



# ST. JOHNS FOOD DRIVE FOR ADEL GOOD SAMARITAN FOOD PANTRY MARCH 28 & 29, 2026

## Why are we collecting non-perishable food?

In Dallas County, approximately 9500 people are food insecure (2023 data from Feeding American). This may be an elderly person who lacks money to buy medication and food for the month. Or a family who lost work and has little money left over for food after paying their bills. Or a young child whose primary meal for the day is at school –there is no food in the home. In Iowa, over 120,000 children go to bed hungry.

## How do I donate?

Bring non-perishable food to St. John's church and leave it in the gathering space.

## What to donate?

Any canned/boxed food items and/or money.

**Money donations** - allow the food pantry to buy needed items in bulk at low prices, they can buy foods from the Food Bank of Iowa at low cost, able to buy items that were not donated.

## Suggested non-perishable food

**items needed:** Mac & Cheese, canned fruit (e.g., pineapple, mandarin oranges), fruit juice (plastic containers of apple, orange, grape), canned beans (e.g., pork & beans, chili beans), pasta and pasta sauce, canned soups (e.g., cream of chicken, tomato), peanut butter and jelly.

## INFO about - Adel Good Samaritan Food Pantry

- Hours: Monday and Tuesdays from Noon-2 p.m. Saturdays (1st and 3rd of the month) from Noon-2 p.m.
- Location: 215 N. 11th Street in Adel. (the current ADM Administration building; north end of the old middle school).

\*The food pantry distributes food in multiple ways to people who need to supplement their food resources. People can come to the food pantry and shop for food once every 30 days (or wait in their car and volunteers will bring out the food). Usually includes non-perishable foods, rescue foods, eggs, and frozen meat.

\*Perishable foods (known as rescue foods). Available any Monday and Tuesday between 1-2 p.m. for "rescue/perishable" foods that local stores and volunteers have donated (e.g., bread, pastries, sandwiches, milk, salad)

\*Children. Parents can contact their child's school (ADM and VM schools only) to register for free weekend packages that are quietly distributed and can be put into their backpacks. These are also available in the summer to pick up at the Food Pantry.