Leader	2	2	4

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
All	Emergency Action Plan not carried out.	Emergency services not called, participant injuries worsen due to incorrect care.	Everyone	Each activity box contains an emergency action plan. All session leaders have a duty of care to their participants. A first aid trained leader should be on hand in emergencies.	5	3	15	Session leaders should notify the reception ASAP. The duty manager will organise the opening of barriers and guide the emergency services to the casualty/s. Foxlease Park will have a first aider and a first aid kit available if necessary.	Session Leaders Foxlese Park	4	2	8
All	First Aid provision	All participants not receiving the correct 1st Aid treatment	All users	Self-led sessions, the hire should provide their own first aid cover including a 1st Aid kit.	1	3	3	Foxlease Park instructor-led sessions will include a 1st Aid kit. The reception will have a 1st aid kit and a first aider on standby.	Session Leaders Foxlese Park	1	3	3
All	Adverse weather (high winds)	Customers get tangled in the elements, possible cuts and bruises	All users	The activity cannot take place in strong winds(25mph or more). The activity will be cancelled if the winds are forecast to exceed 25 mph. If, during the day, wind speeds exceed 25 mph, the activity will be postponed until the wind subsides or rescheduled.	4	1	6	Instructor to check the forecast on the day of the activity. On large activity days, a staff briefing will include a weather forecast.	Instructor	3	1	3
All	Person getting lost on site	Telephone number provided on signage on site. Directional signage on site	Participants	Participants to be asked to keep in groups Place identified by group leader for lost individuals to return to	1	1	1			1	1	1
All	Slips, trips and falls	Minor injuries, bruises & sprains and strains	All users	The activity typically takes place in the natural environment where the ground is often uneven, wet, and slippery. Participants and session leaders are to wear appropriate clothes and footwear for the environment.	2	3	6	First aid kits are available in reception.	Session Leader	2	2	4

Location:	Foxlease Park	Assessor:	Alison Dixon
Date of Assessment:	17/05/2026	Date of review:	17/05/2027
Description of area or activity:	Orienteering		Technical Advisor: n/a
Equipment used:	Score cards, pencils, maps		



Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
Orienteering	Getting lost around site	Participants getting split from group and getting lost	All users	Maps are provided, and simple navigation techniques are given. Participants are to stay within allocated activity groups of 3 or more people. Obvious roads and paths are present.	2	1	2		Session Leader	2	1	2
Orienteering	Running into branches & vegetation	Face eye and body injuries from vegetation	Participants	Participants will receive a brief before the start of the activity. Warn to wear long trousers, and warnings not to run through vegetation. Warn participants about branch and stem hazards. Ensure that participants with any allergic reactions are known, and appropriate medication is carried.	3	1	3	Foxlease Park will maintain the checkpoints and keep the posts free of overgrown vegetation.	Session Leader	2	1	2
Orienteering	Poisonous plants	Poisoning from touching, eating plants	Participants	The participants will be briefed not to eat or touch anything they are uncertain about.	3	1	3		Session Leader	1	1	1
Orienteering	Inaccurate maps	Participants not finding checkpoints	Participants	Regular checks on the checkpoints and amend maps if necessary.	1	1	1	Session leaders can report missing checkpoints via the QR code on the activity box.	Foxlease Park	1	1	1
Orienteering	Log/wood piles	Injuries from falling on the wood piles/logs	Participants	Briefing to contain 'No climbing on logs. Ensure clear boundaries are given.	2	1	2	Foxlease Park to ensure all checkpoints are clear of wood/log piles. Checkpoint to be moved/removed from the course if the hazard poses a danger.	Foxlease Park	1	1	1
Orienteering	Participants overdue back	Participants not returning at the required time	Participants	Briefing on map work and boundaries of the activity. Under-18s must be in groups of at least 3. Appropriate course matched with the participant's age/ability	2	1	2		Session Leader	2	1	2
Orienteering	Participant suffering due to excessive heat/sun.	Heat causing ashuma attacks, heat exhaustion or sun stroke.	All users	Ensure all participants are wearing appropriate clothing and protection from the weather. Check the detailed weather forecast before commencing activity	4	3	12	Session leaders are to check that participants have their medications with them. Shorten the course on hot days.		2	2	4
Orienteering	Drowning	Participants going too near ponds/lakes	Participants	Participants are shown how to use the map. Water hazards (Lake and ponds) are pointed out on map. Participant told not to go near edge.	4	2	8		Session Leader	3	1	3