

Retirement Giving

A Simple Way to Support Healthcare Close to Home



Support Care Close to Home

Adirondack Health is the only full-service hospital in the Adirondack Park. Gifts from retirement assets help ensure compassionate, high-quality care remains available for our community—now and for generations to come.

The **Adirondack Health Foundation** works in partnership with Adirondack Health to steward charitable gifts and direct support where it is needed most.

Why Consider Retirement Giving?



Simple and flexible



May offer tax benefits



No immediate cost



Create a lasting legacy

Three Ways to Give

1. Name a Beneficiary

You may name the Adirondack Health Foundation as a beneficiary of your IRA or retirement plan. You can update this at any time.

2. Give Through an IRA (QCD)

If eligible, you may direct a Qualified Charitable Distribution (QCD) from your IRA to support care today. QCD checks should be made payable to Adirondack Health.

3. Leave a Legacy

Unused retirement assets can be a meaningful way to support rural healthcare for future generations.

Getting Started

1. Contact your plan administrator or advisor
2. Include "Adirondack Health Foundation" in the memo line or notify us so your gift is properly credited

We are happy to assist you – **confidentially.**

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🌐 AdirondackHealthFoundation.org