

## Foxlease Park Risk Assessment

### Fencing

#### Risk information



Ropes	Yellow
Land	Green
Water	Blue
Self Led	Purple

S x L = RF				
S / L	RF	Colour code	Response	RF what to do next
1-2	1-5	Green	Low	Manage through routine procedures
3	6-10	Yellow	Moderate	Specific monitoring or procedures required, action must be specified
4-5	11-18	Red	High	Action plan required, senior management attention needed
	19-25	Red	Extreme	Immediate action required

Clarification	
Instructor	The ones running the session
Leaders	The additional adult to help with the group management
Participants	The person or persons that are using the activity e.g. climber or belayer on the climbing wall
All users	All users that are involved in the session use e.g. Instructor, Leaders, Participants not Spectators
Everybody	Anyone that could be using the activity or may walk through or pass the activity such as Spectators



<b>Location:</b>	Foxlease Park	<b>Assessor:</b>	Alison Dixon
<b>Date of Assessment:</b>	14/05/2026	<b>Date of review:</b>	14/05/2027
<b>Description of area or activity:</b>	Generic risk assessment for instructor-led activities on the land.		<b>Technical Advisor:</b> N/A
<b>Equipment used:</b>	N/A		

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk	Risk	Risk	Further control measures applied	Action by	Net	Net	Net
					S	L	F			S	L	F
All	Adverse weather (lightning)	Hit by lightning, possible death	All users	The activity will not go ahead if there are thunderstorms and lightning conditions. No running in the compound. Instructors will issue a clear briefing/instructions on what to do if thunder and lightning are seen or heard.  The weather forecast will be checked by a senior member of staff on the day.	4	1	4	The 3030 rule is followed. If the flash to bang is 30 seconds in length, you should seek some shelter. Staying inside the shelter is advised until 30 minutes after the last clap of thunder.	Instructor	3	1	5
All	Adverse weather (high winds)	Customers get tangled in the elements, possible cuts and bruises	All users	The activity cannot take place in strong winds( 25mph or more). The activity will be cancelled if the winds are forecast to exceed 25 mph. If, during the day, wind speeds exceed 25 mph, the activity will be postponed until the wind subsides or rescheduled.	4	1	4	Instructor to check the forecast on the day of the activity. On large activity days, a staff briefing will include a weather forecast.	Instructor	3	1	5
All	Slips, trips and falls from uneven ground	Minor injuries, bruises, sprains and strains	All users	The activity typically takes place in the natural environment where the ground is often uneven, wet, and slippery. Participants and instructors are to wear appropriate clothes and footwear for the environment.	2	3	6		Instructor	2	3	6
All	Hair / jewellery / clothing or other items caught in equipment	Entanglement in the equipment, causing entrapment, finger injuries, and a participant trapped on the equipment.	Participants	All participants are advised to remove or tuck away all jewellery before the start of the session. Long hair should be tied back or out of the way of any equipment. If jewellery cannot be removed, tape can be offered to cover up and prevent snagging. The helmet (if worn) strap should be tucked away if possible.	3	4	12	Elastic bands for hair ties will be provided with the session leader's kit. All instructors are trained & assessed in the emergency action plan as set out in the Safe Operating Procedures.	Instructor	3	3	3

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
All	Injury from poorly maintained/damaged equipment	Face, neck, eye and hand injuries	Participants / instructors	All staff are trained in procedures and methods of checking equipment. Equipment is checked before use.	3	2	6	Broken/damaged equipment needs to be removed and quarantined in a designated area, then immediately made known to a senior member of staff/volunteer.	Instructor Foxlease senior staff/volunteer	3	1	3
All	Running drop in sessions	Participants not having a full brief due to the nature of the session.	All users	Drop-in sessions will operate as the in-house training. More individual help will be given to the participants. Session Safe Operating Procedures do not change.	2	3	6	An additional instructor will be added to the session to manage participants. In-house training will be given on how to operate a drop-in session. The area should be more clearly marked for safety to reduce the risk of people walking into the session area during periods of higher foot traffic.	Instructor Foxlease senior staff/volunteer	2	2	6
All	First aid	Minor and major injuries getting worse	Everybody	Foxlease Park instructor-led sessions will have a first aid kit during the session.  For self-led sessions, the group leader should provide a suitable first aider and a first aid kit.	4	3	12	The reception will have a first aid kit. All instructors are to hold a 1-day first aid certificate as a minimum requirement.  Where groups do not have a suitable first aider or first aid kit, Foxlease Park can provide.	Foxlease Park Senior Staff  Instructor  Group Leader	4	1	5



