

## Foxlease Park Risk Assessment

### Bike Challenge

#### Risk information



Ropes	Yellow
Land	Green
Water	Blue
Self Led	Purple

S x L = RF				
S / L	RF	Colour code	Response	RF what to do next
1-2	1-5	Green	Low	Manage through routine procedures
3	6-10	Yellow	Moderate	Specific monitoring or procedures required, action must be specified
4-5	11-18	Red	High	Action plan required, senior management attention needed
	19-25	Red	Extreme	Immediate action required

Clarification	
Instructor	The ones running the session
Leaders	The additional adult to help with the group management
Participants	The person or persons that are using the activity e.g. climber or belayer on the climbing wall
All users	All users that are involved in the session use e.g. Instructor, Leaders, Participants not Spectators
Everybody	Anyone that could be using the activity or may walk through or pass the activity such as Spectators

Generic risk assessment for instructor-led activities on the land.



<b>Location:</b>	Foxlease Park	<b>Assessor:</b>	Alison Dixon
<b>Date of Assessment:</b>	14/05/2026	<b>Date of review:</b>	14/05/2027
<b>Description of area or activity:</b>	Generic risk assessment for instructor-led activities on the land.		<b>Technical Advisor:</b> N/A
<b>Equipment used:</b>	N/A		

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk	Risk	Risk	Further control measures applied	Action by	Net	Net	Net
					S	L	F			S	L	F
All	Adverse weather (lightning)	Hit by lightning, possible death	All users	The activity will not go ahead if there are thunderstorms and lightning conditions. No running in the compound. Instructors will issue a clear briefing/instructions on what to do if thunder and lightning are seen or heard.  The weather forecast will be checked by a senior member of staff on the day.	4	1	4	The 3030 rule is followed. If the flash to bang is 30 seconds in length, you should seek some shelter. Staying inside the shelter is advised until 30 minutes after the last clap of thunder.	Instructor	3	1	5
All	Adverse weather (high winds)	Customers get tangled in the elements, possible cuts and bruises	All users	The activity cannot take place in strong winds( 25mph or more). The activity will be cancelled if the winds are forecast to exceed 25 mph. If, during the day, wind speeds exceed 25 mph, the activity will be postponed until the wind subsides or rescheduled.	4	1	4	Instructor to check the forecast on the day of the activity. On large activity days, a staff briefing will include a weather forecast.	Instructor	3	1	5
All	Slips, trips and falls from uneven ground	Minor injuries, bruises, sprains and strains	All users	The activity typically takes place in the natural environment where the ground is often uneven, wet, and slippery. Participants and instructors are to wear appropriate clothes and footwear for the environment.	2	3	6		Instructor	2	3	6
All	Hair / jewellery / clothing or other items caught in equipment	Entanglement in the equipment, causing entrapment, finger injuries, and a participant trapped on the equipment.	Participants	All participants are advised to remove or tuck away all jewellery before the start of the session. Long hair should be tied back or out of the way of any equipment. If jewellery cannot be removed, tape can be offered to cover up and prevent snagging. The helmet (if worn) strap should be tucked away if possible.	3	4	12	Elastic bands for hair ties will be provided with the session leader's kit. All instructors are trained & assessed in the emergency action plan as set out in the Safe Operating Procedures.	Instructor	3	3	3

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
All	Injury from poorly maintained/damaged equipment	Face, neck, eye and hand injuries	Participants / instructors	All staff are trained in procedures and methods of checking equipment. Equipment is checked before use.	3	2	6	Broken/damaged equipment needs to be removed and quarantined in a designated area, then immediately made known to a senior member of staff/volunteer.	Instructor Foxlease senior staff/volunteer	3	1	3
All	Running drop in sessions	Participants not having a full brief due to the nature of the session.	All users	Drop-in sessions will operate as the in-house training. More individual help will be given to the participants. Session Safe Operating Procedures do not change.	2	3	6	An additional instructor will be added to the session to manage participants. In-house training will be given on how to operate a drop-in session. The area should be more clearly marked for safety to reduce the risk of people walking into the session area during periods of higher foot traffic.	Instructor Foxlease senior staff/volunteer	2	2	6
All	First aid	Minor and major injuries getting worse	Everybody	Foxlease Park instructor-led sessions will have a first aid kit during the session.  For self-led sessions, the group leader should provide a suitable first aider and a first aid kit.	4	3	12	The reception will have a first aid kit. All instructors are to hold a 1-day first aid certificate as a minimum requirement.  Where groups do not have a suitable first aider or first aid kit, Foxlease Park can provide.	Foxlease Park Senior Staff  Instructor  Group Leader	4	1	5



<b>Location:</b>	Foxlease Park	<b>Assessor:</b>	J Chittock	
<b>Date of Assessment:</b>	11/06/2025	<b>Date of review:</b>	11/06/2026	
<b>Description of area or activity:</b>	Riding bikes around an obstacle course			<b>Technical Advisor:</b> J Chittock
<b>Equipment used:</b>	Bike helmets, BMX bikes x 2, ramp, cones			

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
<b>Bike Challenge</b>	Fall from bike	Minor injuries, crazes, bruises broken bones.	Participants	Helmets, knee pads, and elbow pads are to be worn—the instructor is to check that they are fitted correctly. Adjust the bike seat for participants. The instructor continually assesses ground conditions and hazards, particularly in wet conditions.	5	2	10	Participants' clothing and straps are secured to avoid entrapment in moving parts. In-house house training will b Operation should be as per Safe Operating Proceduress given.	Instructor	4	1	4
<b>Bike Challenge</b>	Equipment Failure	Minor injuries, crazes, bruises broken bones.	Participants	All bikes are regularly maintained, and any defects are removed from service. All bikes have pre-issue checks completed by the instructor. Faulty bikes are clearly labelled and removed from service. Participants coached in the correct use of brakes.	5	1	5		Instructor	4	1	4
<b>Bike Challenge</b>	Collision	Minor injuries, crazes, bruises broken bones.	Participants	The group is managed effectively by the instructor. Only 2 bikes are used for the activity. Only one bike will be riding around the course at a time.	1	1	1		Instructor	1	1	1
<b>Bike Challenge</b>	Bike out of control	Possible serious injury	Participants	Instructions on the use of brakes are given and practised by participants. The participant's ability was assessed in a controlled environment. Speed controlled by the instructor, appropriate to participants' ability. Course set up for the age group's ability	3	2	6	Staff training	Instructor	2	1	2
<b>Bike Challenge</b>	Any obstructions, i.e., benches, chairs, equipment, bags, pr people already using the venue.	Injuries from slips trips and falls	Participants	The area will be checked when the course is laid out.	4	1	4	A designated area will be provided for the activity setup. A layout chart is provided for the activity in the Safe Operating Procedures.	Instructor	2	1	2
<b>Bike Challenge</b>	Participants to be wearing appropriate clothing and footwear.	Sprains, trips, falls, cuts etc clothing getting entangled in bike.	Participants	Group leaders have been advised on what to wear for the activity. Any loose clothing will be tied away. All participants are to wear enclosed footwear.	4	1	4		Instructor	3	1	3

Activity	Hazard	Description of potential accident/injury/loss	Who is affected	Precautions/controls already in place	Risk S	Risk L	Risk F	Further control measures applied	Action by	Net S	Net L	Net F
<b>Bike Challenge</b>	Bikes leaving ramps early	Could unbalance rider causing injury	Participants	A low-level ramp will be provided, and participants will wear a helmet, knee and elbow pads.	4	2	8		Instructor	3	1	3