

LIFELINE COUNSELLING PROGRAM



DESCRIPTION

The Lifeline Counselling Program at Faith is a service provided to our church family which offers counselling as required with approved Christian counsellors in the area.

ELIGIBILITY

You will be eligible for this service if you are in need of counselling to help with marriage, relationships, addiction, grief, or other areas of life.

COUNSELLORS

Faith's Lifeline Counselling Program is provided off-site by Christian counsellors in private or clinical practice. The list of participating counsellors can be found in this brochure.

APPOINTMENTS

You may contact any of these counsellors directly (except where noted), or if you require financial assistance, a Faith staff member who is authorized to make referrals will contact the participating counsellors on your behalf.

COST

We encourage you to check and see if you have any coverage through workplace health benefits. If Faith's HOPE Fund is assisting with counselling costs, typically a limited number of visits would be eligible, or this limit could be expanded using a "co-pay" type approach where client would pay partial fee and Faith HOPE would cover part. The office can provide more details. The counsellor will create a billing number for you and provide it to the referring Faith staff member.

CONFIDENTIALITY

All information discussed during the counselling session is confidential and is NOT released to anyone, including the church, without your written consent, except as required by law.

CRISIS CONTACTS

Canadian Mental Health Association (Elgin): 24 Hour Crisis Hotline: 519-631-2180

Teen Suicide Hotline: 1-877-797-0000

Psychiatric Survivors Drop-In: 519-631-1580

Kids Help Phone: 1-800-668-6868



COUNSELLORS

(Confidentially bill Faith by client # upon prior approval)

Cherie Kuiper, MDiv. Clinical Counselling

Phone: 519-709-6530

Email: impacttherapy2016@gmail.com

Specializing: Relationship and marriage counselling, adults, teen & children

Rachel Oegema, MSW, RSW

190 Wortley Road, Suite 215, London,
ON N6C 4Y7

Phone: 519-476-0189

Email: rachel.oegema@outlook.com

Specializing: Individuals and couples 16+ years old. Certified sex therapist, certified trauma therapist, mental health and addictions treatment, grief/loss, emotional issues, anxiety/depression, relationships

Nancy Dueck, Registered Psychotherapist, M.Div.

420 Talbot Street West, Aylmer, ON N5H

Phone: 226-212-7887

Email: nancydueck@gmail.com

Web: <https://www.psychologytoday.com/ca/therapists/nancy-dueck-aylmer-on/798410>

Specializing: Teens and adults. Anxiety, Depression, Grief, Marital and Premarital, Relationship Issues, Self Esteem, Spirituality, Trauma, and PTSD

Katherine Dimoff, M.Div. Clinical Counselling

Owner, Insight Counselling Elgin

133 Curtis Street, Suite 2A, St. Thomas, ON N5P 1J4

Phone: 519-914-1142

Web: www.insightcounsellingelgin.com

Specializing: Anxiety, depression, postpartum issues, relationship conflict, betrayal, childhood and recent trauma, grief and loss and more. EMDR trained

ART THERAPY/PSYCHOTHERAPY

Emily-Jane Shaw, MATher, BTh

Art Therapist

226 582 3404

www.shawarttherapy.com

CHILD/PLAY THERAPY

Kristi Forbes, MA, CCC, CPT, RP (Qualifying)

Certified Play Therapist

Phone: 226-884-8327

Email: kristi.forbes@courageouscounselling.ca

Offering: Counselling services for children ages 3-17 and their caregiver(s).

Specializing: Anxiety/depression, emotional regulation, self-esteem, trauma, abuse, significant life changes, parent-child attachment and general parenting support.

www.courageouscounselling.ca



PSYCHOLOGISTS/SOCIAL WORKERS

(May be covered by your employee benefits for direct billing from counsellor or confidential billing to Faith by client #)

Bradford Counselling Service

Bruce Bradford, MSW, CSW.

Linda Bradford, MSW., CSW.

478 Waterloo St., London, ON, N6B 2P6

Phone: 519-858-1616

Specializing: Individual, marital and family counselling

Tammy Herring, MSW, RSW

6 Hincks St., St. Thomas, ON., N4R 3N4

Phone: 519-633-1777

Fax: 519-633-3173

Specializing: Grief, depression, parent and child counselling

Dr Jubilea Mansell, C.Psych

224262 Ostrander Rd., Tillsonburg, ON, N4G 4H1

Phone: 519-702-1319

Fax: 519-303-0476

Email: jmansell@rogers.com

Specializing: Child, youth and parenting

PSYCHOTHERAPISTS

(Confidentially bill Faith by client # upon prior approval)

Trish Pauls, MA, RP

105-557 Southdale Road E., London, ON, N6E 1A2

Phone: 519-601-4357

Email: admin@helpps.ca

Web: www.helpps.ca

Specializing: Anxiety, depression, self-esteem, anger management, grief/bereavement, trauma, abuse, relationships, parental issues, geriatric therapy, premarital counselling, self-harm, stress



Tanya Rock, MA, RP

550 Talbot St., St. Thomas, ON, N5P 1C4

Phone: 519-637-1794

Email: tanyarock@gmail.com

Web: www.tanyarock.me

Specializing: Family, marriage, youth, women, and child counselling

Banman Counselling

Victoria Banman, MA, RP, CCC

35 Erie Street, St. Thomas, On N5R 2M6

Phone: 519-933-6019

Email: banman.v@gmail.com

Web: www.banmancounselling.com

Specializing: individual adults, trauma, grief, anxiety, depression, relationships, stress

Fern Banner, MA, RP, RMFT

#202 – 400 York Street, London, ON, N6B 3N2

Email: info@fernbanner.com

Specializing: Family counselling, couples, trauma, sex therapy/addictions, couples, teens, singles

VIRTUAL PSYCHOTHERAPY

Stephanie Doerr, Registered Psychotherapist, MACP, BA, B. Ed.

Talking Works – Online Therapy

Email: info@talkingworks.ca

Web: www.talkingworks.ca

Client Focus: Adolescents (15+), Primarily Couples, but also individuals

Specializing: Anxiety & Stress, Behavioural Issues, Body Image, Coping Skills, Depression, Emotional Regulation, Loneliness, Parent Coaching, Relationship Issues, Self-Esteem & Self-Worth Issues, Social Isolation, Trauma stemming from childhood experiences

Elina Suprunova, Registered Psychotherapist, MACP, B.A. Honours

Talking Works– Online Therapy

Email: info@talkingworks.ca

Web: www.talkingworks.ca

Client Focus: Adolescents (15+), Individuals, Parent/Family support

Specializing: Anxiety & Stress, Behavioural Issues, Coping Skills, Depression, Emotional Regulation, Loneliness, OCD, Parent Coaching, Relationship Issues, Self-Esteem & Self-Worth Issues, Social Isolation, Trauma, Trauma stemming from childhood experiences