<b>Location:</b>	Foxlease Park	<b>Assessor:</b>	Nathaniel Hogan Cottee
<b>Date of Assessment:</b>	14/05/2026	<b>Date of review:</b>	14/05/2027
<b>Description of area or activity:</b>	Fencing using a sword called a 'foil', this could be indoors or outdoors		<b>Technical Advisor:</b> n/a
<b>Equipment used:</b>	Foil, jackets, mass, clubs, plastron, chest protector an area, cones / rope if needed.		

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
Fencing	Miss use of Equipment	Bruises, abrasions and cuts	Participants	Participants to be briefed on safe practise for carrying and using the foils. Safety equipment is to be worn; a safety brief should be given at the start of the session. Equipment is to be left in a secure place when not in use.	3	1	3	See activity policy information on staff training and qualifications. The activity policy also includes equipment checking procedures.	Instructor	2	1	2
Fencing	Equipment incorrectly fitted	Bruises, abrasions and cuts	Participants	All participants are to wear full protective clothing, including long trousers. The instructor is to check that all equipment is worn correctly as per training. Fencers must wear plastrons and jackets of appropriate size. Conforming at least to the minimum safety standard and bearing the appropriate CEN safety mark. The gauntlet must be long enough to cover approximately half of the forearm and remain over the jacket sleeve whilst fencing.	3	1	3	All instructors are trained to the British Fencing Core Coach standard.	Instructor	2	1	2
Fencing	Foils- metal	Injury due to being struck with a foil	Everyone	Instructors are to give a safety talk about the activity area boundaries. All participants need to wear safety kits, including long trousers. Spectators to remain in the safe area. Instructors are to remain vigilant at all times, and the command to stop will be used if needed.	3	1	3	All equipment will be used as detailed in the SOP and in accordance with the British Fencing Core Coach Award.	Instructor	2	1	2
Fencing	Objects in the activity area	Injuries from collisions with objects causing bruises, cuts, abrasions, sprains from falling over.	Participants	The activity area must be clear of obstructions. Any equipment not in use is to be moved from the activity area.	3	1	3		Instructor	2	1	2
Fencing	Participants	Collisions with other participants or spectators	All users	Fencing takes place within a defined space, with a safety area for non-participants. Participants will be spaced out to minimise contact during rounds.	2	2	4		Instructor	2	1	2

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
Fencing	Heat exhaustion	dehydration, sickness, dizziness	Everyone	Ensure regular breaks are in place and water is available for this activity. Instructors should consider the location of the activity in warm\ hot weather and use indoor venues. Due to the nature of the activity and the equipment required, instructors must be vigilant, especially in warm or hot weather.	2	2	4	Use of marquee/ if available	Instructor	1	1	1
Fencing	Foils- plastic	injury due to being struck with the foil	all participants	For all fencing with foam or plastic weapons, a plastic face mask specifically designed for this purpose, or a regular face mask (for metal foils), should be worn.	2	1	2		Instructor	2	2	4
Fencing	Foil striking chest	chest injuries in particular for female participants	participants	As per British Fencing guidelines, it's compulsory for women to wear full chest protection. When using metal foils, it is recommended that girls wear rigid chest protection (shaped or flat) from age 10 or at the onset of puberty, whichever comes first.	3	1	3		Instructor	2	1	2
Fencing	Wet weather, slippery terrain	slips and falls went participant, injury through using foils	participants	According to British fencing guidelines, activity can be held outside if it is dry underfoot. An inside area to be used if not dry underfoot.	4	1	4	Use of marquee/ if available	Instructor	3	1	3