

Foxlease Park Risk Assessment

Risk information



Ropes	Orange
Land	Green
Water	Blue
Self Led	Purple

S x L = RF				
S / L	RF	Colour code	Response	RF what to do next
1-2	1-5	Green	Low	Manage through routine procedures
3	6-10	Orange	Moderate	Specific monitoring or procedures required, action must be specified
4-5	11-18	Red	High	Action plan required, senior management attention needed
	19-25	Red	Extreme	Immediate action required

Clarification	
Instructor	The ones running the session
Leaders	The additional adult to help with the group management
Participants	The person or persons that are using the activity e.g. climber or belayer on the climbing wall
All users	All users that are involved in the session use e.g. Instructor, Leaders, Participants not Spectators
Everybody	Anyone that could be using the activity or may walk through or pass the activity such as

Location:	Foxlease Park	Assessor:	Alison Dixon	
Date of Assessment:	17/05/2026	Date of review:	17/05/2027	
Description of area or activity:	Generic risks for all self-led activities		Technical Advisor:	n/a
Equipment used:				



Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
All	Roads and traffic	Crossing roads - major injury/death	Participants & staff	Sessions take place within Foxlease Park. Vehicular traffic will be using roads and tracks. Group briefing to be made aware of the traffic around the site	5	1	5	A 10mph speed restriction and speed bumps are in place.	Foxlease Park	3	1	3
All	Adverse weather lightning	Hit by lightning, possible death	All users	The activity will not go ahead if there are thunderstorms and lightning conditions. The weather forecast will be checked by a duty manager on the day. Upon collecting the equipment, the session leaders will be advised by the duty manager whether the activity can proceed. The session will be rescheduled if necessary. If during the session the leader hears thunder and sees lightning the session should stop/pause, and shelter should be sought.	5	1	5	The duty manager will follow the 3030 rule. If the flash to bang is 30 seconds in length, you should seek some shelter. Staying inside the shelter is advised until 30 minutes after the last clap of thunder. A QR code to the latest weather forecast will be displayed in the reception.	Duty Manager Session Leader	4	1	4
All	Injuries from inadequate supervision	Groups out of control	All	Session leaders are responsible for the pastoral care of their group. Advice given and supervision appropriate to the group. The session leader should read the activity guidance notes along with this risk assessment to operate the session safely.	2	1	2	All self-led activities have activity guidance on how to run the session.	Session Leader	1	1	1
All	Session leaders not following guidance notes.	Session notes not followed could cause injuries or damage equipment.	Everyone	All self-led sessions are low-key activities and are safe. Guidance notes give session ideas and instructions.	3	1	3	Foxlease Park team will stop the session if deemed unsafe or session leader is not following the guidance notes.	Foxlease Park	2	1	2
All	Ratios	Groups too large and endangers safety of the group	Participants	Activity guidance notes state the recommended group size for the activity.	3	3	9	Any member of the Senior Foxlease Park team will stop the session if deemed unsafe and no refund will be given.	Session Leader	2	2	4
All	Emergency Action Plan not carried out.	Emergency services not called, participant injuries worsen due to incorrect care.	Everyone	Each activity box contains an emergency action plan. All session leaders have a duty of care to their participants. A first aid trained leader should be on hand in emergencies.	5	3	15	Session leaders should notify the reception ASAP. The duty manager will organise the opening of barriers and guide the emergency services to the casualty/s. Foxlease Park will have a first aider and a first aid kit available if necessary.	Session Leaders Foxlese Park	4	2	8
All	First Aid provision	All participants not receiving the correct 1st Aid treatment	All users	Self-led sessions, the hire should provide their own first aid cover including a 1st Aid kit.	1	3	3	Foxlease Park instructor-led sessions will include a 1st Aid kit. The reception will have a 1st aid kit and a first aider on standby.	Session Leaders Foxlese Park	1	3	3

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
All	Adverse weather (high winds)	Customers get tangled in the elements, possible cuts and bruises	All users	The activity cannot take place in strong winds(25mph or more). The activity will be cancelled if the winds are forecast to exceed 25 mph. If, during the day, wind speeds exceed 25 mph, the activity will be postponed until the wind subsides or rescheduled.	4	1	6	Instructor to check the forecast on the day of the activity. On large activity days, a staff briefing will include a weather forecast.	Instructor	3	1	3
All	Person getting lost on site	Telephone number provided on signage on site. Directional signage on site	Participants	Participants to be asked to keep in groups Place identified by group leader for lost individuals to return to	1	1	1			1	1	1
All	Slips, trips and falls	Minor injuries, bruises & sprains and strains	All users	The activity typically takes place in the natural environment where the ground is often uneven, wet, and slippery. Participants and session leaders are to wear appropriate clothes and footwear for the environment.	2	3	6	First aid kits are available in reception.	Session Leader	2	2	4

Location:	Foxlease Park	Assessor:	Alison Dixon
Date of Assessment:	17/05/2026	Date of review:	17/05/2027
Description of area or activity:	Nightline is a blindfolded activity that participants follow a roped course through a series of ground level obstacles		Technical Advisor: n/a
Equipment used:	Blindfolds and bump helmets. Torch for nighttime activities.		



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Nightline	Authorised users falling/slipping/tripping, Impact with something solid.	Users falling off or over equipment causing head/neck/back injury. Or breaks/bumps and bruises to the body.	Participants / Instructor	All users to be accompanied by staff when entering the compound. Bump helmets to be worn by all participants. Session leaders are there to manage group behaviour and Session leader is to provide clear instruction to group around hazards whilst on the course.	2	3	6		Session Leader	2	2	4
Nightline	Tree/Structure failure	Collapse or failure of structures or trees within the area causing serious injury to many people.	All within the immediate area.	Session leaders should undertake a visual check of the activity area on arrival and inform the reception of any hazards that cannot be removed.	4	1	4	Quarterly inspections by qualified in-house staff and pre-use visual inspections by instructors who have been trained on the activity. Annual tree inspection carried out on high-risk areas and additional checks after high winds.	Foxlease Park Session Leader	2	2	4
Nightline	Hair, jewellery, clothing or other items trapped	Entrapment injuries such as finger injuries	All users	All participants are to remove jewellery before the start of the session—long hair to be tied up. If wedding rings cannot be removed, tape can be provided to cover them and prevent snagging, as set out in the activity guidance notes.	4	1	4		Session Leader	2	1	2
Nightline	Blindfolded participants	Extra hazards when blindfolded as vision is restricted for the participant	All participants	Everyone in the area wears bump helmets. Session leaders have a torch and a head torch, if needed, for nighttime sessions. The group must not break the chain; if they do, they stop and wait until everyone catches up—the session leader walks with the group in a chain to the activity. Clear voice commands throughout the sessions.	4	1	4	The Foxlease Park team will regularly check the activity area for hazards.	Session Leader	2	1	2
Nightline	Seesaw	Falling from seesaw, hitting legs and ankles, knees with seesaw	Participants	One person to be on the seesaw at any time. Clear vocal instruction, physical help to be given if needed (hands).	1	3	3		Session Leader	1	3	3
Nightline	Unauthorised users falling or misusing the equipment	Unauthorised users playing on the equipment, damaging the equipment. Slips, trips and falls	Centre users/members of the public	Obstacles are of very low risk as all are ground level. The activity area is fenced off with a coded gate to restrict access.	1	2	2	Equipment and structures are checked and tested by the Foxlease Park activity team on a quarterly basis.	Foxlease Park	1	1	1